

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
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Results of all Finals and Heats

Ordered by Program Sequence

Performance Scores: IAAF_2014 table, Electronic Time, Height above sea=1400

Item 0	00:00 FinalResults Women Senior Heptathlon Results								
1		DU TOIT,Nienka, 357, 1997/03/17	BOLA	04726	7	0		G	
2		SALIM,Anri, 180, 1996/01/06	ACNW	04557	5	0		S	
3		JOHNSON,Carla, 623, 1997/05/07	WPA	04201	3	0		B	
4		KING,Geraldine, 620, 1997/08/11	WPA	04172	2	0			
5		MULLER,Kyla, 68, 1998/01/16	AGN	03471	1	0			
6		KIRSTEN,Danica, 189, 1997/08/11	ACNW	02738	0	0			
7		VON ALLENMANN,Elizna, 200,	ACNW	01083	0	0			
8		VAN DER MERWE,Shona, 19,	AGN		0	0			
Item 0	00:00 FinalResults Women U18 (Youth) Heptathlon Results								
1		THERON,Liezl, 70, 2001/07/24	AGN	04715	7	0		G	
2		HUIJINK,Annemieke, 245, 2002/11/02	AFS	04494	5	0		S	
3		KETCH,Leandri, 344, 2001/02/17	BOLA	04388	3	0		B	
4		VAN JAARVELD,Liane, 396,	CGA	04303	2	0			
5		VAN DER LINDE,Marga-rita, 607,	WPA	04290	1	0			
6		STEYN,Jessica, 326, / /	AVT	04215	0	0			
7		DONOUGH,Ameerah, 608, 2001/02/05	WPA	04146	0	0			
8		DE KLERK,Xante, 325, / /	AVT	03916	0	0			
9		KRUGER,Zeane, 376, 2001/01/31	BOLA I	03844	0	0			
10		SULLIVAN,Hannah, 345, 2002/01/16	BOLA	03797	0	0			
11		VAN ZYL,Anina, 172, 2001/09/14	ACNW	03622	0	0			
12		JACOBS,Danielle, 395, 2002/06/14	CGA	02713	0	0			
Item 0	00:00 FinalResults Women U20 (Junior) Heptathlon Results								
1		VERSTER,Shannon, 72, 1999/11/10	AGN	04476	7	0		G	
2		VAN BERS,Cindy, 71, 1999/06/14	AGN	04266	5	0		S	
3		GRAVETT,Anneri, 174, 1999/03/05	ACNW	03676	3	0		B	
4		OPPERMAN,Annica, 303, 2000/09/23	ASWD	03429	2	0			
Item 0	00:00 FinalResults Men Senior Decathlon Results								
1		PRETORIUS,Fredriech, 157, 1995/08/04	AGN	07764	7	0		G	
2		MC GLADDERY,Duncan, 94, 1994/06/04	AGN	07044	5	0		S	
3		DE JAGER,Marcelle, 629, 1996/01/24	WPA	06849	3	0		B	
4		PEREZ,Jesse, 365, 1997/11/09	BOLA	06478	2	0			
5		SWANEPOEL,Carel, 170, 1994/03/02	AGN	05405	1	0			
6		COETZEE,Grove, 282, 1998/04/24	AFS	05368	0	0			
Item 0	00:00 FinalResults Men U18 (Youth) Decathlon Results								
1		SWANEPOEL,Andre, 377, 2001/08/25	BOLA I	04787	7	0		G	
2		DAVIDS,Dwayne, 598, 2002/01/08	WPA I	04596	5	0		S	
3		JONAS,Safwaan, 599, 2001/04/24	WPA I	04510	3	0		B	
Item 0	00:00 FinalResults Men U20 (Junior) Decathlon Results								
1		MC KENZIE,Renaldo, 346, / /	BOLA	06086	7	0		G	
2		PARKER,Tashriq, 609, 2000/05/07	WPA	05107	5	0		S	
3		VAN ZYL,Rikus, 175, 2000/01/10	ACNW	04756	3	0		B	
4		DE VILLIERS,Ezzard, 600, 2000/12/04	WPA I	04541	2	0			
Item 1	09:30 Heat 1 of 2 Men Senior 110m Hurdles						-0.4	1.067m	
1		ALKANA,Antonio, 634, 1990/04/12	WPA	14.02		0			
2		BOTHMA,Alwyn, 229, 1998/02/24	ACNW	14.19		0			
3		YOUNG,Theodor, 236, 1996/07/05	ACNW	14.26		0			
4		RIDDLES,Darren, 632, 1998/06/20	WPA	14.52		0			
5		VAN DER WALT,Ruhan, 92, 1998/05/20	AGN	14.80		0			
0		REINECKE,Hannes, 221, 1996/01/12	ACNW	DNR		0			
Item 1	09:30 Heat 2 of 2 Men Senior 110m Hurdles						-0.7	1.067m	
1		DE VRIES,Ruan, 101, 1986/02/01	AGN	13.80		0			
2		NGOMA,Zwelistha, 518, 1995/06/17	CGA I	14.31		0			
3		KLEYNHANS,Tiaan, 227, 1996/07/13	ACNW	14.42		0			
4		HAMMAN,Muntingh, 77, 1990/03/07	AGN	14.62		0			
5		KRUGER,Christiaan, 239, 1996/09/11	ACNW	14.91		0			

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
6		FERNS,Nicolas, 102, 1997/01/14	AGN	16.09		0		
Item 2		09:50 Final Men U18 (Youth) 100m Decathlon				+1.0		
1		DAVIDS,Dwayne, 598, 2002/01/08	WPA I	11.62		728		
2		SWANEPOEL,Andre, 377, 2001/08/25	BOLA I	11.87		677		
3		JONAS,Safwaan, 599, 2001/04/24	WPA I	12.20		612		
Item 3		09:55 Final Men U20 (Junior) 100m Decathlon				+2.1		
1		PARKER,Tashriq, 609, 2000/05/07	WPA	11.25		806		
2		MC KENZIE,Renaldo, 346, / /	BOLA	11.26		804		
3		DE VILLIERS,Ezzard, 600, 2000/12/04	WPA I	11.41		771		
4		VAN ZYL,Rikus, 175, 2000/01/10	ACNW	11.54		744		
Item 4		10:00 Final Men Senior 100m Decathlon				+2.4		
1		PEREZ,Jesse, 365, 1997/11/09	BOLA	10.84		897		
2		PRETORIUS,Fredriech, 157, 1995/08/04	AGN	10.92		878		
3		MC GLADDERY,Duncan, 94, 1994/06/04	AGN	11.19		819		
4		SWANEPOEL,Carel, 170, 1994/03/02	AGN	11.36		782		
5		DE JAGER,Marcelle, 629, 1996/01/24	WPA	11.50		753		
6		COETZEE,Grove, 282, 1998/04/24	AFS	11.52		748		
Item 5		10:15 Heat 1 of 6 Men Senior 100m				+0.7		
1		SIMBINE,Akani, 2, 1993/09/21	AGN	10.11		0		
2		DLODLO,Thando, 490,	CGA	10.15		0		
3		MHLENGA,Retsiditswe, 115, 2000/02/27	AGN	10.39		0		
4		PIETERS,Maritz, 224, 1999/08/21	ACNW	10.67		0		
5		MOTALA,Shaahid, 137, 1997/09/19	AGN	10.68		0		
6		TUOHY,Aidan, 536, 1997/01/06	EPA	10.73		0		
Item 5		10:15 Heat 2 of 6 Men Senior 100m				+1.7		
1		JOBODWANA,Anaso, 4, 1992/07/30	AGN	10.26		0		
2		MALESELA,Senona, 87, 1999/03/07	AGN	10.32		0		
3		UNGERER,Walter, 131, 1995/09/07	AGN	10.73		0		
4		RUITERS,Curt, 392, 1991/09/01	BOLA I	10.90		0		
0		LINNEN,Tyler, 631, 1996/02/07	WPA	Disq		0		
0		ISMAIL,Yusuf, 606, 1994/01/25	WPA I	DNR		0		
0		XHOBANI,Lumko, 320, / /	ATRA	DNR		0		
Item 5		10:15 Heat 3 of 6 Men Senior 100m				+2.1		
1		BRUINTJIES,Henrico, 150, 1993/07/16	AGN	10.38		0		
2		VAN WYK,Chederick, 213, 1995/02/18	ACNW	10.43		0		
3		WILLIAMS,Dale, 394, 1996/06/18	BORA	10.51		0		
4		MOLELE,Lucky, 299, 1990/03/05	ANWN	11.24		0		
5		LEKGAU,Jonas, 561, 1999/10/23	LIMA	11.24		0		
6		YOUNG,Theodor, 236, 1996/07/05	ACNW	15.46		0		
0		MEYER,Carl, 469,	CGA	DNR		0		
Item 5		10:15 Heat 4 of 6 Men Senior 100m				+1.2		
1		ENGEL,Roscoe, 636, 1989/03/06	WPA	10.29		0		
2		MONARENG,Thembo, 143, 1999/02/14	AGN	10.34		0		
3		VAN TONDER,Le Roux, 216, 1988/04/04	ACNW	10.65		0		
4		MZOBE,Mfundo, 559, 1998/09/13	KZNA	10.69		0		
5		MOTLALA,Lesego, 139, 1995/02/28	AGN	10.83		0		
6		NDELA,Andiswa, 553, 1998/10/06	KZNA	10.89		0		
7		MOHLALA,Kgosi, 340,	AVT	11.25		0		
Item 5		10:15 Heat 5 of 6 Men Senior 100m				+1.0		
1		SAMKELO,Sabelo, 458,	CGA	10.42		0		
2		MICHAU,Keenan, 120, 1995/01/17	AGN	10.48		0		
3		TROTTER,Gideon, 287, 1992/03/03	AFS	10.50		0		
4		MAOKA,Obakeng, 440,	CGA	10.59		0		
5		WICKENS,Gerrit, 122, 1996/06/01	AGN	10.60		0		
6		TLHAPOLOSA,Isreal, 338,	AVT	10.96		0		
7		MAGWAI,Katlego, 560, 1994/09/30	LIMA	10.99		0		
Item 5		10:15 Heat 6 of 6 Men Senior 100m				+0.2		
1		MAGAKWE,Simon, 625, 1985/05/25	WPA	10.38		0		
2		SETHABI,Oratile, 275, 1997/09/21	AFS	10.57		0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
3		PONISAMMY,Norbert, 285, 1998/01/07	AFS	10.87		0		
4		FERNS,Nicolas, 102, 1997/01/14	AGN	11.02		0		
5		MOTSWENYANE,Lebogang, 301,	ANWN	11.14		0		
0		SCHEEPERS,Dyllon, 603, 1997/12/10	WPA I	DNR		0		
0		FARAO,Jason, 438,	CGA	DNF		0		
Item 6		10:55 Heat 1 of 4 Women Senior 100m				-2.6		
1		HORN,Carina, 3, 1989/03/09	AGN	11.35		0		
2		XEYI,Rose, 650, 2001/03/16	AGN	11.89		0		
3		DU PLESSIS,Elsabe, 264, 1999/03/15	AFS	12.10		0		
4		PHILLIPS,Meghan, 38, 1997/04/21	AGN	12.17		0		
5		SOKWAKANA,Mogwasi, 260,	AFS	12.21		0		
6		VAN HEERDEN,Monet, 252, 1996/04/22	AFS	12.44		0		
7		KGADIMA,Prudence, 414, 2000/04/11	CGA	12.46		0		
0		TSAONE,Sebele, 431,	CGA	DNR		0		
Item 6		10:55 Heat 2 of 4 Women Senior 100m				-0.1		
1		WILLIAMSON,Cassidy, 540, 1998/10/24	KZNA	11.77		0		
2		JONES,Cherese, 54, 1985/12/05	AGN	11.88		0		
3		SMITH,Elme, 257, 1997/11/05	AFS	12.16		0		
4		NEL,Valeska, 26, 1999/04/20	AGN	12.17		0		
5		MTHEMBU,Samkelisiwe, 547, 1997/05/05	KZNA	12.62		0		
0		UNDERHAY,Taylor, 422,	CGA	DNR		0		
0		OBISI,Petunia, 613, 1993/01/19	WPA	DNR		0		
0		GQENGE,Olwethu, 313, / /	ATRA	DNR		0		
Item 6		10:55 Heat 3 of 4 Women Senior 100m				+1.6		
1		MAMATU,Tebogo, 12, 1995/05/27	AGN	11.30		0		
2		THOMAS,Tamzin, 419,	CGA	11.41		0		
3		STEENKAMP,Rikenette, 7, 1992/10/16	AGN	11.51		0		
4		VAN TONDER,Chante, 407,	CGA	12.06		0		
5		DU TOIT,Leana, 435, 1986/12/01	CGA	12.22		0		
6		JOUBERT,Izanèl, 199, 1997/04/05	ACNW	12.24		0		
0		MOLOI,Reabetswe, 56, 1996/03/12	AGN	DNR		0		
Item 6		10:55 Heat 4 of 4 Women Senior 100m				-0.4		
1		PARKER,Nabeela, 611, 1994/12/10	WPA	11.85		0		
2		PIETERSE,Lente, 191, 1997/07/16	ACNW	11.86		0		
3		HAUPT,Robyn, 610, 1996/01/04	WPA	12.01		0		
4		DU PLOOY,Simone, 67, 1996/04/14	AGN	12.12		0		
5		KELLERMAN,Simone, 24, 2000/02/07	AGN	12.20		0		
6		MASUKU,Mamsy, 11, 1998/05/14	AGN	12.39		0		
7		ADEOLU,Alice, 615, 1996/03/27	WPA	12.60		0		
Item 7		11:00 Final Men U18 (Youth) LongJump Decathlon						
1		DAVIDS,Dwayne, 598, 2002/01/08	WPA I	6.21		632		+1.4
2		SWANEPOEL,Andre, 377, 2001/08/25	BOLA I	5.69		521		+0.5
3		JONAS,Safwaan, 599, 2001/04/24	WPA I	5.46		473		+1.5
Item 8		11:00 Final Men U20 (Junior) LongJump Decathlon						
1		PARKER,Tashriq, 609, 2000/05/07	WPA	6.50		697		+1.3
2		MC KENZIE,Renaldo, 346, / /	BOLA	6.19		628		-0.8
3		DE VILLIERS,Ezzard, 600, 2000/12/04	WPA I	5.68		519		-0.6
4		VAN ZYL,Rikus, 175, 2000/01/10	ACNW	5.38		457		-0.4
Item 9		11:00 Final Men Senior LongJump Decathlon						
1		PRETORIUS,Fredriech, 157, 1995/08/04	AGN	7.50		935		+2.7
2		PEREZ,Jesse, 365, 1997/11/09	BOLA	7.39		908		+1.6
3		DE JAGER,Marcelle, 629, 1996/01/24	WPA	6.88		785		+2.0
4		MC GLADDERY,Duncan, 94, 1994/06/04	AGN	6.86		781		+1.6
5		SWANEPOEL,Carel, 170, 1994/03/02	AGN	6.46		688		+0.4
6		COETZEE,Grove, 282, 1998/04/24	AFS	5.31		443		-0.5
Item 10		11:00 Final Men Senior Javelin						
						800g		
1		JANSE VAN RENSBURG,Phil-mar, 290,	AMPU	76.65	7	0		G
2		HOLTZHAUSEN,Tobie, 134, 1987/05/25	AGN	76.19	5	0		S
3		GROBLER,Johann, 238, 1997/08/06	ACNW	74.53	3	0		B

