



**YELLOW PAGES SA YOUTH & JUNIOR
TRACK AND FIELD CHAMPIONSHIPS
HERMAN IMMELMAN STADIUM
Ekurhuleni
10 - 11 April 2010**



Results of all Finals and Heats

Place	First Name	Surname	Team	Perform	Wind
Item 0 Youth Girls Heptathlon Final Results					
1	INGE	VILJOEN	AGN	4078	
2	ILZE	MOOLMAN	CGA	3705	
3	NICOLA	GROBBELAAR	EPA	3368	
4	ZELKE-MARIE'	DE JONGH	AGN	2938	
Item 0 Junior Women Heptathlon Final Results					
1	MARIONETTE	VAN DER MERWE	AFS	4283	
2	ANGELIQUE	PEPLER	AGN	4018	
3	ZANTE	CAMPHER	ACNW	3807	
4	SHARI	WILKE	AGN	3701	
5	LEE-ANNE	LAMPRECHT	CGA	3275	
6	CHANELLE	JACOBS	AGN	3097	
7	GILLIAN	BAIN	CGA	2790	
Item 0 Youth Boys Octathlon Final Results					
1	JASON	ROUX	AGN	5278	
2	LLOYD	GREEF	AVT	5259	
3	LEE-ROY	MORGAN	AVT	5122	
4	FRANCIOS	GROBLER	CGA	4298	
5	ARMANDT	DU PREEZ	CGA	4203	
6	WARRICK	LEEMAN	INDWP	4002	
7	QUINTEN	PISTORIUS	ACNW	3994	
8	CODY	FIRMSTONE	INDWP	3987	
9	KYLE	MC DONALD	CGA	3951	
10	GIFT	SITHOLE	AVT	3895	
11	JUSTIN	VAN NIEKERK	WPA	3778	
12	WREEFORD	SIMONS	INDWP	3495	
13	EBEN	WILKE	ACNW	3469	
14	JOHAN	KRUGER	CGA	3294	
15	WALDO	MINOR	CGA	3292	
16	BAREND	BOTHA	ACNW	2958	
Item 0 Junior Men Decathlon Final Results					
1	GERT	SWANEPOEL	ACNW	6755	
2	AWIE	VERMEULEN	AVT	5091	
3	CARL	STOLS	AVT	4441	
4	NARDUS	GREYLING	AFS	641	
Item 1 Final Junior Women 10km Walk 06:45					
1	CORLI	SWART	ACNW	0:51:40.20	
2	INGE	KOTSE	BOLA	0:54:56.45	
3	J	DE KLERK	BORA	0:56:22.81	
4	LARISHA	ERASMUS	ACNW	0:58:48.88	
5	MELLISSA	DE JAGER	ACNW	0:59:08.03	
6	DANIELLE	KOEGELENBERG	BOLA	0:59:28.94	
7	LAURALEE	KOEKEMOER	ACNW	1:03:58.07	

8	PRECIOUS	KHUZWAYO	KZNA	1:05:43.50
9	SIYABONGA	PHAKATHI	CGA	1:11:08.63
0	BIANCA	SWANAPOEL	WPA	DNS
0	AMOR	NEL	AFS	DNS

Item	2 Final Youth Girls 5km Walk		08:00	
1	MELISSA	MEYER	BOLA	0:28:23.06
2	ALIDA	KRUGER	BOLA	0:29:32.00
3	CHANICE	KLINK	BOLA	0:29:44.80
4	MAROLENE	GOUWS	EPA	0:29:48.20
5	XOLILE	MAHLANGU	KZNA	0:31:00.70
6	MICHELLE	STRYDOM	AGN	0:31:10.70
7	TANIA	STRYDOM	AFS	0:31:13.40
8	ROSE	SHABALALA	CGA	0:31:59.60
9	LEKHALE	CASELINE	AGN	0:34:04.40
10	MARISSA	MEIRING	BOLA	0:34:26.70
11	NOMPUMOLELO	THABEDE	CGA	0:35:52.60
12	LEBOGANG	LUTWA	CGA	0:37:25.40
13	LIZZY	MOTHIBINYANE	CGA	0:40:04.60
0	SISA	MDOSDA	AVT	DNS
0	MELLISSA	HUMAN	ACNW	DNS

Item 3 Qualifier Youth Boys High Jump 08:00
Cancelled - Direct to Final

Item 4 Qualifier Youth Boys Javelin Throw 08:00
Cancelled - Direct to Final

Item	5 Round 1 of 2 Youth Girls Long Jump		08:00		Wind
1	KYLA	GILBERT	CGA	5.67	+0.6
2	JANET	SEELIGER	AGN	5.62	+0.6
3	IZELLE	VREY	CGA	5.42	+0.2
4	TAMRYN	CUPIDO	BOLA	5.34	+0.3
5	GIOLA	DALLA-PRIA	AGN	5.21	+0.3
6	IMKE	STEYN	EPA	5.10	+0.4
7	CHANELLE	THERON	CGA	5.00	+0.8
8	ANDRIA	VILJOEN	ANWN	4.85	+0.4
9	DINEO	MGWENYA	AMPU	4.78	-0.1
10	ANUSCHKA	ZAAYMAN	ASWD	3.91	+0.3
0	LERATO	SECHELE	LES	DNS	
0	NATASHA	DE BAARD	AVT	DNS	
0	CELINE	DONNELLEY	INDKZN	DNS	
0	DANIELLE	FOURIE	CGA	DNS	

Item	5 Round 2 of 2 Youth Girls Long Jump		08:00		Wind
1	ZANRI	VAN DER MERWE	AGN	5.55	-0.1
2	MARYKE	BRITS	BOLA	5.50	-0.2
3	VALENTINA	DA ROCHA	WPA	5.42	-0.2
4	DANELLE	ERWEE	AFS	5.24	+0.1
4	ZINHLE	MBUYANE	AMPU	5.24	-0.2
6	CIANI	LOUBSTER	BOLA	5.08	-0.5
7	MEGAN	WEYERS	ACNW	4.99	+0.3
8	TRACEY-LEIGH	CULLIS	CGA	4.82	+0.2
9	BEVERLY	MARTINS	AGN	4.49	+0.1
10	TASNEEN	PILLAY	AVT	4.18	+0.1
0	BOHLOKOA	PHORORO	LES	DNS	
0	SASHA-LEE	ZURCHER	AVT	DNS	
0	HELGA-WENDA	BENSUSAN	CGA	DNS	
0	AIDAN	BATTISON	EPA	DNS	

Item	6 Final Junior Women Hammer		08:00	
1	ANNEMIE	SMITH	ASWD	55.25
2	ANAIS	BIGOT	REU	47.96
3	MAGDALEEN	LOUW	EPA	46.69
4	SIMONE	VIVIERS	EPA	45.88
5	NADIA	BOTHA	AFS	45.71
6	ANGELIQUE	DE FRANCO-RODRIQUES	AGN	45.46

7	RONIQUE	WEPENER	EPA	41.32
8	ANKE	UYS	BOLA	40.13
9	MONIQUE	POTGIETER	ACNW	36.14
10	JORINDA	COETZEE	WPA	32.21
11	JEANINE	CLOETE	AVT	31.97
12	VERUSCHKA	RADEMAN	ACNW	28.35

Item 7 Qualifier Youth Boys Shot Put 08:30
Cancelled - Direct to Final

Item 8 Final Junior Men 100m Decathlon 08:45 Wind=-1.1

1	GERT	SWANEPOEL	ACNW	11.60
2	CARL	STOLS	AVT	11.67
3	NARDUS	GREYLING	AFS	12.05
4	AWIE	VERMEULEN	AVT	12.36
0	KOBUS	HEISTER	ACNW	DNS

Item 9 Final Youth Boys 100m Octathlon 08:50 Wind=-0.8

1	LEE-ROY	MORGAN	AVT	11.29
2	WREEFORD	SIMONS	INDWP	11.50
3	CODY	FIRMSTONE	INDWP	11.68
4	JASON	ROUX	AGN	11.80
5	WALDO	MINOR	CGA	11.81
6	GIFT	SITHOLE	AVT	11.89
7	FRANCIOS	GROBLER	CGA	11.95
8	LLOYD	GREEF	AVT	12.04
9	WARRICK	LEEMAN	INDWP	12.20
10	KYLE	MC DONALD	CGA	12.29
11	QUINTEN	PISTORIUS	ACNW	12.35
12	JUSTIN	VAN NIEKERK	WPA	12.41
13	ARMANDT	DU PREEZ	CGA	12.43
14	EBEN	WILKE	ACNW	12.49
15	BAREND	BOTHA	ACNW	12.77
16	JOHAN	KRUGER	CGA	12.97

Item 9 Final 1 of 2 Youth Boys 100m Octathlon 08:50 Wind=-0.8

1	LEE-ROY	MORGAN	AVT	11.29
2	WREEFORD	SIMONS	INDWP	11.50
3	JASON	ROUX	AGN	11.80
4	WALDO	MINOR	CGA	11.81
5	FRANCIOS	GROBLER	CGA	11.95
6	KYLE	MC DONALD	CGA	12.29
7	JUSTIN	VAN NIEKERK	WPA	12.41
8	BAREND	BOTHA	ACNW	12.77

Item 9 Final 2 of 2 Youth Boys 100m Octathlon 08:50 Wind=-1.5

1	CODY	FIRMSTONE	INDWP	11.68
2	GIFT	SITHOLE	AVT	11.89
3	LLOYD	GREEF	AVT	12.04
4	WARRICK	LEEMAN	INDWP	12.20
5	QUINTEN	PISTORIUS	ACNW	12.35
6	ARMANDT	DU PREEZ	CGA	12.43
7	EBEN	WILKE	ACNW	12.49
8	JOHAN	KRUGER	CGA	12.97

Item 10 Final Junior Men Polevault 09:00

1	CHEYNE	RHAME	CGA	5.50
2	RUAAN	VAN WYK	WPA	5.20
3	CHRISTIAN	NORMAN	BOLA	4.60
4	JF	BURGER	AFS	4.30
5	HEINRICH	ODENDAAL	ACNW	4.00
6	SAMUEL	PELLISIER	BOLA	3.90

0	BEN	VAN DER WESTHUIZEN	BOLA	NRA
0	SEBASTIAAN	WESSELS	AFS	NRA

Item	11 Heat 1 of 3 Youth Girls 400m		09:00	
1	IZELL	NEUHOFF	AVT	56.47
2	SASKIA	KOTZE	BOLA	57.63
3	CHANELLE	POTGIETER	CGA	57.73
4	SHIREEN	WELMAN	ANWN	58.42
5	BIHANNA	DE BRUYN	AVT	61.89
6	ANISKA	PRETORIUS	AMPU	62.68
7	UNATHI	MEVANA	ATRA	67.08
8	MACHAELA	LABUSCHAGNE	AVT	67.22

Item	11 Heat 2 of 3 Youth Girls 400m		09:00	
1	JANET	SEELIGER	AGN	58.24
2	FELICIA	MOFOKENG	AFS	59.10
3	PERTUNIA	OBISI	AGN	59.89
4	CHARLIZE	GROVE	AMPU	61.90
5	LAUREN	BOTHA	CGA	63.87
0	MINJON	VAN TONDER	AFS	DNS
0	CHANE'	VAN HEERDEN	AVT	DNS
0	MARIETJIE	NEL	ACNW	DNS

Item	11 Heat 3 of 3 Youth Girls 400m		09:00	
1	STEPHANIE	WICKSELL	AGN	57.90
2	ANMARLI	LOUBSER	AGN	58.16
3	ALEESHA	GERBER	EPA	58.39
4	LUJANE	BLOMERUS	AGN	59.46
5	ANTOINE	GREEFF	AFS	61.88
6	RATANANG	MAKOFANE	ANWN	61.95
0	ROCHELL	BOON	AVT	DNS

