

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
-----	-------	-------------------	------	------	--------	-------	-------	---------

Results of all Finals and Heats

Ordered by Program Sequence

Performance Scores: IAAF_2014 table, Electronic Time, Height above sea=1351

Item 0	00:00 FinalResults Women Senior Heptathlon Results							
1		DU TOIT,Nienka, 445	BOLA	04967		0		G
2		SCHOEMAN,Nicola, 179	AGN	04833		0		S
3		SALIM,Anri, 11	ACNW	03990		0		B
4		VAN GRAAN,Sherica, 491	CGA	03449		0		
5		KIRSTEN,Danica, 21	ACNW	03446		0		
Item 0	00:00 FinalResults Women U18 (Youth) Heptathlon Results							
1		THERON,Liezl, 164	AGN	04663		0		G
2		SOLARIN,Esther, 165	AGN	04372		0		S
3		KETCH,Leandre, 430	BOLA	04303		0		B
4		BOTHA,Ancke, 487	CGA	04132		0		
5		VAN JAARVELD,Liane, 486	CGA	04105		0		
6		OPPERMAN,Annica, 386	ASWD	03985		0		
7		DONOUGH,Ameerah, 646	WPA	03920		0		
8		DE KLERK,Xante, 413	AVT	03864		0		
9		VAN ZYL,Anina, 6	ACNW	03272		0		
Item 0	00:00 FinalResults Women U20 (Junior) Heptathlon Results							
1		KRUGER,Jone, 5	ACNW	04596		0		G
2		VAN BERS,Cindy, 166	AGN	04438		0		S
3		VERSTER,Shannon, 619	KZNA	04250		0		B
4		VON ALLEMAN,Elizna, 4	ACNW	04085		0		
Item 0	00:00 FinalResults Men U18 (Youth) Decathlon Results							
1		DE LA REY,Zaine, 96	AFS	05741		0		G
2		SPRUYT,Rainer, 359	AMPU	05376		0		S
3		MACKENZIE,Ronaldo, 431	BOLA	05332		0		B
4		VAN ZYL,Rikus, 42	ACNW	04731		0		
5		HOFFMEISTER,Stefan, 681	WP IND	04183		0		
Item 0	00:00 FinalResults Men U20 (Junior) Decathlon Results							
1		COETZEE,Grove, 99	AFS	05519		0		G
2		JOSHUA,Nurdeen, 683	WP IND	05142		0		S
3		MARAIS,Daniel, 682	WP IND	04902		0		B
Item 0	00:00 FinalResults Men Senior Decathlon Results							
1		PRETORIUS,Fredriech, 256	AGN	07524		0		G
2		MC GLADDERY,Duncan, 214	AGN	06788		0		S
3		DE JAGER,Marcelle, 141	AFS	06747		0		B
4		VAN DER BERG,Lee, 55	ACNW	06290		0		
5		VAN BILJON,Jc, 135	AFS	06259		0		
6		BEUKES,Hennie, 450	BOLA	06236		0		
7		WEPERER,Terrence, 687	WP IND	06039		0		
8		MATSEKANE,Katleho, 420	AVT	05588		0		
9		SWANEPOEL,Gert, 267	AGN	04722		0		
10		BARNARD,Brandon, 44	ACNW	02587		0		
11		COERTZEN,Willem, 72	ACNW	01619		0		
Item 1	09:30 Final Men Senior TripleJump							
1		APHANE,Reneilwe, 250	AGN	15.93		0		G +0.8
2		MOKHOSOA,Sefako, 155	AFS	15.63		0		S +0.4
3		MPHEFU,Junior, 456	BOLA	15.21		0		B -1.1
4		SEWENYANA,Jason, 665	WPA	14.93		0		+1.1
5		MTOBA,Kwesi, 458	BOLA	14.79		0		+0.0
6		BOER,Duwayne, 573	CGA	14.69		0		+0.0
7		DIKOKO,Itumeleng, 426	AVT	14.60		0		+0.0
8		MOTHLAKE,Jabilane, 580	CGA	14.39		0		+0.0
9		SKOSANA,Michael, 339	AGNIND	13.80		0		+0.0
0		MATHABELA,Maurice, 307	AGNIND	NM		0		
0		BRAMWILL,Lezlo, 584	CGA	NM		0		
Item 2	09:30 Final Women Senior Polevault							

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records	
	1	FOURIE,Nadja, 115	AFS	3.70		0	G		
	2	VAN DYK,Jeannie, 598	EPA	3.60		0	S		
	3	DU TOIT,Kian-lee, 444	BOLA	3.60		0	B		
	4	SEDRAS,Jodie, 437	BOLA	3.50		0			
	5	VILJOEN,Anje, 440	BOLA	3.40		0			
	6	LAMLEY,Esli, 100	AFS	3.20		0			
	7	SWANEVELDER,Simonn, 388	ASWD	3.10		0			
	0	VENTER,Zabeth, 19	ACNW	NM		0			
Item 3	09:30 Final Women Senior Shotput						4.000kg		
	1	SENEKAL,Ischke, 602	EPA	16.97		0	G		
	2	JORDAN,Lezaan, 519	CGA	15.04		0	S		
	3	SMUTS,Sonia, 194	AGN	14.93		0	B		
	4	PUBALAKAN,Tanya, 530	SAPS	13.50		0			
	5	BREYTENBACH,Wanzel, 294	AGNIND	13.46		0			
	6	VAN R VAN OUDTSHOORN,Mia, 104	AFS	13.23		0			
	7	WAGNER,Monique, 498	CGA	13.22		0			
	8	STEINMANN,Jana, 37	ACNW	12.79		0			
	9	BOTHA,Elme', 387	ASWD	12.08		0			
Item 4	09:30 Final Men Mixed Discus (SASAPD - MIXED GENDER)								
Item 5	09:40 Heat 1 of 2 Men Senior 110m Hurdles						+0.9	1.067m	
	1	ALKANA,Antonio, 669	WPA	13.81		0			
	2	DE VRIES,Ruan, 221	AGN	13.92		0			
	3	MOOLMAN,Kobus, 153	AFS	14.07		0			
	4	HAMMAN,Muntingh, 205	AGN	14.14		0			
	5	SEPTEMBER,Andre, 664	WPA	14.26		0			
	6	MAGANYELE,Lethabo, 309	AGNIND	14.61		0			
	7	SWART,Wp, 94	ACNW	15.04		0			
	8	REINECKE,Hannes, 59	ACNW	15.11		0			
	0	SHIBODZE,Vutivi, 331	AGNIND	DNR		0			
Item 5	09:40 Heat 2 of 2 Men Senior 110m Hurdles						-0.1	1.067m	
	1	SMIT,Tiaan, 235	AGN	13.71		0			
	2	MKATINI,Junior, 566	CGA	14.11		0			
	3	BOTHMA,Alwyn, 69	ACNW	14.20		0			
	4	YOUNG,Theodor, 82	ACNW	14.34		0			
	5	KRUGER,Christiaan, 644	LIMA	14.79		0			
	0	REESE,Morgan, 557	CGA	DNR		0			
	0	MAKHANYA,Thulani, 131	AFS	DNR		0			
	0	LEGODI,Thapelo, 321	AGNIND	DNR		0			
Item 6	10:00 Heat 1 of 2 Women Senior 100m Hurdles						-0.2	0.838m	
	1	STEENKAMP,Rikenette, 202	AGN	13.51		0			
	2	VAN WYK,Janke, 435	BOLA	14.04		0			
	3	BIELDT,Taylon, 190	AGN	14.09		0			
	4	FOX,Fox, 114	AFS	14.58		0			
	5	HARTMAN,Denise, 8	ACNW	14.59		0			
Item 6	10:00 Heat 2 of 2 Women Senior 100m Hurdles						+1.1	0.838m	
	1	HEUNIS,Claudia, 181	AGN	13.45		0			
	2	BRITS,Maryke, 119	AFS	13.48		0			
	3	HENDRIKS,Velmien, 501	CGA	13.95		0			
	4	EHRKE,Tanya, 506	CGA	14.27		0			
	5	JOUBERT,Izanelle, 29	ACNW	15.55		0			
Item 7	10:20 Final Women Senior 100m Hurdles Heptathlon						+0.5	0.838m	
	1	DU TOIT,Nienka, 445	BOLA	14.91		854			
	2	KIRSTEN,Danica, 21	ACNW	16.24		685			
	3	SCHOEMAN,Nicola, 179	AGN	16.59		644			
	4	SALIM,Anri, 11	ACNW	16.70		631			
	5	VAN GRAAN,Sherica, 491	CGA	17.74		516			
Item 8	10:35 Final Women U20 (Junior) 100m Hurdles Heptathlon								
	1	KRUGER,Jone', 5	ACNW	14.92		852			

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records	
	2	VERSTER,Shannon, 619	KZNA	15.59		765			
	3	VAN BERS,Cindy, 166	AGN	16.86		612			
	4	VON ALLEMAN,Elizna, 4	ACNW	17.10		585			
Item 9	10:50 FinalResults Women U18 (Youth) 100m Hurdles Heptat								
	1	VAN JAARSVELD,Liane, 486	CGA	14.77		872			
	2	THERON,Liezl, 164	AGN	14.99		843			
	3	SOLARIN,Esther, 165	AGN	15.30		802			
	4	DONOUGH,Ameerah, 646	WPA	15.69		753			
	5	BOTHA,Ancke, 487	CGA	15.79		740			
	6	KETCH,Leandre, 430	BOLA	15.86		732			
	7	DE KLERK,Xante, 413	AVT	16.87		611			
	8	OPPERMAN,Annica, 386	ASWD	17.56		535			
	9	VAN ZYL,Anina, 6	ACNW	17.74		516			
	0	SCHOEMAN,Bianka, 412	AVT	DNR		0			
	0	ENGELBRECHT,Carli, 414	AVT	DNR		0			
	0	FERREIRA,Chante, 163	AGN	DNR		0			
Item 9	10:50 Final 1 of 2 Women U18 (Youth) 100m Hurdles Hepta						+1.3		
	1	VAN JAARSVELD,Liane, 486	CGA	14.77		872			
	2	THERON,Liezl, 164	AGN	14.99		843			
	3	SOLARIN,Esther, 165	AGN	15.30		802			
	4	DONOUGH,Ameerah, 646	WPA	15.69		753			
	5	VAN ZYL,Anina, 6	ACNW	17.74		516			
	0	SCHOEMAN,Bianka, 412	AVT	DNR		0			
Item 9	10:50 Final 2 of 2 Women U18 (Youth) 100m Hurdles Hepta						-0.3		
	1	BOTHA,Ancke, 487	CGA	15.79		740			
	2	KETCH,Leandre, 430	BOLA	15.86		732			
	3	DE KLERK,Xante, 413	AVT	16.87		611			
	4	OPPERMAN,Annica, 386	ASWD	17.56		535			
	0	ENGELBRECHT,Carli, 414	AVT	DNR		0			
	0	FERREIRA,Chante, 163	AGN	DNR		0			
Item 12	11:25 Final Men U18 (Youth) 100m Decathlon						+0.1		
	1	VAN ZYL,Rikus, 42	ACNW	11.69		713			
	2	SPRUYT,Rainer, 359	AMPU	11.85		681			
	3	HOFFMEISTER,Stefan, 681	WP IND	11.90		671			
	4	DE LA REY,Zaine, 96	AFS	11.93		665			
	0	MACKENZIE,Ronaldo, 431	BOLA	Disq		0			
Item 13	11:35 Final Men U20 (Junior) 100m Decathlon						-0.2		
	1	JOSHUA,Nurdeen, 683	WP IND	11.87		677			
	2	COETZEE,Grove, 99	AFS	12.01		649			
	3	MARAIS,Daniel, 682	WP IND	12.20		612			
Item 14	11:45 FinalResults Men Senior 100m Decathlon								
	1	BARNARD,Brandon, 44	ACNW	11.09		841			
	2	PRETORIUS,Fredrieck, 256	AGN	11.12		834			
	3	COERTZEN,Willem, 72	ACNW	11.23		810			
	4	MATSEKANE,Katleho, 420	AVT	11.32		791			
	5	MC GLADDERY,Duncan, 214	AGN	11.35		784			
	6	VAN DER BERG,Lee, 55	ACNW	11.49		755			
	7	VAN BILJON,Jc, 135	AFS	11.62		728			
	8	SWANEPOEL,Gert, 267	AGN	11.64		723			
	9	DE JAGER,Marcelle, 141	AFS	11.66		719			
	10	BEUKES,Hennie, 450	BOLA	11.91		669			
	11	WEPERER,Terrence, 687	WP IND	12.17		618			
Item 14	11:45 Final 1 of 2 Men Senior 100m Decathlon						-0.8		
	1	BARNARD,Brandon, 44	ACNW	11.09		841			
	2	MATSEKANE,Katleho, 420	AVT	11.32		791			
	3	VAN DER BERG,Lee, 55	ACNW	11.49		755			
	4	SWANEPOEL,Gert, 267	AGN	11.64		723			
	5	DE JAGER,Marcelle, 141	AFS	11.66		719			
	6	WEPERER,Terrence, 687	WP IND	12.17		618			
Item 14	11:45 Final 2 of 2 Men Senior 100m Decathlon						-1.2		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records	
	1	PRETORIUS,Fredrieche, 256	AGN	11.12		834			
	2	COERTZEN,Willem, 72	ACNW	11.23		810			
	3	MC GLADDERY,Duncan, 214	AGN	11.35		784			
	4	VAN BILJON,Jc, 135	AFS	11.62		728			
	5	BEUKES,Hennie, 450	BOLA	11.91		669			
Item 15	11:55 Heat 1 of 2 Men Senior 400m Hurdles						0.914m		
	1	VAN ZYL,Lj, 212	AGN	0:50.97		0			
	2	MAREE,Linford, 447	BOLA	0:51.18		0			
	3	MOGAWANE,Kefilwe, 246	AGN	0:51.20		0			
	4	GARA,Lindokhule, 300	AGNIND	0:53.49		0			
	5	WESSELS,Adriaan, 143	AFS	0:54.75		0			
	6	MUZI,Maphophe, 356	AGNIND	0:54.98		0			
Item 15	11:55 Heat 2 of 2 Men Senior 400m Hurdles						0.914m		
	1	HAMMAN,Leroux, 204	AGN	0:49.75		0			
	2	PRETORIUS,Constant, 257	AGN	0:50.88		0			
	3	EKSTEEN,Elshami, 147	AFS	0:51.10		0			
	4	BORNMAN,Marcus, 344	AGNIND	0:52.46		0			
	5	ROBERTS,Rivaldo, 351	AGNIND	0:53.61		0			
	6	MATHOPA,Tshegofatso, 302	AGNIND	0:53.94		0			
	7	JOOSTE,Marco, 73	ACNW	0:54.10		0			
	8	MAARMAN,Kevin, 463	BOLIND	0:56.78		0			
Item 16	12:00 Final Women U18 (Youth) HighJump Heptathlon								
	1	KETCH,Leandre, 430	BOLA	1.66		806			
	2	SOLARIN,Esther, 165	AGN	1.63		771			
	3	THERON,Liezl, 164	AGN	1.60		736			
	4	BOTHA,Ancke, 487	CGA	1.57		701			
	5	OPPERMAN,Annica, 386	ASWD	1.54		666			
	6	VAN JAARVELD,Liane, 486	CGA	1.51		632			
	7	DE KLERK,Xante, 413	AVT	1.45		566			
	8	DONOUGH,Ameerah, 646	WPA	1.45		566			
	9	VAN ZYL,Anina, 6	ACNW	1.36		470			
	0	SCHOEMAN,Bianka, 412	AVT	DNR		0			
	0	ENGELBRECHT,Carli, 414	AVT	DNR		0			
	0	FERREIRA,Chante, 163	AGN	DNR		0			
Item 17	12:00 Final Women U20 (Junior) HighJump Heptathlon								
	1	VERSTER,Shannon, 619	KZNA	1.63		771			
	2	KRUGER,Jone, 5	ACNW	1.60		736			
	3	VAN BERS,Cindy, 166	AGN	1.54		666			
	4	VON ALLEMAN,Elizna, 4	ACNW	1.42		534			
Item 18	12:00 Final Women Senior HighJump Heptathlon								
	1	KIRSTEN,Danica, 21	ACNW	1.66		806			
	2	SALIM,Anri, 11	ACNW	1.63		771			
	3	SCHOEMAN,Nicola, 179	AGN	1.60		736			
	4	DU TOIT,Nienka, 445	BOLA	1.60		736			
	5	VAN GRAAN,Sherica, 491	CGA	1.48		599			
Item 19	12:00 Final Men Senior Javelin						800g		
	1	JANSE VAN RENSBURG,Phil-mar, 367	AMPU	79.86		0		G	
	2	VAN ROOYEN,Rocco, 662	WPA	79.74		0		S	
	3	GROBLER,Johann, 85	ACNW	75.70		0		B	
	4	VAN VUUREN,Hernu, 550	CGA	74.83		0			
	5	HERMAN,Chad, 57	ACNW	73.56		0			
	6	HOLTZHAUZEN,Tobie, 242	AGN	72.20		0			
	7	BRENDAN,Skiener, 352	AGNIND	71.63		0			
	8	DAMES,Werner, 375	ANWN	68.78		0			
	9	WIESE,Erich, 65	ACNW	67.77		0			
	10	SCHLEBUSCH,Jannes, 139	AFS	66.59		0			
	11	BOTHA,Paul, 381	ANWN	62.75		0			
	0	LAUBSER,Leon, 46	ACNW	DNR		0			
	0	KRIEL,Pieter, 86	ACNW	DNR		0			

Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records
0		LIEBENBERG, Nico, 332	AGNIND	DNR		0		
Item 20	12:15	Heat 1 of 2 Women Senior 400m Hurdles					0.762m	
1		NEL, Wenda, 185	AGN	0:55.17		0		
2		TSETSEWA, Cynthia, 35	ACNW	1:00.73		0		
3		JOSEPH, Rogail, 441	BOLA	1:01.64		0		
4		MORAKE, Gontse, 291	AGNIND	1:02.18		0		
5		VISSER, Bianca, 286	AGNIND	1:04.03		0		
Item 20	12:15	Heat 2 of 2 Women Senior 400m Hurdles					0.762m	
1		VAN DER WALT, Zeney, 174	AGN	0:59.17		0		
2		MOOLMAN, Anneri, 117	AFS	0:59.52		0		
3		SENEKAL, Jean-mare, 438	BOLA	0:59.65		0		
4		VAN DER MERWE, Belindi, 176	AGN	1:00.38		0		
5		VERCUIEL, Juli, 652	WPA	1:01.57		0		
6		VISSER, Nerina, 362	AMPU	1:04.78		0		
Item 21	12:35	Final Men U18 (Youth) LongJump Decathlon						
1		DE LA REY, Zaine, 96	AFS	6.38		670		-0.3
2		MACKENZIE, Ronaldo, 431	BOLA	6.07		602		-0.1
3		HOFFMEISTER, Stefan, 681	WP IND	5.49		479		-0.5
4		SPRUYT, Rainer, 359	AMPU	5.38		457		+2.3
5		VAN ZYL, Rikus, 42	ACNW	5.34		449		+0.0
Item 22	12:35	Final Men U20 (Junior) LongJump Decathlon						
1		MARAIS, Daniel, 682	WP IND	5.95		576		+0.2
1		JOSHUA, Nurdeen, 683	WP IND	5.95		576		+0.3
3		COETZEE, Grove, 99	AFS	5.39		459		-1.1
Item 23	12:35	Final Men Senior LongJump Decathlon						
1		PRETORIUS, Fredriech, 256	AGN	7.40		910		-0.1
2		COERTZEN, Willem, 72	ACNW	6.98		809		-0.1
3		DE JAGER, Marcelle, 141	AFS	6.80		767		-0.1
4		MATSEKANE, Katleho, 420	AVT	6.77		760		-1.0
5		MC GLADDERY, Duncan, 214	AGN	6.56		711		+0.5
6		VAN DER BERG, Lee, 55	ACNW	6.47		691		-0.4
7		BEUKES, Hennie, 450	BOLA	6.21		632		+1.7
8		BARNARD, Brandon, 44	ACNW	6.14		617		-0.4
9		WEPERER, Terrence, 687	WP IND	6.02		591		+0.4
10		SWANEPOEL, Gert, 267	AGN	6.01		589		-1.8
11		VAN BILJON, Jc, 135	AFS	4.20		239		+1.0
Item 24	12:35	Heat 1 of 4 Women Senior 100m					+0.6	
1		HORN, Carina, 196	AGN	11.13		0		
2		VAN DER NEST, Simone, 495	CGA	11.87		0		
3		PHILLIPS, Meghan, 189	AGN	11.99		0		
4		SMITH, Elmè, 111	AFS	12.00		0		
5		MARNCE, Shanice, 620	KZNA	12.04		0		
6		VAN TONDER, Chante, 492	CGA	12.07		0		
7		VAN WYK, Anel, 13	ACNW	12.16		0		
8		KGADIMA, Prudence, 283	AGNIND	12.52		0		
Item 24	12:35	Heat 2 of 4 Women Senior 100m					+2.1	
1		CONLEY, Alyssa, 516	CGA	11.29		0		
2		PIETERSE, Lente, 24	ACNW	11.64		0		
3		JONES, Cherese, 197	AGN	11.83		0		
4		MOLOI, Reabetswe, 290	AGNIND	11.94		0		
5		DU PLESSIS, Elsabe, 606	EPA	12.09		0		
6		VERMEULEN, Jean-marie, 282	AGNIND	12.29		0		
7		BOTHA, Soleil, 617	EPAIND	12.38		0		
Item 24	12:35	Heat 3 of 4 Women Senior 100m					+0.8	
1		MAMATU, Tebogo, 170	AGN	11.64		0		
2		XEYI, Rose, 188	AGN	11.84		0		
3		PRETORIUS, Samantha, 443	BOLA	11.92		0		
4		SAMUELS, Chelsea, 649	WPA	12.21		0		
5		DU TOIT, Leana, 528	CGA	12.24		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
6		NEL,Naomi, 361	AMPU	12.33		0		
0		UNDERHAY,Taylor, 513	CGA	DNR		0		
0		DU PLOOY,Simone, 296	AGNIND	DNR		0		
Item 24	12:35	Heat 4 of 4 Women Senior 100m				-0.1		
1		THOMAS,Tamzin, 653	WPA	11.66		0		
2		PARKER,Nabeela, 648	WPA	11.83		0		
3		NEL,Valesca, 276	AGNIND	12.24		0		
4		MBISA,Joviale, 105	AFS	12.27		0		
5		VAN HEERDEN,Anja, 651	WPA	12.34		0		
6		VAN DERWESTHUIZEN,Sherine, 497	CGA	12.39		0		
7		MOSIME,Caroline, 292	AGNIND	12.46		0		
0		NEL,Marja-lise, 109	AFS	DNR		0		
Item 25	13:00	Heat 1 of 7 Men Senior 100m				+0.3		
1		SIMBINE,Akani, 230	AGN	10.06		0		
2		MONARENG,Thembo, 247	AGN	10.41		0		
3		LEMAO,Tshenolo, 319	AGNIND	10.42		0		
4		MAARTENS,Hendrik, 130	AFS	10.49		0		
5		JOHNSON,Cheswill, 576	CGA	10.62		0		
6		RAMAGOLE,Kagiso, 421	AVT	10.63		0		
7		MAGWAI,Katlego, 640	LIMA	10.80		0		
8		TROTTER,Gideon, 158	AFS	11.09		0		
Item 25	13:00	Heat 2 of 7 Men Senior 100m				+0.3		
1		ROTO,Thando, 249	AGN	10.30		0		
2		MOENG,Lebogang, 347	AGNIND	10.49		0		
3		NOBLE,Ethan, 672	WPA	10.63		0		
4		MOTSEPE,Nthando, 579	CGA	10.80		0		
5		MOTSWENYANE,Lebogang, 384	ANWN	10.80		0		
6		HLENGWA,Sanele, 406	ATRA	11.41		0		
0		DLAMINI,Archie, 594	CGAIND	DNR		0		
0		SETLHABI,Oratile, 161	AFSIND	DNR		0		
Item 25	13:00	Heat 3 of 7 Men Senior 100m				-1.4		
1		VAN WYK,Chederick, 53	ACNW	10.62		0		
2		VAN TONDER,Leroux, 423	AVT	10.64		0		
3		WICKENS,Gerrit, 231	AGN	10.75		0		
4		BLOM,Antonio, 613	EPA	10.90		0		
5		VYFER,Iveyano, 470	BOLIND	11.05		0		
6		RUITERS,Kurt, 469	BOLIND	11.05		0		
7		SEPTEMBER,Andre, 664	WPA	11.35		0		
0		SABELO,Samkelo, 548	CGA	DNR		0		
Item 25	13:00	Heat 4 of 7 Men Senior 100m				-1.4		
1		VAN NIEKERK,Wayde, 137	AFS	10.22		0		
2		RANTHABANE,Thlapo, 134	AFS	10.47		0		
3		MLENGA,Retshidisitswe, 342	AGNIND	10.51		0		
4		MAHOLELA,Thapelo, 304	AGNIND	10.65		0		
5		MAOKA,Obakeng, 534	CGA	10.68		0		
6		ERASMUS,Rudolf, 585	CGA	10.81		0		
7		MOTALA,Shaahid, 151	AFS	11.13		0		
8		NKUNA,Karabo, 380	ANWN	11.44		0		
Item 25	13:00	Heat 5 of 7 Men Senior 100m				-0.1		
1		MAGAKWE,Simon, 693	ANWIND	10.39		0		
2		MICHAU,Keenan, 334	AGNIND	10.57		0		
3		ISMAIL,Yusuf, 677	WPA	10.68		0		
4		LINNEN,Tyler, 698	WPA	10.80		0		
5		AFRICA,Amaan, 464	BOLIND	10.81		0		
6		WILLIAMS,Dale, 612	EPA	10.90		0		
7		CORDIER,Donovan, 382	ANWN	10.96		0		
8		TLHAPOLOSA,Israel, 427	AVT	11.27		0		
Item 25	13:00	Heat 6 of 7 Men Senior 100m				+0.8		
1		JOBODWANA,Anaso, 637	KZNA	10.19		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
	2	BRUINTJIES,Henricho, 251	AGN	10.19		0		
	3	ENGEL,Roscoe, 670	WPA	10.42		0		
	4	PIETERSE,Levert, 611	EPA	10.94		0		
	5	KHUMALO,Zamani, 639	KZNIND	10.95		0		
	6	PIETERS,Maritz, 63	ACNW	11.09		0		
	7	KUTU,Gontse, 262	AGN	11.09		0		
	0	MAIWASHE,Thabelo, 591	CGAIND	DNR		0		
Item 25	13:00 Heat 7 of 7 Men Senior 100m					+0.9		
	1	ERASMUS,Emile, 253	AGN	10.31		0		
	2	SESELE,Lebakeng, 324	AGNIND	10.39		0		
	3	MPHOGO,Thuto, 372	AMPU	10.70		0		
	4	FRANSE,Ashley, 467	BOLIND	10.73		0		
	5	MASEKO,Lehlogonolo, 301	AGNIND	10.78		0		
	6	OOSTHUIZEN,Lenku, 80	ACNW	10.83		0		
	7	DE BRUIN,Darren, 317	AGNIND	11.20		0		
	0	KABI,Tshepiso, 418	AVT	DNR		0		
Item 26	13:25 Final Women Mixed 100m (SASAPD)							
Item 27	13:30 Final Men Mixed 100m (SASAPD)							
Item 28	13:40 Heat 1 of 2 Women Senior 1500m							
	1	BELING,Tylor, 106	AFS	04:29.74		0		
	2	MENTZ,Marne, 107	AFS	04:30.20		0		
	3	MARAIS,Stella, 169	AGN	04:30.60		0		
	4	ROELOFSE,Lyndi, 523	CGA	04:31.78		0		
	5	BRANDT,Mandie, 686	WP IND	04:35.68		0		
	6	MARITZ,Liza, 270	AGNIND	04:38.44		0		
	7	SHANGE,Yandiswa, 510	CGA	04:40.02		0		
	8	COETZEE (T11),Louzanne, 113	AFS	05:04.68		0		
	9	SEEMA,Lethabo, 278	AGNIND	05:10.44		0		
	0	MOLOTSANE,Kesa, 118	AFS	DNR		0		
Item 28	13:40 Heat 2 of 2 Women Senior 1500m							
	1	VAN ZYL,Irvette, 173	AGN	04:36.18		0		
	2	WEITZ,Simonay, 504	CGA	04:36.59		0		
	3	LOUW,Nicole, 116	AFS	04:38.14		0		
	4	MKHIZE,Happiness, 626	KZNA	04:38.64		0		
	5	MASHISHI,Dipuo, 490	CGA	04:39.10		0		
	6	VAN STADEN,Anelda, 494	CGA	04:44.11		0		
	7	FERREIRA,Lizerie, 274	AGNIND	04:50.35		0		
	8	RAMELA,Lebogang, 587	CGAIND	05:12.36		0		
	0	PHEKO,Khotsofalo, 285	AGNIND	DNR		0		
Item 29	13:45 Final Men Senior Polevault							
	1	BEUKES,Eben, 219	AGN	5.00		0	G	
	2	SMIT,Heinrich, 236	AGN	5.00		0	S	
	3	VAN DER WATT,Eckhardt, 449	BOLA	4.90		0	B	
	4	DE SWART,Jaun, 451	BOLA	4.70		0		
	5	VAN WYK,Valco, 448	BOLA	4.70		0		
	0	CELLIERS,Migael, 220	AGN	NM		0		
	0	NAUDE,Willie, 133	AFS	NM		0		
Item 30	14:00 Final Women Senior Javelin					600g		
	1	VILJOEN,Sunette, 2	ACNW	63.49		0	G	WCQ
	2	VAN DYK,Jo-anè, 12	ACNW	52.72		0	S	
	3	WILKE,Megan, 25	ACNW	48.98		0	B	
	4	BRITS,Tazmin, 33	ACNW	47.22		0		
	5	NIEUWENHUIZEN,Carli, 22	ACNW	45.94		0		
	6	LAMPRECHT,Leandri, 360	AMPU	45.27		0		
	7	VAN VREDEN,Linda, 493	CGA	44.98		0		
	8	BAILEY,Zandri, 647	WPA	44.59		0		
	9	GERMISHUYS,Anneke, 436	BOLA	41.27		0		

Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records
10		MOSTERT, Kelsy-ann, 293	AGNIND	39.67		0		
11		BIELDT, Danèl, 20	ACNW	39.43		0		
0		FERREIRA, Chante, 180	AGN	DNR		0		
Item 31	14:00 Heat 1 of 3 Men Senior 1500m							
1		MAKANE, Henry, 537	CGA	03:51.69		0		
2		DAMONS, Bruce-lynn, 658	WPA	03:54.84		0		
3		HLASELO, Dumizani, 569	CGA	03:55.38		0		
4		MALEBANE, Dais, 303	AGNIND	03:57.27		0		
5		OMPHILE, Molotsi, 343	AGNIND	04:01.82		0		
6		PHEKO, Khotsofalo, 330	AGNIND	04:02.27		0		
7		BESTER, Robert, 315	AGNIND	04:03.92		0		
8		MATHISO, Sakhumzi, 397	ATRA	04:09.57		0		
9		NOGCANTSI, Kwazi, 409	ATRA	04:25.31		0		
0		SMIT (T36), Shane, 570	CGA	DNR		0		
0		GROENEVELDT, Llewellyn, 468	BOLIND	DNR		0		
Item 31	14:00 Heat 2 of 3 Men Senior 1500m							
1		MOTSAU, Jerry, 76	ACNW	03:52.98		0		
2		SEHOHLE, Folario, 369	AMPU	03:53.64		0		
3		ANDREAS, Jeromy, 571	CGA	03:54.83		0		
4		BOTHOLO, Solomon, 240	AGN	03:56.72		0		
5		KOOPMAN, Jason, 688	WP IND	03:57.99		0		
6		NOBANDA, Thusile, 408	ATRA	04:01.75		0		
7		MAKOASHA, Mahlatse, 305	AGNIND	04:03.07		0		
8		MOTHOA, Nelson, 643	LIMA	04:10.28		0		
9		NAZO, Avela, 399	ATRA	04:24.26		0		
0		MEINTJIES, Ruan, 142	AFS	DNR		0		
0		NDLOVU, Siyabonga, 314	AGNIND	DNR		0		
Item 31	14:00 Heat 3 of 3 Men Senior 1500m							
1		DERISON, Treasure, 140	AFS	03:53.78		0		
2		SIBIYA, Nkosinathi, 636	KZNA	03:54.02		0		
3		MPHAHLELE, Ryan, 583	CGA	03:58.26		0		
4		SWANEPOEL, Clinton, 596	CGAIND	03:59.23		0		
5		MORE, Lehlogonolo, 346	AGNIND	04:00.68		0		
6		MOTLOUNG, Malefetsane, 156	AFS	04:00.98		0		
7		MOKUBUNG, Paseka, 349	AGNIND	04:02.31		0		
8		NTSOTHO, Awethu, 411	ATRA	04:11.07		0		
9		NDABAKAYISE, Anele, 401	ATRA	04:33.13		0		
0		MOSIAKO, Thabang, 77	ACNW	DNR		0		
0		WARRIES, Tyler, 311	AGNIND	DNR		0		
Item 32	14:00 Final Women U18 (Youth) Shotput Heptathlon							
1		BOTHA, Ancke, 487	CGA	14.50		827		
2		KETCH, Leandre, 430	BOLA	11.68		640		
3		THERON, Liezl, 164	AGN	10.65		572		
4		OPPERMAN, Annica, 386	ASWD	10.51		563		
5		SOLARIN, Esther, 165	AGN	10.22		544		
6		DONOUGH, Ameerah, 646	WPA	09.73		512		
7		DE KLERK, Xante, 413	AVT	09.67		508		
8		VAN JAARVELD, Liane, 486	CGA	08.69		444		
9		VAN ZYL, Anina, 6	ACNW	08.64		441		
0		SCHOEMAN, Bianka, 412	AVT	DNR		0		
0		ENGELBRECHT, Carli, 414	AVT	DNR		0		
0		FERREIRA, Chante, 163	AGN	DNR		0		
Item 33	14:00 Final Women U20 (Junior) Shotput Heptathlon							
1		VON ALLEMAN, Elizna, 4	ACNW	09.84		519		
2		KRUGER, Jone', 5	ACNW	09.61		504		
3		VAN BERS, Cindy, 166	AGN	09.05		467		
4		VERSTER, Shannon, 619	KZNA	07.96		397		
Item 34	14:00 Final Women Senior Shotput Heptathlon							
1		DU TOIT, Nienka, 445	BOLA	13.27		745	4.000kg	

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
	2	SCHOEMAN,Nicola, 179	AGN	10.34		552		
	3	SALIM,Anri, 11	ACNW	09.90		523		
	4	KIRSTEN,Danica, 21	ACNW	08.88		456		
	5	VAN GRAAN,Sherica, 491	CGA	07.60		374		
Item 35	14:20 Heat 1 of 3 Women Senior 400m							
	1	SEMENYA,Caster, 1	ACNW	0:54.05		0		
	2	LE ROUX,Amoure, 503	CGA	0:55.80		0		
	3	MEYER,Soandri, 184	AGN	0:56.31		0		
	4	SELEKA,Boitumelo, 374	ANWN	0:56.90		0		
	5	MOOLMAN,Done, 199	AGN	0:57.35		0		
	6	SANDER,Carien, 101	AFS	0:57.69		0		
	7	SEDDON,Cayla, 601	EPA	0:58.20		0		
	8	REITZ,Marietjie, 277	AGNIND	1:00.64		0		
Item 35	14:20 Heat 2 of 3 Women Senior 400m							
	1	PALFRAMAN,Justine, 434	BOLA	0:54.92		0		
	2	VAN TONDER,Sonja, 650	WPA	0:55.47		0		
	3	RAMONNYE,Rorisang, 373	ANWN	0:55.73		0		
	4	HOLTON,Danel, 28	ACNW	0:55.88		0		
	5	LOMBAARD,Bellanca, 30	ACNW	0:56.44		0		
	6	BOTHA,Lizhare, 605	EPA	0:57.27		0		
	7	LIEBENBERG,Anrune, 439	BOLA	0:58.02		0		
Item 35	14:20 Heat 3 of 3 Women Senior 400m							
	1	VILJOEN,Marlie, 287	AGNIND	0:55.22		0		
	2	NEL,Ariane, 18	ACNW	0:55.25		0		
	3	LUTZ,Julia Ann, 529	CGA	0:56.61		0		
	4	VAN DYK,Mariska, 272	AGNIND	0:57.32		0		
	5	ALBERTS,Sune, 26	ACNW	0:57.54		0		
	6	VAN HEERDEN,Monet, 102	AFS	0:59.82		0		
	0	KELLERMAN,Liza, 502	CGA	DNR		0		
Item 37	15:00 Final Women Senior TripleJump							
	1	KINGWILL,Kelly, 603	EPA	13.55		0	G +0.5	
	2	CHABANGU,Zinzi, 505	CGA	13.20		0	S -0.6	
	3	NTSINGILA,Patience, 526	CGA	13.06		0	B +1.0	
	4	BENSUSAN,Helga Wendy, 499	CGA	12.16		0	-0.5	
	5	PHERANE,Moleboheng, 110	AFS	12.03		0	+0.5	
	6	DOMBENI,Mahlatsi, 289	AGNIND	11.99		0	+3.0	
	7	LOUWRENS,Suneel, 462	BOLIND	11.95		0	+0.9	
	8	VISAGIE,Taylia, 192	AGN	11.24		0	-0.2	
	9	NGOMANE,Njabuliso, 284	AGNIND	11.01		0	-0.1	
Item 38	15:00 Heat 1 of 7 Men Senior 400m							
	1	CONRADIE,Pieter, 71	ACNW	0:46.26		0		
	2	SITHOLE,Bongani, 146	AFS	0:47.25		0		
	3	PENNELS,Quinton, 556	CGA	0:47.62		0		
	4	MUDIMELI,Phatuwani, 92	ACNW	0:47.95		0		
	5	BISSCHOP,Braam, 227	AGN	0:48.16		0		
	6	KHUZWAYO,Simon, 61	ACNW	0:48.64		0		
	7	MDLULI,Thabiso, 313	AGNIND	0:49.48		0		
Item 38	15:00 Heat 2 of 7 Men Senior 400m							
	1	HLUNGWANI,Ashley, 234	AGN	0:46.16		0		
	2	KOEKEMOER,Berend, 615	EPA	0:46.94		0		
	3	NJUBENI,Nkululeko, 565	CGA	0:47.88		0		
	4	KOTSEDI,Motheo, 74	ACNW	0:48.42		0		
	5	SEPOTOKELE,Lethogonolo, 327	AGNIND	0:48.50		0		
	6	KGAGARA,Itumeleng, 328	AGNIND	0:51.02		0		
	0	MORAKE,Karabelo, 152	AFS	DNF		0		
Item 38	15:00 Heat 3 of 7 Men Senior 400m							
	1	DIKGALE,Ranti, 228	AGN	0:45.74		0		
	2	NZWANZWA,Anele, 358	AGNIND	0:47.16		0		
	3	BRUWER,Stephan, 83	ACNW	0:47.42		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
4		MATLALA,Frans, 540	CGA	0:47.71		0		
5		MAGWAI,Katlego, 640	LIMA	0:48.30		0		
6		PRINSLOO,Ivan, 218	AGNIND	0:50.57		0		
0		JONDA,Thomas, 149	AFS	DNS		0		
Item 38	15:00 Heat 4 of 7 Men Senior 400m							
1		ZAZINI,Sokwakhana, 312	AGNIND	0:47.28		0		
2		RABULONYANA,Lufuno, 52	ACNW	0:47.80		0		
3		MARICH,Nikolas, 538	CGA	0:48.93		0		
4		OLIPHANT,Unathi, 148	AFS	0:50.68		0		
5		MAKOKOE,Goitseone, 618	GWA	1:01.32		0		
0		SELEBE,Tebogo, 558	CGA	DNS		0		
Item 38	15:00 Heat 5 of 7 Men Senior 400m							
1		NENE,Zakithi, 635	KZNA	0:48.01		0		
2		SEELIGER,Jon, 224	AGN	0:48.27		0		
3		VILJOEN,Jansen, 336	AGNIND	0:48.42		0		
4		TRUTER,Pierre, 595	CGAIND	0:48.60		0		
5		JONKER,Gert, 575	CGA	0:48.88		0		
6		PRINSLOO,Bennie, 157	AFS	0:49.47		0		
0		RAMOKOKA,Jacob, 377	ANWN	DNR		0		
Item 38	15:00 Heat 6 of 7 Men Senior 400m							
1		PULE,Koketso, 385	ANWN	0:48.47		0		
2		ISAACS,Gardeo, 457	BOLA	0:48.56		0		
2		HAVENGA,Petr, 126	AFS	0:48.56		0		
4		FOURIE,Devinto, 407	ATRA	0:48.60		0		
5		BARNES,Andrew, 298	AGNIND	0:48.66		0		
6		MODISHANA,Thapelo, 350	AGNIND	0:49.66		0		
0		MOGAWANE,Ofentse, 348	AGNIND	DNR		0		
Item 38	15:00 Heat 7 of 7 Men Senior 400m							
1		PHORA,Thapelo, 225	AGN	0:46.33		0		
2		MAVUNDLA,Oscar, 209	AGN	0:46.91		0		
3		FLAGG,Jaden, 454	BOLA	0:47.56		0		
4		SWART,Peet, 93	ACNW	0:49.68		0		
5		GIQO,Chuma, 480	BORA	0:53.83		0		
0		MBUDULA,Xolani, 593	CGAIND	DNR		0		
0		VRIES,Marco, 697	NWCA	DNR		0		
0		DE VOS,Phillip, 316	AGNIND	DNR		0		
Item 39	15:20 Final Men Mixed 400m (SASAPD)							
Item 40	15:30 Final Men Senior Discus						2.000kg	
1		VAN HEERDEN,Dewald, 551	CGA	56.61		0	G	
2		KEMP,Brynn-peter, 452	BOLA	55.12		0	S	
3		DUVENHAGE,Patrick, 260	AGN	55.08		0	B	
4		VISSER,Werner, 563	CGA	53.51		0		
5		MARAIS,Naas, 368	AMPU	46.92		0		
6		BLOM,Manie, 340	AGNIND	46.47		0		
7		PIENAAR,Roland, 162	AFSIND	43.73		0		
Item 41	15:30 Final Men U18 (Youth) Shotput Decathlon							
1		MACKENZIE,Ronaldo, 431	BOLA	12.42		632		
2		SPRUYT,Rainer, 359	AMPU	11.32		565		
3		VAN ZYL,Rikus, 42	ACNW	11.20		558		
4		DE LA REY,Zaine, 96	AFS	11.00		546		
5		HOFFMEISTER,Stefan, 681	WP IND	09.89		479		
Item 42	15:30 Final Men U20 (Junior) Shotput Decathlon							
1		COETZEE,Grove, 99	AFS	13.50		698		
2		JOSHUA,Nurdeen, 683	WP IND	09.90		480		
3		MARAIS,Daniel, 682	WP IND	09.22		439		
Item 43	15:30 Final Men Senior Shotput Decathlon						7.260kg	
1		DE JAGER,Marcelle, 141	AFS	14.20		741		
2		PRETORIUS,Fredriech, 256	AGN	13.69		709		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
3		WEPERER,Terrence, 687	WP IND	12.26		622		
4		VAN BILJON,Jc, 135	AFS	12.04		609		
4		BARNARD,Brandon, 44	ACNW	12.04		609		
6		MC GLADDERY,Duncan, 214	AGN	11.96		604		
6		SWANEPOEL,Gert, 267	AGN	11.96		604		
8		VAN DER BERG,Lee, 55	ACNW	10.87		538		
9		MATSEKANE,Katleho, 420	AVT	10.83		536		
10		BEUKES,Hennie, 450	BOLA	10.04		488		
0		COERTZEN,Willem, 72	ACNW	DNS		0		
Item 44	15:35 Semi Final 1 of 2 Women Senior 100m					+0.3		
1		HORN,Carina, 196	AGN	11.10		0		=WCQ
2		MAMATU,Tebogo, 170	AGN	11.34		0		
3		PARKER,Nabeela, 648	WPA	11.50		0		
4		MARNCE,Shanice, 620	KZNA	11.88		0		
5		PHILLIPS,Meghan, 189	AGN	11.98		0		
6		MOLOI,Reabetswe, 290	AGNIND	11.99		0		
0		JONES,Cherese, 197	AGN	Disq		0		
0		PRETORIUS,Samantha, 443	BOLA	DNR		0		
Item 44	15:35 Semi Final 2 of 2 Women Senior 100m					-2.5		
1		CONLEY,Alyssa, 516	CGA	11.42		0		
2		THOMAS,Tamzin, 653	WPA	11.67		0		
3		XEYI,Rose, 188	AGN	11.81		0		
4		PIETERSE,Lente, 24	ACNW	11.82		0		
5		NEL,Valesca, 276	AGNIND	12.20		0		
6		SMITH,Elmè, 111	AFS	12.23		0		
7		VAN TONDER,Chante, 492	CGA	12.25		0		
0		VAN DER NEST,Simone, 495	CGA	Disq		0		
Item 45	15:50 Semi Final 1 of 3 Men Senior 100m					+0.2		
1		SIMBINE,Akani, 230	AGN	09.94		0		WCQ
2		ROTO,Thando, 249	AGN	10.12		0		
3		VAN WYK,Chederick, 53	ACNW	10.43		0		
4		VAN TONDER,Leroux, 423	AVT	10.44		0		
5		RANTHABANE,Thlapo, 134	AFS	10.52		0		
6		LEMAO,Tshenolo, 319	AGNIND	10.53		0		
7		ISMAIL,Yusuf, 677	WPA	10.60		0		
0		MAARTENS,Hendrik, 130	AFS	Disq		0		
Item 45	15:50 Semi Final 2 of 3 Men Senior 100m					-0.8		
1		BRUINTJIES,Henricho, 251	AGN	10.19		0		
2		ERASMUS,Emile, 253	AGN	10.22		0		
3		JOBODWANA,Anaso, 637	KZNA	10.24		0		
4		ENGEL,Roscoe, 670	WPA	10.45		0		
5		MOENG,Lebogang, 347	AGNIND	10.55		0		
6		NOBLE,Ethan, 672	WPA	10.62		0		
7		MPHOGO,Thuto, 372	AMPU	10.91		0		
0		JOHNSON,Cheswill, 576	CGA	DNR		0		
Item 45	15:50 Semi Final 3 of 3 Men Senior 100m					-0.4		
1		VAN NIEKERK,Wayde, 137	AFS	10.05		0		
2		MAGAKWE,Simon, 693	ANWIND	10.38		0		
3		SESELE,Lebakeng, 324	AGNIND	10.38		0		
4		WICKENS,Gerrit, 231	AGN	10.54		0		
5		MICHAU,Keenan, 334	AGNIND	10.63		0		
6		RAMAGOLE,Kagiso, 421	AVT	10.64		0		
7		MLENGA,Retshidisitswe, 342	AGNIND	10.65		0		
0		MONARENG,Thembo, 247	AGN	DNR		0		
Item 46	16:05 FinalResults Women U18 (Youth) 200m Heptathlon							
1		DE KLERK,Xante, 413	AVT	26.21		779		
2		THERON,Liezl, 164	AGN	26.40		763		
3		VAN JAARSVELD,Liane, 486	CGA	26.97		714		
4		VAN ZYL,Anina, 6	ACNW	27.30		687		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records	
	5	SOLARIN,Esther, 165	AGN		27.44	676			
	6	DONOUGH,Ameerah, 646	WPA		27.47	673			
	7	OPPERMAN,Annica, 386	ASWD		28.00	631			
	8	KETCH,Leandre, 430	BOLA		28.16	618			
	9	BOTHA,Ancke, 487	CGA		28.91	561			
	0	SCHOEMAN,Bianka, 412	AVT		DNR	0			
	0	ENGELBRECHT,Carli, 414	AVT		DNR	0			
	0	FERREIRA,Chante, 163	AGN		DNR	0			
Item 46	16:05 Final 1 of 2 Women U18 (Youth) 200m Heptathlon						+0.6		
	1	DE KLERK,Xante, 413	AVT		26.21	779			
	2	SOLARIN,Esther, 165	AGN		27.44	676			
	3	DONOUGH,Ameerah, 646	WPA		27.47	673			
	4	OPPERMAN,Annica, 386	ASWD		28.00	631			
	5	KETCH,Leandre, 430	BOLA		28.16	618			
	6	BOTHA,Ancke, 487	CGA		28.91	561			
Item 46	16:05 Final 2 of 2 Women U18 (Youth) 200m Heptathlon						-1.5		
	1	THERON,Liezl, 164	AGN		26.40	763			
	2	VAN JAARSVELD,Liane, 486	CGA		26.97	714			
	3	VAN ZYL,Anina, 6	ACNW		27.30	687			
	0	SCHOEMAN,Bianka, 412	AVT		DNR	0			
	0	ENGELBRECHT,Carli, 414	AVT		DNR	0			
	0	FERREIRA,Chante, 163	AGN		DNR	0			
Item 47	16:20 Final Women U20 (Junior) 200m Heptathlon						-1.7		
	1	VAN BERS,Cindy, 166	AGN		25.60	833			
	2	KRUGER,June, 5	ACNW		26.39	763			
	3	VERSTER,Shannon, 619	KZNA		26.69	738			
	4	VON ALLEMAN,Elizna, 4	ACNW		28.21	614			
Item 48	16:35 Final Women Senior 200m Heptathlon						-1.0		
	1	DU TOIT,Nienka, 445	BOLA		25.83	812			
	2	SCHOEMAN,Nicola, 179	AGN		25.87	809			
	3	SALIM,Anri, 11	ACNW		27.55	667			
	4	VAN GRAAN,Sherica, 491	CGA		28.99	555			
	5	KIRSTEN,Danica, 21	ACNW		30.57	443			
Item 49	16:50 Final Women Senior 5000m								
	1	MOLOTSANE,Kesa, 118	AFS	16:22.30		0	G		
	2	VAN ZYL,Irvette, 173	AGN	16:28.53		0	S		
	3	CONRAD,Nolene, 657	WPA	16:32.51		0	B		
	4	MAKHANYA,Mapaseka, 489	CGA	16:36.49		0			
	5	XABA,Glenrose, 178	AGN	16:39.34		0			
	6	GELDERBLOM,Sherilene, 16	ACNW	17:26.28		0			
	7	BOSMAN,Casey, 515	CGA	17:43.18		0			
	8	VAN DER MERWE,Nicole, 496	CGA	18:02.78		0			
	9	BOMVANA,Lusanda, 394	ATRA	18:35.26		0			
	10	MADOA,Pam, 10	ACNW	18:48.57		0			
	11	TYWALANA,Ntombomzi, 396	ATRA	19:58.55		0			
	12	DEMPSTER,Megan, 599	EPA	20:01.10		0			
	13	SINOBOB,Willie, 393	ATRA	20:13.22		0			
	0	LEBALLO,Louisa, 182	AGN	DNR		0			
	0	MCCLOUD,Bernadene, 15	ACNW	DNR		0			
	0	MKHIZE,Thobile, 625	KZNA	DNR		0			
Item 50	17:15 Final Men Mixed Javelin (SASAPD - MIXED GENDER)								
Item 51	17:15 Final Men U18 (Youth) HighJump Decathlon								
	1	MACKENZIE,Ronaldo, 431	BOLA	1.85		670			
	2	DE LA REY,Zaine, 96	AFS	1.76		593			
	3	HOFFMEISTER,Stefan, 681	WP IND	1.64		496			
	4	SPRUYT,Rainer, 359	AMPU	1.61		472			
	5	VAN ZYL,Rikus, 42	ACNW	1.61		472			
Item 52	17:15 Final Men U20 (Junior) HighJump Decathlon								