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
4		VAN ROOYEN,Rocco, 628, 1992/12/23	WPA	72.71	2	0		
5		WIESE,Erich, 226, 1997/06/01	ACNW	71.44	1	0		
6		VAN VUUREN,Hernu, 460,	CGA	70.63	0	0		
7		LAUBSER,Leon, 210, 1996/02/21	ACNW	69.67	0	0		
8		LINDSAY,Dylon, 520, 1991/09/04	CGA I	65.67	0	0		
0		DE WET,Dante, 391, 1996/01/03	BOLA I	DNR	0	0		
0		HERMAN,Chad, 219, 1992/05/25	ACNW	DNR	0	0		
Item 11	11:00 Final Women Senior HighJump							
1		DU PLESSIS,Julia, 514, 1996/05/27	CGA I	1.80	7	0	G	
2		SNYMAN,Kristi, 622, 2000/12/15	WPA	1.75	5	0	S	
2		ROBSON,Yvonne, 60, 1999/09/12	AGN	1.75	5	0	S	
4		NGOZO,Michelle, 37, 2000/05/15	AGN	1.70	2	0		
5		KING,Geraldine, 620', 1997/08/11	WPA	1.70	1	0		
6		BOTHA,Mariette, 423, 1984/01/12	CGA	1.70	0	0		
7		HIGGENS,Marilize, 420, 1996/03/04	CGA	1.70	0	0		
7		ERASMUS,Bianca, 329,	AVT	1.70	0	0		
9		CARSTENS,Danielle, 73, 1997/06/24	AGN	1.65	0	0		
10		KRUGELL,Berne, 513, 1987/06/03	CGA I	1.65	0	0		
11		SEELIGER,Frances, 32, 1994/02/03	AGN	1.65	0	0		
12		DOMBENI,Matlhatsi, 53, 1999/01/21	AGN	1.65	0	0		
13		UYS,Brittany, 358, 1996/04/12	BOLA	1.60	0	0		
14		BRITZ,Carmen, 63,	AGN	1.60	0	0		
14		MINNAAR,Jeane, 42, 2001/02/02	AGN	1.60	0	0		
0		HUMAN,Nica, 330,	AVT	DNR	0	0		
0		VENN,Ivanna, 34, 2001/03/07	AGN	NM	0	0		
Item 12	11:00 Final Women Senior Hammer							
						4.000kg		
1		COETZEE,Margo Chene, 52, 1994/06/09	AGN	58.97	7	0	G	
2		GREYLING,Stefanie, 202, 1996/03/25	ACNW	57.13	5	0	S	
3		VAN DE WALT,Tharina, 251, 2000/02/22	AFS	57.12	3	0	B	
4		CUMMING,Marga, 207, 1998/10/12	ACNW	56.56	2	0		
5		PUBALAKAN,Tanya, 597, 1984/01/04	SAPS	54.61	1	0		
6		GREYLING,Marinda, 64, 1999/06/04	AGN	53.77	0	0		
7		JANSE VAN VUUREN,Letitia, 178,	ACNW	53.32	0	0		
8		FOURIE,Lizelle, 425, 1999/01/15	CGA	50.94	0	0		
9		LEONARD,Tamlynn, 186, 1999/06/21	ACNW	49.31	0	0		
10		MEIRING,Nadia, 254, 1997/01/22	AFS	48.12	0	0		
11		SMIT,Kayla, 621, 2001/04/06	WPA	46.28	0	0		
12		BOTHA,Elme, 307, 2001/01/07	ASWD	44.01	0	0		
13		HAVINGA,Janel, 247, 1998/03/13	AFS	43.17	0	0		
14		VAN DYK,Marizel, 250, 2000/08/17	AFS	42.86	0	0		
15		SERFONTEIN,Juane, 255, 1998/09/04	AFS	41.73	0	0		
0		LAMBRECHT,Karlene, 381, 1999/01/13	BOLA I	DNR	0	0		
Item 13	11:00 Final Women MixAge Shotput (PARA)							
25	1	HOFFMAN (F44),Mandeline, 570,	SASAPD	08.05	7	0	G	
25	2	VAN DER MERWE (F44),Yane, 566,	SASAPD	07.93	5	0	S	
25	3	POTGIETER (F58),Martha, 571,	SASAPD	05.00	3	0	B	
Item 14	11:00 Final Women Senior Polevault							
1		SEDRAS,Jodie, 616, 1994/08/26	WPA	3.90	7	0	G	
2		JANSE VAN RENSBURG,Nicole, 348,	BOLA	3.80	5	0	S	
3		TALLIE,Tonet, 350, 2002/03/26	BOLA	3.50	3	0	B	
4		SWANEVELDER,Simonn, 311,	ASWD	3.50	2	0		
5		DU TOIT,Kian-lee, 356, 2001/12/10	BOLA	3.50	1	0		
6		FOURIE,Nadja, 197, 1999/01/25	ACNW	3.50	0	0		
7		LAMLEY,Elsi, 248, 1998/03/16	AFS	3.50	0	0		
8		VILJOEN,Anje, 352, 2000/12/01	BOLA	3.40	0	0		
9		VAN DER WALT,Corlè, 183, 1999/07/30	ACNW	3.30	0	0		
0		MEYER,Soandri, 25, 1988/07/28	AGN	NRA	0	0		
Item 15	11:30 Heat 1 of 2 Women Senior 1500m							
0		VILAKAZI,Thobile, 421,	CGA	NT		0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
0		BEZUIDENHOUT,Antoinette, 410,	CGA	NT		0		
0		MASHAMAITE,Dipuo, 510, 2001/10/02	CGA I	NT		0		
0		CLOETE,Thineke, 353, 1991/11/11	BOLA	NT		0		
0		SEMENYA,Caster, 1, 1991/01/07	AGN	NT		0		
0		REDELINGHUYS,Michelle, 30,	AGN	NT		0		
0		MARITZ,Liza, 13, 1979/07/30	AGN	NT		0		
0		DU PLESSIS,Danèl, 208, 1997/07/12	ACNW	NT		0		
Item 15	11:30 Heat 2 of 2 Women Senior 1500m							
0		OELOFSE,Vicky, 525, 2000/10/09	EPA	NT		0		
0		RAMELA,Lebogang, 406, 2000/04/10	CGA	NT		0		
0		ROELOFSE,Lyndi, 429, 2001/04/30	CGA	NT		0		
0		DEMPSTER,Megan, 511, 1987/11/19	CGA I	NT		0		
0		SHANGE,Yandiswa, 648, / /	BOLA	NT		0		
0		NICE,Anuschka, 43, 1991/08/26	AGN	NT		0		
0		MKHIZE,Happiness, 544, 1992/12/15	KZNA	NT		0		
Item 16	11:45 Heat 1 of 2 Men Senior 1500m							
1		MOTSAU,Jerry, 231, 1990/03/12	ACNW	03:51.45		0		
2		KUSCHE,George, 162, 1998/08/06	AGN	03:51.62		0		
3		SIBIYA,Nkosinathi, 557, 1994/01/01	KZNA	03:52.05		0		
4		SEHOHLE,Folavio, 292, 1990/10/14	AMPU	03:52.78		0		
5		HLASELO,Dumisani, 491,	CGA	03:53.66		0		
6		RATSELA,Thoriso, 456,	CGA	03:56.01		0		
7		MTHIMKULU,Sikhalo, 159, 1994/03/24	AGN	03:57.50		0		
8		BESTER,Robert, 99, 1997/10/23	AGN	03:58.70		0		
9		BOTHOLO,Solomon, 133, 1994/02/19	AGN	03:59.96		0		
10		NTSOTHO,Awethu, 324,	ATRA	04:00.77		0		
0		UYS (T36),Lafras, 596, 1993/06/10	SASAPD	DNR		0		
0		MATIWANE,Thabang, 450,	CGA	DNF		0		
Item 16	11:45 Heat 2 of 2 Men Senior 1500m							
1		DERISON,Treasure, 274, 1992/09/04	AFS	03:53.37		0		
2		MAKANE,Henry, 442,	CGA	03:53.87		0		
3		MOKOPANE,Rantso, 233, 1994/08/08	ACNW	03:54.46		0		
4		SWART,Christopher, 169, 2000/04/19	AGN	03:54.52		0		
5		BREDENKAMP,Jonathan, 149,	AGN	03:56.15		0		
6		MASINA,Thabo, 441,	CGA	03:58.85		0		
7		MORE,Lehlognolo, 339,	AVT	03:59.42		0		
8		MALUSI,Yanga, 315,	ATRA	04:02.24		0		
9		MGUBHELA,Nkululeko, 318,	ATRA	04:12.42		0		
10		SMITH (T36),Shane, 586, 1991/05/21	SASAPD	07:05.73		0		
0		CHAUMETON,Maxime, 478,	CGA	DNR		0		
0		NONNATLARA,Thumisang, 145,	AGN	DNR		0		
0		TSHITE,Tshepo, 240, 1997/01/15	ACNW	DNR		0		
Item 17	12:00 Final Men MixAge Shotput (PARA)							
25	1	BLOM (F12),Christoffel, 584, 1986/07/21	SASAPD	13.93	7	0	G	
25	2	BUTLER (F62),Anthony, 591, 1975/03/12	SASAPD	11.42	5	0	S	
25	3	STRYDOM (F58),Nicolaas, 589,	SASAPD	10.95	3	0	B	
25	4	FURSTENBERG (F64),Frederik, 595,	SASAPD	10.53	2	0		
Item 18	12:20 Heat 1 of 3 Men Senior 400m Hurdles							
								0.914m
1		FREDERICKS,Cornel, 152, 1990/03/03	AGN	0:49.79		0		
2		PRETORIUS,Constant, 155, 1994/01/26	AGN	0:49.96		0		
3		BORMAN,Marcus, 132, 1996/09/16	AGN	0:51.26		0		
4		DHLAMINI,Sabelo, 519, 1995/01/17	CGA I	0:57.94		0		
0		MAREE,Linford, 360, 1999/01/31	BOLA	DNR		0		
0		PRETORIUS,Bernard, 156, 1993/01/06	AGN	DNF		0		
Item 18	12:20 Heat 2 of 3 Men Senior 400m Hurdles							
								0.914m
1		HANEKOM,Lindsey, 79, 1993/05/15	AGN	0:49.39		0		
2		VAN ZYL,Lj, 8, 1985/07/20	AGN	0:50.31		0		
3		MOGAWANE,Kefilwe, 652, 1997/10/11	AGN	0:51.40		0		
4		VAN DER WALT,Ruhan, 92, 1998/05/20	AGN	0:52.27		0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
5		ROBERTS,Rivaldo, 147, 1996/04/27	AGN	0:53.06		0		
6		MAYO,Adam, 82, 2000/04/19	AGN	0:53.43		0		
Item 18		12:20 Heat 3 of 3 Men Senior 400m Hurdles				0.914m		
1		HAMMAN,Le Roux, 78, 1992/01/06	AGN	0:50.89		0		
2		ZAZINI,Sokwakhana, 93, 2000/01/23	AGN	0:51.57		0		
3		VAN ZYL,Armand, 214, 1997/05/23	ACNW	0:51.58		0		
4		LABUSCHAGNE,Ruan, 291, 2000/04/05	AMPU	0:53.65		0		
5		MADLOPA,Siyabonga, 516, 1999/02/06	CGA I	0:56.30		0		
0		EKSTEEN,Elishama, 279, 1992/08/06	AFS	DNR		0		
Item 19		12:40 Heat 1 of 2 Women Senior 400m Hurdles				0.762m		
1		NEL,Wenda, 5, 1988/07/30	AGN	0:54.96		0		
2		MORAKE,Gontse, 57, 2001/03/16	AGN	0:58.63		0		
3		MAGERMAN,Gezelle, 15, 1997/04/21	AGN	1:00.75		0		
4		VERCUIEL,Juli, 618, 2000/01/25	WPA	1:00.98		0		
5		GIBBON,Nicola, 41, 2000/10/09	AGN	1:02.18		0		
Item 19		12:40 Heat 2 of 2 Women Senior 400m Hurdles				0.762m		
1		VAN DER WALT,Zeney, 17, 2000/05/22	AGN	0:57.36		0		
2		SENEKAL,Jean- Maree, 351, 1992/12/11	BOLA	0:59.31		0		
3		GERMISHUIZEN,Nikita, 23, 1999/03/18	AGN	1:03.52		0		
4		FINGER,Chante, 40, 1996/01/19	AGN	1:06.16		0		
0		VAN DER MERWE,Belindie, 18,	AGN	DNR		0		
0		TSETSEWA,Cynthia, 205, 1995/06/11	ACNW	DNF		0		
Item 20		14:00 Final Men U18 (Youth) Shotput Decathlon						
1		JONAS,Safwaan, 599, 2001/04/24	WPA I	09.84		476		
2		SWANEPOEL,Andre, 377, 2001/08/25	BOLA I	09.55		459		
3		DAVIDS,Dwayne, 598, 2002/01/08	WPA I	07.70		349		
Item 21		14:00 Final Men U20 (Junior) Shotput Decathlon						
1		MC KENZIE,Renaldo, 346, / /	BOLA	12.36		628		
2		VAN ZYL,Rikus, 175, 2000/01/10	ACNW	11.40		570		
3		PARKER,Tashriq, 609, 2000/05/07	WPA	08.65		405		
4		DE VILLIERS,Ezzard, 600, 2000/12/04	WPA I	08.26		382		
Item 22		14:00 Final Men Senior Shotput Decathlon				7.260kg		
1		DE JAGER,Marcelle, 629, 1996/01/24	WPA	14.09		734		
2		COETZEE,Grove, 282, 1998/04/24	AFS	12.92		662		
3		PRETORIUS,Fredriech, 157, 1995/08/04	AGN	12.45		634		
4		MC GLADDERY,Duncan, 94, 1994/06/04	AGN	11.91		601		
5		PEREZ,Jesse, 365, 1997/11/09	BOLA	09.82		475		
6		SWANEPOEL,Carel, 170, 1994/03/02	AGN	08.45		393		
Item 23		14:30 Final Women Senior 50km Walk					No Entries	
Item 24		14:30 Final Men Senior 50km Walk					No Entries	
Item 25		14:30 Final Men MixAge 100m (T 12 - PARA)				+1.9		
25	1	NTUTU (T12),Jonathan Ndodomzi, 588,	SASAPD	11.00	7	0	G	
25	2	LANGENHOVEN (T12),Hilton, 575,	SASAPD	11.35	5	0	S	
Item 26		14:40 Final Women MixAge 100m (PARA)				-2.3		
25	1	PRETORIUS (T13),Johanna, 574,	SASAPD	12.97	7	0	G	
25	2	LIEBENBERG (T47),Anrune, 568,	SASAPD	13.05	5	0	S	
25	3	KRUGER (F/T38),Simone, 573,	SASAPD	16.74	3	0	B	
25	4	CROUCAMP (T62),Megan, 572,	SASAPD	19.79	2	0		
Item 27		14:50 Final Men MixAge 100m (PARA)				-0.8		
25	1	MHLONGO (T44),Mpumelo, 582,	SASAPD	11.26	7	0	G	
25	2	BUIS (T38),Dyan, 590, 1990/11/30	SASAPD	11.41	4	0	S	
25	2	DU TOIT (T37),Charl, 593, 1993/03/26	SASAPD	11.41	4	0	S	
25	4	JOUBERT (T47),Tshepang, 587,	SASAPD	11.76	2	0		
25	5	SEKAILWE (T38),Union, 581, 1986/01/06	SASAPD	11.99	1	0		
25	6	NDLOVU (T46),Neo, 579, 1996/01/02	SASAPD	12.09	0	0		
25	7	DU PLESSIS (T63),Daniel, 594,	SASAPD	12.76	0	0		
25	8	DE VILLIERS (T36),Meonn, 580,	SASAPD	14.40	0	0		
Item 28		15:00 Round 1 of 2 Men Senior LongJump						