Item	12 Heat 1 of 5 Youth Boys 400m		09:15	
1	TISETSO	NOLAN	AFS	49.71
2	RUAN	GREYLING	AGN	50.10
3	LEANDRE	BARNARD	ACNW	50.25
4	BENJAMIN	BANGO	AFS	52.29
0	RUAN	JORDAAN	CGA	DNS
0	LESEDI	MOGOBINYANE	ANWN	DNS

Item	12 Heat 2 of 5 Youth Boys 400m		09:15	
1	FERNANDO	LEDIMO	AFS	49.83
2	JOHNSON	MUCHENJE	AGN	50.09
3	KEVIN	BOTHA	EPA	50.75
4	ANTON	BARNARD	EPA	51.55
5	RICOLENE	MOONSAMY	KZNA	52.10
6	KGOTSO	MODIMOENG	ACNW	54.80
0	WALDO	KRIEL	ACNW	DNS

Item	12 Heat 3 of 5 Youth Boys 400m		09:15	
1	LORENZO	ADAMS	BOLA	50.09
2	PETRI	CLAASSEN	ACNW	52.00
3	SIYAMTHANDA	MADOTYENI	ATRA	52.33
4	PATRICK	MABUSA	AMPU	52.43
5	RIAAAN	VAN HUYSSSTEEN	EPA	52.62
6	MGCINI	MYHANYHAVU	ATRA	54.28
0	ESTIAN	DU PREEZ	ACNW	DNS

Item	12 Heat 4 of 5 Youth Boys 400m		09:15	
1	KATLEGO	NKOANA	AGN	49.54
2	LUYOLO	GQEBA	BORA	49.78
3	ECHARDT	KILLOWAN	BOLA	51.08
4	CAMEROON	GROOM	ATRA	52.64
5	SIYENI	NKULALEKO	AFS	53.55
6	MORENA	TSOBETSI	AVT	54.30
0	EDRINE	MUKASA	KZNA	DNS

Item	12 Heat 5 of 5 Youth Boys 400m		09:15	
1	ORATILE	MOALOSI	ANWN	49.74
2	AWANDE	NKAMBULE	AMPU	50.02
3	GOMOLEMO	SHIKWAMBANE	AGN	51.40
4	TIAAN	PUTTER	AVT	53.89
5	THOBILE	NONTULE	AVT	54.92
0	DEAN	MACMINN	KZNA	DNS
0	WESSEL	CHAMPION	ANWN	DNS

Item	13 Heat 1 of 2 Junior Women 400m	09:35	
1	SONJA VAN DER MERWE	WPA	57.43
2	ANUSCHCA NICE	AGN	57.56
3	CHANEL FOURIE	CGA	57.62
4	MARIZAAN OOSTHUIZEN	ACNW	61.76
5	ARISTA DU PLESSIS	AMPU	62.28
6	LIZANNE VAN DER WATT	AFS	62.84
7	NOSIPHO QIPHU	ATRA	67.38

Item	13 Heat 2 of 2 Junior Women 400m	09:35	
1	ZOE' ENGLER	KZNA	57.75
2	JANINE PIETERS	ACNW	57.92
3	ANIKA VAN HUYSSSTEEN	BOLA	58.38
4	LEA STEYN	EPA	58.65
5	ALISA GREYLING	AVT	61.23
6	LIZBE BUITENDACH	LIMA	61.27
7	SURETHA MULLER	AVT	62.03

Item	14 Heat 1 of 5 Junior Men 400m	09:45	
1	JACQUES DE SWART	AGN	49.11
2	SOLMS DYKMAN	BOLA	49.27
3	OLEBOGANG MOROKA	AFS	49.33
4	LONWABO MAJERMEN	BORA	49.40
5	ALFRED ZULU	AMPU	49.87
6	JULLIAN MULLER	AVT	52.61
0	WILLIE LE ROUX	AVT	DNS

Item	14 Heat 2 of 5 Junior Men 400m	09:45	
1	ANRICH VISSER	WPA	49.55
2	THAPELO KETLOGETSWE	CGA	49.67
3	SHAUN DE JAGER	BOLA	49.68
4	WELLINGTON NUKOWA	CGA	51.11
5	LEROY BITTERHOUT	BOLA	51.16
6	PIETER BURGER	AVT	52.81
7	SIBUSISO METHULA	AVT	57.21

Item	14 Heat 3 of 5 Junior Men 400m	09:45	
1	DANIEL HARRISON	CGA	48.20
2	JUNAID SMERDON	KZNA	48.37
3	DWAYNE ANDREWS	CGA	48.48
4	TRAVIS ISMAIEL	WPA	48.74
5	LONWABO MAJIBA	ATRA	51.27
6	PITSO RAMONTLE	ANWN	51.39
0	BIKO LEGODI	LIMA	DNS

Item	14 Heat 4 of 5 Junior Men 400m	09:45	
1	KOKETSO RAMASITA	ANWN	48.50
2	PIETER MARX	AFS	49.08
3	KOKETSO MOIMANE	ANWN	49.35
4	MAREDI NKETLA	LIMA	49.48
5	SANDILE MPISI	KZNA	49.62
6	GIDEON MASHEGO	AMPU	49.71
7	JJ PELSER	AFS	51.96

Item	14 Heat 5 of 5 Junior Men 400m	09:45	
1	PHIL JAMES	AMPU	48.37
2	MC KRUGER	AVT	48.43
3	THABANG LEBONA	AFS	48.53
4	GERALD JOOSTE	ASWD	48.92
0	FUSI MOHEANA	LES	DNS
0	BRAAM VAN TUBBERG	KZNA	DNS
0	JOHN SELEBOGO	ACNW	DNS

Item	15 Final Junior Men 10000m		10:00	
1	SITYLO	DIKO	CGA	31:49.62
2	JOHANNES	MOLEHE	AFS	32:13.52
3	SIFISO	MNCWANGO	CGA	32:40.99
4	UNATHI	PHEZOLO	WPA	34:42.73
5	DAVID	DITSWANE	ANWN	34:47.83
6	ABEL	MOATSHE	ANWN	35:54.06
7	KARABO	JACOBS	AVT	35:54.78
0	PIETER	WILDERS	CGA	DNS
0	THATO	MOLATEDI	CGA	DNS
0	REUBEN	MAGENGENENE	CGA	DNS
0	ARMIN	BOTHA	CGA	DNS
0	JOBO	KHATOANE	LES	DNS

Item	16 Round 1 of 2 Junior Men High Jump		10:00	
1	WOUTER	FAURIE	AGN	1.90
2	LUVO	NKEWU	BOLA	1.90
3	SHANE	BLOWS	BOLA	1.90
4	DAMIEN	JOHNSON	WPA	1.90
5	ANDRE'	SMIT	CGA	1.90
6	KEAGAN	FOURIE	ASWD	1.90
7	LEBOGANG	RAMOKGOPA	AGN	1.85
0	STEFAN	CRAFFORD	LIMA	DNS
0	SHAUN	MNISI	AGN	DNS
0	FIKILE	NDLOVU	AVT	NRA
0	ANDRE'	BOTHA	AGN	NRA

Item	16 Round 2 of 2 Junior Men High Jump		10:00	
1	GARETH	BREDENHANN	AFS	1.90
2	JAN	STYTLER	AFS	1.90
3	DARIUS	GOUWS	CGA	1.90
4	RICUS	KOK	AMPU	1.90
5	ROBERT	HILL	CGA	1.90
6	ANDRE	FOURIE	EPA	1.90
7	JORDAN	ALANTHWAITE	KZNA	1.80
8	BIKO	LEGODI	LIMA	1.80
0	SHANE	SQUIRES	KZNA	DNS
0	VAN WYK	BRANDT	CGA	NRA

Item	17 Final Junior Men Long Jump Decathlon		10:00		Wind
1	GERT	SWANEPOEL	ACNW	6.50	+0.2
2	AWIE	VERMEULEN	AVT	6.27	+1.1
3	CARL	STOLS	AVT	6.12	+2.1
0	NARDUS	GREYLING	AFS	DNS	
0	KOBUS	HEISTER	ACNW	DNS	

Item	18 Final Youth Boys Long Jump Octathlon		10:00		Wind
1	LLOYD	GREEF	AVT	6.35	+1.4
2	GIFT	SITHOLE	AVT	6.26	+3.3
3	LEE-ROY	MORGAN	AVT	6.08	+0.8
4	JASON	ROUX	AGN	6.00	+2.5
5	WREEFORD	SIMONS	INDWP	5.87	+1.2
6	FRANCIOS	GROBLER	CGA	5.86	+1.0
7	WARRICK	LEEMAN	INDWP	5.85	+3.2
8	BAREND	BOTHA	ACNW	5.75	+1.7
9	CODY	FIRMSTONE	INDWP	5.32	+1.9
10	WALDO	MINOR	CGA	5.26	+1.2
11	EBEN	WILKE	ACNW	5.18	+2.3
12	KYLE	MC DONALD	CGA	5.17	-0.3
13	QUINTEN	PISTORIUS	ACNW	5.17	-0.3
14	JUSTIN	VAN NIEKERK	WPA	5.00	+1.6
15	ARMANDT	DU PREEZ	CGA	4.99	+1.2

Item	19 Final Youth Girls Shotput		10:00	
1	ISCHKE	SENEKAL	EPA	12.95
2	LEZAAN	JORDAAN	CGA	12.93
3	LIETTE	VAN SCHALKWYK	AFS	12.87
4	DANELLE	WILLEMSE	AMPU	11.79
5	SIMONE'	MEYER	KZNA	11.69
6	MARGA	VERMAAK	AGN	11.60
7	ZELKE-MARIE	DE JONGH	AGN	10.72
8	BEATRA	NEL	ACNW	10.69
9	SUNE'	BEZUIDENHOUT	AMPU	9.75
10	NANETTE	HARDLEY	AVT	8.82
11	HENDRIETE	FINCHAM	ACNW	8.40
0	BELINDA	BOER	AMPU	DNS

Item	20 Final Junior Women 5000m		10:40	
1	LETITIA	SAAYMAN	AGN	17:53.90
2	NANDIPHA	DWILI	AGN	17:57.16
3	PUSELETSO	DLADLA	KZNA	18:05.19
4	JUAN-MARIE	COOPER	CGA	18:22.53
5	ELLEN	MYNHARDT	AGN	19:11.68
6	ANNEKE	GILDENHUYS	CGA	19:46.88
0	LUANE	MEYER	ACNW	DNF
0	LUSANDA	BOMVANA	ATRA	DNS

Item	21 Final Youth Boys Hammer		11:00	
1	STIAAN	MINNIE	EPA	64.69
2	ROBERT	JANSE VAN RENSBURG	AFS	56.34
3	DILLAN	KORKIE	EPA	54.17
4	GUILHERME	R-DE FRANCA	AVT	53.39
5	LIONEL	DRURY	EPA	51.16
6	CONRAY	FLYNN	AFS	49.59
7	EBEN	OOSTHUIZEN	EPA	48.73
8	FRANCOIS	MALAN	AFS	47.15
9	ARMAND	MARITZ	AMPU	42.27
10	JACQUES	HANSEN	ASWD	40.89
11	ARMAND	VAN ROOYEN	EPA	39.51
0	FRANCOIS	BENDER	AFS	DNS
0	JOHAN	SCHOENVELD	ACNW	DNS
0	GERRY	HOLGREEN	AVT	DNS
0	DAVID	BREDENKAMP	AFS	NRA