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
	1	COETZEE,Grove, 99	AFS	1.64		496		
	2	MARAIS,Daniel, 682	WP IND	1.64		496		
	3	JOSHUA,Nurdeen, 683	WP IND	1.50		389		
Item 53	17:15 Final Men Senior HighJump Decathlon							
	1	PRETORIUS,Fredriech, 256	AGN	1.97		776		
	2	SWANEPOEL,Gert, 267	AGN	1.91		723		
	3	WEPERER,Terrence, 687	WP IND	1.91		723		
	4	MC GLADDERY,Duncan, 214	AGN	1.88		696		
	5	DE JAGER,Marcelle, 141	AFS	1.88		696		
	6	VAN BILJON,Jc, 135	AFS	1.85		670		
	7	VAN DER BERG,Lee, 55	ACNW	1.85		670		
	8	BEUKES,Hennie, 450	BOLA	1.82		644		
	9	MATSEKANE,Katleho, 420	AVT	1.70		544		
	10	BARNARD,Brandon, 44	ACNW	1.67		520		
	0	COERTZEN,Willem, 72	ACNW	DNR		0		
Item 54	17:15 Heat 1 of 6 Men Senior 800m							
	1	VAN RENSBURG,Rynardt, 138	AFS	1:49.99		0		
	2	KUSCHE,George, 263	AGN	1:50.09		0		
	3	MATIWANE,Thabang, 543	CGA	1:50.55		0		
	4	VAN ROOYEN,Dylan, 422	AVT	1:50.88		0		
	5	PIETERSE,Emile, 64	ACNW	1:53.85		0		
	6	PRINSLOO,Bennie, 157	AFS	1:54.25		0		
	7	RAMOLEFI,Ruben, 645	NWCA	2:01.91		0		
Item 54	17:15 Heat 2 of 6 Men Senior 800m							
	1	MOHLOSI,Kabelo, 692	ANWIND	1:50.53		0		
	2	NAUDE,Hannes, 132	AFS	1:51.46		0		
	3	NCAMANE,Jabolane, 215	AGN	1:51.82		0		
	4	GROBLER,Gronighan, 84	ACNW	1:51.90		0		
	5	COETZEE,Cuan, 482	BORA	1:57.32		0		
	0	VRIES,Marco, 697	NWCA	DNR		0		
	0	MADIBA,Thapelo, 535	CGA	DNR		0		
Item 54	17:15 Heat 3 of 6 Men Senior 800m							
	1	MOTHOSOLO,William, 370	AMPU	1:51.54		0		
	2	ROZANI,Jacob, 691	ANWIND	1:51.96		0		
	3	OLIVIER,Andre, 66	ACNW	1:52.20		0		
	4	LEXTON,Swigelaar, 322	AGNIND	1:52.77		0		
	5	MADUWA,Phelani, 419	AVT	1:53.15		0		
	6	MTHIMKULU,Sikhalo, 355	AGNIND	2:03.09		0		
	0	PIENAAR,Leon, 335	AGNIND	DNR		0		
Item 54	17:15 Heat 4 of 6 Men Senior 800m							
	1	MADIMA,Themba, 207	AGN	1:50.74		0		
	2	CUNUKELO,Mafika, 586	CGA	1:52.57		0		
	3	JONCK,Ruan, 150	AFS	1:53.85		0		
	4	MEYER,Andre, 323	AGNIND	1:55.97		0		
	0	MANONG,Lehlognolo, 590	CGAIND	DNR		0		
	0	ROOS,Paul, 81	ACNW	DNR		0		
	0	NDABAKAYISE,Anele, 401	ATRA	DNS		0		
Item 54	17:15 Heat 5 of 6 Men Senior 800m							
	1	TSHITE,Tshepo, 90	ACNW	1:51.82		0		
	2	UYS,Henco, 95	ACNW	1:52.15		0		
	3	MACHABA,Tumelo, 50	ACNW	1:52.29		0		
	4	LEWIS,Ngwenya, 320	AGNIND	1:53.41		0		
	5	BERRANGE,Wilhelm, 378	ANWN	1:55.56		0		
	0	WIID,Fourie, 337	AGNIND	DNR		0		
	0	GROENEVELDT,Llewellyn, 468	BOLIND	DNS		0		
Item 54	17:15 Heat 6 of 6 Men Senior 800m							
	1	BASSON,Tian, 366	AMPU	1:54.85		0		
	2	EBERSOHN,Abrie, 424	AVT	1:55.49		0		
	3	MADONSELA,Vuni, 308	AGNIND	1:55.75		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records	
4		NOBANDA,Thusile, 408	ATRA	1:56.09		0			
5		TSOTETSI,Stix, 429	AVT	1:57.86		0			
6		GIQO,Chuma, 480	BORA	2:08.29		0			
0		SMIT (T36),Shane, 570	CGA	DNR		0			
0		MUNNIK,James, 160	AFS	DNR		0			
Item 55	17:40 Heat 1 of 3 Women Senior 800m								
1		LOFSTRAND,Gena, 628	KZNA	2:09.22		0			
2		NICE,Anuscha, 191	AGN	2:09.37		0			
3		MULLER,Niene, 203	AGN	2:09.50		0			
4		SWIEGERS,Carina, 41	ACNW	2:11.95		0			
5		VILIKAZI,Thobile, 512	CGA	2:15.52		0			
6		COETZEE (T11),Louzanne, 113	AFS	2:33.84		0			
Item 55	17:40 Heat 2 of 3 Women Senior 800m								
1		SEMENYA,Caster, 1	ACNW	2:08.05		0			
2		DU PLESSIS,Danel, 39	ACNW	2:13.18		0			
3		BOON,Rhode, 417	AVT	2:15.59		0			
4		KELLERMAN,Liza, 502	CGA	2:19.54		0			
0		TSEPANG,Sello, 122	AFS	DNR		0			
0		WEITZ,Simonay, 504	CGA	DNF		0			
Item 55	17:40 Heat 3 of 3 Women Senior 800m								
1		BLAKE, Lee Anne, 288	AGNIND	2:14.97		0			
2		SENOSI,Keletso, 186	AGN	2:15.08		0			
3		MARAI, Danette, 269	AGNIND	2:19.07		0			
0		SEEMA, Malethabo, 279	AGNIND	DNR		0			
0		POPP, Taylor Ann, 471	BORA	DNF		0			
Item 56	18:00 Final Men Senior 400m Hurdles						0.914m		
1		HAMMAN,Leroux, 204	AGN	0:49.35		0	G		
2		VAN ZYL,Lj, 212	AGN	0:49.52		0	S		
3		PRETORIUS,Constant, 257	AGN	0:49.83		0	B		
4		MAREE,Linford, 447	BOLA	0:50.99		0			
5		EKSTEEN,Elshami, 147	AFS	0:51.42		0			
6		MOGAWANE,Kefilwe, 246	AGN	0:51.90		0			
7		BORNMAN,Marcus, 344	AGNIND	0:52.49		0			
8		GARA,Lindokhule, 300	AGNIND	0:53.37		0			
Item 57	18:15 Final Women Senior 400m Hurdles						0.762m		
1		NEL,Wenda, 185	AGN	0:55.16		0	G		
2		MOOLMAN,Anneri, 117	AFS	0:58.37		0	S		
3		VAN DER WALT,Zeney, 174	AGN	0:58.90		0	B		
4		SENEKAL,Jean-mare, 438	BOLA	0:59.10		0			
5		VAN DER MERWE,Belindi, 176	AGN	1:00.25		0			
6		JOSEPH,Rogail, 441	BOLA	1:00.85		0			
7		VERCUIEL,Juli, 652	WPA	1:01.19		0			
8		TSETSEWA,Cynthia, 35	ACNW	1:01.48		0			
Item 58	18:30 Final Women Senior 100m						-0.2		
1		CONLEY,Alyssa, 516	CGA	11.41		0	G		
2		MAMATU,Tebogo, 170	AGN	11.44		0	S		
3		PARKER,Nabeela, 648	WPA	11.56		0	B		
4		THOMAS,Tamzin, 653	WPA	11.59		0			
5		PIETERSE,Lente, 24	ACNW	11.73		0			
6		XEYI,Rose, 188	AGN	12.01		0			
7		MARNCE,Shanice, 620	KZNA	12.13		0			
0		HORN,Carina, 196	AGN	DNS		0			
Item 59	18:40 Final Men Senior 100m						-0.7		
1		SIMBINE,Akani, 230	AGN	09.95		0	G	WCQ	
2		VAN NIEKERK,Wayde, 137	AFS	10.04		0	S		
3		ROTO,Thando, 249	AGN	10.04		0	B		
4		BRUINTJIES,Henricho, 251	AGN	10.17		0			
5		ERASMUS,Emile, 253	AGN	10.29		0			
6		SESELE,Lebakeng, 324	AGNIND	10.38		0			