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
1		MANYONGA,Luvo, 531, 1991/01/08	EPA	8.03		0		+0.2
2		MWANGA,Anthony, 522, 1997/01/15	CGA I	7.35		0		+2.2
3		PONISAMMY,Norbert, 285, 1998/01/07	AFS	7.29		0		+0.1
4		MAKGATO,Peter, 269, 1996/05/05	AFS	7.22		0		+1.9
5		FARAO,Jason, 438,	CGA	7.13		0		+0.4
6		ROBERTS,Crissio, 535, 1998/11/27	EPA	7.10		0		+0.4
7		NYATHI,Siyabonga, 171, 1999/07/25	AGN	6.81		0		+0.3
8		MAHLANGU (61),Ntando, 577,	SASAPD	6.21		0		-0.7
9		MAZEEM,Tebogo, 515, 2000/02/17	CGA	5.81		0		+2.2
10		JOUBERT (T47),Tshepang, 587,	SASAPD	5.44		0		+1.7
0		MANUEL,Divan, 388, 1996/09/15	BOLA I	DNR		0		
0		TAU,Teboho, 333,	AVT	DNR		0		
0		MUNEVA,Calvin, 164, 1997/05/16	AGN	DNR		0		
Item 28 15:00 Round 2 of 2 Men Senior LongJump								
1		SAMAAI,Ruswahl, 361, 1991/09/25	BOLA	7.77		0		-0.2
2		CHESWIL,Johnson, 477,	CGA	7.72		0		-2.2
3		VISSER,Zarck, 488,	CGA	7.53		0		-0.3
3		LE ROUX,Christy, 106,	AGN	7.53		0		-1.3
5		BOER,Dwayne, 521, 1995/01/06	CGA I	7.29		0		+0.3
6		COTTER,Dylon, 493,	CGA	7.19		0		+0.5
7		SASMAN,Bevan, 627, 1999/01/09	WPA	7.16		0		-0.5
8		MOODIE,Keanu, 371, 1995/07/06	BOLA	7.14		0		-0.8
8		MIYA,Sifiso, 119, 2001/06/01	AGN	7.14		0		+0.0
10		AARON,Pedro, 437,	CGA	7.13		0		-0.6
11		GAUCHE,Luke, 76, 2000/01/27	AGN	6.83		0		+0.3
12		MHLONGO (T44),Mpumelo, 582,	SASAPD	6.74		0		+1.6
13		BERU,Joash, 554, 1997/07/16	KZNA	6.69		0		+1.0
0		MAVUSO (T64),Junior, 576, 1995/02/06	SASAPD	DNR		0		
Item 29 15:00 Final Men Senior Polevault								
1		VAN WYK,Valco, 362, 2000/07/26	BOLA	5.40	7	0		G
2		VAN HUYSTEEN,Nikolai, 363,	BOLA	5.00	5	0		S
3		VAN DER WATT,Ekhardt, 389, / /	BOLA	4.60	3	0		B
0		SCHUTTE,Elmar, 97, 1999/06/17	AGN	DNR	0	0		
0		STOLTZ,Stian, 241, 1999/02/05	ACNW	NM	0	0		
Item 30 15:00 Semi Final 1 of 3 Men Senior 100m -0.2								
1		BRUINTJIES,Henrico, 150, 1993/07/16	AGN	10.10		0		
2		MONARENG,Thembo, 143, 1999/02/14	AGN	10.23		0		
3		MHLENGA,Retsiditswe, 115, 2000/02/27	AGN	10.27		0		
4		MAOKA,Obakeng, 440,	CGA	10.48		0		
5		SETHABI,Oratile, 275, 1997/09/21	AFS	10.54		0		
6		VAN TONDER,Le Roux, 216, 1988/04/04	ACNW	10.67		0		
7		MOTALA,Shaahid, 137, 1997/09/19	AGN	10.69		0		
0		SIMBINE,Akani, 2, 1993/09/21	AGN	DNR		0		
Item 30 15:00 Semi Final 2 of 3 Men Senior 100m -0.7								
1		MAGAKWE,Simon, 625, 1985/05/25	WPA	10.09		0		
2		JOBODWANA,Anaso, 4, 1992/07/30	AGN	10.21		0		
3		MALESELA,Senona, 87, 1999/03/07	AGN	10.33		0		
4		VAN WYK,Chederick, 213, 1995/02/18	ACNW	10.41		0		
5		WICKENS,Gerrit, 122, 1996/06/01	AGN	10.41		0		
6		WILLIAMS,Dale, 394, 1996/06/18	BORA	10.56		0		
7		MZOBE,Mfundo, 559, 1998/09/13	KZNA	10.84		0		
8		UNGERER,Walter, 131, 1995/09/07	AGN	10.86		0		
Item 30 15:00 Semi Final 3 of 3 Men Senior 100m +1.7								
1		ENGEL,Roscoe, 636, 1989/03/06	WPA	10.06		0		
2		DLODLO,Thando, 490,	CGA	10.11		0		
3		SAMKELO,Sabelo, 458,	CGA	10.21		0		
4		MICHAU,Keenan, 120, 1995/01/17	AGN	10.31		0		
5		TROTTER,Gideon, 287, 1992/03/03	AFS	10.63		0		
6		TUOHY,Aidan, 536, 1997/01/06	EPA	10.74		0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
0		PONISAMMY,Norbert, 285, 1998/01/07	AFS	DNR		0		
0		PIETERS,Maritz, 224, 1999/08/21	ACNW	DNF		0		
Item 31	15:20	Semi Final 1 of 2 Women Senior 100m				+0.7		
1		MAMATU,Tebogo, 12, 1995/05/27	AGN	11.31		0		
2		WILLIAMSON,Cassidy, 540, 1998/10/24	KZNA	11.39		0		
3		STEENKAMP,Rikenette, 7, 1992/10/16	AGN	11.58		0		
4		PIETERSE,Lente, 191, 1997/07/16	ACNW	11.78		0		
5		HAUPT,Robyn, 610, 1996/01/04	WPA	11.96		0		
6		VAN TONDER,Chante, 407,	CGA	12.12		0		
7		NEL,Valeska, 26, 1999/04/20	AGN	12.27		0		
8		DU PLESSIS,Elsabe, 264, 1999/03/15	AFS	12.71		0		
Item 31	15:20	Semi Final 2 of 2 Women Senior 100m				+0.0		
1		HORN,Carina, 3, 1989/03/09	AGN	11.03		0		SA
2		THOMAS,Tamzin, 419,	CGA	11.43		0		
3		PARKER,Nabeela, 611, 1994/12/10	WPA	11.60		0		
4		XEYI,Rose, 650, 2001/03/16	AGN	11.76		0		
5		JONES,Cherese, 54, 1985/12/05	AGN	11.84		0		
6		DU PLOOY,Simone, 67, 1996/04/14	AGN	11.93		0		
7		PHILLIPS,Meghan, 38, 1997/04/21	AGN	11.99		0		
8		SMITH,Elme, 257, 1997/11/05	AFS	12.39		0		
Item 32	15:45	Heat 1 of 6 Men Senior 400m						
1		CONRADIE,Pieter, 230, 1994/10/20	ACNW	0:46.19		0		
2		KHUZWAYO,Ukona, 222, 1997/05/01	ACNW	0:47.11		0		
3		MATLALA,Frans, 447,	CGA	0:47.86		0		
4		BOPHI,Khakaletu, 533, 1998/06/28	EPA	0:48.31		0		
5		POWELL,Cuan, 341,	AVT	0:48.74		0		
6		NTJIE,Lethabo, 564, 1999/03/31	LIMA	0:50.31		0		
7		MOGHLOANA,John, 563, 1997/01/10	LIMA	0:53.65		0		
0		HLUNGWANI,Ashley, 126, 1991/04/25	AGN	DNR		0		
Item 32	15:45	Heat 2 of 6 Men Senior 400m						
1		NENE,Zakithi, 555, 1998/04/02	KZNA	0:46.81		0		
2		OLIPHANT,Unathi, 280, 1997/06/24	AFS	0:47.36		0		
2		DIKGALE,Ranti, 118, 1987/07/12	AGN	0:47.36		0		
4		DE JONGH,Ruan, 517, 2000/02/17	CGA I	0:47.80		0		
5		MABADULA,Xolani, 453,	CGA	0:48.61		0		
6		RAMOLEFI,Ruben, 565, 1978/07/17	NWCA	0:50.66		0		
7		MOHLOSI,Kabelo, 300, 1993/01/20	ANWN	1:05.66		0		
Item 32	15:45	Heat 3 of 6 Men Senior 400m						
1		BARNES,Andrew, 74, 1988/09/30	AGN	0:46.52		0		
2		MUDIMELE,Fhatuwani, 243, 1994/12/28	ACNW	0:46.68		0		
3		DU TOIT,Wynand, 375, 1997/10/03	BOLA	0:46.76		0		
4		MOGAWANE,Ofentse, 141, 1982/02/20	AGN	0:47.12		0		
5		PENNELLS,Quintin, 108, 1999/04/21	AGN	0:47.31		0		
6		LUBBE,Christian, 163, 1994/05/05	AGN	0:47.95		0		
7		VAN WYK,Merlin, 90, 1997/02/15	AGN	0:49.70		0		
Item 32	15:45	Heat 4 of 6 Men Senior 400m						
1		MOKGOBINYANE,Lesedi, 235,	ACNW	0:46.75		0		
2		FLAGG,Jayden, 367, 1994/09/16	BOLA	0:47.05		0		
2		MAVUNDLA,Oscar, 641, 1992/03/26	AGN	0:47.05		0		
4		BRUWER,Stefan, 237, 1995/02/11	ACNW	0:47.48		0		
5		MATLALA,Lesedi, 448,	CGA	0:48.44		0		
6		SEPTOKELE,Lethlogonolo, 110,	AGN	0:48.48		0		
0		KOTSEDI,Motheo, 642, 1996/04/05	ACNW	DNR		0		
Item 32	15:45	Heat 5 of 6 Men Senior 400m						
1		MARICH,Nikki, 444,	CGA	0:47.18		0		
2		LOUW,Gabriel, 495,	CGA	0:47.29		0		
3		ISAAC,Gardeo, 373, 1998/12/27	BOLA	0:47.77		0		
4		JONKER,Gert, 494,	CGA	0:48.26		0		
5		DE VOS,Phillip, 100, 1997/07/21	AGN	0:48.63		0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
6		FOURIE,Devinto, 321,	ATRA	0:48.68		0		
7		SEBOLA,Lehlognolo, 334,	AVT	0:51.05		0		
Item 32	15:45	Heat 6 of 6 Men Senior 400m						
1		PHORA,Thapelo, 116, 1991/11/21	AGN	0:46.04		0		
2		KOEKEMOER,Berend, 605,	WPA I	0:47.21		0		
3		NDLUVO,Rodwell, 604,	WPA I	0:47.42		0		
4		BRONS,Justin, 148, 1998/01/19	AGN	0:48.77		0		
5		NKOSI,Bongumusa, 336,	AVT	0:48.99		0		
6		APPEL,Kyle, 639, 1998/05/10	WPA	0:49.32		0		
7		KLOPPER,Markus, 127, 1999/01/29	AGN	0:49.37		0		
Item 33	16:00	Final Men U18 (Youth) HighJump Decathlon						
1		SWANEPOEL,Andre, 377, 2001/08/25	BOLA I	1.68		528		
2		JONAS,Safwaan, 599, 2001/04/24	WPA I	1.56		434		
3		DAVIDS,Dwayne, 598, 2002/01/08	WPA I	1.53		411		
Item 34	16:00	Final Men U20 (Junior) HighJump Decathlon						
1		MC KENZIE,Renaldo, 346, / /	BOLA	1.86		679		
2		PARKER,Tashriq, 609, 2000/05/07	WPA	1.77		602		
3		VAN ZYL,Rikus, 175, 2000/01/10	ACNW	1.50		389		
0		DE VILLIERS,Ezzard, 600, 2000/12/04	WPA I	NM		0		
Item 35	16:00	Final Men Senior HighJump Decathlon						
1		PRETORIUS,Fredriech, 157, 1995/08/04	AGN	2.04		840		
2		MC GLADDERY,Duncan, 94, 1994/06/04	AGN	1.92		731		
3		PEREZ,Jesse, 365, 1997/11/09	BOLA	1.89		705		
4		DE JAGER,Marcelle, 629, 1996/01/24	WPA	1.86		679		
5		COETZEE,Grove, 282, 1998/04/24	AFS	1.68		528		
6		SWANEPOEL,Carel, 170, 1994/03/02	AGN	1.59		457		
Item 36	16:30	Heat 1 of 3 Women Senior 400m						
1		VILJOEN,Marlie, 44, 2000/08/01	AGN	0:55.09		0		
2		SANDER,Carien, 249, 1999/02/15	AFS	0:55.45		0		
3		NEL,Benee, 27, 1994/10/13	AGN	0:56.32		0		
4		OLORUNTOBA,Morenike, 529,	EPA	0:56.56		0		
5		SELEKA,Boitumelo, 295, 1990/03/20	ANWN	0:57.00		0		
6		BOTHA,Lizhare, 530, 1997/12/26	EPA	0:57.95		0		
7		BALOYI,Dzunisani, 643, 1995/05/14	ACNW	0:58.15		0		
8		NONTHLANHLA,Themese0, 512,	CGA I	1:02.32		0		
Item 36	16:30	Heat 2 of 3 Women Senior 400m						
1		RAMONNYE,Rorisang, 294, 1990/12/31	ANWN	0:55.19		0		
2		PALFRAMAN,Justine, 349, 1993/11/04	BOLA	0:55.38		0		
3		LE ROUX,Armoure, 413, 1998/02/27	CGA	0:55.81		0		
4		ALBERTS,Sunè, 194, 1995/10/26	ACNW	0:57.57		0		
5		LIEBENBERG (T47),Anrune, 568,	SASAPD	0:57.77		0		
6		MEYER,Soandri, 25, 1988/07/28	AGN	0:58.60		0		
7		REITZ,Marietjie, 29, 1997/12/20	AGN	0:59.25		0		
8		MBHELE,Spesihle, 550, 1998/12/03	KZNA	0:59.36		0		
Item 36	16:30	Heat 3 of 3 Women Senior 400m						
1		HOLTON,Danèl, 198, 1994/07/21	ACNW	0:54.95		0		
2		NEL,Ariane, 188, 1996/03/06	ACNW	0:55.06		0		
3		KHOZA,Nondumiso, 539, 1997/06/21	KZNA	0:55.71		0		
4		SEELIGER,Janet, 31, 1995/04/27	AGN	0:55.83		0		
5		MBATHA,Sesi, 21, 2001/03/11	AGN	0:57.46		0		
6		VAN DYK,Mariska, 16, 1997/08/04	AGN	0:57.74		0		
7		PONI,Sinesipho, 323, / /	ATRA	1:00.92		0		
Item 37	17:15	Heat 1 of 5 Men Senior 800m						
1		NDIMANDE,Nthuthuko, 465,	CGA	1:50.82		0		
2		MADONSELA,Vuni, 88, 1998/06/06	AGN	1:50.92		0		
3		MTSHWENI,Sfiso, 302, 1995/02/08	ANWN	1:51.16		0		
4		MOTHOSOLA,William, 293, 1990/03/31	AMPU	1:51.38		0		
5		MADUWA,Phelani, 332,	AVT	1:51.42		0		
6		OMPHILE,Molotsi, 128, 1984/06/21	AGN	1:51.88		0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
0		JONKER,Gert, 494,	CGA	DNR		0		
0		MOTNESAIA,Motlape, 497,	CGA	DNR		0		
Item 37	17:15	Heat 2 of 5 Men Senior 800m						
1		NCAMANE,Jabulane, 95, 1994/06/07	AGN	1:51.42		0		
2		JONCK,Ruan, 283, 1996/05/16	AFS	1:51.47		0		
3		NAUDE,Hannes, 270, 1990/03/14	AFS	1:51.60		0		
4		CUNUKELO,Mafika, 505,	CGA	1:51.90		0		
5		RAPHOBLE,Johannes, 457,	CGA	1:52.03		0		
6		MATIWANE,Thabang, 450,	CGA	1:52.15		0		
7		PRINSLOO,Bennie, 286, 1995/05/16	AFS	1:52.55		0		
8		ROOS,Paul, 146, 2000/01/04	AGN	1:53.06		0		
Item 37	17:15	Heat 3 of 5 Men Senior 800m						
1		MOHLOSI,Kabelo, 300, 1993/01/20	ANWN	1:52.67		0		
2		VAN ROOYEN,Dillan, 215, 1998/09/23	ACNW	1:52.81		0		
3		MACHABA,Tumelo, 85, 1995/02/21	AGN	1:52.86		0		
4		VAN RENSBURG,Rynardt, 272,	AFS	1:52.92		0		
5		MUNNIK,Luhan, 165, 2000/04/22	AGN	1:53.25		0		
6		VILJOEN,Jansen, 121, 1998/11/25	AGN	1:55.09		0		
0		UYS (T36),Lafras, 596, 1993/06/10	SASAPD	DNR		0		
0		TSOTETSI,Morena, 502,	CGA	DNR		0		
Item 37	17:15	Heat 4 of 5 Men Senior 800m						
1		STEVENS,Darren, 640, 1996/08/12	WPA	1:52.86		0		
2		TSHITE,Tshepo, 240, 1997/01/15	ACNW	1:53.01		0		
3		TSOTETSI,Morena, 342,	AVT	1:53.11		0		
4		PIETERSE,Emile, 225, 1993/02/01	ACNW	1:53.15		0		
5		BLIGNAUT,Martin, 124, 2000/06/19	AGN	1:53.32		0		
6		MOTHOA,Nelson, 562, 1994/09/16	LIMA	1:55.27		0		
7		NTSOTHO,Awethu, 324,	ATRA	1:58.07		0		
Item 37	17:15	Heat 5 of 5 Men Senior 800m						
1		EHLERS,Theuns, 113, 1998/12/03	AGN	1:48.00		0		
2		MADIMA,Themba, 83, 1989/04/02	AGN	1:48.74		0		
3		FARO,Duran, 624, 1994/02/05	WPA	1:49.49		0		
4		SWART,Christopher, 169, 2000/04/19	AGN	1:50.10		0		
5		UYS,Henco, 244, 1992/06/04	ACNW	1:50.59		0		
6		BASSON,Tian, 289, 1993/04/14	AMPU	1:50.62		0		
7		MORE,Lehlognolo, 339,	AVT	1:55.87		0		
Item 38	17:30	Final Women Senior LongJump						
1		BENEKE,Linque, 253, 1991/03/30	AFS	6.22	7	0	G	+0.1
2		CHABANGU,Zinzi, 415, 1996/09/28	CGA	6.18	5	0	S	-1.7
3		KINGWILL,Kelly, 528, 1991/01/22	EPA	5.77	3	0	B	+0.4
4		MADIKE,Anita, 524, 1996/09/16	EPA	5.74	2	0		-1.4
5		WRIGHT,Michaela, 262, 1999/08/16	AFS	5.64	1	0		-1.1
6		XEYI,Rose, 650, 2001/03/16	AGN	5.61	0	0		-0.8
7		LOUWRENS,Suneel, 354, 2001/04/12	BOLA	5.47	0	0		+0.6
8		KOMMER,Andrea, 308, 2001/12/15	ASWD	5.17	0	0		-1.6
9		NOLTE,Danielle, 59, 2002/01/11	AGN	5.14	0	0		-1.2
10		NGOZO,Michelle, 37, 2000/05/15	AGN	4.91	0	0		-0.9
11		KRUGER (F/T38),Simone, 573,	SASAPD	3.21	0	0		-1.5
12		CROUCAMP (T62),Megan, 572,	SASAPD	2.72	0	0		-2.4
0		BASSON,Mienke, 379, 2001/01/04	BOLA I	DNR	0	0		
0		HUMAN,Nica, 330,	AVT	DNR	0	0		
0		SOLARIN,Ester, 61, 2001/09/12	AGN	DNR	0	0		
Item 39	17:30	Final Women Senior Shotput				4.000kg		
1		SENEKAL,Ischke, 527, 1993/01/08	EPA	16.70	7	0	G	
2		STRYDOM,Meike, 310, 2000/08/25	ASWD	16.08	5	0	S	
3		WAGNER,Monique, 409,	CGA	14.00	3	0	B	
4		PUBALAKAN,Tanya, 597, 1984/01/04	SAPS	13.80	2	0		
5		BOTHA,Elme, 307, 2001/01/07	ASWD	12.10	1	0		
6		HEYNS,Riëtte, 185, 1996/02/27	ACNW	11.98	0	0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
7		GEEL,Leandri, 411, 1997/07/14	CGA	11.92	0	0		
8		JOUBERT,Ilke, 288, 1999/03/16	AMPU	11.86	0	0		
Item 40	17:30	Final Men Senior Discus				2.000kg		
1		HOGAN,Victor, 370, 1989/07/25	BOLA	61.42	7	0	G	
2		VISSER,Werner, 487,	CGA	54.96	5	0	S	
3		KEMP,Brynn- Peter, 364, 1991/01/18	BOLA	54.10	3	0	B	
4		DUVENHAGE,Patrick, 161, 1998/02/17	AGN	53.87	2	0		
5		VAN ROOYEN,Jason, 459,	CGA	51.44	1	0		
6		SCHOLTZ,Johan, 96, 1996/03/04	AGN	51.23	0	0		
7		MARAIS,Ignatius, 211, 1999/03/04	ACNW	49.12	0	0		
8		BLIGNAUT,Kyle, 489,	CGA	46.87	0	0		
9		BLOM,Hermanus, 123, 1986/07/21	AGN	46.45	0	0		
0		KHUNU,Thato, 114,	AGN	DNR	0	0		
Item 41	17:50	Final Women Senior 5000m						
1		SCOTT,Dominique, 614, 1992/06/24	WPA	16:55.05	7	0	G	
2		VAN GRAAN,Kyla, 612, 1994/10/14	WPA	17:15.70	5	0	S	
3		SHANGE,Yandiswa, 648, / /	BOLA	17:40.69	3	0	B	
4		MPSHE,Lesego, 62, 1999/09/05	AGN	17:49.33	2	0		
5		MKHIZE,Thobile, 543, 1996/12/19	KZNA	17:56.54	1	0		
6		ETSEBETH,Hanli, 206, 1997/02/14	ACNW	18:31.06	0	0		
7		BATJI,Makoma, 398, 1993/01/12	CGA	18:44.05	0	0		
0		MAKHANYA,Mapaseka, 404,	CGA	DNR	0	0		
0		BOVANA,Lusanda, 312, / /	ATRA	DNR	0	0		
0		XABA,Glenrose, 20, 1994/12/31	AGN	DNR	0	0		
0		PHALULA,Lebogang, 417, 1983/12/09	CGA	DNF	0	0		
0		PHALULA,Lebo, 418, 1983/12/09	CGA	DNF	0	0		
0		TERBLANCHE,Anel, 617, 1987/02/26	WPA	DNF	0	0		
Item 42	18:25	Final Men Senior 10000m						
1		MOKOKA,Stephen, 136, 1985/01/31	AGN	29:34.56	7	0	G	
2		MZAZI,Gladwin, 509,	CGA	29:40.64	5	0	S	
3		MAGWAI,Regan, 84, 1991/12/12	AGN	29:47.90	3	0	B	
4		MATSEPE,Samuel, 298, 1988/09/28	ANWN	30:13.32	2	0		
5		MOFOKENG,Puseletso, 234, 1993/03/03	ACNW	30:19.67	1	0		
6		MOHLOMI,Sphiwe, 496,	CGA	30:26.45	0	0		
7		MOSHWETSI,Ntekele, 644, 1988/06/26	ANWN I	30:35.62	0	0		
8		MELAMU,Kabelo, 470,	CGA	30:42.08	0	0		
9		SESIKO,Itumeleng, 473,	CGA	31:22.85	0	0		
10		MALEPE,Malepe, 443,	CGA	31:31.05	0	0		
11		VAN DER MERWE,Dylan, 464,	CGA	31:41.80	0	0		
0		SEBOKO,Kabelo, 474,	CGA	DNR	0	0		
0		RAMPA,Thato, 455,	CGA	DNR	0	0		
0		LEPOTO,Tumi, 468,	CGA	DNR	0	0		
0		PULE,Thato, 507, 1997/06/30	CGA	DNR	0	0		
0		BOOYSEN,Angelo, 368, 1991/10/01	BOLA	DNR	0	0		
0		KHUPHISO,Zuko, 319,	ATRA	DNR	0	0		
0		ADAMS,Xavier, 273, 1995/11/02	AFS	DNR	0	0		
0		MULAUDZI,Kwanele, 166,	AGN	DNR	0	0		
0		MULAUDZI,Collen, 167, 1991/04/08	AGN	DNR	0	0		
0		KEKANA,Milton, 103, 1995/10/03	AGN	DNR	0	0		
0		TYALI,Xolisa, 508,	CGA	DNF	0	0		
0		SIBEKO,Thulani, 486, 1989/08/24	CGA	DNF	0	0		
0		ZAMKELE,Xolisani, 316,	ATRA	DNF	0	0		
0		ONTONG,Anastacius, 281, 1993/01/13	AFS	DNF	0	0		
0		MTHEMBU,Kwanele, 158,	AGN	DNF	0	0		
0		LEETO,Tshepo, 105, 1995/01/18	AGN	DNF	0	0		
0		BUTHELEZI,Philane, 160, 1989/07/07	AGN	DNF	0	0		
0		GELANT,Elroy, 218, 1986/08/25	ACNW	DNF	0	0		
Item 43	19:15	Final Men U18 (Youth) 400m Decathlon						
1		SWANEPOEL,Andre, 377, 2001/08/25	BOLA I	0:55.91		563		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
	2	DAVIDS,Dwayne, 598, 2002/01/08	WPA I	0:58.31		472		
	3	JONAS,Safwaan, 599, 2001/04/24	WPA I	0:58.98		449		
Item 44	19:25 Final Men U20 (Junior) 400m Decathlon							
	1	DE VILLIERS,Ezzard, 600, 2000/12/04	WPA I	0:51.98		726		
	2	VAN ZYL,Rikus, 175, 2000/01/10	ACNW	0:53.76		650		
	3	MC KENZIE,Renaldo, 346, / /	BOLA	0:55.78		568		
	4	PARKER,Tashriq, 609, 2000/05/07	WPA	0:57.15		515		
Item 45	19:40 Final Men Senior 400m Decathlon							
	1	PEREZ,Jesse, 365, 1997/11/09	BOLA	0:49.16		854		
	2	PRETORIUS,Fredriech, 157, 1995/08/04	AGN	0:50.09		810		
	3	MC GLADDERY,Duncan, 94, 1994/06/04	AGN	0:50.26		803		
	4	DE JAGER,Marcelle, 629, 1996/01/24	WPA	0:51.98		726		
	5	SWANEPOEL,Carel, 170, 1994/03/02	AGN	0:52.08		721		
	6	COETZEE,Grove, 282, 1998/04/24	AFS	0:59.14		443		
Item 46	19:55 Final Women Senior 4X100m Relay							
	1	RELAY TEAM,AGN "A", , 999999/	AGN	0:46.69	7	0	G	
	JONES, Cherese / HORN, Carina / MAMATU, Tebogo / XEYI, Rose / VAN DER WALT, Zeney / VILJOEN, Marlie / SEELIGER, Janet / SEMENYA, Caster							
	2	RELAY TEAM,CGA, , 999999/	CGA	0:46.96	5	0	S	
	DU TOIT, Leana / CHABANGU, Zinzi / LUTZ, Julia / VAN TONDER, Chante							
	3	RELAY TEAM,AGN "B", , 999999/	AGN	0:47.09	3	0	B	
	KELLERMAN, Simone / DU PLOOY, Simone / NEL, Valeska / PHILLIPS, Meghan / FINGER, Chante / MEYER, Soandri / GIBBON, Nicola / VAN DYK, Mariska							
Item 47	20:05 Final Men Senior 4X100m Relay							
	1	RELAY TEAM,Rsa Juniors, , 999999/	RSA	0:39.46	7	0	G	
	MLENGA, Retsiditswe / SENONA, Malesela / MONARENG, Thembo / DLODLO, Thando							
	2	RELAY TEAM,AGN "A", , 999999/	AGN	0:39.90	5	0	S	
	WICKENS, Gerrit / MOTLALA, Lesego / ELS, Ruben / VAN WYK, Merlin / PHORA, Thapelo / FREDERICKS, Cornel / BARNES, Andrew / MAVUNDLA, Oscar							
	3	RELAY TEAM,Anwn, , 999999/	ANWN	0:44.29	3	0	B	
	MOTSWENYANE, Lebogang / BALOI, Obakeng / MTSHWENI, Sfiso / MOLELE, Lucky							
	0	RELAY TEAM,CGA, , 999999/	CGA	Disq	0	0		
	MAOKA, Obakeng / MEYER, Carl / SAMKELO, Sabelo / CHESWIL, Johnson / MATLALA, Lesedi / MATLALA, Frans / JONKER, Gert / MARICH, Nikki							
	0	RELAY TEAM,Boland, , 999999/	BOLA	DNR	0	0		
	MAREE, Linford / FLAGG, Jayden / ISAAC, Gardeo / DU TOIT, Wynand / PEREZ, Jesse / MOODIE, Keanu / MPEFU, Junior / FARAO, Tristan							
	0	RELAY TEAM,Rsa Seniors, , 999999/	RSA	DNR	0	0		
	BRUNTJIES, Henrico / JOBODWANE, Anaso / MUNYAI, Clarence / MICHAU, Keenen							
Item 48	09:00 Final Men Senior 110m Hurdles Decathlon							
	1	PRETORIUS,Fredriech, 157, 1995/08/04	AGN	14.52		908		-1.1 1.067m
	2	DE JAGER,Marcelle, 629, 1996/01/24	WPA	15.62		776		
	3	MC GLADDERY,Duncan, 94, 1994/06/04	AGN	15.71		766		
	4	PEREZ,Jesse, 365, 1997/11/09	BOLA	15.95		738		
	5	COETZEE,Grove, 282, 1998/04/24	AFS	18.33		493		
	6	SWANEPOEL,Carel, 170, 1994/03/02	AGN	18.54		474		
Item 49	09:10 Final Men U20 (Junior) 110m Hurdles Decathlon							
	1	MC KENZIE,Renaldo, 346, / /	BOLA	15.06		842		+1.0
	2	PARKER,Tashriq, 609, 2000/05/07	WPA	16.32		697		
	3	DE VILLIERS,Ezzard, 600, 2000/12/04	WPA I	16.57		670		
	4	VAN ZYL,Rikus, 175, 2000/01/10	ACNW	17.43		580		
Item 50	09:15 Final Men U18 (Youth) 110m Hurdles Decathlon							
	1	DAVIDS,Dwayne, 598, 2002/01/08	WPA I	16.07		725		+2.6
	2	SWANEPOEL,Andre, 377, 2001/08/25	BOLA I	16.44		684		
	3	JONAS,Safwaan, 599, 2001/04/24	WPA I	17.76		547		
Item 51	09:25 FinalResults Women U18 (Youth) 100m Hurdles Heptat							
	1	VAN JAARVELD,Liane, 396,	CGA	14.34		931		
	2	VAN DER LINDE,Marga-rita, 607,	WPA	14.58		898		
	3	THERON,Liezl, 70, 2001/07/24	AGN	14.98		844		
	4	DONOUGH,Ameerah, 608, 2001/02/05	WPA	15.41		788		
	5	STEYN,Jessica, 326, / /	AVT	15.46		782		
	6	KETCH,Leandri, 344, 2001/02/17	BOLA	15.62		762		
	7	KRUGER,Zeane, 376, 2001/01/31	BOLA I	15.67		755		
	8	DE KLERK,Xante, 325, / /	AVT	16.36		671		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
9		HUIJINK,Annemieke, 245, 2002/11/02	AFS	16.45		660		
10		SULLIVAN,Hannah, 345, 2002/01/16	BOLA	16.51		653		
11		VAN ZYL,Anina, 172, 2001/09/14	ACNW	16.64		638		
12		JACOBS,Danielle, 395, 2002/06/14	CGA	19.12		379		
Item 51		09:25 Final 1 of 2 Women U18 (Youth) 100m Hurdles Hepta				-0.5		
1		VAN DER LINDE,Marga-rita, 607,	WPA	14.58		898		
2		STEYN,Jessica, 326, / /	AVT	15.46		782		
3		HUIJINK,Annemieke, 245, 2002/11/02	AFS	16.45		660		
4		SULLIVAN,Hannah, 345, 2002/01/16	BOLA	16.51		653		
5		VAN ZYL,Anina, 172, 2001/09/14	ACNW	16.64		638		
6		JACOBS,Danielle, 395, 2002/06/14	CGA	19.12		379		
Item 51		09:25 Final 2 of 2 Women U18 (Youth) 100m Hurdles Hepta				+0.8		
1		VAN JAARVELD,Liane, 396,	CGA	14.34		931		
2		THERON,Liezl, 70, 2001/07/24	AGN	14.98		844		
3		DONOUGH,Ameerah, 608, 2001/02/05	WPA	15.41		788		
4		KETCH,Leandri, 344, 2001/02/17	BOLA	15.62		762		
5		KRUGER,Zeane, 376, 2001/01/31	BOLA I	15.67		755		
6		DE KLERK,Xante, 325, / /	AVT	16.36		671		
Item 52		09:35 Final Women U20 (Junior) 100m Hurdles Heptathlon				+0.5		
1		VERSTER,Shannon, 72, 1999/11/10	AGN	15.77		743		
2		GRAVETT,Anneri, 174, 1999/03/05	ACNW	17.22		572		
3		VAN BERS,Cindy, 71, 1999/06/14	AGN	17.64		526		
4		OPPERMAN,Annica, 303, 2000/09/23	ASWD	18.94		396		
Item 53		09:40 Final Women Senior 100m Hurdles Heptathlon				+0.1	0.838m	
1		KING,Geraldine, 620, 1997/08/11	WPA	14.71		880		
2		DU TOIT,Nienka, 357, 1997/03/17	BOLA	14.99		843		
3		JOHNSON,Carla, 623, 1997/05/07	WPA	15.52		774		
4		SALIM,Anri, 180, 1996/01/06	ACNW	16.07		706		
5		VON ALLENMANN,Elizna, 200,	ACNW	17.52		539		
6		KIRSTEN,Danica, 189, 1997/08/11	ACNW	18.73		416		
7		MULLER,Kyla, 68, 1998/01/16	AGN	19.00		390		
0		VAN DER MERWE,Shona, 19,	AGN	DNR		0		
Item 54		09:45 Heat 1 of 2 Women Senior 100m Hurdles				+0.3	0.838m	
1		SENEKAL,Jean- Maree, 351, 1992/12/11	BOLA	14.19		0		
2		VAN WYK,Janke, 382, 1997/03/05	BOLA I	14.31		0		
3		EHRKE,Tanya, 416, 1999/06/30	CGA	14.66		0		
4		STIGLINGH,Bernice, 66, 1998/12/14	AGN	14.75		0		
0		MARKRAM,Chirizanne, 401, 1995/09/15	CGA	DNR		0		
Item 54		09:45 Heat 2 of 2 Women Senior 100m Hurdles				+2.4	0.838m	
1		BIELDT,Taylon, 39, 1998/11/04	AGN	13.77		0		
2		HARTMAN,Denise, 177, 1997/01/22	ACNW	13.97		0		
3		OLKERS,Charne-lee, 48, 2000/03/22	AGN	14.03		0		
4		FOX,Christin, 196, 1999/04/17	ACNW	14.48		0		
0		JONKER,Deirdre, 259, 2000/10/10	AFS	DNR		0		
Item 55		10:00 Final Men U18 (Youth) Discus Decathlon						
1		JONAS,Safwaan, 599, 2001/04/24	WPA I	31.29		490		
2		SWANEPOEL,Andre, 377, 2001/08/25	BOLA I	29.15		448		
3		DAVIDS,Dwayne, 598, 2002/01/08	WPA I	25.53		377		
Item 56		10:00 Final Men U20 (Junior) Discus Decathlon						
1		VAN ZYL,Rikus, 175, 2000/01/10	ACNW	39.65		657		
2		MC KENZIE,Renaldo, 346, / /	BOLA	37.64		617		
3		DE VILLIERS,Ezzard, 600, 2000/12/04	WPA I	29.13		447		
4		PARKER,Tashriq, 609, 2000/05/07	WPA	22.57		321		
Item 57		10:00 Final Men Senior Discus Decathlon					2.000kg	
1		DE JAGER,Marcelle, 629, 1996/01/24	WPA	45.74		782		
2		PRETORIUS,Fredriech, 157, 1995/08/04	AGN	40.77		680		
3		COETZEE,Grove, 282, 1998/04/24	AFS	37.73		619		
4		MC GLADDERY,Duncan, 94, 1994/06/04	AGN	35.09		565		
5		PEREZ,Jesse, 365, 1997/11/09	BOLA	28.21		429		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
6		SWANEPOEL,Carel, 170, 1994/03/02	AGN	26.29		392		
Item 58		10:00 Final Women MixAge Javelin (PARA)						
25	1	VAN DER MERWE (F44),Yane, 566,	SASAPD	18.99	7	0	G	
25	2	POTGIETER (F58),Martha, 571,	SASAPD	10.89	5	0	S	
Item 59		10:05 Heat 1 of 4 Women Senior 200m				+1.6		
	1	PALFRAMAN,Justine, 349, 1993/11/04	BOLA	23.96		0		
	2	HAUPT,Robyn, 610, 1996/01/04	WPA	24.12		0		
	3	VAN TONDER,Chante, 407,	CGA	24.50		0		
	4	SOKWAKANA,Mogwasi, 260,	AFS	24.74		0		
	5	NONTHLANHLA,Themese0, 512,	CGA I	25.35		0		
	0	OBISI,Petunia, 613, 1993/01/19	WPA	DNR		0		
	0	MASUKU,Mamsy, 11, 1998/05/14	AGN	DNR		0		
Item 59		10:05 Heat 2 of 4 Women Senior 200m				+2.1		
	1	THOMAS,Tamzin, 419,	CGA	24.44		0		
	2	LUTZ,Julia, 436, 1999/06/24	CGA	24.94		0		
	3	KELLERMAN,Simone, 24, 2000/02/07	AGN	24.98		0		
	4	ADEOLU,Alice, 615, 1996/03/27	WPA	25.24		0		
	5	MTHEMBU,Samkelisiwe, 547, 1997/05/05	KZNA	25.40		0		
	6	PRETORIUS (T13),Johanna, 574,	SASAPD	27.15		0		
	0	DU PLESSIS,Elsabe, 264, 1999/03/15	AFS	DNR		0		
Item 59		10:05 Heat 3 of 4 Women Senior 200m				+0.3		
	1	PARKER,Nabeela, 611, 1994/12/10	WPA	24.18		0		
	2	PIETERSE,Lente, 191, 1997/07/16	ACNW	24.71		0		
	3	SMITH,Elme, 257, 1997/11/05	AFS	24.84		0		
	4	VAN HEERDEN,Monet, 252, 1996/04/22	AFS	25.16		0		
	5	LIEBENBERG (T47),Anrune, 568,	SASAPD	26.07		0		
	0	KGADIMA,Prudence, 414, 2000/04/11	CGA	DNR		0		
	0	MOLOI,Reabetswe, 56, 1996/03/12	AGN	DNR		0		
Item 59		10:05 Heat 4 of 4 Women Senior 200m				+0.1		
	1	SEDDON,Cayla, 526, 1997/10/12	EPA	24.12		0		
	2	DU PLOOY,Simone, 67, 1996/04/14	AGN	24.62		0		
	3	JOUBERT,Izanèl, 199, 1997/04/05	ACNW	25.03		0		
	4	REITZ,Marietjie, 29, 1997/12/20	AGN	26.45		0		
	0	TSAONE,Sebele, 431,	CGA	DNR		0		
	0	GQENGE,Olwethu, 313, / /	ATRA	DNR		0		
Item 60		10:25 Heat 1 of 6 Men Senior 200m				+1.3		
	1	NGESI,Ntokozo, 556, 1996/07/20	KZNA	21.61		0		
	2	NKOSI,Bongumusa, 336,	AVT	22.05		0		
	3	DE VOS,Phillip, 100, 1997/07/21	AGN	22.10		0		
	4	FOURIE,Devinto, 321,	ATRA	22.30		0		
	5	MOTLALA,Lesego, 139, 1995/02/28	AGN	22.34		0		
	0	JOBODWANA,Anaso, 4, 1992/07/30	AGN	DNR		0		
	0	MOLELE,Lucky, 299, 1990/03/05	ANWN	DNR		0		
Item 60		10:25 Heat 2 of 6 Men Senior 200m				+2.0		
	1	TROTTER,Gideon, 287, 1992/03/03	AFS	21.30		0		
	2	UNGERER,Walter, 131, 1995/09/07	AGN	21.47		0		
	3	LOTTER,Casper, 534, 1998/08/24	EPA	21.55		0		
	4	MAGWAI,Katlego, 560, 1994/09/30	LIMA	21.72		0		
	0	POWELL,Cuan, 341,	AVT	DNR		0		
	0	SIMBINE,Akani, 2, 1993/09/21	AGN	DNR		0		
	0	MOKGOBINYANE,Lesedi, 235,	ACNW	DNR		0		
Item 60		10:25 Heat 3 of 6 Men Senior 200m				+1.8		
	1	ADAMS,Luxolo, 532, 1996/08/01	EPA	20.62		0		
	2	CHESWIL,Johnson, 477,	CGA	21.20		0		
	3	MEYER,Carl, 469,	CGA	21.41		0		
	4	NDELA,Andiswa, 553, 1998/10/06	KZNA	21.49		0		
	5	PHETOGO,Sebonego, 277, 1998/02/12	AFS	21.84		0		
	6	MOHLALA,Kgosi, 340,	AVT	23.02		0		
	0	MALESELA,Senona, 87, 1999/03/07	AGN	DNR		0		
Item 60		10:25 Heat 4 of 6 Men Senior 200m				+0.5		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records	
	1	MUNYAI,Clarence, 6, 1998/02/20	AGN	20.23		0			
	2	ENGEL,Roscoe, 636, 1989/03/06	WPA	21.18		0			
	3	WILLIAMS,Dale, 394, 1996/06/18	BORA	21.20		0			
	4	MUDIMELE,Fhatuwani, 243, 1994/12/28	ACNW	21.33		0			
	5	KABI,Tshepiso, 331,	AVT	21.81		0			
	0	JONKER,Gert, 494,	CGA	DNR		0			
	0	ISMAIL,Yusuf, 606, 1994/01/25	WPA I	DNR		0			
Item 60	10:25 Heat 5 of 6 Men Senior 200m						+1.4		
	1	DLODLO,Thando, 490,	CGA	21.05		0			
	2	MATSOSO,Tsebo, 268, 1999/05/27	AFS	21.06		0			
	3	APPEL,Kyle, 639, 1998/05/10	WPA	21.19		0			
	4	MARLOTH,Heinrich, 549, 1998/01/19	KZNA	21.57		0			
	5	TLHAPOLOSA,Isreal, 338,	AVT	22.58		0			
	6	LEKGAU,Jonas, 561, 1999/10/23	LIMA	22.92		0			
	0	SCHEEPERS,Dyllon, 603, 1997/12/10	WPA I	DNR		0			
Item 60	10:25 Heat 6 of 6 Men Senior 200m						+2.1		
	1	VAN WYK,Chederick, 213, 1995/02/18	ACNW	20.93		0			
	2	ELS,Ruben, 125, 2000/01/11	AGN	21.05		0			
	3	SETHABI,Oratile, 275, 1997/09/21	AFS	21.55		0			
	4	BALOI,Obakeng, 297, 1998/03/07	ANWN	22.10		0			
	0	SELEBI,Tebogo, 472,	CGA	DNR		0			
	0	MPANGANI,Bongani, 499,	CGA	DNR		0			
	0	XHOBANI,Lumko, 320, / /	ATRA	DNR		0			
	0	PIETERS,Maritz, 224, 1999/08/21	ACNW	DNR		0			
Item 61	10:30 Final Women U18 (Youth) HighJump Heptathlon								
	1	KETCH,Leandri, 344, 2001/02/17	BOLA	1.61		747			
	2	THERON,Liezl, 70, 2001/07/24	AGN	1.61		747			
	3	HUIJINK,Annemieke, 245, 2002/11/02	AFS	1.55		678			
	4	SULLIVAN,Hannah, 345, 2002/01/16	BOLA	1.52		644			
	5	VAN JAARSVELD,Liane, 396,	CGA	1.52		644			
	6	VAN DER LINDE,Marga-rita, 607,	WPA	1.46		577			
	7	DONOUGH,Ameerah, 608, 2001/02/05	WPA	1.43		544			
	8	KRUGER,Zeane, 376, 2001/01/31	BOLA I	1.43		544			
	9	JACOBS,Danielle, 395, 2002/06/14	CGA	1.43		544			
	10	STEYN,Jessica, 326, / /	AVT	1.43		544			
	11	VAN ZYL,Anina, 172, 2001/09/14	ACNW	1.43		544			
	12	DE KLERK,Xante, 325, / /	AVT	1.37		481			
Item 62	10:30 Final Women U20 (Junior) HighJump Heptathlon								
	1	VERSTER,Shannon, 72, 1999/11/10	AGN	1.61		747			
	2	GRAVETT,Anneri, 174, 1999/03/05	ACNW	1.52		644			
	3	OPPERMAN,Annica, 303, 2000/09/23	ASWD	1.49		610			
	4	VAN BERS,Cindy, 71, 1999/06/14	AGN	1.49		610			
Item 63	10:30 Final Women Senior HighJump Heptathlon								
	1	KING,Geraldine, 620, 1997/08/11	WPA	1.70		855			
	2	SALIM,Anri, 180, 1996/01/06	ACNW	1.70		855			
	3	DU TOIT,Nienka, 357, 1997/03/17	BOLA	1.55		678			
	4	KIRSTEN,Danica, 189, 1997/08/11	ACNW	1.52		644			
	5	MULLER,Kyla, 68, 1998/01/16	AGN	1.52		644			
	6	JOHNSON,Carla, 623, 1997/05/07	WPA	1.49		610			
	7	VON ALLENMANN,Elizna, 200,	ACNW	1.43		544			
	0	VAN DER MERWE,Shona, 19,	AGN	DNR		0			
Item 64	11:00 Final Men MixAge Javelin (PARA)								
25	1	BURGERS (F64),Emile, 592, 2003/10/22	SASAPD	35.74	7	0	G		
25	2	BUTLER (F62),Anthony, 591, 1975/03/12	SASAPD	32.78	5	0	S		
25	3	FURSTENBERG (F64),Frederik, 595,	SASAPD	28.47	3	0	B		
25	4	STRYDOM (F58),Nicolaas, 589,	SASAPD	24.04	2	0			
Item 65	11:00 Heat 1 of 3 Women Senior 800m								
	1	SEMENYA,Caster, 1, 1991/01/07	AGN	1:58.92		0			
	2	BLAKE,Lee-anne, 46, 2001/01/14	AGN	2:09.34		0			