Item	22 Heat 1 of 3 Junior Men 110m Hurdles		11:05	Wind=-1.3
1	KOBUS	MOOLMAN	AGN	13.96
2	WERNER	PRETORIUS	AGN	14.23
3	ROANN	GROBLER	ACNW	14.45
4	HANNES	GREYLING	ACNW	14.52
5	ROEDI	NIEMAND	AMPU	14.73
6	PHILLIP	BOOYSEN	AGN	14.98
7	LEO	VAN DER MERWE	AGN	15.07
8	WERNA	JOUBERT	AGN	15.24
0	DONAVAN	MITCHEL	AVT	DNS

Item	22 Heat 2 of 3 Junior Men 110m Hurdles		11:05	Wind=-1.4
1	JACO	FOURIE	AGN	14.29
2	DIRKUS	VILJOEN	BOLA	14.30
2	TSHEPO	LEFETE	AFS	14.30
4	DANIEL	NEL	ANWN	14.42
5	SIPHAMANDLA	MOKOENA	CGA	14.67
6	ALBERT	SMIT	WPA	14.79
7	IAN	SCHOONWINKEL	ACNW	15.15
8	SKOSANA	SIPHESIHLE	AVT	15.68
9	TIAN	ALBERTS	EPA	16.07

Item	22 Heat 3 of 3 Junior Men 110m Hurdles	11:05	Wind=-1.4
1	LAYNE SCHEFFERS	WPA	14.37
2	IMMANUEL PAPGIS	AFS	14.48
3	KYLE VORSTER	CGA	14.65
4	TIAAN PIENAAR	AFS	14.70
5	GAWIE KRIEL	AVT	15.37
6	DEVAN BASSON	EPA	16.02
7	SIFISO NTULI	AMPU	17.18
0	M MAMASHELO	CGA	DNS
0	LEBONE MKATINI	CGA	DNS

Item	23 Heat 1 of 3 Youth Boys 110m Hurdles	11:15	Wind=-1.4
1	ELANDRE' KOTZEE	CGA	14.30
2	MOLLIER DUFFE	ACNW	14.60
3	GEORGE NEUHOFF	AVT	14.65
4	BRANDON BURGER	AMPU	14.65
5	TSHEPHO MAMPURU	LIMA	14.95
6	GERNE JORDAAN	CGA	15.42
7	JOSUA HAASBROEK	AVT	16.16
8	NYATI TSEPO	AMPU	17.22
0	L MADIKE	BORA	DNS

Item	23 Heat 2 of 3 Youth Boys 110m Hurdles	11:15	Wind=-1.2
1	JONTY FITZGERALD	CGA	14.65
2	SCHALK BURGER	BOLA	14.74
3	ANDRIES VAN DER MERWE	AGN	14.94
4	ANGUS JULIES	WPA	15.26
5	KATLEGO MAHLASE	LIMA	15.32
6	ANELE BLAAUW	AMPU	15.39
7	NATHAN PIENAAR	AVT	15.80
0	TSHIDISO TLALE	AFS	Disq

Item	23 Heat 3 of 3 Youth Boys 110m Hurdles	11:15	Wind=-2.9
1	WERNER FOURIE	CGA	14.80
2	ALEXANDRE TANJAMA	REU	15.18
3	PIETER CARTER	AMPU	15.37
4	DYLON GREYLING	CGA	15.41
5	KHAYA MALOTANA	BORA	15.47
6	ARNO BOTHA	AFS	15.66
7	NICO BAKKES	EPA	15.67
0	FRANCOIS TREDOUX	AGN	DNS

Item	24 Final Junior Women 100m Hurdles Heptath	11:30	Wind=-1.5
1	MARIONETTE VAN DER MERWE	AFS	16.22
2	ANGELIQUE PEPLER	AGN	17.22
3	GILLIAN BAIN	CGA	17.42
4	LEE-ANNE LAMPRECHT	CGA	17.75
5	ZANTE CAMPHER	ACNW	17.81
6	CHANELLE JACOBS	AGN	18.10
7	SHARI WILKE	AGN	18.17
0	IZETTE LUBBE	AGN	DNS

Item 25 Heats Junior Women 100m Hurdles 11:30
Cancelled - Direct to Final

Item	26 Final Youth Girls 100m Hurdles Heptathlon	11:50	Wind=-2.2
1	ILZE MOOLMAN	CGA	15.98
2	INGE VILJOEN	AGN	16.55
3	NICOLA GROBBELAAR	EPA	17.19
4	ZELKE-MARIE' DE JONGH	AGN	21.02
0	TALI RAUBENHEIMER	CGA	DNS

Item	27 Heat 1 of 2 Youth Girls 100m Hurdles	12:00	Wind=-0.9
1	KYLA GILBERT	CGA	14.45
2	TRACEY-LEIGH CULLIS	CGA	15.18
3	JUN'E GEYSER	AMPU	15.45
4	CAROLINE CLOUSE	AVT	15.71
5	LEXI NEL	AGN	15.72
6	AMADEA ALBERTS	AMPU	16.16
7	JUMANE BLOM	ANWN	16.55
0	MARYKE BRITS	BOLA	DNF

Item	27 Heat 2 of 2 Youth Girls 100m Hurdles	12:00	Wind=-2.5
1	LARISKA BOTHA	AFS	14.28
2	TANYA VAN DEN BERG	WPA	14.51
3	SUME' OTTO	INDFS	14.83
4	MELANI HEUNIS	AGN	15.10
5	MERISSA JANSE VAN RENSBURG	EPA	15.68
6	MERCIA VENTER	AGN	16.02
7	DANELLE GREYLING	ACNW	16.82
8	JUANITA GREYLING	ACNW	17.47

Item	28 Final Youth Girls Javelin	12:00	
1	LEANDRI SWIEGERS	AGN	42.71
2	CARI SWART	BOLA	38.67
3	LARUSCKA JOUBERT	CGA	38.65
4	DANUSCHKA VAN JAARVELD	AGN	38.27
5	SANE' VAN ZYL	ACNW	38.04
6	JANICA GELDENHUYS	AFS	38.01
7	JANIKE KOTZE	AFS	37.57
8	CHANE' BESTER	AVT	31.40
0	JANINE ENGELBRECHT	CGA	DNS
0	AME' BASSON	AFS	DNS
0	SAIRA-LEE NEL	AVT	DNS

Item	29 Round 1 of 2 Youth Boys Long Jump	12:00	Wind
1	MPHO MAPHUTHA	AGN	7.47 +3.8
2	DUNCAN MATTHEWS	BOLA	6.97 +4.1
3	FRITZ HELBERG	AGN	6.96 +4.5
4	JUSTIN GEDULD	WPA	6.72 +2.0
5	ARMAND BAM	AGN	6.65 +2.1
6	DEAN MACMINN	KZNA	6.59 +1.8
7	ROMAN KEANU	AVT	6.47 +3.8
8	OFENTSE MAKABANE	ANWN	6.44 +1.5
9	LUNGA LIBAMBO	AMPU	6.27 +1.9
10	SIHLE MJALI	BORA	6.08 +2.1
11	KGOLOLOSEGO MOKELE	ANWN	5.96 +1.6
0	PHAKAMILE SKOSANA	AVT	DNS
0	JUSTIN KRUGER	ACNW	DNS

Item	29 Round 2 of 2 Youth Boys Long Jump	12:00	Wind
1	ROELF PIENAAR	ACNW	7.26 +1.6
2	FRANCOIS COETZEE	AMPU	6.96 +1.3
3	ANVER CARELSE	ASWD	6.86 +3.6
4	NEIL MEYER	AMPU	6.85 +1.5
5	WILCOX PHAHLAMOHLAKA	AMPU	6.72 +2.2
6	CARMEL PERUMAL	CGA	6.59 +1.8
7	JOSHUA DIAMOND	CGA	6.30 +2.1
8	NEO LSHILO	AVT	6.17 +1.3
9	FP KOEKEMOER	AFS	6.14 +1.7
10	ROBERT KGAKOA	LIMA	5.97 +1.3
11	REPETISITSOE MUKHABANE	ATRA	5.81 +1.8
12	KENNEDY MOGATLE	ACNW	5.76 +1.4
0	ANIEKAN AKPABIO	AMPU	DNS

Item	30 Heat 1 of 2 Youth Girls 1500m		12:15	
1	MICHELE	DANIELS	ANWN	4:58.40
2	MASSBATA	MOTONE	AGN	4:58.51
3	LUSHANO	SMIT	KZNA	4:59.33
4	JANINE	MEYER	CGA	5:00.98
5	BRIGETTE	BEZUIDENHOUT	CGA	5:04.85
6	CHANE'	VAN DER MERWE	INDKZN	5:06.01
7	ANNA	LEKALAKALA	AGN	5:07.52
8	MAURICA	LE GRANGE	ASWD	5:54.34
0	LEBOGANG	DHLAMINI	AFS	DNS
0	LERATO	MOROATSHEHLOA	AGN	DNS
0	RIANDA	TERBLANCHE	AVT	DNS
0	SYLVIA	TSHETLAWANYE	CGA	DNS
0	ALTHEA	FESTUS	ASWD	DNF

Item	30 Heat 2 of 2 Youth Girls 1500m		12:15	
1	MAMPHIEKO	SIBANDA	CGA	4:57.52
2	BIANCA	VAN NIEKERK	CGA	4:57.79
3	JOLENE	RABIE	CGA	4:57.80
4	SYLVIA	DIBAKWE	AFS	4:57.88
5	MBALI	MOKOENA	KZNA	4:58.22
6	LORISSA	HUSEMEYER	ANWN	5:02.14
7	ABONGILE	NONKOSI	ATRA	5:11.72
8	MAGDELIN	PULE	ACNW	5:58.04
9	BRENDELIN	MISLAND	ASWD	6:20.01
0	THANDEKA	MANZENA	AGN	DNS
0	NOBENGAZI	MAKOPO	ACNW	DNS
0	MORENDWA	DADHANA	CGA	DNS

Item	31 Final Junior Men Shotput Decathlon		12:30	
1	AWIE	VERMEULEN	AVT	12.89
2	GERT	SWANEPOEL	ACNW	11.28
3	CARL	STOLS	AVT	9.40
0	NARDUS	GREYLING	AFS	DNS
0	KOBUS	HEISTER	ACNW	DNS

Item	32 Final Youth Boys Shotput Octathlon		12:30	
1	LLOYD	GREEF	AVT	13.61
2	KYLE	MC DONALD	CGA	12.39
3	WALDO	MINOR	CGA	12.09
4	JASON	ROUX	AGN	11.67
5	FRANCIOS	GROBLER	CGA	11.42
6	QUINTEN	PISTORIUS	ACNW	10.88
7	GIFT	SITHOLE	AVT	10.67
8	LEE-ROY	MORGAN	AVT	10.65
9	WARRICK	LEEMAN	INDWP	9.97
10	JOHAN	KRUGER	CGA	9.82
11	BAREND	BOTHA	ACNW	9.42
12	JUSTIN	VAN NIEKERK	WPA	9.39
13	CODY	FIRMSTONE	INDWP	9.11
14	ARMANDT	DU PREEZ	CGA	8.89
15	EBEN	WILKE	ACNW	8.41
16	WREEFORD	SIMONS	INDWP	7.89

Item	33 Heat 1 of 2 Youth Boys 1500m		12:45	
1	ZWELI	NZIMA	CGA	4:04.98
2	JOHAN	BERRANGE	AMPU	4:05.24
3	STHEMBILE	DONDOLO	CGA	4:05.33
4	MONWABISI	CELE	KZNA	4:05.68
5	PIETER	LINDE	ACNW	4:05.80
6	STHABISO	MKHIZE	KZNA	4:10.87
7	LUBABALOO	MDLUNGWANE	EPA	4:11.04
8	SMAMGALISO	MBAGTHA	AVT	4:12.35
9	COENIE	NAUDE	AMPU	4:15.42
10	ERNEST	BASIME	ANWN	4:17.37
11	WISDOM	NDLOVU	CGA	4:18.77
12	KEORAPETSE	RAMOKOKA	ANWN	4:28.39
13	UNATHI	PAPISO	ATRA	4:37.74
0	PAKISA	MLANGENI	AFS	DNS