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		JOBODWANA,Anaso, 637	KZNA	DNR		0		
0		MAGAKWE,Simon, 693	ANWIND	DNF		0		
Item 60	18:50	Final Men U18 (Youth) 400m Decathlon						
1		SPRUYT,Rainer, 359	AMPU	0:53.34		667		
2		VAN ZYL,Rikus, 42	ACNW	0:53.67		653		
3		MACKENZIE,Ronaldo, 431	BOLA	0:54.13		634		
4		DE LA REY,Zaine, 96	AFS	0:56.98		522		
5		HOFFMEISTER,Stefan, 681	WP IND	0:57.15		515		
Item 61	19:00	Final Men U20 (Junior) 400m Decathlon						
1		JOSHUA,Nurdeen, 683	WP IND	0:53.68		653		
2		MARAIS,Daniel, 682	WP IND	0:54.26		629		
3		COETZEE,Grove, 99	AFS	0:58.69		459		
Item 62	19:10	FinalResults Men Senior 400m Decathlon						
1		PRETORIUS,Fredriech, 256	AGN	0:50.72		782		
2		VAN BILJON,Jc, 135	AFS	0:50.77		779		
3		SWANEPOEL,Gert, 267	AGN	0:51.11		764		
4		MC GLADDERY,Duncan, 214	AGN	0:51.15		762		
5		MATSEKANE,Katleho, 420	AVT	0:51.63		741		
6		BEUKES,Hennie, 450	BOLA	0:52.91		685		
7		VAN DER BERG,Lee, 55	ACNW	0:53.06		679		
8		DE JAGER,Marcelle, 141	AFS	0:53.12		676		
9		WEPERER,Terrence, 687	WP IND	0:54.69		611		
0		COERTZEN,Willem, 72	ACNW	DNR		0		
0		BARNARD,Brandon, 44	ACNW	DNR		0		
Item 62	19:10	Final 1 of 2 Men Senior 400m Decathlon						
1		PRETORIUS,Fredriech, 256	AGN	0:50.72		782		
2		VAN BILJON,Jc, 135	AFS	0:50.77		779		
3		VAN DER BERG,Lee, 55	ACNW	0:53.06		679		
4		DE JAGER,Marcelle, 141	AFS	0:53.12		676		
5		WEPERER,Terrence, 687	WP IND	0:54.69		611		
0		BARNARD,Brandon, 44	ACNW	DNR		0		
Item 62	19:10	Final 2 of 2 Men Senior 400m Decathlon						
1		SWANEPOEL,Gert, 267	AGN	0:51.11		764		
2		MC GLADDERY,Duncan, 214	AGN	0:51.15		762		
3		MATSEKANE,Katleho, 420	AVT	0:51.63		741		
4		BEUKES,Hennie, 450	BOLA	0:52.91		685		
0		COERTZEN,Willem, 72	ACNW	DNR		0		
Item 63	19:20	Final Men Senior 5000m						
1		MOSIAKO,Thabang, 77	ACNW	14:03.84		0	G	
2		GELANT,Elroy, 3	ACNW	14:05.59		0	S	
3		MOKOKA,Stephen, 244	AGN	14:09.55		0	B	
4		MELAMU,Kabelo, 554	CGA	14:23.83		0		
5		MOSHWETSI,Ntekele, 383	ANWN	14:31.28		0		
6		MATHIBA,Phillimon, 539	CGA	14:31.42		0		
7		MMONE,Joel, 67	ACNW	14:39.47		0		
8		BUTHELEZI,Philani, 258	AGN	14:39.99		0		
9		MOTLOUNG,Malefetsane, 156	AFS	14:46.13		0		
10		EESOU,Mariano, 609	EPA	14:48.30		0		
11		MULAUDZI,Collen, 357	AGNIND	14:51.10		0		
12		BOTHOBUTHLE,Lucas, 70	ACNW	14:52.39		0		
13		MOFOKENG,Puseletso, 428	AVT	14:52.87		0		
14		MTHEMBU,Pakiso, 159	AFS	14:54.39		0		
15		MAGWAI,Regnen, 208	AGN	15:00.39		0		
16		TIMOTHEUS,Anthony, 667	WPA	15:01.99		0		
17		WILDSCHUTT,Nadeel, 668	WPA	15:02.01		0		
18		RATZ,Rowhaldo, 661	WPA	15:07.03		0		
19		THOHLANE,Thabo, 145	AFS	15:12.38		0		
20		MBANJWA,Sipho, 634	KZNA	15:13.12		0		
21		ZAMKELE,Xolisani, 400	ATRA	15:16.97		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		SELOLO,Teboho, 223	AGN	DNR		0		
0		LEKOPA,Dikotsi, 58	ACNW	DNR		0		
0		MOKOPANE,Rantso, 78	ACNW	DNR		0		
0		MAVUSO,Xaba, 49	ACNW	DNR		0		
0		DLEPU,Ruben, 390	ASWD	DNR		0		
0		MOTLAGALE,Tumelo, 581	CGA	DNR		0		
0		TSHOKOTSHA,Sive, 484	BORA	DNR		0		
0		ROSSOUW,Rudolf, 466	BOLIND	DNR		0		
0		NKONYENI,Aphelele, 405	ATRA	DNR		0		
0		VUYISILE,Tshoba, 266	AGN	DNR		0		
0		MTHEMBU,Kwanele, 354	AGNIND	DNR		0		
Item 65 19:50 Semi Final 1 of 3 Men Senior 400m								
1		DIKGALE,Ranti, 228	AGN	0:46.21		0		
2		PHORA,Thapelo, 225	AGN	0:46.27		0		
3		FLAGG,Jaden, 454	BOLA	0:47.20		0		
4		MATLALA,Frans, 540	CGA	0:48.32		0		
5		BRUWER,Stephan, 83	ACNW	0:48.69		0		
6		VILJOEN,Jansen, 336	AGNIND	0:48.83		0		
7		ISAACS,Gardeo, 457	BOLA	0:49.54		0		
8		PULE,Koketso, 385	ANWN	0:50.06		0		
Item 65 19:50 Semi Final 2 of 3 Men Senior 400m								
1		ZAZINI,Sokwakhana, 312	AGNIND	0:46.70		0		
2		HLUNGWANI,Ashley, 234	AGN	0:47.07		0		
3		SEELIGER,Jon, 224	AGN	0:47.44		0		
4		MAVUNDLA,Oscar, 209	AGN	0:47.46		0		
5		SITHOLE,Bongani, 146	AFS	0:47.85		0		
6		PENNELS,Quinton, 556	CGA	0:49.03		0		
7		HAVENGA,Petr, 126	AFS	0:49.81		0		
8		MUDIMELI,Phatuwani, 92	ACNW	0:49.98		0		
Item 65 19:50 Semi Final 3 of 3 Men Senior 400m								
1		CONRADIE,Pieter, 71	ACNW	0:46.26		0		
2		NENE,Zakithi, 635	KZNA	0:46.54		0		
3		NZWANZWA,Anele, 358	AGNIND	0:47.73		0		
4		BISSCHOP,Braam, 227	AGN	0:47.78		0		
5		NJUBENI,Nkululeko, 565	CGA	0:48.51		0		
6		MARICH,Nikolas, 538	CGA	0:49.49		0		
7		RABULONYANA,Lufuno, 52	ACNW	0:49.52		0		
0		KOEKEMOER,Berend, 615	EPA	DNF		0		
Item 66 20:00 Semi Final 1 of 3 Men Senior 800m								
1		MOTHOSOLO,William, 370	AMPU	1:52.26		0		
2		VAN RENSBURG,Rynardt, 138	AFS	1:52.76		0		
3		CUNUKELO,Mafika, 586	CGA	1:53.61		0		
4		MADUWA,Phelani, 419	AVT	1:54.63		0		
5		JONCK,Ruan, 150	AFS	1:55.27		0		
6		NAUDE,Hannes, 132	AFS	1:56.45		0		
7		VAN ROOYEN,Dylan, 422	AVT	2:03.28		0		
0		NCAMANE,Jabolane, 215	AGN	DNR		0		
Item 66 20:00 Semi Final 2 of 3 Men Senior 800m								
1		TSHITE,Tshepo, 90	ACNW	1:50.70		0		
2		ROZANI,Jacob, 691	ANWIND	1:50.72		0		
3		MOHLOSI,Kabelo, 692	ANWIND	1:52.12		0		
4		MATIWANE,Thabang, 543	CGA	1:53.63		0		
5		MACHABA,Tumelo, 50	ACNW	1:54.93		0		
6		EBERSOHN,Abrie, 424	AVT	1:56.93		0		
7		GROBLER,Gronighan, 84	ACNW	2:07.74		0		
Item 66 20:00 Semi Final 3 of 3 Men Senior 800m								
1		UYS,Henco, 95	ACNW	1:49.99		0		
2		OLIVIER,Andre, 66	ACNW	1:50.15		0		
3		KUSCHE,George, 263	AGN	1:50.31		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
4		BASSON,Tian, 366	AMPU	1:51.03		0		
5		MADONSELA,Vuni, 308	AGNIND	1:52.68		0		
6		LEXTON,Swigelaar, 322	AGNIND	1:57.39		0		
0		MADIMA,Themba, 207	AGN	DNF		0		
Item 67	06:30 Final Women Senior 20km Walk							
1		OOSTHUIZEN,Anel, 522	CGA	1:38:53.00		0	G	
2		LE ROUX,Natalie, 622	KZNA	1:46:14.00		0	S	
3		SCHULTZ,Zelda, 621	KZNA	1:51:59.00		0	B	
4		STAFFORD,Milandre, 36	ACNW	1:56:53.00		0		
5		POTGIETER,Althea, 32	ACNW	1:58:18.00		0		
6		MOKHELE,Mthatsi, 521	CGA	1:58:52.00		0		
0		BUYSIWE,Mazibuko, 527	CGA	Disq		0		
0		KLINK,Chanice, 193	AGN	Disq		0		
0		MATSEBA,Whitney, 271	AGNIND	Disq		0		
Item 68	06:45 Final Men Senior 20km Walk							
1		SNYMAN,Wayne, 238	AGN	1:25:51.00		0	G	
2		NDEBELE,Sizwe, 217	AGN	1:28:37.00		0	S	
3		MAVANDLA,Mzwakhe, 544	CGA	1:32:45.00		0	B	
4		PULE,Thumisang, 265	AGN	1:33:55.00		0		
5		MAHLANGU,Aron, 633	KZNA	1:34:15.00		0		
6		MNISI,Mthunzi, 237	AGN	1:38:25.00		0		
0		SHANGE,Lebogang, 561	CGA	Disq		0		
0		CHAUQUE,Mthembi, 144	AFS	Disq		0		
0		SEHEMO,Dannyboy, 326	AGNIND	DNF		0		
Item 69	06:55 Final Women U20 (Junior) 10km Walk							
1		VILJOEN,Mizan, 97	AFS	0:51:48.00		0	G	
2		KOEN,Annette, 7	ACNW	0:52:58.00		0	S	
Item 69	06:55 Final Men U20 (Junior) 10km Walk							
1		JACOBS,Francois, 432	BOLA	0:46:42.00		0	G	
2		COLLING,Hunro, 433	BOLA	0:48:31.00		0	S	
3		HEYMANS,Jacques, 98	AFS	0:50:19.00		0	B	
4		KHALANI,Sylvester, 696	AGNIND	0:53:51.00		0		
5		NTLAPO,Vincent, 695	AGNIND	0:54:36.00		0		
Item 70	08:00 Final Women Senior 10000m							
1		XABA,Glenrose, 178	AGN	34:56.12		0	G	
2		JOUBERT,Cornelia, 520	CGA	35:12.32		0	S	
3		MAKHANYA,Mapaseka, 489	CGA	35:26.89		0	B	
4		SHAI,Maria, 509	CGA	35:41.62		0		
5		SIMAE,Bulelwa, 655	WPA	35:53.32		0		
6		BOMVANA,Lusanda, 394	ATRA	36:32.67		0		
7		DLADLA,Puseletso, 627	KZNA	37:18.36		0		
8		MJOLI,Monwabisi, 623	KZNA	38:20.97		0		
9		MKHIZE,Bathobile, 624	KZNA	38:51.74		0		
10		SWANEPOEL,Maryna, 124	AFS	39:04.00		0		
0		SCOTT,Tanya, 684	WP IND	DNR		0		
0		LEBALLO,Louisa, 182	AGN	DNR		0		
Item 71	09:00 Final Women U18 (Youth) LongJump Heptathlon							
1		SOLARIN,Esther, 165	AGN	5.31		645	+0.5	
2		KETCH,Leandre, 430	BOLA	5.26		631	+2.6	
3		VAN JAARVELD,Liane, 486	CGA	5.22		620	+1.5	
4		THERON,Liezl, 164	AGN	5.15		601	+0.6	
5		DE KLERK,Xante, 413	AVT	4.83		514	+2.1	
6		OPPERMAN,Annica, 386	ASWD	4.65		466	+0.2	
7		DONOUGH,Ameerah, 646	WPA	4.46		418	+1.4	
8		VAN ZYL,Anina, 6	ACNW	4.32		384	+0.8	
9		BOTHA,Ancke, 487	CGA	3.75		252	+0.6	
0		SCHOEMAN,Bianka, 412	AVT	DNR		0		
0		ENGELBRECHT,Carli, 414	AVT	DNR		0		
0		FERREIRA,Chante, 163	AGN	DNR		0		
Item 72	09:00 Final Women U20 (Junior) LongJump Heptathlon							

Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records	
	1	KRUGER, Jane, 5	ACNW	5.61		732	+1.5		
	2	VAN BERS, Cindy, 166	AGN	5.33		651	+1.1		
	3	VON ALLEMAN, Elizna, 4	ACNW	5.15		601	+2.3		
	4	VERSTER, Shannon, 619	KZNA	4.93		540	+1.4		
Item 73	09:00 Final Women Senior LongJump Heptathlon								
	1	SCHOEMAN, Nicola, 179	AGN	5.47		691	+1.2		
	2	DU TOIT, Nienka, 445	BOLA	5.35		657	+2.0		
	3	SALIM, Anri, 11	ACNW	4.77		498	+1.2		
	4	VAN GRAAN, Sherica, 491	CGA	4.67		472	+1.6		
	5	KIRSTEN, Danica, 21	ACNW	4.45		416	+1.5		
Item 74	09:00 Final Men Mixed Shotput (SASAPD - MIXED GENDER)								
Item 75	09:00 Final Results Men Senior 110m Hurdles Decathlon						1.067m		
	1	PRETORIUS, Fredriech, 256	AGN	14.51		910			
	2	VAN DER BERG, Lee, 55	ACNW	15.41		801			
	3	VAN BILJON, Jc, 135	AFS	15.54		785			
	4	MATSEKANE, Katleho, 420	AVT	15.73		763			
	5	DE JAGER, Marcelle, 141	AFS	15.74		762			
	6	MC GLADDERY, Duncan, 214	AGN	16.01		732			
	7	WEPERER, Terrence, 687	WP IND	16.25		705			
	8	SWANEPOEL, Gert, 267	AGN	16.27		703			
	9	BEUKES, Hennie, 450	BOLA	16.59		668			
	0	COERTZEN, Willem, 72	ACNW	DNR		0			
	0	BARNARD, Brandon, 44	ACNW	DNR		0			
Item 75	09:00 Final 1 of 2 Men Senior 110m Hurdles Decathlon						+0.0	1.067m	
	1	PRETORIUS, Fredriech, 256	AGN	14.51		910			
	2	VAN BILJON, Jc, 135	AFS	15.54		785			
	3	DE JAGER, Marcelle, 141	AFS	15.74		762			
	4	MC GLADDERY, Duncan, 214	AGN	16.01		732			
	5	WEPERER, Terrence, 687	WP IND	16.25		705			
	0	COERTZEN, Willem, 72	ACNW	DNR		0			
Item 75	09:00 Final 2 of 2 Men Senior 110m Hurdles Decathlon						+0.9	1.067m	
	1	VAN DER BERG, Lee, 55	ACNW	15.41		801			
	2	MATSEKANE, Katleho, 420	AVT	15.73		763			
	3	SWANEPOEL, Gert, 267	AGN	16.27		703			
	4	BEUKES, Hennie, 450	BOLA	16.59		668			
	0	BARNARD, Brandon, 44	ACNW	DNR		0			
Item 76	09:15 Final Men U20 (Junior) 110m Hurdles Decathlon						+0.8		
	1	COETZEE, Grove, 99	AFS	16.36		693			
	2	JOSHUA, Nurdeen, 683	WP IND	16.61		666			
	3	MARAIS, Daniel, 682	WP IND	17.94		530			
Item 77	09:30 Final Men Mixed Discus (SASAPD - MIXED GENDER - S)								
Item 78	09:30 Final Men U18 (Youth) 110m Hurdles Decathlon						+0.7		
	1	MACKENZIE, Ronaldo, 431	BOLA	15.35		808			
	2	HOFFMEISTER, Stefan, 681	WP IND	15.78		758			
	3	SPRUYT, Rainer, 359	AMPU	16.91		634			
	4	DE LA REY, Zaine, 96	AFS	17.97		527			
	5	VAN ZYL, Rikus, 42	ACNW	19.14		420			
Item 79	09:45 Heat 1 of 4 Women Senior 200m						+1.2		
	1	CONLEY, Alyssa, 516	CGA	23.19		0			
	2	VAN TONDER, Sonja, 650	WPA	24.67		0			
	3	MOSIME, Caroline, 292	AGNIND	24.80		0			
	4	LE ROUX, Amoure, 503	CGA	25.09		0			
	5	SAMUELS, Chelsea, 649	WPA	25.11		0			
	0	KGADIMA, Prudence, 283	AGNIND	DNR		0			
	0	EVANS-JOBODWANA, Taylor, 630	KZNA	DNR		0			
Item 79	09:45 Heat 2 of 4 Women Senior 200m						+1.0		
	1	THOMAS, Tamzin, 653	WPA	24.03		0			

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records	
2		MARNCE,Shanice, 620	KZNA	24.48		0			
3		BOMPASS,Jessica, 694	KZNA	24.57		0			
4		VAN TONDER,Chante, 492	CGA	24.69		0			
5		SMITH,Elmè, 111	AFS	24.71		0			
6		MTHEMBU,Samkelisiwe, 629	KZNA	25.58		0			
0		SMITH,Bevin, 112	AFS	DNR		0			
Item 79	09:45 Heat 3 of 4 Women Senior 200m						+2.1		
1		NEL,Ariane, 18	ACNW	24.08		0			
2		PARKER,Nabeela, 648	WPA	24.19		0			
3		VAN HEERDEN,Anja, 651	WPA	24.64		0			
4		DU PLESSIS,Elsabe, 606	EPA	24.85		0			
5		MBISA,Joviale, 105	AFS	24.96		0			
6		VAN DERWESTHUIZEN,Sherine, 497	CGA	25.08		0			
7		PRINSLOO,Beneë, 295	AGNIND	25.24		0			
Item 79	09:45 Heat 4 of 4 Women Senior 200m						+2.1		
1		NEL,Wenda, 185	AGN	24.16		0			
2		VAN WYK,Anel, 13	ACNW	24.66		0			
3		ARENDSE,Shannon, 442	BOLA	24.82		0			
0		UNDERHAY,Taylor, 513	CGA	DNR		0			
0		VAN DER NEST,Simone, 495	CGA	DNR		0			
0		VAN HEERDEN,Monet, 102	AFS	DNR		0			
0		DU PLOOY,Simone, 296	AGNIND	DNR		0			
Item 80	10:15 Heat 1 of 6 Men Senior 200m						+1.6		
1		MUNYAI,Clarence, 264	AGN	20.85		0			
2		VAN WYK,Chederick, 53	ACNW	21.44		0			
3		PIETERS,Maritz, 63	ACNW	21.74		0			
4		RAMAGOLE,Kagiso, 421	AVT	21.85		0			
5		PENNELS,Quinton, 556	CGA	22.07		0			
6		BARNES,Andrew, 298	AGNIND	22.31		0			
0		DLODLO,Thando, 568	CGA	DNR		0			
0		MLENGA,Retshidisitswe, 342	AGNIND	DNR		0			
Item 80	10:15 Heat 2 of 6 Men Senior 200m						+1.7		
1		SIMBINE,Akani, 230	AGN	20.58		0			
2		VAN NIEKERK,Wayde, 137	AFS	20.64		0			
3		ADAMS,Luxolo, 608	EPA	20.79		0			
4		ENGEL,Roscoe, 670	WPA	21.11		0			
5		WILLIAMS,Dale, 612	EPA	21.59		0			
6		MATLATLA,Lesego, 306	AGNIND	22.23		0			
0		MAGAKWE,Simon, 693	ANWIND	DNR		0			
0		DE VOS,Phillip, 316	AGNIND	DNR		0			
Item 80	10:15 Heat 3 of 6 Men Senior 200m						+1.4		
1		LEOTLELA,Gift, 222	AGN	21.16		0			
2		MOENG,Lebogang, 347	AGNIND	21.23		0			
3		DU TOIT,Wynand, 459	BOLA	21.34		0			
4		MASEKO,Lehlogonolo, 301	AGNIND	21.65		0			
5		TRUTER,Pierre, 595	CGAIND	22.15		0			
6		FOURIE,Devinto, 407	ATRA	22.42		0			
0		SETLHABI,Oratile, 161	AFSIND	DNR		0			
0		HAVENGA,Petr, 126	AFS	DNR		0			
Item 80	10:15 Heat 4 of 6 Men Senior 200m						+2.2		
1		MAARTENS,Hendrik, 130	AFS	20.68		0			
2		SESELE,Lebakeng, 324	AGNIND	20.81		0			
3		LEMAO,Tshenolo, 319	AGNIND	21.09		0			
4		NOBLE,Ethan, 672	WPA	21.13		0			
5		ISMAIL,Yusuf, 677	WPA	21.37		0			
6		ERASMUS,Rudolf, 585	CGA	21.64		0			
7		MOTSWENYANE,Lebogang, 384	ANWN	21.79		0			
Item 80	10:15 Heat 5 of 6 Men Senior 200m						+2.2		
1		RANTHABANE,Thlapo, 134	AFS	20.98		0			

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
2		LOTTER,Casper, 616	EPA	21.31		0		
3		CORDIER,Donovan, 382	ANWN	21.55		0		
4		KOTSEDI,Motheo, 74	ACNW	21.75		0		
5		VAN WYK,Merlin, 310	AGNIND	22.02		0		
6		TLHAPOLOSA,Israel, 427	AVT	22.27		0		
0		JOBODWANA,Anaso, 637	KZNA	DNR		0		
Item 80	10:15 Heat 6 of 6 Men Senior 200m					+0.7		
1		ELS,Ruben, 341	AGNIND	21.33		0		
2		KHUMALO,Manny, 560	CGA	21.97		0		
3		MOTALA,Shaahid, 151	AFS	22.46		0		
4		HLENGWA,Sanele, 406	ATRA	22.62		0		
0		KABI,Tshepiso, 418	AVT	DNR		0		
0		MONARENG,Thembo, 247	AGN	DNR		0		
0		DE BRUIN,Darren, 317	AGNIND	DNR		0		
Item 81	10:45 Final Women U18 (Youth) Javelin Heptathlon							
1		BOTHA,Ancke, 487	CGA	41.87		703		
2		KETCH,Leandre, 430	BOLA	34.44		561		
3		THERON,Liezl, 164	AGN	29.24		462		
4		DONOUGH,Ameerah, 646	WPA	29.06		459		
5		OPPERMAN,Annica, 386	ASWD	27.89		437		
6		SOLARIN,Esther, 165	AGN	26.52		411		
7		VAN ZYL,Anina, 6	ACNW	21.48		316		
8		VAN JAARSVELD,Liane, 486	CGA	17.35		240		
9		DE KLERK,Xante, 413	AVT	11.33		130		
0		SCHOEMAN,Bianka, 412	AVT	DNR		0		
0		ENGELBRECHT,Carli, 414	AVT	DNR		0		
0		FERREIRA,Chante, 163	AGN	DNR		0		
Item 82	10:45 Final Women U20 (Junior) Javelin Heptathlon							
1		VON ALLEMAN,Elizna, 4	ACNW	42.28		711		
2		KRUGER,Jone', 5	ACNW	29.16		461		
3		VERSTER,Shannon, 619	KZNA	28.74		453		
4		VAN BERS,Cindy, 166	AGN	26.84		417		
Item 83	10:45 Final Women Senior Javelin Heptathlon					600g		
1		SCHOEMAN,Nicola, 179	AGN	41.64		699		
2		DU TOIT,Nienka, 445	BOLA	37.83		626		
3		KIRSTEN,Danica, 21	ACNW	27.94		438		
4		SALIM,Anri, 11	ACNW	25.89		399		
5		VAN GRAAN,Sherica, 491	CGA	21.78		322		
Item 86	11:00 Final Men Senior LongJump							
1		MANYONGA,Luvo, 210	AGN	8.65		0	G +1.3	AR,SA,WQC
2		SAMAAI,Ruswahl, 547	CGA	8.49		0	S -0.8	WQC
3		VISSER,Zarck, 564	CGA	8.03		0	B +1.6	
4		VAN VUUREN,Jovan, 136	AFS	7.60		0	+0.7	
5		COTTER,Dylan, 574	CGA	7.59		0	+0.7	
6		MAKGATO,Peter, 542	CGA	7.41		0	+0.4	
7		MOGAPI,Koketso, 75	ACNW	7.37		0	+2.5	
7		MANUEL,Divan, 607	EPA	7.37		0	+1.3	
9		AARON,Pedro, 531	CGA	7.31		0	+2.3	
10		BANDA,Maudas, 365	AMPU	7.28		0		
11		PONISAMMY,Norbert, 371	AMPU	7.25		0	+1.0	
12		COETZEE,Francois, 345	AGNIND	7.22		0	+1.4	
13		MOODIE,Keanu, 465	BOLIND	7.18		0	+0.9	
14		FARAO,Jason, 533	CGA	7.17		0	-1.9	
15		ROBERTS,Crissio, 674	WPA	7.09		0	+1.0	
16		SKOSANA,Michael, 339	AGNIND	6.98		0	+0.1	
17		GAUCHE,Luke, 391	ASWD	6.96		0	+2.5	
18		BOER,Duwayne, 573	CGA	6.95		0	+0.3	
19		JULIES,Regan, 690	SAPS	6.86		0	+0.4	
20		FALLERT,Khuco, 299	AGNIND	6.68		0	+0.1	