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
3		BOON,Rhode, 327,	AVT	2:09.72		0		
4		KELLERMAN,Liza, 412, 1999/09/16	CGA	2:09.88		0		
5		GROENEWALD,Elise, 386, 1995/09/28	BOLA I	2:12.38		0		
6		DU PLESSIS,Danèl, 208, 1997/07/12	ACNW	2:12.66		0		
7		JACOBS,Sunel, 380, 1993/01/19	BOLA I	2:15.06		0		
0		NICE,Anuschka, 43, 1991/08/26	AGN	DNR		0		
Item 65	11:00 Heat 2 of 3 Women Senior 800m							
1		CARSTENS,Gira, 176, 1993/04/10	ACNW	2:09.51		0		
2		MARAIS,Danette, 10, 1996/11/25	AGN	2:10.42		0		
3		BRANDT,Mandie, 602, 1982/11/05	WPA I	2:11.34		0		
4		KOLETSO,Senosi, 55, 2001/10/01	AGN	2:12.03		0		
5		JANSE VAN RENSBURG,Janie, 9,	AGN	2:13.40		0		
6		AMON,Thobile, 49, 1999/05/01	AGN	2:13.43		0		
7		SWIEGERS,Carina, 69, 1995/05/15	AGN	2:17.65		0		
8		PONI,Sinesipho, 323, / /	ATRA	2:19.59		0		
9		MOSOKWENE,Tshepang, 328,	AVT	2:33.33		0		
Item 65	11:00 Heat 3 of 3 Women Senior 800m							
1		LOFSTRAND,Gena, 546, 1995/10/23	KZNA	2:11.38		0		
2		VILAKAZI,Thobile, 421,	CGA	2:11.86		0		
3		FLETCHER,Kelly, 47, 1994/09/03	AGN	2:12.84		0		
4		REDELINGHUYS,Michelle, 30,	AGN	2:13.38		0		
5		DUBE,Fina, 434, 2000/09/24	CGA	2:17.52		0		
6		STRAMROOD,Cecilia, 433,	CGA	2:20.79		0		
7		RAMELA,Lebogang, 406, 2000/04/10	CGA	2:22.08		0		
0		VILOEN,Anneke, 384, 2002/03/20	BOLA I	DNR		0		
Item 66	11:00 Final Men Senior TripleJump							
1		KGOTSO,Mokoena, 475,	CGA	17.09	7	0	G	+2.7
2		MTHEMBU,Menzi, 503,	CGA	16.12	5	0	S	+0.3
3		MPEFU,Junior, 372, 1998/06/18	BOLA	15.84	3	0	B	+2.8
4		MOKHOSOA,Sefako, 284, 1996/03/13	AFS	15.77	2	0		-0.5
5		FARAO,Tristan, 359, 2001/05/15	BOLA	15.74	1	0		+3.0
6		MTOBA,Kwezi, 374, 1996/05/28	BOLA	15.56	0	0		+2.4
7		MWANGA,Anthony, 522, 1997/01/15	CGA I	15.11	0	0		+0.4
8		SEWANYANA,Jason, 630, 1982/01/03	WPA	15.00	0	0		+2.6
9		MAZEEM,Tebogo, 515, 2000/02/17	CGA	14.84	0	0		+1.7
10		MIYA,Sifiso, 119, 2001/06/01	AGN	14.19	0	0		+0.3
11		DIKOKO,Itumeleng, 335,	AVT	13.49	0	0		+2.8
0		TSHRELETSO,Thalosang, 649, / /	WPA I	Disq	0	0		
0		BRAAMWIL,Lezlo, 500,	CGA	DNR	0	0		
0		LE ROUX,Christy, 106,	AGN	DNR	0	0		
0		RAMAFUTHULA,Ramsey, 89,	AGN	DNR	0	0		
0		COTTER,Dylon, 493,	CGA	NM	0	0		
0		JUBILANT,Mothake, 506,	CGA	NM	0	0		
Item 67	11:00 Final Men Senior Shotput							
1		CREMONA,Orazio, 501,	CGA	20.71	7	0	G	7.260kg
2		LAMBRECHTS,Burger, 81, 1973/04/03	AGN	18.67	5	0	S	
3		VAN ROOYEN,Jason, 459,	CGA	18.63	3	0	B	
4		BLIGNAUT,Kyle, 489,	CGA	18.16	2	0		
5		THAGE,Tumelo, 117, 1990/02/24	AGN	17.52	1	0		
6		VISSER,Werner, 487,	CGA	17.32	0	0		
7		MARAIS,Ignatius, 211, 1999/03/04	ACNW	15.53	0	0		
Item 68	11:15 Semi Final 1 of 3 Men Senior 800m							
1		MOHLOSI,Kabelo, 300, 1993/01/20	ANWN	1:46.20		0		
2		EHLERS,Theuns, 113, 1998/12/03	AGN	1:47.16		0		
3		OMPHILE,Molotsi, 128, 1984/06/21	AGN	1:50.00		0		
4		MACHABA,Tumelo, 85, 1995/02/21	AGN	1:50.29		0		
5		MADONSELA,Vuni, 88, 1998/06/06	AGN	1:50.39		0		
6		VAN ROOYEN,Dillan, 215, 1998/09/23	ACNW	1:50.64		0		
7		MTSHWENI,Sfiso, 302, 1995/02/08	ANWN	1:53.98		0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
0		UYS,Henco, 244, 1992/06/04	ACNW	DNR		0		
Item 68	11:15	Semi Final 2 of 3 Men Senior 800m						
1		VAN RENSBURG,Rynardt, 272,	AFS	1:49.35		0		
2		NDIMANDE,Nthuthuko, 465,	CGA	1:50.55		0		
3		PIETERSE,Emile, 225, 1993/02/01	ACNW	1:50.67		0		
4		MOTHOSOLA,William, 293, 1990/03/31	AMPU	1:50.71		0		
5		MADUWA,Phelani, 332,	AVT	1:51.64		0		
6		STEVENS,Darren, 640, 1996/08/12	WPA	1:51.98		0		
7		SWART,Christopher, 169, 2000/04/19	AGN	1:52.87		0		
0		CUNUKELO,Mafika, 505,	CGA	DNR		0		
Item 68	11:15	Semi Final 3 of 3 Men Senior 800m						
1		NCAMANE,Jabulane, 95, 1994/06/07	AGN	1:47.37		0		
2		FARO,Duran, 624, 1994/02/05	WPA	1:47.46		0		
3		TSHITE,Tshepo, 240, 1997/01/15	ACNW	1:47.50		0		
4		MADIMA,Themba, 83, 1989/04/02	AGN	1:48.23		0		
5		JONCK,Ruan, 283, 1996/05/16	AFS	1:50.32		0		
6		TSOTETSI,Morena, 342,	AVT	1:51.10		0		
7		BASSON,Tian, 289, 1993/04/14	AMPU	1:53.18		0		
8		NAUDE,Hannes, 270, 1990/03/14	AFS	1:55.12		0		
Item 69	11:30	Final Men U18 (Youth) Polevault Decathlon						
1		SWANEPOEL,Andre, 377, 2001/08/25	BOLA I	2.50		242		
2		DAVIDS,Dwayne, 598, 2002/01/08	WPA I	2.40		220		
3		JONAS,Safwaan, 599, 2001/04/24	WPA I	2.30		199		
Item 70	11:30	Final Men U20 (Junior) Polevault Decathlon						
1		MC KENZIE,Renaldo, 346, / /	BOLA	3.20		406		
2		PARKER,Tashriq, 609, 2000/05/07	WPA	2.65		275		
3		DE VILLIERS,Ezzard, 600, 2000/12/04	WPA I	2.20		179		
0		VAN ZYL,Rikus, 175, 2000/01/10	ACNW	NM		0		
Item 71	11:30	Final Men Senior Polevault Decathlon						
1		PRETORIUS,Fredriech, 157, 1995/08/04	AGN	4.80		849		
2		MC GLADDERY,Duncan, 94, 1994/06/04	AGN	4.70		819		
3		DE JAGER,Marcelle, 629, 1996/01/24	WPA	3.70		535		
3		COETZEE,Grove, 282, 1998/04/24	AFS	3.70		535		
5		SWANEPOEL,Carel, 170, 1994/03/02	AGN	3.60		509		
6		PEREZ,Jesse, 365, 1997/11/09	BOLA	3.20		406		
Item 72	13:40	Final Men MixAge 200m (T 12 - PARA)				-0.5		
25	1	THOMAS (T13),Sheldon, 583,	SASAPD	23.36	7	0	G	
25	2	SCHULTZ (T44),Christiaan, 578,	SASAPD	25.90	5	0	S	
Item 73	13:50	Final Men MixAge 200m (PARA)				+0.1		
25	1	BUIS (T38),Dyan, 590, 1990/11/30	SASAPD	23.05	7	0	G	
25	2	MAHLANGU (61),Ntando, 577,	SASAPD	23.27	5	0	S	
25	3	DU TOIT (T37),Charl, 593, 1993/03/26	SASAPD	23.43	3	0	B	
25	4	NDLOVU (T46),Neo, 579, 1996/01/02	SASAPD	24.69	2	0		
25	0	MHLONGO (T44),Mpumelo, 582,	SASAPD	DNR	0	0		
Item 74	14:00	Semi Final 1 of 2 Women Senior 200m				+0.3		
1		PALFRAMAN,Justine, 349, 1993/11/04	BOLA	23.06		0		
2		PARKER,Nabeela, 611, 1994/12/10	WPA	23.76		0		
3		DU PLOOY,Simone, 67, 1996/04/14	AGN	24.52		0		
4		VAN TONDER,Chante, 407,	CGA	24.65		0		
5		KELLERMAN,Simone, 24, 2000/02/07	AGN	24.69		0		
6		SOKWAKANA,Mogwasi, 260,	AFS	24.89		0		
7		LUTZ,Julia, 436, 1999/06/24	CGA	24.98		0		
8		ADEOLU,Alice, 615, 1996/03/27	WPA	25.46		0		
Item 74	14:00	Semi Final 2 of 2 Women Senior 200m				+0.0		
1		THOMAS,Tamzin, 419,	CGA	24.03		0		
2		HAUPT,Robyn, 610, 1996/01/04	WPA	24.16		0		
3		SEDDON,Cayla, 526, 1997/10/12	EPA	24.21		0		
4		PIETERSE,Lente, 191, 1997/07/16	ACNW	24.30		0		
5		SMITH,Elme, 257, 1997/11/05	AFS	25.06		0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
6		JOUBERT,Izanèl, 199, 1997/04/05	ACNW	25.22		0		
7		VAN HEERDEN,Monet, 252, 1996/04/22	AFS	25.50		0		
8		NONTHLANHLA,Themese0, 512,	CGA I	25.84		0		
Item 75	14:00	Final Men Senior Hammer				7.260kg		
1		HARMSE,Chris, 266, 1973/05/31	AFS	70.62	7	0	G	
2		MAKHETHE,Tshepang, 212, 1996/02/19	ACNW	69.01	5	0	S	
3		HAASBROEK,Carel, 209, 1998/02/27	ACNW	68.79	3	0	B	
4		FRECHOU,Renaldo, 151, 1992/03/04	AGN	66.99	2	0		
5		CUMMING,Alan, 242, 1996/03/21	ACNW	66.06	1	0		
6		KRUGER,Johan, 153, 1987/04/15	AGN	62.79	0	0		
7		VAN RENSBURG,Vincent, 461,	CGA	61.93	0	0		
8		LAUBSCHER,Nicol, 80, 1997/11/14	AGN	57.78	0	0		
9		SCHULTZ,J.c., 217, 1999/02/13	ACNW	54.86	0	0		
10		JANEKE,Pierre, 267, 1996/09/05	AFS	54.44	0	0		
11		MILLER,Juan, 278, 1995/06/07	AFS	53.52	0	0		
12		VAN RENSBURG,Tone, 462,	CGA	45.75	0	0		
13		VAN RENSBURG,Louis, 463,	CGA	45.56	0	0		
Item 76	14:00	Final Women U18 (Youth) Shotput Heptathlon						
1		HUIJINK,Annemieke, 245, 2002/11/02	AFS	12.33		683		
2		SULLIVAN,Hannah, 345, 2002/01/16	BOLA	12.12		669		
3		KETCH,Leandri, 344, 2001/02/17	BOLA	11.78		647		
4		DONOUGH,Ameerah, 608, 2001/02/05	WPA	09.86		520		
5		THERON,Liezl, 70, 2001/07/24	AGN	09.81		517		
6		STEYN,Jessica, 326, / /	AVT	09.67		508		
7		VAN DER LINDE,Marga-rita, 607,	WPA	09.48		495		
8		KRUGER,Zeane, 376, 2001/01/31	BOLA I	09.15		474		
9		VAN ZYL,Anina, 172, 2001/09/14	ACNW	08.68		443		
10		VAN JAARSVELD,Liane, 396,	CGA	08.59		438		
11		DE KLERK,Xante, 325, / /	AVT	08.53		434		
12		JACOBS,Danielle, 395, 2002/06/14	CGA	07.12		343		
Item 77	14:00	Final Women U20 (Junior) Shotput Heptathlon						
1		VERSTER,Shannon, 72, 1999/11/10	AGN	09.87		521		
2		VAN BERS,Cindy, 71, 1999/06/14	AGN	09.52		498		
3		GRAVETT,Anneri, 174, 1999/03/05	ACNW	08.75		448		
4		OPPERMAN,Annica, 303, 2000/09/23	ASWD	07.43		363		
Item 78	14:00	Final Women Senior Shotput Heptathlon				4.000kg		
1		DU TOIT,Nienka, 357, 1997/03/17	BOLA	13.09		733		
2		SALIM,Anri, 180, 1996/01/06	ACNW	10.70		575		
3		MULLER,Kyla, 68, 1998/01/16	AGN	10.07		534		
4		JOHNSON,Carla, 623, 1997/05/07	WPA	09.18		476		
5		KING,Geraldine, 620, 1997/08/11	WPA	09.05		467		
6		KIRSTEN,Danica, 189, 1997/08/11	ACNW	08.38		424		
0		VAN DER MERWE,Shona, 19,	AGN	DNR		0		
0		VON ALLENMANN,Elizna, 200,	ACNW	DNR		0		
Item 79	14:15	Semi Final 1 of 3 Men Senior 200m				-0.5		
1		MUNYAI,Clarence, 6, 1998/02/20	AGN	19.69		0		SA
2		ENGEL,Roscoe, 636, 1989/03/06	WPA	20.52		0		
3		DLODLO,Thando, 490,	CGA	20.55		0		
4		APPEL,Kyle, 639, 1998/05/10	WPA	21.03		0		
5		SETHABI,Oratile, 275, 1997/09/21	AFS	21.38		0		
6		LOTTER,Casper, 534, 1998/08/24	EPA	21.80		0		
7		MAGWAI,Katlego, 560, 1994/09/30	LIMA	22.15		0		
0		MUDIMELE,Fhatuwani, 243, 1994/12/28	ACNW	DNR		0		
Item 79	14:15	Semi Final 2 of 3 Men Senior 200m				+1.7		
1		ADAMS,Luxolo, 532, 1996/08/01	EPA	20.39		0		
2		MATSOSO,Tsebo, 268, 1999/05/27	AFS	21.05		0		
3		TROTTER,Gideon, 287, 1992/03/03	AFS	21.35		0		
4		NDELA,Andiswa, 553, 1998/10/06	KZNA	21.60		0		
5		KABI,Tshepiso, 331,	AVT	21.71		0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records	
6		CHESWIL,Johnson, 477,	CGA	21.74		0			
7		UNGERER,Walter, 131, 1995/09/07	AGN	21.83		0			
8		NKOSI,Bongumusa, 336,	AVT	22.23		0			
Item 79	14:15 Semi Final 3 of 3 Men Senior 200m						+1.6		
1		VAN WYK,Chederick, 213, 1995/02/18	ACNW	20.69		0			
2		ELS,Ruben, 125, 2000/01/11	AGN	20.97		0			
3		MEYER,Carl, 469,	CGA	21.48		0			
4		NGESI,Ntokozo, 556, 1996/07/20	KZNA	21.64		0			
5		MARLOTH,Heinrich, 549, 1998/01/19	KZNA	21.71		0			
6		PHETOGO,Sebonego, 277, 1998/02/12	AFS	21.94		0			
7		DE VOS,Phillip, 100, 1997/07/21	AGN	22.53		0			
0		WILLIAMS,Dale, 394, 1996/06/18	BORA	DNR		0			
Item 80	15:00 Final Women Senior TripleJump								
1		NTSINGILA,Patience, 432, 1989/08/26	CGA	13.78	7	0	G	-1.8	
2		CHABANGU,Zinzi, 415, 1996/09/28	CGA	13.07	5	0	S	+0.6	
3		MORAKE,Gontse, 57, 2001/03/16	AGN	12.38	3	0	B	-0.3	
4		JANSE VAN RENSBURG,Maruska, 523,	EPA	12.22	2	0		+1.8	
5		PHERANE,Moleboheng, 256, 1997/03/29	AFS	11.63	1	0		-4.6	
6		LOUWRENS,Suneel, 354, 2001/04/12	BOLA	11.56	0	0		-1.8	
7		KOMMER,Andrea, 308, 2001/12/15	ASWD	11.42	0	0		-2.3	
8		NOLTE,Danielle, 59, 2002/01/11	AGN	11.35	0	0		-2.4	
9		NJABULISO,Ngomane, 45, 1997/08/17	AGN	11.26	0	0		+1.4	
0		SOLARIN,Ester, 61, 2001/09/12	AGN	DNR	0	0			
0		TALJAARD,Geena, 181, 1999/07/26	ACNW	DNR	0	0			
Item 81	16:00 Final Men U18 (Youth) Javelin Decathlon								
1		JONAS,Safwaan, 599, 2001/04/24	WPA I	34.44		362			
2		SWANEPOEL,Andre, 377, 2001/08/25	BOLA I	29.56		293			
3		DAVIDS,Dwayne, 598, 2002/01/08	WPA I	25.87		242			
Item 82	16:00 Final Men U20 (Junior) Javelin Decathlon								
1		MC KENZIE,Renaldo, 346, / /	BOLA	46.77		541			
2		PARKER,Tashriq, 609, 2000/05/07	WPA	40.93		456			
3		DE VILLIERS,Ezzard, 600, 2000/12/04	WPA I	32.17		330			
4		VAN ZYL,Rikus, 175, 2000/01/10	ACNW	26.96		257			
Item 83	16:00 Final Men Senior Javelin Decathlon						800g		
1		COETZEE,Grove, 282, 1998/04/24	AFS	63.36		789			
2		MC GLADDERY,Duncan, 94, 1994/06/04	AGN	55.89		676			
3		PRETORIUS,Fredriech, 157, 1995/08/04	AGN	50.64		598			
4		DE JAGER,Marcelle, 629, 1996/01/24	WPA	45.42		521			
5		PEREZ,Jesse, 365, 1997/11/09	BOLA	39.93		441			
6		SWANEPOEL,Carel, 170, 1994/03/02	AGN	33.81		353			
Item 84	16:30 Final Men Senior HighJump								
1		MOLEYA,Chris, 138, 1997/01/27	AGN	2.23	7	0	G		
2		POOLE,Breyton, 637, 2000/03/23	WPA	2.20	5	0	S		
3		LINKS,Mpho, 223, 1996/06/20	ACNW	2.15	3	0	B		
4		FOURIE,Keegan, 369, 1991/09/07	BOLA	2.15	2	0			
5		SHABANGU,Matome, 483,	CGA	2.10	1	0			
6		ELLIS,Garth, 366, 1992/02/17	BOLA	2.10	0	0			
7		PRINSLOO,Sarel, 154, 1993/05/26	AGN	1.95	0	0			
8		OLWAGE,Karel, 337,	AVT	1.95	0	0			
9		VAN ROOYEN,Leandre, 91, 1999/03/17	AGN	1.95	0	0			
10		MASUKU,Siyanda, 445,	CGA	1.90	0	0			
0		MAVUSO (T64),Junior, 576, 1995/02/06	SASAPD	NM	0	0			
0		MANQOBA,Gift Nkosi, 86, 1999/01/02	AGN	NM	0	0			
Item 85	17:00 Semi Final 1 of 3 Men Senior 400m								
1		PHORA,Thapelo, 116, 1991/11/21	AGN	0:46.32		0			
2		MAVUNDLA,Oscar, 641, 1992/03/26	AGN	0:46.65		0			
3		MOKGOBINYANE,Lesedi, 235,	ACNW	0:46.74		0			
4		MOGAWANE,Ofentse, 141, 1982/02/20	AGN	0:47.02		0			
5		FLAGG,Jayden, 367, 1994/09/16	BOLA	0:47.42		0			