Item	33 Heat 2 of 2 Youth Boys 1500m		12:45	
1	THOBILE	NONTULE	AVT	4:09.28
2	TSAKO	JACOB	AGN	4:09.64
3	DURAN	FARO	WPA	4:10.96
4	SPHESIHLE	MIYA	KZNA	4:11.38
5	BENNET	SELALA	CGA	4:12.72
6	MORENA	MOKOENA	CGA	4:15.70
7	ANDILE	MAQELE	ATRA	4:16.60
8	JACO	SCHOONWINKEL	AGN	4:21.71
9	LOYISO	POP	AFS	4:24.59
10	LEHLOGONOLO	MOTENE	CGA	4:29.79
11	RICHARD	SIBEKO	AVT	4:42.74
0	THAKALO	THORISO	AFS	DNS
0	NTETHA	MOKGAPI	AFS	DNS
0	T	NOTHLING	AGN	DNS
0	EDWIN	SESIPI	CGA	DNS

Item	34 Heat 1 of 2 Junior Men 1500m		13:00	
1	RATLALE	MOKONE	AFS	4:00.84
2	SIYABONGA	DERISON	CGA	4:00.99
3	VUYISELE	TSHOBA	CGA	4:04.10
4	BONGINKOSI	ZWANE	KZNA	4:08.57
5	JJ	MOSTERT	AGN	4:09.24
6	IGNATIUS	DAVIDS	BOLA	4:12.21
7	ANDRE'	VENTER	CGA	4:18.99
8	THABANG	SAKWANE	CGA	4:21.64
9	MELIKAYA	FRANS	EPA	4:36.97
10	MICHAEL	MOTSWADI	ACNW	4:53.40
0	TAEDI	KHOZA	AFS	DNS
0	REYNARD	DE BRUIN	AMPU	DNS
0	REUBEN	MAGENGENENE	CGA	DNS
0	MICHAEL	VAN ASWEGEN	CGA	DNS
0	ANDRIES	MOKONA	AFS	DNF

Item	34 Heat 2 of 2 Junior Men 1500m		13:00	
1	PIETER	WILDERS	CGA	4:07.72
2	BHEKI	NKOSI	AMPU	4:07.80
3	MERLINE	KLAASTE	ASWD	4:07.99
4	DONEY	DANSTER	ACNW	4:09.68
5	ZOLANI	MATSHOBA	WPA	4:10.50
6	DIRANE	MOSESE	AGN	4:11.93
7	MASANDE	SHEZI	KZNA	4:13.49
8	FERDIE	GELDENHUYS	BOLA	4:16.21
9	SIFISO	BUTHELEZI	KZNA	4:20.27
10	HENO	HAVENGA	ANWN	4:24.33
11	SONNYBOY	MKHWANAZI	KZNA	4:30.77
12	GEORGE	RAMCWANI	ACNW	4:53.84
0	KARABO	JACOBS	AVT	DNS
0	ARMIN	BOTHA	CGA	DNS
0	SEGATSU	ITUMELENG	ANWN	DNS
0	KAGISO	BOISA	ACNW	DNS

Item	35 Final Junior Men Hammer		13:00	
1	THEHAN	VAN NIEKERK	ACNW	59.06
2	TERTIUS	BRUWER	BOLA	56.80
3	RENALDO	FRECHOU	BOLA	55.98
4	LODEWALT	VENTER	ACNW	53.46
5	DONOVAN	STEBBING	AMPU	52.60
6	RUDOLF	ROODT	KZNA	51.62
7	ROBERT	SCHEUN	KZNA	44.95
8	RUAN	MEYER	ANWN	39.71
9	LARDUS	BADENHORST	AVT	38.03
0	CONRAD	CONRADIE	AFS	DNS
0	MARIUS	LOGTENBERG	KZNA	DNS
0	RUAN	DE BEER	CGA	NRA
0	TIAAN	NAUDE	WPA	NRA

Item	36 Final Junior Women Polevault		13:00	
1	JEANNIE	VAN DYK	INDEP	3.20
2	DANIELLE	LABUSCHAGNE	AGN	3.00

Item	37 Heat 1 of 4 Youth Girls 100m		13:15		Wind=-2.6
1	ANNUSCHKE	DU PLESSIS	AMPU	12.39	
2	ADRIE	VAN DER MERWE	AVT	12.75	
3	ANGELINA	MODISE	ANWN	12.99	
4	MELINDA	MEIRING	AMPU	13.06	
5	BONTLE	MOKHELENGANE	AFS	13.07	
6	CHANTE'	JACOBS	AMPU	13.26	
7	MARETHA	PELSER	AFS	13.34	
0	LIEZEL	SCHOLTZ	LIMA	DNS	

Item	37 Heat 2 of 4 Youth Girls 100m		13:15		Wind=-1.8
1	JADE	ROMAN	AGN	12.13	
2	STACEY	WELSCH	WPA	12.24	
3	FRANCIS	MARTENS	BOLA	12.75	
4	BENEE	PRINSLOO	CGA	12.83	
5	NICOLENE	LUBBE	ACNW	13.45	
6	RATANANG	MAKOFANE	ANWN	13.53	
7	MARY-ALICE	BARNARD	ANWN	13.55	
0	CHRISTILEE	WILLIAMS	CGA	DNS	
0	SAMANTHA	BOWYER	CGA	DNS	

Item	37 Heat 3 of 4 Youth Girls 100m		13:15		Wind=-1.6
1	NADIA	JOOSTE	AGN	12.82	
2	MERISSA	JANSE VAN RENSBURG	EPA	13.06	
3	MARGARET	MAC KECHNIE	CGA	13.29	

4	MERCIA	VENTER	AGN	13.51
5	FRANCHE	DE VILLIERS	CGA	13.59
0	CHANTE	VAN TONDER	CGA	Disq
0	LIZZY	KRIEL	AFS	DNS
0	CHANE'	VAN HEERDEN	AVT	DNS

Item	37 Heat 4 of 4 Youth Girls 100m	13:15	Wind=-2.1
1	ZANRI VAN DER MERWE	AGN	12.66
2	NICOLE SHAROCK	BORA	12.75
3	LEAH MALAN	ACNW	13.10
4	IMKE STEYN	EPA	13.56
5	ULDRI VAN DER MERWE	ACNW	13.65
6	ANDRIA HELMA	ANWN	13.87
0	AMANDA NAGEL	AVT	DNS

Item	38 Heat 1 of 5 Youth Boys 100m	13:30	Wind=-2.8
1	RUDOLF ERASMUS	CGA	10.78
2	QUINTIN HITGE	KZNA	10.97
3	CHRISTOFF BOTHMA	ACNW	11.29
4	LEBOGANG MAAGA	AGN	11.30
5	BEN RENS	AMPU	11.37
6	ANDREE TROUW	AGN	11.41
7	NEO LESHILO	AVT	11.76
8	FRANCOIS PRETORIUS	AFS	11.79
9	JON SEELIGER	AGN	11.83

Item	38 Heat 2 of 5 Youth Boys 100m	13:30	Wind=-2.7
1	AKANI SIMBANE	CGA	10.99
2	PIERRE MARAIS	KZNA	11.18
3	ANIEKAN AKPABIO	AMPU	11.22
4	REYNARD VAN DER NEST	ASWD	11.38
5	JERMAINE KLEINSMITH	BORA	11.45
6	ROMAN KEANU	AVT	11.60
7	CLIFFIRD PHAKA	ANWN	12.40
0	S SENATLA	AFS	Disq
0	NSUKU MDUMELA	AGN	DNS

Item	38 Heat 3 of 5 Youth Boys 100m	13:30	Wind=-2.0
1	HENRICO BRUINTJIES	BOLA	11.13
2	ARMAND BAM	AGN	11.54
3	MEIRING VAN DER MERWE	AMPU	11.64
4	WELILE GIYOSE	BORA	11.64
5	ANDRE BOTHMA	ACNW	11.74
6	THATO SETILO	AFS	11.87
7	HENDRIK BUYS	ACNW	12.07
0	NCINCIHLI TITI	BORA	Disq
0	SELLO MAKHETA	AFS	DNS

Item	38 Heat 4 of 5 Youth Boys 100m	13:30	Wind=-2.4
1	BRADLEY BRITZ	WPA	10.88
2	KURTLEY DU PLESSIS	BOLA	11.14
3	ARTHUR FESTUS	BOLA	11.14
4	JACQUES HARRIS	AGN	11.23
5	FRITZ HELBERG	AGN	11.29
6	ZUBEN BAARTMAN	EPA	11.34
7	RUAN JORDAAN	CGA	11.36
8	ANGUS JULIES	WPA	11.55
9	CAMEROON GROOM	ATRA	12.08
10	THABO LESUNYANE	ANWN	14.30

Item	38 Heat 5 of 5 Youth Boys 100m	13:30	Wind=-2.4
1	SIPHELO NGQUBOZA	AFS	10.74
2	SIYETHABA DLUDLA	KZNA	11.20
3	O'BAKENG MOLOPYANE	CGA	11.30
4	WALLY UNGERER	AVT	11.46
5	MONTAQUE PAULSE	INDEP	11.57
6	WERNER VAN WYK	AFS	11.91
0	TSHIDISO TLALE	AFS	Disq

0	T.S	MONETHI	LES	DNS
0	PIETER	CARTER	AMPU	DNS
0	SHANAH	HENDRIKS	CGA	DNS

Item	39	Final Junior Women High Jump Heptathlor	13:30	
1	MARIONETTE	VAN DER MERWE	AFS	1.60
2	CHANELLE	JACOBS	AGN	1.57
3	ANGELIQUE	PEPLER	AGN	1.54
4	ZANTE	CAMPHER	ACNW	1.51
5	SHARI	WILKE	AGN	1.45
6	GILLIAN	BAIN	CGA	1.39
7	LEE-ANNE	LAMPRECHT	CGA	1.33
0	IZETTE	LUBBE	AGN	DNS
Item	40	Final Youth Girls High Jump Heptathlon	13:30	
1	INGE	VILJOEN	AGN	1.64
2	ILZE	MOOLMAN	CGA	1.49
3	NICOLA	GROBBELAAR	EPA	1.32
4	ZELKE-MARIE'	DE JONGH	AGN	1.32
0	TALI	RAUBENHEIMER	CGA	DNS
Item	41	Heat 1 of 3 Junior Women 100m	13:55	Wind=-2.3
1	MELISSA	HEWITT	BOLA	12.26
2	ALYSSA	CONLEY	CGA	12.64
3	NAOMI	NEL	AMPU	13.32
4	CINDY	NAUDE	ACNW	13.38
5	STELLI	CREMER	ACNW	14.20
0	NADINE	SCHUTTE	LIMA	DNS
0	NATASHA	JANSEN	AMPU	DNS
0	JOMARIE	RES	AVT	DNS
0	CHANTEL	NEL	CGA	DNS
Item	41	Heat 2 of 3 Junior Women 100m	13:55	Wind=-0.5
1	ELZETTE	BUYS	AGN	12.15
2	KATELYN	PALFRAMAN	KZNA	12.20
3	OLIVIA	MAZEAU	REU	12.30
4	MARIZELLE	SWART	AMPU	12.39
5	ZASKIA	STRUWIG	EPA	12.59
6	MONIQUE	VOSLOO	ACNW	13.13
7	MARISTA	BARNARD	AVT	13.49
0	SANMARIE	MALAN	CGA	DNS
0	RIJANE	SWART	ACNW	DNS
Item	41	Heat 3 of 3 Junior Women 100m	13:55	Wind=-2.2
1	BEVIN	SMITH	WPA	12.04
2	ARLENE	GOWAR	AGN	12.13
3	JADE	THIELE	CGA	12.57
4	JANINE	FAULHA	AMPU	12.81
5	TSHEPISO	MAKGAKA	ANWN	12.87
6	LIANDI	LE ROUX	ASWD	13.17
7	AROUCHELLE	RHEEDER	AFS	13.22
8	ARINDA	NAUDE	AMPU	13.27
0	MARINELLE	MOLLER	AVT	Disq
0	MPINANE	MAFANTIRI	LES	DNS
Item	42	Round 1 of 2 Junior Men Long Jump	14:00	Wind
1	STEFAN	BRITS	BOLA	7.65 +2.0
2	LUVO	MANIYONGA	BOLA	7.18 +4.3
3	EDWARD	EDONS	BOLA	7.12 +4.4
4	HEINVILLE	OERSON	BOLA	7.06 +4.0
5	SIBELE	MIYA	CGA	7.00 +2.4
6	ROBERT	HILL	CGA	6.85 +1.9
7	BABAKWE	MATHONGWANE	AGN	6.75 +2.0
8	CARLISLE	JORDAAN	BORA	6.72 +2.1
9	WILLIAM	KEKANA	AGN	6.44 +2.3
10	EUGENE	ZIKODE	AMPU	6.31 +1.9