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
21		KRAUSE,Christo, 87	ACNW	6.29		0	+1.3	
0		PEREZ,Jesse, 555	CGA	DNR		0		
0		FOURIE,Devinto, 407	ATRA	DNR		0		
0		BOGNER,Julian, 239	AGN	DNR		0		
0		MIYA,Sifiso, 333	AGNIND	DNR		0		
0		JOHNSON,Cheswill, 576	CGA	NM		0		
0		NKOSI,Manqoba, 232	AGN	NM		0		
Item 89	11:30 Final Men U18 (Youth) Discus Decathlon							
1		MACKENZIE,Ronaldo, 431	BOLA	38.57		636		
2		DE LA REY,Zaine, 96	AFS	32.93		522		
3		SPRUYT,Rainer, 359	AMPU	32.12		506		
4		VAN ZYL,Rikus, 42	ACNW	29.02		445		
5		HOFFMEISTER,Stefan, 681	WP IND	17.10		218		
Item 90	11:30 Final Men U20 (Junior) Discus Decathlon							
1		COETZEE,Grove, 99	AFS	36.93		602		
2		JOSHUA,Nurdeen, 683	WP IND	27.80		421		
3		MARAI, Daniel, 682	WP IND	27.38		413		
Item 91	11:30 Final Men Senior Discus Decathlon							
						2.000kg		
1		DE JAGER,Marcelle, 141	AFS	45.74		782		
2		PRETORIUS,Fredriech, 256	AGN	39.88		662		
3		VAN BILJON,Jc, 135	AFS	38.70		638		
4		SWANEPOEL,Gert, 267	AGN	37.61		616		
5		WEPERER,Terrence, 687	WP IND	36.80		600		
6		MC GLADDERY,Duncan, 214	AGN	36.62		596		
7		VAN DER BERG, Lee, 55	ACNW	31.50		494		
8		BEUKES,Hennie, 450	BOLA	31.31		490		
9		MATSEKANE,Katleho, 420	AVT	19.75		267		
0		COERTZEN,Willem, 72	ACNW	DNR		0		
0		BARNARD,Brandon, 44	ACNW	DNR		0		
Item 92	11:30 Final Women Senior HighJump							
1		DU PLESSIS,Julia, 40	ACNW	1.85		0	G	
2		NEETHLING,Tillanie, 689	SAPS	1.80		0	S	
3		HIGGENS,Marilize, 511	CGA	1.75		0	B	
4		ROBSON,Yvonne, 364	AMPU	1.75		0		
5		KING,Geraldine, 654	WPA	1.75		0		
6		UYS,Brittany, 631	KZNA	1.70		0		
7		SNYMAN,Kristi, 656	WPA	1.70		0		
8		AREWA,Sheriffah, 200	AGN	1.70		0		
8		CARSTENS,Daniella, 168	AGN	1.70		0		
10		BOTHA,Mariette, 514	CGA	1.60		0		
11		SEELIGER,Frances, 281	AGNIND	1.60		0		
0		SEYAMA,Erikah, 280	AGNIND	DNR		0		
Item 93	11:45 Final Women Senior 3000m SteepleChase							
1		SIMS,Cherise, 604	EPA	10:46.29		0	G	
2		BALOYI,Thembi, 167	AGN	10:59.84		0	S	
3		KOEKEMOER,Shanley, 198	AGN	11:04.66		0	B	
4		MAKGOGA,Lethabo, 488	CGA	11:08.65		0		
5		SWIEGERS,Carina, 41	ACNW	11:26.31		0		
6		ORROCK,Lara, 121	AFS	11:34.16		0		
7		MPSHE,Lesego, 524	CGA	11:42.38		0		
8		MULDER,Lizandre, 123	AFS	11:50.44		0		
0		SETHLAKGOE,Tshegofatsoe, 187	AGN	DNF		0		
Item 94	12:05 Semi Final 1 of 2 Women Senior 200m							
						+0.5		
1		CONLEY,Alyssa, 516	CGA	23.47		0		
2		NEL,Ariane, 18	ACNW	24.14		0		
3		MARNCE,Shanice, 620	KZNA	24.22		0		
4		VAN TONDER,Chante, 492	CGA	24.58		0		
5		BOMPASS,Jessica, 694	KZNA	24.58		0		
6		DU PLESSIS,Elsabe, 606	EPA	24.80		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
7		MOSIME,Caroline, 292	AGNIND	24.87		0		
8		VAN TONDER,Sonja, 650	WPA	25.10		0		
Item 94	12:05	Semi Final 2 of 2 Women Senior 200m				+0.6		
1		NEL,Wenda, 185	AGN	23.39		0		
2		THOMAS,Tamzin, 653	WPA	23.75		0		
3		PARKER,Nabeela, 648	WPA	24.04		0		
4		SMITH,Elmè, 111	AFS	24.52		0		
5		VAN WYK,Anel, 13	ACNW	24.72		0		
6		VAN HEERDEN,Anja, 651	WPA	24.87		0		
7		ARENDSE,Shannon, 442	BOLA	24.91		0		
7		MBISA,Joviale, 105	AFS	24.91		0		
Item 95	12:20	Semi Final 1 of 3 Men Senior 200m				+1.9		
1		SIMBINE,Akani, 230	AGN	20.56		0		
2		SESELE,Lebakeng, 324	AGNIND	20.73		0		
3		RANTHABANE,Thlapo, 134	AFS	20.91		0		
4		ENGEL,Roscoe, 670	WPA	20.93		0		
5		LEMAO,Tshenolo, 319	AGNIND	21.36		0		
6		WILLIAMS,Dale, 612	EPA	21.48		0		
7		CORDIER,Donovan, 382	ANWN	21.68		0		
8		PIETERS,Maritz, 63	ACNW	21.82		0		
Item 95	12:20	Semi Final 2 of 3 Men Senior 200m				+0.7		
1		MAARTENS,Hendrik, 130	AFS	20.40		0		
2		LEOTLELA,Gift, 222	AGN	20.49		0		
3		ADAMS,Luxolo, 608	EPA	20.51		0		
4		MOENG,Lebogang, 347	AGNIND	20.81		0		
5		NOBLE,Ethan, 672	WPA	21.06		0		
6		VAN WYK,Chederick, 53	ACNW	21.37		0		
7		ERASMUS,Rudolf, 585	CGA	21.52		0		
0		KHUMALO,Manny, 560	CGA	DNR		0		
Item 95	12:20	Semi Final 3 of 3 Men Senior 200m				-0.9		
1		MUNYAI,Clarence, 264	AGN	20.90		0		
2		VAN NIEKERK,Wayde, 137	AFS	21.00		0		
3		ISMAIL,Yusuf, 677	WPA	21.26		0		
4		ELS,Ruben, 341	AGNIND	21.38		0		
5		MASEKO,Lehlogonolo, 301	AGNIND	21.57		0		
6		LOTTER,Casper, 616	EPA	21.63		0		
6		DU TOIT,Wynand, 459	BOLA	21.63		0		
8		MOTALA,Shaahid, 151	AFS	22.71		0		
Item 96	12:30	Final Women Senior Hammer				4.000kg		
1		JANSE VAN VUUREN,Letitia, 9	ACNW	60.65		0	G	
2		GREYLING,Stephanie, 34	ACNW	57.40		0	S	
3		CUMMING,Marga, 38	ACNW	55.85		0	B	
4		GREYLING,Marinda, 120	AFS	52.51		0		
5		COETZEE,Margo Chene, 195	AGN	52.41		0		
6		PUBALAKAN,Tanya, 530	SAPS	52.14		0		
7		VAN DER WALT,Tharina, 103	AFS	52.12		0		
8		FOURIE,Lizelle, 518	CGA	51.59		0		
9		LEONARD,Tamlynn, 600	EPA	50.94		0		
10		MEIRING,Nadia, 108	AFS	48.28		0		
11		BOTHA,Elme', 387	ASWD	44.76		0		
12		VOSLOO,Monique, 472	BORA	40.71		0		
Item 97	12:40	Final Women Senior 400m						
1		SEMENYA,Caster, 1	ACNW	0:51.60		0	G	
2		PALFRAMAN,Justine, 434	BOLA	0:52.57		0	S	
3		VAN TONDER,Sonja, 650	WPA	0:54.66		0	B	
4		VILJOEN,Marlie, 287	AGNIND	0:55.08		0		
5		RAMONNYE,Rorisang, 373	ANWN	0:55.40		0		
6		HOLTON,Danel, 28	ACNW	0:55.65		0		
7		LE ROUX,Amoure, 503	CGA	0:56.04		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
8		NEL,Ariane, 18	ACNW	0:57.47		0		
Item 98	12:45	Final Women Senior LongJump						
1		PRINSLOO,Lynique, 525	CGA	6.57		0	G	+0.2
2		BRITS,Maryke, 119	AFS	6.39		0	S	+2.1
3		PRETORIUS,Samantha, 443	BOLA	6.32		0	B	+1.5
4		MEY,Karin, 275	AGNIND	6.29		0		+1.4
5		CHABANGU,Zinzi, 505	CGA	6.12		0		+1.2
6		MADIKE,Anita, 597	EPA	6.01		0		+1.0
7		WRIGHT,Michaela, 588	CGAIND	5.68		0		-0.1
8		PHERANE,Moleboheng, 110	AFS	5.61		0		+0.8
9		BOTHA,Rudine, 27	ACNW	5.53		0		+2.1
10		NORTJE,Marichelle, 31	ACNW	5.46		0		+4.1
11		DOMBENI,Mahlatsi, 289	AGNIND	5.42		0		+0.4
12		LAWRENCE,Stoni, 268	AGNIND	5.17		0		+1.1
0		UYS,Curine, 297	AGNIND	DNS		0		
0		SMIT,Nicholeen, 363	AMPU	NM		0		
Item 99	12:45	Final Men U18 (Youth) Polevault Decathlon						
1		DE LA REY,Zaine, 96	AFS	4.40		731		
2		MACKENZIE,Ronaldo, 431	BOLA	3.20		406		
3		SPRUYT,Rainer, 359	AMPU	2.80		309		
3		VAN ZYL,Rikus, 42	ACNW	2.80		309		
0		HOFFMEISTER,Stefan, 681	WP IND	NM		0		
Item 100	12:45	Final Men U20 (Junior) Polevault Decathlon						
1		COETZEE,Grove, 99	AFS	3.60		509		
2		MARAIIS,Daniel, 682	WP IND	3.40		457		
3		JOSHUA,Nurdeen, 683	WP IND	3.30		431		
Item 101	12:45	Final Men Senior Polevault Decathlon						
1		PRETORIUS,Fredriech, 256	AGN	4.60		790		
2		BEUKES,Hennie, 450	BOLA	4.40		731		
3		VAN BILJON,Jc, 135	AFS	4.40		731		
4		MC GLADDERY,Duncan, 214	AGN	4.30		702		
5		WEPERER,Terrence, 687	WP IND	4.00		617		
6		VAN DER BERG,Lee, 55	ACNW	4.00		617		
7		DE JAGER,Marcelle, 141	AFS	3.80		562		
8		MATSEKANE,Katleho, 420	AVT	2.60		264		
0		SWANEPOEL,Gert, 267	AGN	NM		0		
0		COERTZEN,Willem, 72	ACNW	NM		0		
0		BARNARD,Brandon, 44	ACNW	NM		0		
Item 102	12:50	Final Men Senior 400m						
1		CONRADIE,Pieter, 71	ACNW	0:45.15		0	G	
2		DIKGALE,Ranti, 228	AGN	0:45.90		0	S	
3		PHORA,Thapelo, 225	AGN	0:46.07		0	B	
4		ZAZINI,Sokwakhana, 312	AGNIND	0:46.21		0		
5		NENE,Zakithi, 635	KZNA	0:46.41		0		
6		HLUNGWANI,Ashley, 234	AGN	0:47.03		0		
7		SEELIGER,Jon, 224	AGN	0:47.16		0		
8		FLAGG,Jaden, 454	BOLA	0:47.39		0		
Item 103	13:00	Final Women Mixed 400m (SASAPD)						
Item 105	13:30	Final Women U18 (Youth) 800m Heptathlon						
1		DE KLERK,Xante, 413	AVT	2:25.04		756		
2		OPPERMAN,Annica, 386	ASWD	2:30.47		687		
3		THERON,Liezl, 164	AGN	2:30.51		686		
4		VAN JAARVELD,Liane, 486	CGA	2:39.12		583		
5		DONOUGH,Ameerah, 646	WPA	2:42.96		539		
6		SOLARIN,Esther, 165	AGN	2:44.48		523		
7		VAN ZYL,Anina, 6	ACNW	2:50.57		458		
8		BOTHA,Ancke, 487	CGA	3:01.91		348		
9		KETCH,Leandre, 430	BOLA	3:05.56		315		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		SCHOEMAN,Bianka, 412	AVT	DNR		0		
0		ENGELBRECHT,Carli, 414	AVT	DNR		0		
0		FERREIRA,Chante, 163	AGN	DNR		0		
Item 106 13:40 Final Women U20 (Junior) 800m Heptathlon								
1		VAN BERS,Cindy, 166	AGN	2:22.33		792		
2		VERSTER,Shannon, 619	KZNA	2:38.84		586		
3		KRUGER,June, 5	ACNW	2:42.19		548		
4		VON ALLEMAN,Elizna, 4	ACNW	2:44.62		521		
Item 107 13:55 Final Women Senior 800m Heptathlon								
1		SCHOEMAN,Nicola, 179	AGN	2:29.30		702		
2		VAN GRAAN,Sherica, 491	CGA	2:36.71		611		
3		DU TOIT,Nienka, 445	BOLA	2:43.16		537		
4		SALIM,Anri, 11	ACNW	2:46.42		501		
5		KIRSTEN,Danica, 21	ACNW	3:19.99		202		
Item 108 14:00 Final Men Senior Shotput								
						7.260kg		
1		CREMONA,Orazio, 252	AGN	21.12		0	G	WCQ
2		ENGELBRECHT,Jaco, 572	CGA	20.63		0	S	WCQ
3		LAMBRECHTS,Burger (jnr), 206	AGN	19.15		0	B	
4		VAN ROOYEN,Jason, 549	CGA	18.70		0		
5		BLIGNAUT,Kayle, 567	CGA	18.51		0		
6		COMBRINK,Ruan, 241	AGN	17.20		0		
7		THAGE,Tumelo, 226	AGN	16.68		0		
8		VAN ROOYEN,Constand, 54	ACNW	15.32		0		
Item 109 14:05 Final Women Senior 800m								
1		SEMENYA,Caster, 1	ACNW	2:01.03		0	G	
2		LOFSTRAND,Gena, 628	KZNA	2:03.32		0	S	
3		NICE,Anuscha, 191	AGN	2:05.88		0	B	
4		MULLER,Niene, 203	AGN	2:08.32		0		
5		BLAKE,Lee Anne, 288	AGNIND	2:08.72		0		
6		SENOSI,Keletso, 186	AGN	2:11.88		0		
7		DU PLESSIS,Danel, 39	ACNW	2:12.11		0		
8		SWIEGERS,Carina, 41	ACNW	2:18.91		0		
Item 110 14:15 Final Men Senior 800m								
1		VAN RENSBURG,Rynardt, 138	AFS	1:46.56		0	G	
2		UYS,Henco, 95	ACNW	1:46.65		0	S	
3		TSHITE,Tshepo, 90	ACNW	1:47.11		0	B	
4		MOTHOSOLO,William, 370	AMPU	1:47.31		0		
5		BASSON,Tian, 366	AMPU	1:47.86		0		
6		ROZANI,Jacob, 691	ANWIND	1:48.02		0		
7		KUSCHE,George, 263	AGN	1:48.38		0		
8		OLIVIER,Andre, 66	ACNW	1:49.61		0		
Item 111 14:30 Final Men U18 (Youth) Javelin Decathlon								
1		MACKENZIE,Ronaldo, 431	BOLA	44.25		504		
2		DE LA REY,Zaine, 96	AFS	42.75		482		
3		SPRUYT,Rainer, 359	AMPU	38.20		416		
4		HOFFMEISTER,Stefan, 681	WP IND	28.58		279		
5		VAN ZYL,Rikus, 42	ACNW	25.44		236		
Item 112 14:30 Final Men U20 (Junior) Javelin Decathlon								
1		COETZEE,Grove, 99	AFS	57.96		707		
2		MARAIS,Daniel, 682	WP IND	33.92		355		
3		JOSHUA,Nurdeen, 683	WP IND	33.24		345		
Item 113 14:30 Final Men Senior Javelin Decathlon								
						800g		
1		PRETORIUS,Fredriech, 256	AGN	57.27		697		
2		MC GLADDERY,Duncan, 214	AGN	56.74		689		
3		VAN DER BERG,Lee, 55	ACNW	47.70		555		
4		WEPERER,Terrence, 687	WP IND	47.18		547		
5		BEUKES,Hennie, 450	BOLA	47.03		545		
6		VAN BILJON,Jc, 135	AFS	46.51		537		
7		DE JAGER,Marcelle, 141	AFS	45.73		526		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
8		MATSEKANE,Katleho, 420	AVT	34.08		357		
0		SWANEPOEL,Gert, 267	AGN	DNR		0		
0		COERTZEN,Willem, 72	ACNW	DNR		0		
0		BARNARD,Brandon, 44	ACNW	DNR		0		

Item 114 14:30 Final Men Senior HighJump

1		MOLEYA,Chris, 245	AGN	2.25		0	G	
2		FOURIE,Keegan, 455	BOLA	2.20		0	S	
3		ELLIS,Garth, 614	EPA	2.15		0	B	
4		POOLE,Breyton, 673	WPA	2.15		0		
5		LINKS,Mpho, 62	ACNW	2.10		0		
6		PRINSLOO,Sarel, 88	ACNW	2.05		0		
7		RUITERS,Clyde, 680	WPA	2.00		0		
7		NKEWU,Luvo, 453	BOLA	2.00		0		
9		NKOSI,Manqoba, 232	AGN	2.00		0		
10		MODISE,Tebobo, 577	CGA	2.00		0		
11		PICK,Sherno, 389	ASWD	1.95		0		
12		KRAUSE,Christo, 87	ACNW	1.85		0		
0		VAN ROOYEN,Leandre, 213	AGN	DNR		0		