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
6		NDLUVO,Rodwell, 604,	WPA I	0:47.59		0		
0		DE JONGH,Ruan, 517, 2000/02/17	CGA I	DNR		0		
0		OLIPHANT,Unathi, 280, 1997/06/24	AFS	DNF		0		
Item 85	17:00	Semi Final 2 of 3 Men Senior 400m						
1		CONRADIE,Pieter, 230, 1994/10/20	ACNW	0:45.59		0		
2		NENE,Zakithi, 555, 1998/04/02	KZNA	0:46.08		0		
3		ISAAC,Gardeo, 373, 1998/12/27	BOLA	0:47.02		0		
4		DU TOIT,Wynand, 375, 1997/10/03	BOLA	0:47.16		0		
5		LUBBE,Christian, 163, 1994/05/05	AGN	0:47.41		0		
6		KHUZWAYO,Ukona, 222, 1997/05/01	ACNW	0:47.41		0		
7		PENNELLS,Quintin, 108, 1999/04/21	AGN	0:47.95		0		
0		DIKGALE,Ranti, 118, 1987/07/12	AGN	DNF		0		
Item 85	17:00	Semi Final 3 of 3 Men Senior 400m						
1		MARICH,Nikki, 444,	CGA	0:46.74		0		
2		BARNES,Andrew, 74, 1988/09/30	AGN	0:46.74		0		
3		KOEKEMOER,Berend, 605,	WPA I	0:47.12		0		
4		LOUW,Gabriel, 495,	CGA	0:47.33		0		
5		MUDIMELE,Fhatuwani, 243, 1994/12/28	ACNW	0:47.50		0		
6		BRUWER,Stefan, 237, 1995/02/11	ACNW	0:47.67		0		
7		MATLALA,Frans, 447,	CGA	0:48.05		0		
8		JONKER,Gert, 494,	CGA	0:48.26		0		
Item 86	17:25	Final Men Senior 110m Hurdles				-0.2	1.067m	
1		ALKANA,Antonio, 634, 1990/04/12	WPA	13.48	7	0	G	
2		DE VRIES,Ruan, 101, 1986/02/01	AGN	13.81	5	0	S	
3		KLEYNHANS,Tiaan, 227, 1996/07/13	ACNW	13.99	3	0	B	
4		BOTHMA,Alwyn, 229, 1998/02/24	ACNW	14.05	2	0		
5		YOUNG,Theodor, 236, 1996/07/05	ACNW	14.24	1	0		
6		RIDDLES,Darren, 632, 1998/06/20	WPA	14.39	0	0		
7		HAMMAN,Muntingh, 77, 1990/03/07	AGN	14.53	0	0		
8		NGOMA,Zwelistha, 518, 1995/06/17	CGA I	14.68	0	0		
Item 87	17:35	Final Women Senior 100m Hurdles					0.838m	
1		BIELDT,Taylon, 39, 1998/11/04	AGN	13.71	7	0	G	
2		VAN WYK,Janke, 382, 1997/03/05	BOLA I	13.93	5	0	S	
3		SENEKAL,Jean- Maree, 351, 1992/12/11	BOLA	14.08	3	0	B	
4		HARTMAN,Denise, 177, 1997/01/22	ACNW	14.13	2	0		
5		OLKERS,Charne-lee, 48, 2000/03/22	AGN	14.33	1	0		
6		STIGLINGH,Bernice, 66, 1998/12/14	AGN	14.45	0	0		
7		EHRKE,Tanya, 416, 1999/06/30	CGA	14.78	0	0		
0		FOX,Christin, 196, 1999/04/17	ACNW	Disq	0	0		
Item 88	17:45	Final Results Women U18 (Youth) 200m Heptathlon						
1		THERON,Liezl, 70, 2001/07/24	AGN	25.61		832		
2		VAN DER LINDE,Marga-rita, 607,	WPA	25.76		818		
3		VAN JAARVELD,Liane, 396,	CGA	26.01		796		
4		DE KLERK,Xante, 325, / /	AVT	26.32		769		
5		VAN ZYL,Anina, 172, 2001/09/14	ACNW	26.43		760		
6		KRUGER,Zeane, 376, 2001/01/31	BOLA I	26.77		731		
7		DONOUGH,Ameerah, 608, 2001/02/05	WPA	26.89		721		
8		STEYN,Jessica, 326, / /	AVT	26.96		715		
9		HUIJINK,Annemieke, 245, 2002/11/02	AFS	27.08		705		
10		SULLIVAN,Hannah, 345, 2002/01/16	BOLA	27.62		661		
11		KETCH,Leandri, 344, 2001/02/17	BOLA	28.13		621		
12		JACOBS,Danielle, 395, 2002/06/14	CGA	31.77		366		
Item 88	17:45	Final 1 of 2 Women U18 (Youth) 200m Heptathlon				-0.2		
1		VAN DER LINDE,Marga-rita, 607,	WPA	25.76		818		
2		VAN JAARVELD,Liane, 396,	CGA	26.01		796		
3		VAN ZYL,Anina, 172, 2001/09/14	ACNW	26.43		760		
4		STEYN,Jessica, 326, / /	AVT	26.96		715		
5		HUIJINK,Annemieke, 245, 2002/11/02	AFS	27.08		705		
6		KETCH,Leandri, 344, 2001/02/17	BOLA	28.13		621		
Item 88	17:45	Final 2 of 2 Women U18 (Youth) 200m Heptathlon				-1.0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records	
	1	Theron,Liezl, 70, 2001/07/24	AGN	25.61		832			
	2	DE KLERK,Xante, 325, / /	AVT	26.32		769			
	3	KRUGER,Zeane, 376, 2001/01/31	BOLA I	26.77		731			
	4	DONOUGH,Ameerah, 608, 2001/02/05	WPA	26.89		721			
	5	SULLIVAN,Hannah, 345, 2002/01/16	BOLA	27.62		661			
	6	JACOBS,Danielle, 395, 2002/06/14	CGA	31.77		366			
Item 89	17:55 Final Women U20 (Junior) 200m Heptathlon						-0.4		
	1	VAN BERS,Cindy, 71, 1999/06/14	AGN	26.09		789			
	2	VERSTER,Shannon, 72, 1999/11/10	AGN	26.70		737			
	3	GRAVETT,Anneri, 174, 1999/03/05	ACNW	27.10		704			
	4	OPPERMAN,Annica, 303, 2000/09/23	ASWD	28.20		615			
Item 90	18:05 Final Women Senior 200m Heptathlon						+0.1		
	1	KING,Geraldine, 620, 1997/08/11	WPA	26.04		794			
	2	DU TOIT,Nienka, 357, 1997/03/17	BOLA	26.44		759			
	3	SALIM,Anri, 180, 1996/01/06	ACNW	26.78		730			
	4	JOHNSON,Carla, 623, 1997/05/07	WPA	27.64		659			
	5	MULLER,Kyla, 68, 1998/01/16	AGN	29.20		539			
	6	KIRSTEN,Danica, 189, 1997/08/11	ACNW	29.26		535			
	0	VAN DER MERWE,Shona, 19,	AGN	DNR		0			
	0	VON ALLENMANN,Elizna, 200,	ACNW	DNR		0			
Item 91	18:20 Final Women Senior 3000m SteepleChase								
	1	SIMS,Cherise, 393, 1993/06/06	BORA	10:41.14	7	0	G		
	2	ORROCK,Lara, 261, 1999/06/01	AFS	10:58.07	5	0	S		
	3	SETHLAKGOE,Tshegofatso, 33,	AGN	11:08.54	3	0	B		
	4	MAKGOGA,Lethabo, 402, 2000/09/13	CGA	11:33.00	2	0			
	5	MARUPING,Tshwanello, 403, 2000/03/19	CGA	12:29.32	1	0			
	0	SWANEPOEL,Meagan, 387, 2001/10/05	BOLA I	DNR	0	0			
Item 92	18:45 Final Men Senior 3000m SteepleChase								
	1	MOKOPANE,Rantso, 233, 1994/08/08	ACNW	08:51.23	7	0	G		
	2	MONNATLALA,Tumisang, 498,	CGA	08:59.48	5	0	S		
	3	LEKOPA,Dikotsi, 220, 1988/02/17	ACNW	09:03.93	3	0	B		
	4	MAFA,Thabang, 439,	CGA	09:05.66	2	0			
	5	MOKONYAMA,Simon, 144, 1992/10/16	AGN	09:15.28	1	0			
	6	RAMOHOTSI,Sipho, 271, 1997/05/21	AFS	09:25.13	0	0			
	7	KHUBHEKA,Sibusiso, 480,	CGA	09:25.45	0	0			
	8	SEBOLA,Onkabetse, 471,	CGA	09:27.07	0	0			
	9	KEKANA,Thato, 104,	AGN	09:33.03	0	0			
	10	NGUBO,Sive, 111, 1994/08/26	AGN	09:36.94	0	0			
	11	SOLDAKA,Siboniso, 638, 1990/12/20	WPA	09:38.86	0	0			
	12	BEUKES,Caleb, 466,	CGA	09:49.01	0	0			
	13	MOTAUNG,Mpho, 140, 1994/06/06	AGN	09:54.91	0	0			
	0	MAZIBUKO,Lindokuhle, 452,	CGA	DNR	0	0			
Item 93	19:00 Final Men U18 (Youth) 1500m Decathlon								
	1	JONAS,Safwaan, 599, 2001/04/24	WPA I	05:16.64		468			
	2	DAVIDS,Dwayne, 598, 2002/01/08	WPA I	05:21.86		440			
	3	SWANEPOEL,Andre, 377, 2001/08/25	BOLA I	05:35.70		372			
Item 94	19:10 Final Men U20 (Junior) 1500m Decathlon								
	1	DE VILLIERS,Ezzard, 600, 2000/12/04	WPA I	05:07.59		517			
	2	VAN ZYL,Rikus, 175, 2000/01/10	ACNW	05:19.59		452			
	3	MC KENZIE,Renaldo, 346, / /	BOLA	05:35.49		373			
	4	PARKER,Tashriq, 609, 2000/05/07	WPA	05:44.11		333			
Item 95	19:20 Final Men Senior 1500m Decathlon								
	1	SWANEPOEL,Carel, 170, 1994/03/02	AGN	04:47.15		636			
	2	PRETORIUS,Fredriech, 157, 1995/08/04	AGN	04:47.72		632			
	3	PEREZ,Jesse, 365, 1997/11/09	BOLA	04:49.02		625			
	4	DE JAGER,Marcelle, 629, 1996/01/24	WPA	05:00.26		558			
	5	MC GLADDERY,Duncan, 94, 1994/06/04	AGN	05:13.85		483			
	6	COETZEE,Grove, 282, 1998/04/24	AFS	06:46.03		108			
Item 96	19:30 Final Men Senior 1500m								