0	DEAN	ENGELBRECHT	AFS	DNS
0	SHANE	SQUIRES	KZNA	DNS
0	ROEDI	NIEMAND	AMPU	NRA

Item	42 Round 2 of 2 Junior Men Long Jump		14:00	Wind
1	DYLAN	COTTER	CGA	7.45 +2.7
2	CLINT	JOHNSON	INDWP	6.97 +1.5
3	RUSHWAL	SAMAAI	INDBOL	6.94 +2.7
4	ANDILE	MTSHALI	KZNA	6.92 +2.9
5	KOKETSO	MOGAPI	ANWN	6.90 +1.2
6	RONALD	KHUMALO	AMPU	6.64 +2.0
7	KHOTSO	LEEPILE	ACNW	6.49 +2.6
8	DAVID	MOGOASA	LIMA	6.48 +1.2
8	K	MOLAPISO	ANWN	6.48 +3.0
10	THULANI	MOKO	ACNW	6.42 +1.9
11	MALESELA	TSHEPANG	ANWN	5.91 +3.7
0	YOLA	MPUHLU	ATRA	DNS
0	JONE	JANSEN	AFS	DNS
0	KEORAPETSW	PITSOE	ANWN	DNS

Item	43 Heat 1 of 5 Junior Men 100m		14:05	Wind=-2.6
1	TSHEPO	QHOTSOKOANE	AFS	10.80
2	PRINCE	MAKGATO	AMPU	10.99
3	MERVIN	COERT	BOLA	11.22
4	WALDIE	VAN DALEN	AGN	11.31
5	S'BUSISO	MKHIZE	KZNA	11.35
0	LOUIS	BOTHA	AGN	DNS
0	PAUL	SIMON	AVT	DNS
0	SIPHOKUHLE	MBOBOSI	BOLA	DNF

Item	43 Heat 2 of 5 Junior Men 100m		14:05	Wind=-2.6
1	WAIDE	JOOSTE	CGA	10.57
2	ANASO	JOBODWANA	BORA	10.88
3	JACO	FOURIE	AGN	11.07
4	JACO	VAN ROOYEN	CGA	11.07
5	BRAAM	VAN TUBBERG	KZNA	11.16
6	GARTH	ARENDS	BOLA	11.18
7	PHAPHAMA	HOYI	EPA	11.61
8	MONGEZI	RADEBE	CGA	11.79
0	BILOMBI	MAWOKO	AGN	DNS

Item	43 Heat 3 of 5 Junior Men 100m		14:05	Wind=-1.4
1	GIDEON	TROTTER	AFS	10.58
2	SEAN	DE KLERK	AFS	10.73
3	CAMERON	ALEXANDER	CGA	10.91
4	DRIES	HEFER	AMPU	11.19
5	SIYATHEMBA	PANGO	BORA	11.34
6	SHIRMAN	WILLEMANN	ASWD	11.58
7	KEORAPETSW	PITSOE	ANWN	11.60
0	TUMELO	RANTSATSI	LES	DNS
0	KHOTSO	LEEPILE	ACNW	DNS

Item	43 Heat 4 of 5 Junior Men 100m		14:05	Wind=-1.8
1	WADE	VAN NIEKERK	AFS	10.78
2	CJ	KOTZE	EPA	10.91
3	RAMAN	KAHN	AGN	11.02
4	VIRGIL	PHILANDER	BOLA	11.29
5	SIPHAMANDLA	MOKOENA	CGA	11.30
6	NICODEMUS	SEMELA	AVT	11.85
0	SIBAYA	THAMI	LIMA	DNS
0	RICHARD	SWART	ACNW	DNS
0	RUAN	ERASMUS	CGA	DNS

Item	43 Heat 5 of 5 Junior Men 100m	14:05	Wind=-2.8
1	LAVINE MORGAN	CGA	11.00
2	EMILE ERASMUS	AGN	11.04
3	MANFRED TITUS	AFS	11.40
4	HENDRICK MATHESE	BOLA	11.41
5	YOLA MPUHLU	ATRA	11.44
6	PITSO RAMONTLE	ANWN	11.53
7	TSHEPHISO MAMPA	LIMA	11.61
0	KYLE VORSTER	CGA	DNS
0	THEMBA MNGQIBISA	CGA	DNS

Item	44 Final Youth Boys Shotput	14:30	
1	FRANS SCHUTTE	AMPU	19.18
2	JACQUES DU PLESSIS	AMPU	18.23
3	CONSTANT VAN ROOYEN	CGA	18.21
4	RUAN MAREE	WPA	17.20
5	JOHNNY BOTHA	CGA	16.72
6	JAN-LOUW KOTZW	BOLA	16.03
7	CJ LOMBARD	EPA	15.73
8	DANIEL LOMBARD	EPA	15.18
9	WIAN VILJOEN	CGA	14.40
10	WALTER KARSTEN	AGN	14.03
11	GERHARD DE BEER	AGN	13.33
0	SETH TOWNSEND	CGA	DNS
0	GUILHERME R-DE FRANCA	AVT	DNS
0	RUAN COMBRINK	AVT	DNS
0	ARMAND BEUKES	ACNW	DNS
0	MICHAEL COETZEE	CGA	DNS
0	IRNE HERBST	AGN	DNS

Item 45 Semi Final Youth Girls 400m 14:35
Cancelled - Direct to Final

Item	46 Final Junior Women 400m	14:40	
1	SONJA VAN DER MERWE	WPA	54.07
2	ZOE' ENGLER	KZNA	55.72
3	LEA STEYN	EPA	56.10
4	JANINE PIETERS	ACNW	56.16
5	ANUSCHCA NICE	AGN	56.53
6	CHANEL FOURIE	CGA	57.03
7	ANIKA VAN HUYSSSTEEN	BOLA	59.25
8	ALISA GREYLING	AVT	62.09

Item	47 Semi Final 1 of 2 Youth Boys 400m	14:45	
1	RUAN GREYLING	AGN	48.41
2	KATLEGO NKOANA	AGN	48.56
3	LORENZO ADAMS	BOLA	48.85
4	FERNANDO LEDIMO	AFS	48.92
5	LUYOLO GQEBA	BORA	49.52
6	ECHARDT KILLOWAN	BOLA	50.01
7	GOMOLEMO SHIKWAMBANE	AGN	50.55
0	RICOLENE MOONSAMY	KZNA	DNF

Item	47 Semi Final 2 of 2 Youth Boys 400m	14:45	
1	TISETSO NOLAN	AFS	48.97
2	JOHNSON MUCHENJE	AGN	49.44
3	AWANDE NKAMBULE	AMPU	49.49
4	ORATILE MOALOSI	ANWN	49.57
5	LEANDRE BARNARD	ACNW	50.82
6	KEVIN BOTHA	EPA	51.36
7	ANTON BARNARD	EPA	51.50
8	PETRI CLAASSEN	ACNW	52.28

Item	48 Semi Final 1 of 3	Junior Men 400m	14:50	
1	THAPELO	KETLOGETSWE	CGA	47.98
2	DANIEL	HARRISON	CGA	48.10
3	THABANG	LEBONA	AFS	48.30
4	KOKETSO	RAMASITA	ANWN	48.79
5	OLEBOGANG	MOROKA	AFS	49.20
6	LEROY	BITTERHOUT	BOLA	49.71
7	SOLMS	DYKMAN	BOLA	49.98
8	SANDILE	MPISI	KZNA	50.32

Item	48 Semi Final 2 of 3	Junior Men 400m	14:50	
1	JACQUES	DE SWART	AGN	47.11
2	SHAUN	DE JAGER	BOLA	47.36
3	ANRICH	VISSER	WPA	47.38
4	TRAVIS	ISMAIEL	WPA	47.92
5	DWAYNE	ANDREWS	CGA	48.36
6	KOKETSO	MOIMANE	ANWN	49.60
7	WELLINGTON	NUKOWA	CGA	49.88
8	PHIL	JAMES	AMPU	52.59

Item	48 Semi Final 3 of 3	Junior Men 400m	14:50	
1	JUNAID	SMERDON	KZNA	48.67
2	LONWABO	MAJERMEN	BORA	48.89
3	GIDEON	MASHEGO	AMPU	49.08
4	GERALD	JOOSTE	ASWD	49.37
5	MC	KRUGER	AVT	49.41
6	ALFRED	ZULU	AMPU	49.53
7	MAREDI	NKETLA	LIMA	50.58
0	PIETER	MARX	AFS	DNS

Item	49 Final Youth Girls	Hammer	15:00	
1	SUNETTE	VOIGT	ASWD	41.92
2	FRANCISKE	WHITEHEAD	EPA	40.61
3	MURIALLE	MANIECA	REU	40.30
4	MIEKE	STANDER	EPA	39.28
5	MARNE	MINNAAR	ACNW	38.54
6	SAIRA-LEE	NEL	AVT	37.10
7	GERNE'	COETZER	AFS	35.44
8	NANDA	KRUGER	CGA	33.04
9	JANA	MINNAAR	ACNW	27.72
10	NADIA	BOTES	AVT	20.54
0	C	WHITEHEAD	BORA	DNS

Item	50 Semi Final 1 of 2	Youth Girls 100m	15:00	Wind=-3.1
1	JADE	ROMAN	AGN	12.21
2	ZANRI	VAN DER MERWE	AGN	12.55
3	NADIA	JOOSTE	AGN	12.59
4	FRANCIS	MARTENS	BOLA	12.92
5	BENEE	PRINSLOO	CGA	12.98
6	BONTLE	MOKHELENGANE	AFS	13.05
7	MARETHA	PELSER	AFS	13.16
8	MARGARET	MAC KECHNIE	CGA	13.19
9	MELINDA	MEIRING	AMPU	13.19
10	IMKE	STEYN	EPA	13.53

Item	50 Semi Final 2 of 2	Youth Girls 100m	15:00	Wind=-0.1
1	ANNUSCHKE	DU PLESSIS	AMPU	12.07
2	STACEY	WELSCH	WPA	12.23
3	ADRIE	VAN DER MERWE	AVT	12.44
4	NICOLE	SHAROCK	BORA	12.46
5	MERISSA	JANSE VAN RENSBURG	EPA	12.89
6	ANGELINA	MODISE	ANWN	12.92