Item 115 14:45 Final Women Mixed 200m (SASAPD)**Item 116 14:45 Final Men Mixed 200m (SASAPD)****Item 117 15:15 Final Men Senior 110m Hurdles****+0.3 1.067m**

1		SMIT,Tiaan, 235	AGN	13.42		0	G	
2		ALKANA,Antonio, 669	WPA	13.49		0	S	
3		DE VRIES,Ruan, 221	AGN	13.81		0	B	
4		MKATINI,Junior, 566	CGA	13.86		0		
5		MOOLMAN,Kobus, 153	AFS	14.06		0		
6		BOTHMA,Alwyn, 69	ACNW	14.17		0		
7		HAMMAN,Muntingh, 205	AGN	14.19		0		
8		SEPTEMBER,Andre, 664	WPA	14.34		0		

Item 118 15:30 Final Women Senior 100m Hurdles**-0.1 0.838m**

1		STEENKAMP,Rikenette, 202	AGN	13.02		0	G	
2		HEUNIS,Claudia, 181	AGN	13.23		0	S	
3		BRITS,Maryke, 119	AFS	13.53		0	B	
4		HENDRIKS,Velmien, 501	CGA	13.82		0		
5		BIELDT,Taylon, 190	AGN	13.87		0		
6		VAN WYK,Janke, 435	BOLA	13.93		0		
7		EHRKE,Tanya, 506	CGA	14.21		0		
8		FOX,Fox, 114	AFS	18.74		0		

Item 119 15:45 Final Men Senior 10000m

1		GELANT,Elroy, 3	ACNW	29:09.87		0	G	
2		MELAMU,Kabelo, 554	CGA	30:08.99		0	S	
3		MATHIBA,Phillimon, 539	CGA	30:15.57		0	B	
4		MOSHWETSI,Ntekele, 383	ANWN	30:23.42		0		
5		BUTHELEZI,Philani, 258	AGN	30:41.13		0		
6		MULAUDZI,Collen, 357	AGNIND	30:53.51		0		
7		KEKANA,Milton, 318	AGNIND	31:23.40		0		
8		MOHLOMI,Siphiwe, 578	CGA	31:23.84		0		
9		MASINA,Thabo, 536	CGA	32:09.96		0		
10		VAN DER MERWE,Dylan, 592	CGAIND	32:18.89		0		
11		ZAMKELE,Xolisani, 400	ATRA	33:08.15		0		
12		MADIKIZA,Vuyolwethu, 398	ATRA	33:10.60		0		
13		ZWANE,Bonginkosi, 638	KZNA	33:24.02		0		
14		MASEMOLA,Kamo, 641	LIMA	34:16.46		0		
0		MMONE,Joel, 67	ACNW	DNR		0		
0		MANJA,David, 48	ACNW	DNR		0		
0		DLEPU,Ruben, 390	ASWD	DNR		0		
0		MASHELE,Precious, 541	CGA	DNR		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		MOTLAGALE,Tumelo, 581	CGA	DNR		0		
0		MOKOKA,Stephen, 244	AGN	DNR		0		
0		VUYISILE,Tshoba, 266	AGN	DNR		0		
0		MAGWAI,Regnen, 208	AGN	DNR		0		
0		TSEKO,Jacob, 353	AGNIND	DNR		0		
0		SELEPE,Benjamin, 325	AGNIND	DNR		0		
0		NKOE,Gino, 338	AGNIND	DNR		0		
0		MTHEMBU,Kwanele, 354	AGNIND	DNF		0		
Item 120 16:00 Final Women Senior Discus						1.000kg		
1		SENEKAL,Ischke, 602	EPA	51.92		0	G	
2		VAN DER WALT,Tharina, 103	AFS	47.66		0	S	
3		STANDER,Yolandi, 201	AGN	46.36		0	B	
4		HEYNS,Riette, 17	ACNW	45.13		0		
5		GEEL,Leandri, 500	CGA	44.75		0		
6		NIEUWENHUIZEN,Ashley, 23	ACNW	42.85		0		
7		SMUTS,Sonia, 194	AGN	41.95		0		
8		VAN R VAN OUDTSHOORN,Mia, 104	AFS	41.06		0		
9		BOTHA,Elme', 387	ASWD	33.58		0		
0		STEINMANN,Jana, 37	ACNW	DNS		0		
Item 121 16:00 Final Men Mixed LongJump (SASAPD)								
Item 122 16:30 Final Men U20 (Junior) 1500m Decathlon								
1		JOSHUA,Nurdeen, 683	WP IND	05:09.84		504		
2		MARAI,Daniel, 682	WP IND	05:30.92		395		
3		COETZEE,Grove, 99	AFS	06:04.27		247		
Item 123 16:40 Final Men U18 (Youth) 1500m Decathlon								
1		SPRUYT,Rainer, 359	AMPU	04:41.80		669		
2		DE LA REY,Zaine, 96	AFS	05:13.85		483		
3		VAN ZYL,Rikus, 42	ACNW	05:15.17		476		
4		MACKENZIE,Ronaldo, 431	BOLA	05:21.96		440		
5		HOFFMEISTER,Stefan, 681	WP IND	05:54.27		288		
Item 124 16:50 Final Men Senior 1500m Decathlon								
1		BEUKES,Hennie, 450	BOLA	04:39.38		684		
2		MATSEKANE,Katleho, 420	AVT	04:59.07		565		
3		VAN BILJON,Jc, 135	AFS	05:02.91		543		
4		DE JAGER,Marcelle, 141	AFS	05:07.66		516		
5		MC GLADDERY,Duncan, 214	AGN	05:08.48		512		
6		VAN DER BERG,Lee, 55	ACNW	05:12.56		490		
7		PRETORIUS,Fredriech, 256	AGN	05:19.19		454		
8		WEPERER,Terrence, 687	WP IND	05:28.87		405		
0		SWANEPOEL,Gert, 267	AGN	DNR		0		
0		COERTZEN,Willem, 72	ACNW	DNR		0		
0		BARNARD,Brandon, 44	ACNW	DNR		0		
Item 125 17:00 Final Women Senior 200m						+1.5		
1		CONLEY,Alyssa, 516	CGA	22.94		0	G	
2		THOMAS,Tamzin, 653	WPA	23.43		0	S	
3		NEL,Wenda, 185	AGN	23.54		0	B	
4		NEL,Ariane, 18	ACNW	23.98		0		
5		PARKER,Nabeela, 648	WPA	24.35		0		
6		MARNCE,Shanice, 620	KZNA	24.44		0		
7		VAN TONDER,Chante, 492	CGA	24.75		0		
8		SMITH,Elmè, 111	AFS	24.85		0		
Item 126 17:15 Final Men Senior 200m						+0.5		
1		VAN NIEKERK,Wayde, 137	AFS	19.90		0	G	WCQ
2		SIMBINE,Akani, 230	AGN	20.15		0	S	WCQ
3		LEOTLELA,Gift, 222	AGN	20.20		0	B	WCQ
4		MUNYAI,Clarence, 264	AGN	20.25		0		WCQ
5		MAARTENS,Hendrik, 130	AFS	20.93		0		
6		SESELE,Lebakeng, 324	AGNIND	21.13		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		ADAMS,Luxolo, 608	EPA	Disq		0		
0		MOENG,Lebogang, 347	AGNIND	DNR		0		
Item 127 17:30 Final Men Senior Hammer						7.260kg		
1		HARMSE,Chris, 125	AFS	70.53		0	G	
2		FRECHOU,Renaldo, 254	AGN	70.30		0	S	
3		MAKHETHE,Tshepang, 51	ACNW	69.14		0	B	
4		CUMMING,Alan, 91	ACNW	64.94		0		
5		HAASBROEK,Carel, 45	ACNW	62.20		0		
6		VAN RENSBURG,Vincent, 552	CGA	57.62		0		
7		LAUBSCHER,Nicol, 446	BOLA	52.06		0		
8		JANEKE,Pierre, 127	AFS	52.00		0		
9		BEHR,Werner, 553	CGA	47.13		0		
10		DUYVESTYN,Lee, 485	BORA	43.31		0		
Item 128 17:30 Final Men Senior 1500m								
1		HLASELO,Dumizani, 569	CGA	03:41.63		0	G	
2		SIBIYA,Nkosinathi, 636	KZNA	03:41.86		0	S	
3		SEHOHLE,Folario, 369	AMPU	03:42.50		0	B	
4		DERISON,Treasure, 140	AFS	03:43.97		0		
5		MAKANE,Henry, 537	CGA	03:44.42		0		
6		MPHAHLELE,Ryan, 583	CGA	03:45.91		0		
7		ANDREAS,Jeromy, 571	CGA	03:48.55		0		
8		BOTHOLO,Solomon, 240	AGN	03:50.58		0		
9		MALEBANE,Dais, 303	AGNIND	03:51.43		0		
10		DAMONS,Bruce-lynn, 658	WPA	03:56.35		0		
11		MOTSAU,Jerry, 76	ACNW	03:57.88		0		
12		KOOPMAN,Jason, 688	WP IND	04:01.87		0		
Item 129 17:40 Final Women Senior 1500m								
1		WEITZ,Simonay, 504	CGA	04:21.93		0	G	
2		MENTZ,Marne, 107	AFS	04:22.46		0	S	
3		VAN ZYL,Irvette, 173	AGN	04:23.23		0	B	
4		LOUW,Nicole, 116	AFS	04:26.02		0		
5		ROELOFSE,Lyndi, 523	CGA	04:26.63		0		
6		MARAI,Stella, 169	AGN	04:30.80		0		
7		MKHIZE,Happiness, 626	KZNA	04:31.08		0		
8		MASHISHI,Dipuo, 490	CGA	04:31.29		0		
9		SHANGE,Yandiswa, 510	CGA	04:31.33		0		
10		BELING,Tylor, 106	AFS	04:31.62		0		
11		BRANDT,Mandie, 686	WP IND	04:32.45		0		
12		MARITZ,Liza, 270	AGNIND	04:36.45		0		
Item 130 18:00 Final Men Senior 3000m SteepleChase								
1		MOKOPANE,Rantso, 78	ACNW	08:34.47		0	G	
2		LEKOPA,Dikotsi, 58	ACNW	08:47.15		0	S	
3		SEBOKO,Kabelo, 559	CGA	08:54.83		0	B	
4		MONATLALA,Tumisang, 582	CGA	09:08.11		0		
5		MEINTJIES,Ruan, 142	AFS	09:08.42		0		
6		MADIKIZELA,Sibusiso, 660	WPA	09:09.67		0		
7		MOLEJANE,Nope, 154	AFS	09:13.96		0		
8		BOTHOBUTHLE,Lucas, 70	ACNW	09:19.92		0		
9		MOKONYAMA,Simon, 248	AGN	09:23.38		0		
10		MAKHOBALO,Derorious, 545	CGA	09:29.09		0		
11		MOTLAGALE,Ontiretse, 79	ACNW	09:30.07		0		
12		MALEPE,Godfrey, 376	ANWN	09:31.34		0		
13		NGOBE,Mongezi, 402	ATRA	09:43.02		0		
14		NGUBO,Sive, 329	AGNIND	09:43.58		0		
15		SOLDAKA,Siboniso, 675	WPA	09:45.07		0		
16		MASONDO,Siphesihle, 632	KZNA	09:58.44		0		
0		MABU,Collins, 47	ACNW	DNR		0		
0		MADIKIZA,Vuyolwethu, 398	ATRA	DNR		0		
0		NOGCANTSI,Kwazi, 409	ATRA	DNR		0		

Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records
0		KHUPISO, Zuko, 403	ATRA	DNF		0		
Item 131 18:20 Final Women Senior 4X100m Relay								
1		RELAY TEAM, BOLAND,	BOLA	0:45.72		0	G	
PALFRAMAN, Justine / SENEKAL, Jean-mare / LIEBENBERG, Anrune / JOSEPH, Rogail / VAN WYK, Janke / ARENDSE, Sha								
2		RELAY TEAM, WPA,	WPA	0:46.33		0	S	
SAMUELS, Chelsea / VAN TONDER, Sonja / VAN HEERDEN, Anja / PARKER, Nabeela								
0		RELAY TEAM, AGN,	AGN	DNR		0		
MAMATU, Tebogo / HEUNIS, Claudia / BIELDT, Taylon / JONES, Cherese / MOOLMAN, Done / NICE, Anuscha / MEYER, Soa								
Item 132 18:30 Final Men Senior 4X100m Relay								
1		RELAY TEAM, WPA,	WPA	0:40.07		0	G	
ALKANA, Antonio / ISMAIL, Yusuf / ENGEL, Roscoe / NOBLE, Ethan								
2		RELAY TEAM, AGN INDIVIDUALS,	AGNIND	0:41.89		0	S	
MAGANYELE, Lethabo / SESELE, Lebakeng / DE BRUIN, Darren / MATLATLA, Lesego / NZWANZWA, Anele / SEPOTOKELE								
0		RELAY TEAM, EPA,	EPA	Disq		0		
BLOM, Antonio / ADAMS, Luxolo / LOTTER, Casper / WILLIAMS, Dale								
0		RELAY TEAM, AGN,	AGN	DNR		0		
ROTO, Thando / BRUINTJIES, Henricho / MUNYAI, Clarence / SIMBINE, Akani								
Item 133 18:45 Final Women Senior 4X400m Relay								
1		RELAY TEAM, AGN,	AGN	03:43.59		0	G	
MAMATU, Tebogo / HEUNIS, Claudia / BIELDT, Taylon / JONES, Cherese / MOOLMAN, Done / NICE, Anuscha / MEYER, Soa								
2		RELAY TEAM, BOLAND,	BOLA	03:43.74		0	S	
PALFRAMAN, Justine / SENEKAL, Jean-mare / LIEBENBERG, Anrune / JOSEPH, Rogail / VAN WYK, Janke / ARENDSE, Sha								
3		RELAY TEAM, CGA,	CGA	03:48.58		0	B	
VAN DERWESTHUIZEN, Sherine / LUTZ, Julia Ann / KELLERMAN, Liza / LE ROUX, Amoure								
Item 134 19:00 Final Men Senior 4X400m Relay								
1		RELAY TEAM, BOLAND,	BOLA	03:11.04		0	G	
DU TOIT, Wynand / MAREE, Linford / FLAGG, Jaden / ISAACS, Gardeo								
2		RELAY TEAM, AGN INDIVIDUALS,	AGNIND	03:14.11		0	S	
MAGANYELE, Lethabo / SESELE, Lebakeng / DE BRUIN, Darren / MATLATLA, Lesego / NZWANZWA, Anele / SEPOTOKELE								
3		RELAY TEAM, CGA,	CGA	03:18.23		0	B	
MATLALA, Frans / PENNELS, Quinton / MARICH, Nikolas / MATIWANE, Thabang								
4		RELAY TEAM, ATRA,	ATRA	03:25.03		0		
FOURIE, Devinto / NOBANDA, Thusile / MATHISO, Sakhumzi / NTSOTHO, Awethu								