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
1		SIBIYA,Nkosinathi, 557, 1994/01/01	KZNA	03:45.08	7	0	G	
2		MOTSAU,Jerry, 231, 1990/03/12	ACNW	03:45.94	5	0	S	
3		MOKOPANE,Rantso, 233, 1994/08/08	ACNW	03:46.22	3	0	B	
4		HLASELO,Dumisani, 491,	CGA	03:46.52	2	0		
5		KUSCHE,George, 162, 1998/08/06	AGN	03:46.58	1	0		
6		SEHOHLE,Folavio, 292, 1990/10/14	AMPU	03:47.67	0	0		
7		BREDENKAMP,Jonathan, 149,	AGN	03:50.72	0	0		
8		DERISON,Treasure, 274, 1992/09/04	AFS	03:51.02	0	0		
9		MTHIMKULU,Sikhalo, 159, 1994/03/24	AGN	03:52.18	0	0		
10		MAKANE,Henry, 442,	CGA	03:53.49	0	0		
11		SWART,Christopher, 169, 2000/04/19	AGN	03:53.77	0	0		
12		RATSELA,Thoriso, 456,	CGA	03:55.87	0	0		
Item 97 19:40 Final Women Senior 1500m								
1		SEMENYA,Caster, 1, 1991/01/07	AGN	04:10.68	7	0	G	
2		CLOETE,Thineke, 353, 1991/11/11	BOLA	04:23.89	5	0	S	
3		ROELOFSE,Lyndi, 429, 2001/04/30	CGA	04:28.13	3	0	B	
4		MKHIZE,Happiness, 544, 1992/12/15	KZNA	04:34.89	2	0		
5		MASHAMAITE,Dipuo, 510, 2001/10/02	CGA I	04:36.60	1	0		
6		VILAKAZI,Thobile, 421,	CGA	04:37.68	0	0		
7		SHANGE,Yandiswa, 648, / /	BOLA	04:38.28	0	0		
8		DU PLESSIS,Danèl, 208, 1997/07/12	ACNW	04:38.73	0	0		
9		MARITZ,Liza, 13, 1979/07/30	AGN	04:43.38	0	0		
10		REDELINGHUYS,Michelle, 30,	AGN	04:44.78	0	0		
11		DEMPSTER,Megan, 511, 1987/11/19	CGA I	04:46.03	0	0		
12		RAMELA,Lebogang, 406, 2000/04/10	CGA	04:46.82	0	0		
13		OELOFSE,Vicky, 525, 2000/10/09	EPA	04:47.74	0	0		
14		BEZUIDENHOUT,Antoinette, 410,	CGA	04:58.76	0	0		
0		NICE,Anuschka, 43, 1991/08/26	AGN	DNR	0	0		
Item 98 19:50 Final Women Senior 100m +1.7								
1		HORN,Carina, 3, 1989/03/09	AGN	11.08	7	0	G	
2		MAMATU,Tebogo, 12, 1995/05/27	AGN	11.27	5	0	S	
3		WILLIAMSON,Cassidy, 540, 1998/10/24	KZNA	11.31	3	0	B	
4		THOMAS,Tamzin, 419,	CGA	11.43	2	0		
5		STEENKAMP,Rikenette, 7, 1992/10/16	AGN	11.57	1	0		
6		PARKER,Nabeela, 611, 1994/12/10	WPA	11.57	0	0		
7		XEYI,Rose, 650, 2001/03/16	AGN	11.75	0	0		
8		PIETERSE,Lente, 191, 1997/07/16	ACNW	11.76	0	0		
Item 99 19:55 Final Men Senior 100m -1.3								
1		MAGAKWE,Simon, 625, 1985/05/25	WPA	10.07	7	0	G	
2		DLODLO,Thando, 490,	CGA	10.15	5	0	S	
3		BRUINTJIES,Henrico, 150, 1993/07/16	AGN	10.15	3	0	B	
4		ENGEL,Roscoe, 636, 1989/03/06	WPA	10.27	2	0		
5		MHLENGA,Retsiditswe, 115, 2000/02/27	AGN	10.38	1	0		
6		SAMKELO,Sabelo, 458,	CGA	10.39	0	0		
0		MONARENG,Thembo, 143, 1999/02/14	AGN	Disq	0	0		
Item 100 08:00 Final Women Senior 20km Walk Hand time								
1		OOSTHUIZEN,Anel, 309, 1995/04/22	ASWD	1:43:55.80	7	0	G	
2		SCHULTZ,Zelda, 184, 1992/02/15	ACNW	1:45:53.80	5	0	S	
3		LE ROUX,Natalie, 538, 1982/06/10	KZNA	1:47:30.80	3	0	B	
4		PATTERSON,Lisa, 405, 1982/01/29	CGA	1:56:50.80	2	0		
5		MOKELE,Nthatsi, 427, 1993/06/26	CGA	1:59:27.30	1	0		
6		MSTHEBE,Palesa, 430, 1998/01/24	CGA	2:11:03.40	0	0		
7		MATSEBA,Whitney, 14, 1997/01/25	AGN	2:26:16.60	0	0		
Item 101 08:30 Final Men Senior 20km Walk Hand time								
1		SNYMAN,Wayne, 130, 1985/03/08	AGN	1:24:58.00	7	0	G	
2		NDEBELE,Sizwe, 98, 1994/01/20	AGN	1:29:48.00	5	0	S	
3		MASHIMBYI,Tebatso, 454,	CGA	1:33:06.20	3	0	B	
4		PULE,Tumisang, 168, 1997/07/03	AGN	1:34:13.00	2	0		
5		SEHEMO,Dannyboy, 109, 1995/09/20	AGN	1:44:22.80	1	0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
6		MAVUNDLA,Mzwakhe, 451,	CGA	1:45:01.60	0	0		
7		KHWEKA,Louis, 467, / /	CGA	1:46:12.50	0	0		
8		HLONGWANE,Vusi, 492,	CGA	1:50:23.80	0	0		
9		MNISI,Mthunzi, 129, 1988/11/23	AGN	1:51:36.20	0	0		
0		MDUNGE,Vukani, 552, 1996/02/02	KZNA	Disq	0	0		
0		SHANGE,Lebogang, 482,	CGA	DNR	0	0		
0		CHAUQUE,Mthembi, 276, 1993/02/11	AFS	DNF	0	0		
Item 102 09:30 Final Women U20 (Junior) 10km Walk								
1		KOEN,Annette, 173, 1999/06/04	ACNW	0:57:20.00	7	0	G	
Item 103 09:30 Final Men U20 (Junior) 10km Walk								
1		HEYMANS,Jacques, 246, 2000/02/14	AFS	0:49:10.00	7	0	G	
2		FARMER,Antonio, 304, 2000/12/21	ASWD	0:49:50.00	5	0	S	
0		PRATT,Russel, 378, 1999/08/13	BOLA I	DNR	0	0		
Item 104 09:30 Final Women U18 (Youth) LongJump Heptathlon								
1		STEYN,Jessica, 326, / /	AVT	5.19		612		+0.3
2		VAN JAARSVELD,Liane, 396,	CGA	5.09		584		+0.3
3		KETCH,Leandri, 344, 2001/02/17	BOLA	4.90		532		+0.0
3		THERON,Liezl, 70, 2001/07/24	AGN	4.90		532		+0.1
5		DONOUGH,Ameerah, 608, 2001/02/05	WPA	4.86		522		+0.0
6		VAN DER LINDE,Marga-rita, 607,	WPA	4.80		506		+0.7
7		DE KLERK,Xante, 325, / /	AVT	4.77		498		-0.5
8		HUIJINK,Annemieke, 245, 2002/11/02	AFS	4.71		482		-0.3
9		KRUGER,Zeane, 376, 2001/01/31	BOLA I	4.49		426		+0.0
10		SULLIVAN,Hannah, 345, 2002/01/16	BOLA	4.48		423		-0.1
11		VAN ZYL,Anina, 172, 2001/09/14	ACNW	4.05		319		-1.0
12		JACOBS,Danielle, 395, 2002/06/14	CGA	3.84		272		-0.5
Item 105 09:30 Final Women U20 (Junior) LongJump Heptathlon								
1		VAN BERS,Cindy, 71, 1999/06/14	AGN	5.02		565		+0.2
2		GRAVETT,Anneri, 174, 1999/03/05	ACNW	4.80		506		-0.1
3		VERSTER,Shannon, 72, 1999/11/10	AGN	4.54		438		-0.2
4		OPPERMAN,Annica, 303, 2000/09/23	ASWD	4.36		393		+0.5
Item 106 09:30 Final Women Senior LongJump Heptathlon								
1		JOHNSON,Carla, 623, 1997/05/07	WPA	5.34		654		+1.0
2		SALIM,Anri, 180, 1996/01/06	ACNW	5.05		573		+0.2
3		DU TOIT,Nienka, 357, 1997/03/17	BOLA	4.91		535		-0.5
4		KING,Geraldine, 620, 1997/08/11	WPA	4.85		519		+0.6
5		MULLER,Kyla, 68, 1998/01/16	AGN	4.26		369		+0.0
6		KIRSTEN,Danica, 189, 1997/08/11	ACNW	4.21		357		+0.2
0		VAN DER MERWE,Shona, 19,	AGN	DNR		0		
0		VON ALLENMANN,Elizna, 200,	ACNW	DNR		0		
Item 107 09:30 Final Women MixAge Discus (PARA)								
25	1	KRUGER (F/T38),Simone, 573,	SASAPD	26.07	7	0	G	
25	2	HOFFMAN (F44),Mandeline, 570,	SASAPD	25.82	5	0	S	
25	3	VAN DER MERWE (F44),Yane, 566,	SASAPD	19.61	3	0	B	
25	4	POTGIETER (F58),Martha, 571,	SASAPD	13.72	2	0		
25	5	SCHOEMAN (F62),Cecielia, 567,	SASAPD	09.86	1	0		
25	0	COMBRINK (F64),Maria, 569, 1972/03/18	SASAPD	DNR	0	0		
Item 108 10:30 Final Men MixAge Discus (PARA)								
25	1	BLOM (F12),Christoffel, 584, 1986/07/21	SASAPD	47.28	7	0	G	
25	2	STRYDOM (F58),Nicolaas, 589,	SASAPD	35.87	5	0	S	
25	3	BURGERS (F64),Emile, 592, 2003/10/22	SASAPD	32.54	3	0	B	
25	4	FURSTENBERG (F64),Frederik, 595,	SASAPD	27.35	2	0		
Item 109 13:00 Final Women U18 (Youth) Javelin Heptathlon								
1		HUIJINK,Annemieke, 245, 2002/11/02	AFS	44.41		752		
2		KETCH,Leandri, 344, 2001/02/17	BOLA	36.68		604		
3		JACOBS,Danielle, 395, 2002/06/14	CGA	32.09		516		
4		THERON,Liezl, 70, 2001/07/24	AGN	31.79		511		
5		STEYN,Jessica, 326, / /	AVT	29.81		473		
6		DONOUGH,Ameerah, 608, 2001/02/05	WPA	26.72		415		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
7		VAN ZYL,Anina, 172, 2001/09/14	ACNW	25.64		394		
8		KRUGER,Zeane, 376, 2001/01/31	BOLA I	23.25		349		
9		SULLIVAN,Hannah, 345, 2002/01/16	BOLA	21.86		324		
10		VAN DER LINDE,Marga-rita, 607,	WPA	20.59		300		
11		DE KLERK,Xante, 325, / /	AVT	18.45		260		
12		VAN JAARSVELD,Liane, 396,	CGA	17.54		243		
Item 110 13:00 Final Women U20 (Junior) Javelin Heptathlon								
1		VERSTER,Shannon, 72, 1999/11/10	AGN	32.18		518		
2		VAN BERS,Cindy, 71, 1999/06/14	AGN	29.28		463		
3		OPPERMAN,Annica, 303, 2000/09/23	ASWD	26.22		405		
4		GRAVETT,Anneri, 174, 1999/03/05	ACNW	22.69		339		
Item 111 13:00 Final Women Senior Javelin Heptathlon								
						600g		
1		DU TOIT,Nienka, 357, 1997/03/17	BOLA	39.38		655		
2		MULLER,Kyla, 68, 1998/01/16	AGN	34.99		571		
3		JOHNSON,Carla, 623, 1997/05/07	WPA	33.13		536		
4		SALIM,Anri, 180, 1996/01/06	ACNW	30.35		483		
5		KIRSTEN,Danica, 189, 1997/08/11	ACNW	23.90		362		
6		KING,Geraldine, 620, 1997/08/11	WPA	15.73		210		
Item 112 16:40 Final Men MixAge 400m (PARA)								
25	1	SMIT (T12),Jaco, 585, 1988/03/05	SASAPD	0:51.35	7	0	G	
25	2	JOUBERT (T47),Tshepang, 587,	SASAPD	0:56.85	5	0	S	
25	3	NDLOVU (T46),Neo, 579, 1996/01/02	SASAPD	0:57.34	3	0	B	
25	4	DU PLESSIS (T63),Daniel, 594,	SASAPD	1:10.24	2	0		
25	5	DE VILLIERS (T36),Meonn, 580,	SASAPD	1:20.16	1	0		
Item 113 16:50 Final Women U18 (Youth) 800m Heptathlon								
1		DE KLERK,Xante, 325, / /	AVT	2:21.55		803		
2		THERON,Liezl, 70, 2001/07/24	AGN	2:26.95		732		
3		VAN DER LINDE,Marga-rita, 607,	WPA	2:29.73		696		
4		VAN JAARSVELD,Liane, 396,	CGA	2:32.08		667		
5		DONOUGH,Ameerah, 608, 2001/02/05	WPA	2:34.59		636		
6		STEYN,Jessica, 326, / /	AVT	2:39.28		581		
7		KRUGER,Zeane, 376, 2001/01/31	BOLA I	2:40.67		565		
8		HUIJINK,Annemieke, 245, 2002/11/02	AFS	2:43.48		534		
9		VAN ZYL,Anina, 172, 2001/09/14	ACNW	2:44.35		524		
10		KETCH,Leandri, 344, 2001/02/17	BOLA	2:48.89		475		
11		SULLIVAN,Hannah, 345, 2002/01/16	BOLA	2:54.00		423		
12		JACOBS,Danielle, 395, 2002/06/14	CGA	3:08.14		293		
Item 114 16:55 Final Women U20 (Junior) 800m Heptathlon								
1		VAN BERS,Cindy, 71, 1999/06/14	AGN	2:20.63		815		
2		VERSTER,Shannon, 72, 1999/11/10	AGN	2:23.81		772		
3		OPPERMAN,Annica, 303, 2000/09/23	ASWD	2:33.69		647		
4		GRAVETT,Anneri, 174, 1999/03/05	ACNW	2:50.06		463		
Item 115 17:00 Final Women Senior 800m Heptathlon								
1		SALIM,Anri, 180, 1996/01/06	ACNW	2:34.68		635		
2		DU TOIT,Nienka, 357, 1997/03/17	BOLA	2:44.46		523		
3		JOHNSON,Carla, 623, 1997/05/07	WPA	2:47.31		492		
4		KING,Geraldine, 620, 1997/08/11	WPA	2:51.59		447		
5		MULLER,Kyla, 68, 1998/01/16	AGN	2:53.89		424		
0		VAN DER MERWE,Shona, 19,	AGN	DNR		0		
0		KIRSTEN,Danica, 189, 1997/08/11	ACNW	DNR		0		
0		VON ALLENMANN,Elizna, 200,	ACNW	DNR		0		
Item 116 17:00 Final Men Senior LongJump								
1		MANYONGA,Luvo, 531, 1991/01/08	EPA	8.41	7	0	G	+2.1
2		SAMAAI,Ruswahl, 361, 1991/09/25	BOLA	8.21	5	0	S	+1.3
3		VISSER,Zarck, 488,	CGA	8.07	3	0	B	+1.3
4		CHESWIL,Johnson, 477,	CGA	7.80	2	0		+0.9
5		LE ROUX,Christy, 106,	AGN	7.60	1	0		+0.9
6		PONISAMMY,Norbert, 285, 1998/01/07	AFS	7.31	0	0		+0.5
7		BOER,Dwayne, 521, 1995/01/06	CGA I	7.14	0	0		+1.3