7	LEAH	MALAN	ACNW	12.96
8	MERCIA	VENTER	AGN	13.31
0	CHANTE'	JACOBS	AMPU	DNS
0	NICOLENE	LUBBE	ACNW	DNS

Item	51 Semi Final 1 of 2 Youth Boys 100m		15:20	Wind=-3.0
1	SIPHELO	NGQUBOZA	AFS	10.75
2	QUINTIN	HITGE	KZNA	10.88
3	ARTHUR	FESTUS	BOLA	10.97
4	PIERRE	MARAIS	KZNA	11.11
5	ZUBEN	BAARTMAN	EPA	11.25
6	JACQUES	HARRIS	AGN	11.27
7	O'BAKENG	MOLOPYANE	CGA	11.34
8	MEIRING	VAN DER MERWE	AMPU	11.46
0	CHRISTOFF	BOTHMA	ACNW	Disq
0	AKANI	SIMBANE	CGA	Disq

Item	51 Semi Final 2 of 2 Youth Boys 100m		15:20	Wind=-3.2
1	RUDOLF	ERASMUS	CGA	10.74
2	BRADLEY	BRITZ	WPA	10.82
3	HENRICO	BRUINTJIES	BOLA	10.85
4	ANIEKAN	AKPABIO	AMPU	11.22
5	LEBOGANG	MAAGA	AGN	11.35
6	SIYETHABA	DLUDLA	KZNA	11.38
7	KURTLEY	DU PLESSIS	BOLA	11.61
0	ARMAND	BAM	AGN	Disq
0	FRITZ	HELBERG	AGN	DNS
0	RUAN	JORDAAN	CGA	DNS

Item	52 Semi Final 1 of 2 Junior Men 100m		15:30	Wind=-2.1
1	WAIDE	JOOSTE	CGA	10.57
2	TSHEPO	QHOTSOKOANE	AFS	10.80
3	CJ	KOTZE	EPA	10.93
4	PRINCE	MAKGATO	AMPU	10.95
5	LAVINE	MORGAN	CGA	10.98
6	RAMAN	KAHN	AGN	11.04
7	JACO	FOURIE	AGN	11.07
8	JACO	VAN ROOYEN	CGA	11.19
9	BRAAM	VAN TUBBERG	KZNA	11.22
10	VIRGIL	PHILANDER	BOLA	11.56

Item	52 Semi Final 2 of 2 Junior Men 100m		15:30	Wind=-1.8
1	GIDEON	TROTTER	AFS	10.66
2	SEAN	DE KLERK	AFS	10.71
3	WADE	VAN NIEKERK	AFS	10.74
4	ANASO	JOBODWANA	BORA	10.84
5	EMILE	ERASMUS	AGN	10.94
6	GARTH	ARENDS	BOLA	11.04
7	CAMERON	ALEXANDER	CGA	11.09
8	MERVIN	COERT	BOLA	11.23
9	DRIES	HEFER	AMPU	11.28
10	MANFRED	TITUS	AFS	11.39

Item	53 Final Youth Boys 3000m		15:55	
1	STHEMBILE	DONDOLO	CGA	8:55.59
2	MONWABISI	CELE	KZNA	9:01.11
3	ADEM	ZUBER	ACNW	9:01.12
4	ANDILE	MAQELE	ATRA	9:01.42
5	WISDOM	NDLOVU	CGA	9:07.23
6	SAKHILE	MTHEMBU	KZNA	9:10.56
7	SPHESIHLE	MIYA	KZNA	9:24.12
8	DONALD	MELEANE	ACNW	9:24.99
9	TUMISANG	MONATLALA	CGA	9:29.30
10	RANTSOE	MOKOPANE	AFS	9:29.36
11	JOSEPH	PHAMA	AVT	9:30.47
12	ANASTACUIS	ONTONG	AFS	9:35.86
13	LUCKY	THATO	CGA	9:37.05
14	T	MOKGATLE	ANWN	9:44.51
15	KEORAPETSE	RAMOKOKA	ANWN	9:44.54
16	MABU	MOSALA	ACNW	9:54.11
17	THAPELO	MADIBA	CGA	10:00.35
18	KOOS	BALOYI	AGN	10:05.66
19	ABRAM	MOTSUMI	ACNW	10:08.11
20	DEON	BOTHA	AVT	10:09.83
0	FIKILE	MKUNQE	ATRA	DNS
0	ERNEST	BASIME	ANWN	DNS
0	EDWIN	SESIPI	CGA	DNS
0	AKHANA	MAGATYA	CGA	DNF
0	SHADRACK	MOTIBE	CGA	DNF
0	UNATHI	PHEZOLO	WPA	DNF

Item	54 Final Youth Girls Long Jump		16:00		Wind
1	KYLA	GILBERT	CGA	5.99	+1.7
2	MARYKE	BRITS	BOLA	5.97	+1.6
3	JANET	SEELIGER	AGN	5.81	+2.1
4	VALENTINA	DA ROCHA	WPA	5.74	+1.5
5	IZELLE	VREY	CGA	5.58	+1.1
6	DANELLE	ERWEE	AFS	5.53	+0.6
7	CIANI	LOUBSTER	BOLA	5.48	+1.8
8	ZANRI	VAN DER MERWE	AGN	5.47	+2.4
9	ZINHLE	MBUYANE	AMPU	5.45	+1.9
10	TAMRYN	CUPIDO	BOLA	5.28	+1.9
11	IMKE	STEYN	EPA	4.42	+2.3
0	GIOLA	DALLA-PRIA	AGN	DNS	

Item	55 Final Youth Boys Long Jump		16:00		Wind
1	MPHO	MAPHUTHA	AGN	7.51	-0.6
2	ROELF	PIENAAR	ACNW	7.30	+1.4
3	DUNCAN	MATTHEWS	BOLA	7.01	+1.8
4	FRITZ	HELBERG	AGN	6.89	+1.2
5	ANVER	CARELSE	ASWD	6.89	+2.8
6	ARMAND	BAM	AGN	6.86	+0.7
7	NEIL	MEYER	AMPU	6.81	+2.0
8	JUSTIN	GEDULD	WPA	6.62	-0.4
9	CARMEL	PERUMAL	CGA	6.52	+2.7
10	DEAN	MACMINN	KZNA	6.34	+3.1
0	WILCOX	PHAHLAMOHLAKA	AMPU	DNS	
0	FRANCOIS	COETZEE	AMPU	NRA	

Item	56 Final Youth Girls 3000m		16:10	
1	MAMPHIEKO	SIBANDA	CGA	10:28.15
2	BIANCA	VAN NIEKERK	CGA	10:38.76
3	MBALI	MOKOENA	KZNA	10:45.32
4	SYLVIA	DIBAKWE	AFS	10:50.27
5	AVELA	NKWEBA	ATRA	10:50.94
6	ANNA	LEKALAKALA	AGN	11:00.60
7	ZINHLE	ZONDO	KZNA	11:05.61
8	THANDEKA	MANZENA	AGN	11:07.53
9	AVELA	NONGCI	ATRA	11:08.18
10	LERATO	MOHLOAI	AGN	11:34.94
11	RIANDA	TERBLANCHE	AVT	11:45.60
12	MIKYLA	SNYMAN	ACNW	12:07.61
13	LAROCHELLE	VORSTER	AVT	12:27.48
14	ANIQUE	BURGER	ACNW	12:32.49
0	SYLVIA	TSHETLAWANYE	CGA	DNS
0	MPHO	MOSTI	LES	DNS
0	PITSO	MANINI	LES	DNS
0	NOBENGAZI	MAKOPO	ACNW	DNS
0	MORENDWA	DADHANA	CGA	DNS
0	SIMONE	VERWEY	AGN	DNS
0	BRIGETTE	BEZUIDENHOUT	CGA	DNF
0	CHERISE	SIMMS	BORA	DNF

Item	57 Final Junior Women 3000m		16:30	
1	DOMINIQUE	SCOTT	BOLA	10:37.87
2	ANGELIQUE	FASSEN	AGN	10:42.84
3	LUSANDA	BOMVANA	ATRA	11:21.03
4	MARI	SCOTT	BOLA	11:30.54
5	RENTIA	RETIEF	BOLA	11:34.93
6	VUYOKAZI	GEBE	ATRA	11:49.88
7	MONIQUE-ANN	LOMBAARD	BOLA	11:57.73
8	JOYCE	RANTSHO	AFS	12:29.34
0	BABY	MOKONE	AFS	DNS
0	NEO	CHOANE	AFS	DNS
0	MICAELLA	PARKER	WPA	DNF
0	LETTIE	DHLAMINI	AFS	DNF

Item	58 Final Junior Women Shotput Heptathlon		16:30	
1	MARIONETTE	VAN DER MERWE	AFS	9.60
2	ANGELIQUE	PEPLER	AGN	9.28
3	ZANTE	CAMPHER	ACNW	9.26
4	SHARI	WILKE	AGN	8.71
5	CHANELLE	JACOBS	AGN	8.11
6	LEE-ANNE	LAMPRECHT	CGA	6.97
7	GILLIAN	BAIN	CGA	6.58
0	IZETTE	LUBBE	AGN	DNS

Item	59 Final Youth Girls Shotput Heptathlon		16:30	
1	ZELKE-MARIE'	DE JONGH	AGN	10.80
2	NICOLA	GROBBELAAR	EPA	7.98
3	INGE	VILJOEN	AGN	7.88
4	ILZE	MOOLMAN	CGA	7.21
0	TALI	RAUBENHEIMER	CGA	DNS

Item	60 Final Junior Women Javelin		16:30	
1	TAZMIN	BRITZ	ACNW	53.16
2	GEZELLE	BERNARD	ACNW	49.73
3	SHADINE	VAN DER MERWE	AGN	46.10
4	LIESEL	DE SWART	ANWN	45.33
5	ALANNAH	CRAFFORD	ANWN	44.85
6	ANJE	CLAASENS	AVT	43.18

7	CARIEN	DREYER	AGN	42.02
8	LI-ANDRI	HELLEWEEGE	KZNA	39.83
9	LIZELLE	LEE	AMPU	33.46
0	ADELLE	BENSON	AFS	DNS

Item	61 Final Youth Girls Polevault	16:30	
1	TAAHIRAH KOZAIN	BOLA	3.32
2	KULTHOOM GAIDIEN	BOLA	3.00
3	NADIA GILLOMEE	BOLA	2.90
4	JANI SMIT	BOLA	2.90
5	RAUGME BRINK	CGA	2.90
Item	62 Final Junior Men 110m Hurdles	16:50	Wind=-1.6
1	KOBUS MOOLMAN	AGN	13.84
2	WERNER PRETORIUS	AGN	13.99
3	JACO FOURIE	AGN	13.99
4	TSHEPO LEFETE	AFS	14.06
5	DIRKUS VILJOEN	BOLA	14.10
6	ROANN GROBLER	ACNW	14.20
7	LAYNE SCHEFFERS	WPA	14.21
8	DANIEL NEL	ANWN	14.41
9	HANNES GREYLING	ACNW	14.42
10	IMMANUEL PAPGIS	AFS	17.50
Item	63 Final Youth Boys 110m Hurdles	17:00	Wind=-2.1
1	ELANDRE' KOTZEE	CGA	14.10
2	JONTY FITZGERALD	CGA	14.26
3	SCHALK BURGER	BOLA	14.38
4	MOLLIER DUFFE	ACNW	14.51
5	WERNER FOURIE	CGA	14.55
6	GEORGE NEUHOFF	AVT	14.57
7	BRANDON BURGER	AMPU	14.58
8	ALEXANDRE TANJAMA	REU	14.62
9	ANDRIES VAN DER MERWE	AGN	14.64
10	TSHEPHO MAMPURU	LIMA	14.68
Item	64 Final Junior Men High Jump Decathlon	17:00	
1	GERT SWANEPOEL	ACNW	1.93
2	CARL STOLS	AVT	1.75
3	AWIE VERMEULEN	AVT	1.50
0	NARDUS GREYLING	AFS	DNS
0	KOBUS HEISTER	ACNW	DNS
Item	65 Final Junior Women 100m Hurdles	17:10	Wind=-1.3
1	RIKENETTE STEENKAMP	AGN	13.87
2	JEAN-MARIE SENEKAL	BOLA	14.13
3	CHANE' BURGERS	CGA	14.48
4	ANSULET POTGIETER	AFS	14.50
5	ANE' KILLIAN	AVT	15.30
6	MINUTTE JOUBERT	ANWN	16.15
7	JEAN-MARIE WILBERS	AGN	16.52
8	ARINDA NAUDE	AMPU	19.78
0	JOMARIE RES	AVT	DNS
Item	66 Final Youth Girls 100m Hurdles	17:20	Wind=-1.8
1	LARISKA BOTHA	AFS	14.01
2	KYLA GILBERT	CGA	14.25
3	TANYA VAN DEN BERG	WPA	14.34
4	SUME' OTTO	INDFS	14.64
5	TRACEY-LEIGH CULLIS	CGA	14.85
6	MELANI HEUNIS	AGN	14.97
7	JUN'E GEYSER	AMPU	15.20
8	MERISSA JANSE VAN RENSBURG	EPA	15.51
9	LEXI NEL	AGN	15.95
0	CAROLINE CLOUSE	AVT	DNS

Item	67 Heat 1 of 3 Youth Girls 800m		17:35	
1	THATO	MAKHAFOLA	CGA	2:11.35
2	GIRA	CARSTENS	BOLA	2:13.84
3	ADEL	VERMAAK	LIMA	2:16.84
4	EUGENIE	LOMBARD	AGN	2:17.84
5	MICHE'	VAN ZYL	CGA	2:19.18
6	LUSHANO	SMIT	KZNA	2:24.85
7	MICHELE	DANIELS	ANWN	2:27.09
8	LEMISO	KHOPHOCHÉ	AVT	2:34.11
9	LISJE'	PRETORIUS	AVT	2:45.24

Item	67 Heat 2 of 3 Youth Girls 800m		17:35	
1	MINNETTE	VAN DER WESTHUIZEN	CGA	2:19.14
2	MARIKE	VERMAAK	AMPU	2:19.57
3	MASSBATA	MOTONE	AGN	2:19.80
4	LAUREN	BOTHA	CGA	2:28.02
5	KELEBOGILE	MOGOMOTSI	ANWN	2:56.62
0	LEBOGANG	DHLAMINI	AFS	DNS
0	SYLVIA	DIBAKWE	AFS	DNS
0	MAURICA	LE GRANGE	ASWD	DNS
0	ALTHEA	FESTUS	ASWD	DNS

Item	67 Heat 3 of 3 Youth Girls 800m		17:35	
1	FELICIA	MOFOKENG	AFS	2:15.76
2	LAWRENCE	PRICE	ANWN	2:18.81
3	N	NKWENKWENI	BORA	2:19.17
3	LIZE	STEYN	EPA	2:19.17
5	GOITSEONA	RAMONNYE	ANWN	2:22.77
6	CHARLIZE	GROVE	AMPU	2:22.89
7	KAYLA	NEL	EPA	2:30.16
8	MICHAELO	ZIETSMAN	ANWN	2:32.98
9	BRENDELINÉ	MISLAND	ASWD	3:13.17
0	MEGAN	WILLIAM	CGA	DNS

Item	68 Heat 1 of 3 Youth Boys 800m		17:50	
1	DANIEL	GOUWS	AGN	1:57.58
2	BENNET	SELALA	CGA	1:57.58
3	JOHAN	BERRANGE	AMPU	1:57.68
4	MAPHELELA	REGIE	LIMA	1:57.97
5	ANELE	NDINGI	ACNW	2:04.66
6	JACQUES	SMIT	ACNW	2:06.80
7	SIYAMTHANDA	MADOTYENI	ATRA	2:07.09

Item	68 Heat 2 of 3 Youth Boys 800m		17:50	
1	ZWELI	NZIMA	CGA	1:57.19
2	HENK	KOEKEMOER	AGN	1:57.63
3	JAN	BRIERS-LOUW	INDBOL	1:58.10
4	EMILE	PIETERSE	INDBOL	1:58.51
5	LUNGA	MTHEMBU	KZNA	1:59.68
6	THOBILE	NONTULE	AVT	2:04.70
7	KEVIN	LARNEY	CGA	2:06.21
0	MGCINI	MYHANYHAVU	ATRA	DNS

Item	68 Heat 3 of 3 Youth Boys 800m		17:50	
1	DOUGAN	WRIGHT	INDBOL	1:58.18
2	EDRINE	MUKASA	KZNA	1:58.78
3	MAWANDE	HLONGWE	ATRA	1:58.99
4	ECHARDT	KILLOWAN	BOLA	1:59.43
0	THABANG	MAJANAGA	AFS	DNS
0	NKOSI	MTHOBISI	KZNA	DNS
0	KOWIE	GROENEWALD	ANWN	DNS
0	TSAKO	JACOB	AGN	DNS

Item	69 Final Junior Women Long Jump		18:00	Wind
1	SAMANTHA	PRETORIUS	WPA	6.03 +1.5
2	CHANE'	BURGERS	CGA	5.93 +0.3
3	MONJA	GOOSEN	AGN	5.91 +0.2
4	DARLENE	MAZEAU	REU	5.88 -0.2
5	BIRDIE	CARSTENS	ASWD	5.81 -0.1
6	LINIQUE	PRINSLOO	AGN	5.80 -0.1
7	BIANCA	JACOBSZ	AGN	5.76 -0.3
8	ANJA	JONKER	EPA	5.42 +0.6
9	CINDY	NAUDE	ACNW	5.22 +1.0
10	DITSELE	MASEGO	ANWN	5.09 +0.6
11	CRISTEL	STIGLINGH	AVT	4.95 +0.6
12	DAPHNEY	MAGANO	ANWN	4.94 +0.8
13	NATASHA	JANSEN	AMPU	4.59 +0.6
14	ARISTA	DU PLESSIS	AMPU	4.47 +1.4
15	KARABO	KHAALO	AVT	4.16 +0.4
16	TSHEGOFATSO	LEBETH	AVT	4.10 +0.4
0	KELLY	KINGWELL	CGA	NRA

Item	70 Final Junior Men Long Jump		18:00	Wind
1	LUVO	MANIYONGA	BOLA	8.05 +1.1
2	STEFAN	BRITS	BOLA	7.30 +0.2
3	DYLAN	COTTER	CGA	7.26 +1.0
4	KOKETSO	MOGAPI	ANWN	7.10 +1.4
5	RUSHWAL	SAMAAI	INDBOL	7.07 +0.9
6	CLINT	JOHNSON	INDWP	7.06 +0.4
7	ANDILE	MTSHALI	KZNA	6.99 +1.2
8	ROBERT	HILL	CGA	6.90 +1.4
9	EDWARD	EDONS	BOLA	6.78 +0.7
10	HEINVILLE	OERSON	BOLA	6.57 +1.1
11	BABAKWE	MATHONGWANE	AGN	6.55 +0.9
0	SIBELE	MIYA	CGA	DNS

Item 71 Heats Junior Women 800m 18:10
Cancelled - Direct to Final

Item	72 Heat 1 of 3 Junior Men 800m		18:20
1	RATLALE	MOKONE	AFS 1:53.43
2	ANDREW	LEEUEW'	CGA 1:54.46
3	MPHAKA	MAHLOPE	AFS 1:55.78
4	JAN HENDROK	LUBBE	ACNW 1:56.59
5	LUCAS	MAANO	ANWN 1:57.04
6	AUBREY	VAN DER MERWE	INDKZN 2:00.31
7	SIMPHIWE	MKHUMBANE	AMPU 2:01.80
0	ANDREW	LEEUEW	CGA DNS
0	STEPHANE	SEKAE	ANWN DNS

Item	72 Heat 2 of 3 Junior Men 800m		18:20
1	SIYABONGA	DERISON	CGA 1:55.58
2	RYNHARD	VAN ROOYEN	AGN 1:56.12
3	RYNHARDT	VAN RENSBURG	AFS 1:56.91
4	HENO	HAVENGA	ANWN 1:57.79
5	PASEKA	CHISALE	AGN 1:58.61
6	DANIEL	SENATLE	ACNW 1:59.74
7	LANSEER	BOTHA	AVT 2:00.21
0	WERNER	DU TOIT	CGA DNS
0	TIAAN	JACOBS	CGA DNS

Item	72 Heat 3 of 3 Junior Men 800m		18:20	
1	STEVEN	MHLONGO	CGA	1:52.99
2	MICHAEL	VAN ASWEGEN	CGA	1:53.53
3	MICHAEL	DU TOIT	CGA	1:53.80
4	ALAN	SLINGER	INDWP	1:54.44
5	C	DAVEY	AGN	1:54.95
6	REYNARD	DE BRUIN	AMPU	1:58.94
7	THABANG	SAKWANE	CGA	2:00.61
8	JANKO	DE HART	AVT	2:02.49
0	JURGEN	BURGER	EPA	DNS
0	TOKELO	MOKOENEA	AVT	DNS

Item	73 Final Junior Women 200m Heptathlon		18:40	Wind=+0.1
1	MARIONETTE	VAN DER MERWE	AFS	26.53
2	ANGELIQUE	PEPLER	AGN	26.75
3	SHARI	WILKE	AGN	27.72
4	LEE-ANNE	LAMPRECHT	CGA	27.86
5	ZANTE	CAMPHER	ACNW	28.44
6	CHANELLE	JACOBS	AGN	29.28
7	GILLIAN	BAIN	CGA	29.42
0	IZETTE	LUBBE	AGN	DNS

Item	74 Final Youth Girls 200m Heptathlon		18:45	Wind=+0.2
1	ILZE	MOOLMAN	CGA	27.17
2	INGE	VILJOEN	AGN	27.29
3	NICOLA	GROBBELAAR	EPA	28.19
4	ZELKE-MARIE'	DE JONGH	AGN	29.94
0	TALI	RAUBENHEIMER	CGA	DNS

Item	75 Final Youth Girls 100m		18:50	Wind=+0.5
1	STACEY	WELSCH	WPA	12.04
2	JADE	ROMAN	AGN	12.05
3	ZANRI	VAN DER MERWE	AGN	12.08
4	ANNUSCHKE	DU PLESSIS	AMPU	12.14
5	NADIA	JOOSTE	AGN	12.31
6	ADRIE	VAN DER MERWE	AVT	12.46
7	FRANCIS	MARTENS	BOLA	12.55
8	MERISSA	JANSE VAN RENSBURG	EPA	12.65
9	NICOLE	SHAROCK	BORA	12.68
0	ANGELINA	MODISE	ANWN	DNS

Item	76 Final Youth Boys 100m		18:55	Wind=+0.3
1	RUDOLF	ERASMUS	CGA	10.50
2	SIPHELO	NGQUBOZA	AFS	10.65
3	HENRICO	BRUINTJIES	BOLA	10.66
4	BRADLEY	BRITZ	WPA	10.67
5	QUINTIN	HITGE	KZNA	10.86
6	ARTHUR	FESTUS	BOLA	10.94
7	PIERRE	MARAIS	KZNA	10.97
8	JACQUES	HARRIS	AGN	11.10
9	ANIEKAN	AKPABIO	AMPU	11.12
10	ZUBEN	BAARTMAN	EPA	11.17