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
8		COTTER,Dylon, 493,	CGA	7.06	0	0		+1.3
9		SASMAN,Bevan, 627, 1999/01/09	WPA	7.03	0	0		+1.4
10		MOODIE,Keanu, 371, 1995/07/06	BOLA	6.80	0	0		-2.0
11		MAKGATO,Peter, 269, 1996/05/05	AFS	5.86	0	0		+1.6
0		MWANGA,Anthony, 522, 1997/01/15	CGA I	DNR	0	0		
0		MIYA,Sifiso, 119, 2001/06/01	AGN	NM	0	0		
Item 117 17:00 Final Women Senior Javelin						600g		
1		VAN DYK,Jo-anè, 182, 1997/10/03	ACNW	53.65	7	0		G
2		WILKE,Megan, 193, 1995/08/23	ACNW	52.67	5	0		S
3		BRITS,Tazmin, 201, 1991/01/08	ACNW	49.29	3	0		B
4		NIEUWENHUIZEN,Carli, 190, 1998/01/26	ACNW	48.04	2	0		
5		LE ROUX,Maggie, 187, 1999/06/11	ACNW	46.98	1	0		
6		VAN VREDEN,Linda, 408,	CGA	45.64	0	0		
7		LAMPRECHT,Leandri, 179, 1999/03/15	ACNW	45.33	0	0		
8		SNYMAN,Gestelle, 50, 2000/07/24	AGN	44.79	0	0		
9		MOSTERT,Kelsy-ann, 58, 1997/05/30	AGN	41.87	0	0		
0		GERMISHUYS,Anneke, 383, 1998/11/25	BOLA I	DNR	0	0		
Item 118 17:00 Final Women Senior Discus						1.000kg		
1		SENEKAL,Ischke, 527, 1993/01/08	EPA	54.69	7	0		G
2		HEYNS,Riëtte, 185, 1996/02/27	ACNW	53.04	5	0		S
3		STANDER,Yolandi, 263, 1998/11/27	AFS	51.91	3	0		B
4		GEEL,Leandri, 411, 1997/07/14	CGA	46.40	2	0		
5		KRUGMAN,Cara, 65, 2002/11/13	AGN	38.14	1	0		
6		DEGLI UMBERTI,Bodine, 22, 2002/01/31	AGN	36.86	0	0		
0		COETZEE,Cara, 385, 2001/12/05	BOLA I	DNR	0	0		
0		BOTHA,Suriette, 51,	AGN	DNR	0	0		
Item 119 17:15 Final Men Senior 400m Hurdles						0.914m		
1		HANEKOM,Lindsey, 79, 1993/05/15	AGN	0:49.17	7	0		G
2		ZAZINI,Sokwakhana, 93, 2000/01/23	AGN	0:49.32	5	0		S
3		HAMMAN,Le Roux, 78, 1992/01/06	AGN	0:49.42	3	0		B
4		FREDERICKS,Cornel, 152, 1990/03/03	AGN	0:49.76	2	0		
5		PRETORIUS,Constant, 155, 1994/01/26	AGN	0:49.77	1	0		
6		VAN ZYL,Lj, 8, 1985/07/20	AGN	0:50.84	0	0		
7		BORMAN,Marcus, 132, 1996/09/16	AGN	0:51.50	0	0		
0		MOGAWANE,Kefilwe, 652, 1997/10/11	AGN	DNR	0	0		
Item 120 17:25 Final Women Senior 400m Hurdles						0.762m		
1		NEL,Wenda, 5, 1988/07/30	AGN	0:55.01	7	0		G
2		VAN DER WALT,Zeney, 17, 2000/05/22	AGN	0:55.05	5	0		S
3		SENEKAL,Jean- Maree, 351, 1992/12/11	BOLA	0:58.63	3	0		B
4		VERCUIEL,Juli, 618, 2000/01/25	WPA	1:01.19	2	0		
5		GIBBON,Nicola, 41, 2000/10/09	AGN	1:01.73	1	0		
6		GERMISHUIZEN,Nikita, 23, 1999/03/18	AGN	1:03.40	0	0		
0		MORAKE,Gontse, 57, 2001/03/16	AGN	DNR	0	0		
0		MAGERMAN,Gezelle, 15, 1997/04/21	AGN	DNR	0	0		
Item 121 17:40 Final Women Senior 200m						+1.7		
1		PALFRAMAN,Justine, 349, 1993/11/04	BOLA	22.97	7	0		G
2		THOMAS,Tamzin, 419,	CGA	23.12	5	0		S
3		PIETERSE,Lente, 191, 1997/07/16	ACNW	23.70	3	0		B
4		PARKER,Nabeela, 611, 1994/12/10	WPA	23.76	2	0		
5		SEDDON,Cayla, 526, 1997/10/12	EPA	23.97	1	0		
6		HAUPT,Robyn, 610, 1996/01/04	WPA	24.03	0	0		
7		DU PLOOY,Simone, 67, 1996/04/14	AGN	24.57	0	0		
8		VAN TONDER,Chante, 407,	CGA	25.06	0	0		
Item 122 17:50 Final Men Senior 200m						+1.8		
1		ADAMS,Luxolo, 532, 1996/08/01	EPA	20.08	7	0		G
2		DLODLO,Thando, 490,	CGA	20.41	5	0		S
3		ENGEL,Roscoe, 636, 1989/03/06	WPA	20.44	3	0		B
4		VAN WYK,Chederick, 213, 1995/02/18	ACNW	20.45	2	0		
5		ELS,Ruben, 125, 2000/01/11	AGN	20.70	1	0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
6		APPEL,Kyle, 639, 1998/05/10	WPA	20.76	0	0		
7		MATSOSO,Tsebo, 268, 1999/05/27	AFS	20.78	0	0		
0		MUNYAI,Clarence, 6, 1998/02/20	AGN	DNR	0	0		
Item 123 18:00 Final Men Senior 5000m								
1		MOTSAU,Jerry, 231, 1990/03/12	ACNW	14:14.07	7	0	G	
2		MZAZI,Gladwin, 509,	CGA	14:17.21	5	0	S	
3		BUCARIZZA,Marko, 504,	CGA	14:18.15	3	0	B	
4		MAGWAI,Regan, 84, 1991/12/12	AGN	14:34.85	2	0		
5		TIMOTHEUS,Anthony, 633, 1995/05/27	WPA	14:36.45	1	0		
6		MMONE,Joel, 228, 1991/03/23	ACNW	14:39.13	0	0		
7		SIBEKO,Simon, 485,	CGA	14:44.03	0	0		
8		CHIDI,Phenyo, 476,	CGA	14:44.28	0	0		
9		KHONCO,Thamsanqa, 479,	CGA	14:44.64	0	0		
10		MASINA,Thabo, 441,	CGA	14:49.83	0	0		
11		BREDENKAMP,Jonathan, 149,	AGN	14:51.28	0	0		
12		MBANJWA,Sipho, 551, 1994/09/01	KZNA	14:56.38	0	0		
13		KHUPHISO,Zuko, 319,	ATRA	14:56.78	0	0		
14		KEKANA,Thato, 104,	AGN	14:59.77	0	0		
15		SMITH,Ashley, 635, 1996/09/09	WPA	15:00.94	0	0		
16		PHELEU,Sello, 481,	CGA	15:03.84	0	0		
17		MOTAUNG,Mpho, 140, 1994/06/06	AGN	15:04.84	0	0		
18		MATHIBA,Phillimon, 446,	CGA	15:10.16	0	0		
19		TSHOKOTSHA,Sive, 647, / /	BORA	15:10.34	0	0		
20		BOOYSEN,Angelo, 368, 1991/10/01	BOLA	15:18.91	0	0		
21		MALUSI,Yanga, 315,	ATRA	15:23.24	0	0		
22		ZWANE,Bonginkosi, 558, 1990/03/03	KZNA	15:29.53	0	0		
0		NDONYELA,Luthando, 645, / /	ATRA	Disq	0	0		
0		NAZO,Avelo, 646, / /	ATRA	Disq	0	0		
0		MASHELE,Precious, 449,	CGA	DNR	0	0		
0		RAMOHOTSI,Sipho, 271, 1997/05/21	AFS	DNR	0	0		
0		LEOLELEDI,Kabelo, 107,	AGN	DNR	0	0		
0		MULAUDZI,Collen, 167, 1991/04/08	AGN	DNR	0	0		
0		MOTLA,Kwenu, 135, 1999/12/19	AGN	DNR	0	0		
0		GELANT,Elroy, 218, 1986/08/25	ACNW	DNR	0	0		
0		ZUMA,Geraldo, 343,	AVT	DNF	0	0		
0		CHOKOE,Lesiba, 112, 1995/03/16	AGN	DNF	0	0		
Item 124 18:25 Final Women Senior 400m								
1		PALFRAMAN,Justine, 349, 1993/11/04	BOLA	0:51.31	7	0	G	
2		NEL,Ariane, 188, 1996/03/06	ACNW	0:53.97	5	0	S	
3		VILJOEN,Marlie, 44, 2000/08/01	AGN	0:54.07	3	0	B	
4		RAMONNYYE,Rorisang, 294, 1990/12/31	ANWN	0:54.35	2	0		
5		HOLTON,Danèl, 198, 1994/07/21	ACNW	0:55.38	1	0		
6		SANDER,Carien, 249, 1999/02/15	AFS	0:56.15	0	0		
7		LE ROUX,Armoure, 413, 1998/02/27	CGA	0:56.40	0	0		
8		KHOZA,Nondumiso, 539, 1997/06/21	KZNA	0:57.86	0	0		
Item 125 18:35 Final Men Senior 400m								
1		CONRADIE,Pieter, 230, 1994/10/20	ACNW	0:45.55	7	0	G	
2		NENE,Zakithi, 555, 1998/04/02	KZNA	0:45.63	5	0	S	
3		PHORA,Thapelo, 116, 1991/11/21	AGN	0:45.86	3	0	B	
4		MARICH,Nikki, 444,	CGA	0:46.42	2	0		
5		MOKGOBINYANE,Lesedi, 235,	ACNW	0:46.50	1	0		
6		BARNES,Andrew, 74, 1988/09/30	AGN	0:46.79	0	0		
7		MAVUNDLA,Oscar, 641, 1992/03/26	AGN	0:46.94	0	0		
8		ISAAC,Gardeo, 373, 1998/12/27	BOLA	0:47.54	0	0		
Item 126 18:45 Final Women Senior 10000m								
1		SIMS,Cherise, 393, 1993/06/06	BORA	35:55.83	7	0	G	
2		MPSHE,Lesego, 62, 1999/09/05	AGN	36:32.08	5	0	S	
3		JOUBERT,Cornelia, 426, 1988/06/22	CGA	37:01.06	3	0	B	
4		COETZEE (T12),Louzanne, 258,	AFS	37:07.12	2	0		

Age	Place	Athlete,Number,Birthdate	Team	Perf	Points	Score	Medal	Records
5		ETSEBETH,Hanli, 206, 1997/02/14	ACNW	37:33.23	1	0		
6		NJUNGUZA,Andisiwe, 542, 1998/06/20	KZNA	37:52.47	0	0		
7		MJOLI,Nwabisa, 651, 1992/02/24	KZNA	38:36.09	0	0		
8		MKHIZE,Bathobile, 545, 1996/12/19	KZNA	38:38.31	0	0		
9		BABILI,Lizzy, 399, 1990/07/20	CGA	39:24.27	0	0		
10		MOKHELTA,Khutso, 428, 1998/03/31	CGA	39:26.30	0	0		
11		MABUZA,Mpho, 400, 1985/09/15	CGA	39:32.51	0	0		
12		NTSHANGASE,Nokuthla, 548,	KZNA	39:38.58	0	0		
13		SWANEPOEL,Maryna, 265, 1986/07/24	AFS	40:43.79	0	0		
0		BOVANA,Lusanda, 312, / /	ATRA	Disq	0	0		
0		PEU,Tholoana, 28, 1996/12/05	AGN	Disq	0	0		
0		COSSA,Nomsa, 424, 1994/04/20	CGA	DNR	0	0		
0		XABA,Glenrose, 20, 1994/12/31	AGN	DNR	0	0		

Item 127 19:25 Final Men Senior 800m

1		TSHITE,Tshepo, 240, 1997/01/15	ACNW	1:46.04	7	0	G
2		VAN RENSBURG,Rynardt, 272,	AFS	1:46.67	5	0	S
3		NCAMANE,Jabulane, 95, 1994/06/07	AGN	1:47.29	3	0	B
4		EHLERS,Theuns, 113, 1998/12/03	AGN	1:48.60	2	0	
5		MOHLOSI,Kabelo, 300, 1993/01/20	ANWN	1:49.04	1	0	
6		FARO,Duran, 624, 1994/02/05	WPA	1:49.12	0	0	
7		MADIMA,Themba, 83, 1989/04/02	AGN	1:49.63	0	0	
8		NDIMANDE,Nthuthuko, 465,	CGA	1:56.63	0	0	

Item 128 19:35 Final Women Senior 800m

1		SEMENYA,Caster, 1, 1991/01/07	AGN	1:57.80	7	0	G
2		LOFSTRAND,Gena, 546, 1995/10/23	KZNA	2:05.82	5	0	S
3		BLAKE, Lee-anne, 46, 2001/01/14	AGN	2:07.73	3	0	B
4		KELLERMAN,Liza, 412, 1999/09/16	CGA	2:08.27	2	0	
5		MARAIS,Danette, 10, 1996/11/25	AGN	2:09.28	1	0	
6		BOON,Rhode, 327,	AVT	2:09.73	0	0	
0		CARSTENS,Gira, 176, 1993/04/10	ACNW	DNR	0	0	

Item 129 19:45 Final Women Senior 4X400m Relay

1		RELAY TEAM,AGN "A", , 99999/////	AGN	03:40.57	7	0	G
JONES, Cherese / HORN, Carina / MAMATU, Tebogo / XEYI, Rose / VAN DER WALT, Zeney / VILJOEN, Marlie / SEELIGER, Janet / SEMENYA, Caster							
2		RELAY TEAM,AGN "B", , 99999/////	AGN	03:49.31	5	0	S
KELLERMAN, Simone / DU PLOOY, Simone / NEL, Valeska / PHILLIPS, Meghan / FINGER, Chante / MEYER, Soandri / GIBBON, Nicola / VAN DYK, Mariska							
3		RELAY TEAM,KZNA, , 99999/////	KZNA	03:53.79	3	0	B
MBHELE, Spesihle / MTHEMBU, Samkelisiwe / KHOZA, Nondumiso / LOFSTRAND, Gena							
0		RELAY TEAM,BOLAND, , 99999/////	BOLA	DNR	0	0	
CLOETE, Thineke / SENEKAL, Jean- Maree / UYS, Brittany / PALFRAMAN, Justine							

Item 130 19:55 Final Men Senior 4X400m Relay

1		RELAY TEAM,AGN "A", , 99999/////	AGN	03:05.39	7	0	G
WICKENS, Gerrit / MOTLALA, Lesego / ELS, Ruben / VAN WYK, Merlin / PHORA, Thapelo / FREDERICKS, Cornel / BARNES, Andrew / MAVUNDLA, Oscar							
2		RELAY TEAM,Boland, , 99999/////	BOLA	03:09.11	5	0	S
MAREE, Linford / FLAGG, Jayden / ISAAC, Gardeo / DU TOIT, Wynand / PEREZ, Jesse / MOODIE, Keanu / MPEFU, Junior / FARAO, Tristan							
3		RELAY TEAM,CGA, , 99999/////	CGA	03:12.75	3	0	B
MAOKA, Obakeng / MEYER, Carl / SAMKELO, Sabelo / CHESWIL, Johnson / MATLALA, Lesedi / MATLALA, Frans / JONKER, Gert / MARICH, Nikki							
4		RELAY TEAM,AGN "B", , 99999/////	AGN	03:13.79	2	0	
HAMMAN, Le Roux / BORMAN, Marcus / MOGAWANE, Ofentse / PENNELLS, Quintin							
0		RELAY TEAM,AGN "C", , 99999/////	AGN	DNR	0	0	
0		RELAY TEAM,KZNA, , 99999/////	KZNA	DNR	0	0	
NDELA, Andiswa / NGESI, Ntokozo / MARLOTH, Heinrich / NENE, Zakithi							