Item	77 Final Junior Women 100m		19:00	Wind=+0.3
1	MELISSA	HEWITT	BOLA	11.84
2	BEVIN	SMITH	WPA	11.85
3	ARLENE	GOWAR	AGN	11.94
4	ELZETTE	BUYS	AGN	12.18
5	OLIVIA	MAZEAU	REU	12.30
6	MARIZELLE	SWART	AMPU	12.36
7	ZASKIA	STRUWIG	EPA	12.51
8	KATELYN	PALFRAMAN	KZNA	12.56

9	JADE	THIELE	CGA	12.90
0	ALYSSA	CONLEY	CGA	DNS

Item	78 Final Junior Men 100m		19:05	Wind=0.0
1	GIDEON	TROTTER	AFS	10.41
2	WAIDE	JOOSTE	CGA	10.43
3	SEAN	DE KLERK	AFS	10.47
4	WADE	VAN NIEKERK	AFS	10.58
5	TSHEPO	QHOTSOKOANE	AFS	10.65
6	ANASO	JOBODWANA	BORA	10.80
7	EMILE	ERASMUS	AGN	10.81
8	PRINCE	MAKGATO	AMPU	10.83
9	LAVINE	MORGAN	CGA	10.85
10	CJ	KOTZE	EPA	10.86

Item	79 Final Junior Men 400m Decathlon		19:10	
1	GERT	SWANEPOEL	ACNW	49.61
2	CARL	STOLS	AVT	54.73
3	AWIE	VERMEULEN	AVT	54.74
0	NARDUS	GREYLING	AFS	DNS
0	KOBUS	HEISTER	ACNW	DNS

Item	80 Combined Results Youth Boys 400m Octat		19:15	
1	LEE-ROY	MORGAN	AVT	49.43
2	JASON	ROUX	AGN	52.05
3	GIFT	SITHOLE	AVT	52.65
4	CODY	FIRMSTONE	INDWP	53.09
5	LLOYD	GREEF	AVT	53.25
6	JOHAN	KRUGER	CGA	54.75
7	ARMANDT	DU PREEZ	CGA	55.05
8	WALDO	MINOR	CGA	56.29
9	QUINTEN	PISTORIUS	ACNW	56.35
10	JUSTIN	VAN NIEKERK	WPA	56.85
11	KYLE	MC DONALD	CGA	57.11
12	EBEN	WILKE	ACNW	58.86
13	WARRICK	LEEMAN	INDWP	59.35
14	WREEFORD	SIMONS	INDWP	59.53
15	FRANCIOS	GROBLER	CGA	60.30
16	BAREND	BOTHA	ACNW	62.32

Item	80 Final 1 of 2 Youth Boys 400m Octathlon		19:15	
1	JASON	ROUX	AGN	52.05
2	GIFT	SITHOLE	AVT	52.65
3	LLOYD	GREEF	AVT	53.25
4	JOHAN	KRUGER	CGA	54.75
5	ARMANDT	DU PREEZ	CGA	55.05
6	QUINTEN	PISTORIUS	ACNW	56.35
7	JUSTIN	VAN NIEKERK	WPA	56.85
8	WARRICK	LEEMAN	INDWP	59.35

Item	80 Final 2 of 2 Youth Boys 400m Octathlon		19:15	
1	LEE-ROY	MORGAN	AVT	49.43
2	CODY	FIRMSTONE	INDWP	53.09
3	WALDO	MINOR	CGA	56.29
4	KYLE	MC DONALD	CGA	57.11
5	EBEN	WILKE	ACNW	58.86
6	WREEFORD	SIMONS	INDWP	59.53
7	FRANCIOS	GROBLER	CGA	60.30
8	BAREND	BOTHA	ACNW	62.32

Item	81 Final Youth Girls 400m		19:20	
1	IZELL	NEUHOFF	AVT	55.18
2	CHANELLE	POTGIETER	CGA	56.45
3	STEPHANIE	WICKSELL	AGN	56.53
4	JANET	SEELIGER	AGN	57.29

5	SASKIA	KOTZE	BOLA	57.40
6	ANMARLI	LOUBSER	AGN	58.05
7	FELICIA	MOFOKENG	AFS	58.92
8	ALEESHA	GERBER	EPA	59.16

Item	82 Final Youth Boys 400m		19:40	
1	RUAN	GREYLING	AGN	47.74
2	LORENZO	ADAMS	BOLA	48.09
3	KATLEGO	NKOANA	AGN	48.38
4	TISETSO	NOLAN	AFS	48.57
5	FERNANDO	LEDIMO	AFS	49.89
6	LUYOLO	GQEBA	BORA	51.06
7	AWANDE	NKAMBULE	AMPU	52.50
0	JOHNSON	MUCHENJE	AGN	DNS

Item	83 Final Junior Men 400m		19:50	
1	JACQUES	DE SWART	AGN	46.08
2	THAPELO	KETLOGETSWE	CGA	46.29
3	SHAUN	DE JAGER	BOLA	46.82
4	ANRICH	VISSER	WPA	47.32
5	DANIEL	HARRISON	CGA	47.72
6	TRAVIS	ISMAIEL	WPA	47.74
7	JUNAID	SMERDON	KZNA	48.64
8	LONWABO	MAJERMEN	BORA	50.40

Item	84 Final Youth Girls 4X100m Relay		20:00	
1	BOLA		BOLA	48.26
2	AGN		AGN	48.60
3	WPA		WPA	49.23
4	CGA		CGA	49.62
5	AFS		AFS	50.15
6	EPA		EPA	50.65
0	AMPU		AMPU	DNS
0	ANWN		ANWN	DNS

Item	85 Combined Results Youth Boys 4X100m Rel		20:10	
1	CGA (A)		CGA	41.71
2	BOLA		BOLA	42.48
3	AGN		AGN	42.83
4	KZNA		KZNA	43.02
5	AFS		AFS	43.03
6	AMPU (A)		AMPU	43.45
7	WPA		WPA	43.51
8	BORA		BORA	43.90
9	CGA (B)		CGA	44.37
10	AVT		AVT	44.40
11	AMPU (B)		AMPU	44.82
12	ANWN		ANWN	45.37
13	EPA		EPA	45.73

Item	85 Final 1 of 2 Youth Boys 4X100m Relay		20:10	
1	CGA (A)		CGA	41.71
2	AGN		AGN	42.83
3	AFS		AFS	43.03
4	AMPU (A)		AMPU	43.45
5	WPA		WPA	43.51
6	ANWN		ANWN	45.37
7	EPA		EPA	45.73

Item	85 Final 2 of 2 Youth Boys 4X100m Relay		20:10	
1	BOLA		BOLA	42.48
2	KZNA		KZNA	43.02
3	BORA		BORA	43.90
4	CGA (B)		CGA	44.37
5	AVT		AVT	44.40
6	AMPU (B)		AMPU	44.82

Item	86 Final Junior Women 4X100m Relay	20:20	
1	AGN	AGN	46.45
2	WPA	WPA	47.39
3	EPA	EPA	48.98
4	BOLA	BOLA	49.36
5	AMPU	AMPU	49.55
6	AVT	AVT	51.09
0	CGA	CGA	DNS

Item	87 Combined Results Junior Men 4X100m Rel	20:30	
1	AFS	AFS	41.64
2	AGN	AGN	41.82
3	BOLA	BOLA	42.02
4	KZNA	KZNA	42.45
5	WPA	WPA	42.54
6	AMPU	AMPU	43.05
7	EPA	EPA	43.43
8	CGA (A)	CGA	43.64
9	ANWN	ANWN	44.50
0	CGA (B)	CGA	DNS
0	ATRA	ATRA	DNS

Item	87 Final 1 of 2 Junior Men 4X100m Relay	20:30	
1	AFS	AFS	41.64
2	BOLA	BOLA	42.02
3	WPA	WPA	42.54
4	EPA	EPA	43.43
5	CGA (A)	CGA	43.64
6	ANWN	ANWN	44.50

Item	87 Final 2 of 2 Junior Men 4X100m Relay	20:30	
1	AGN	AGN	41.82
2	KZNA	KZNA	42.45
3	AMPU	AMPU	43.05
0	ATRA	ATRA	DNS
0	CGA (B)	CGA	DNS

Item	88 Final Junior Men 10km Walk	06:45	
1	RUAN WESSELS	AFS	0:48:27.05
2	JANDRE BOTES	ACNW	0:49:41.96
3	MFANA MBATHA	CGA	0:50:48.50
4	REGINALD HUFKIE	EPA	0:50:51.64
5	JACQUES FAURE	AGN	0:51:08.75
6	ENVOR RHODAS	WPA	0:54:31.52
7	JANNIE TEUBES	BOLA	0:56:53.10
8	SJ WILSON	AFS	1:02:03.38
0	JAY-G GOUWS	AFS	DNF

Item	89 Round 1 of 2 Youth Boys Triple Jump	07:30		Wind
1	THOMAS PHUKUBJA	CGA	14.43	+1.4
2	PHAKAMISA SAMBOKWE	BOLA	14.06	+2.7
3	MPHO MAPHUTHA	AGN	14.00	+2.0
4	SIHLE MJALI	BORA	13.28	+2.5
5	BOHLALE MOFOKENG	KZNA	12.96	+0.8
6	THEMBISA MBALI	AVT	12.94	+1.7
7	KGOMOTSO MORUDO	AVT	12.87	+1.2
8	KABELO MPHAHLELE	LIMA	12.57	+1.8
9	MONTAQUE PAULSE	INDEP	12.07	+1.3
10	JOSHUA DIAMOND	CGA	11.96	+0.7
0	CLEMENT MAKUTU	AMPU	DNS	
0	JUSTIN KRUGER	ACNW	DNS	
0	CLAUDINE JONES	ACNW	DNS	

0
0

NJABULO
ZINHLE

MKHWANE
TWALA

AGN
AGN

DNS
NRA

Item	89 Round 2 of 2 Youth Boys Triple Jump		07:30		Wind
1	GHUSVILLE	VAN SCHALKWYK	BOLA	14.49	+1.3
2	KHAYA	MALOTANA	BORA	14.43	+0.9
3	WILCOX	PHAHLAMOHLAKA	AMPU	14.24	+1.2
4	JUSTIN	GEDULD	WPA	14.19	+1.2
5	ALEXANDRE	TANJAMA	REU	14.05	+0.8
6	DAREN	PAUL	MAR	14.01	+0.9
7	SABELO	NDLOVU	AGN	13.96	+0.9
8	FRANCOIS	BOTHA	AGN	13.65	+0.8
9	ALBERT	JANKE	AGN	13.23	+1.2
10	CARL	WENTZEL	AFS	12.72	+1.0
11	KATHLEGO	MATSAKANE	AVT	12.29	+1.0
12	RICHARD	KAHN	CGA	11.56	+0.4
13	CECIL	VISSER	ANWN	11.44	+0.5
0	LUNGA	LIBAMBO	AMPU	NRA	

Item	90 Final Youth Boys 10km Walk		07:45	
1	NAYWIN	BLAAUW	EPA	0:54:16.51
2	TIMOTHY	CLEOPHAS	BOLA	0:55:55.91
3	MDUDUZI	MAVUNDLA	CGA	0:55:56.12
4	NOKO	SPHIWE	CGA	0:59:07.72
5	ALPHONSUS	SALIDA	WPA	0:59:34.20
6	BRADLEY	ERASMAS	BOLA	0:59:54.97
7	WILLEZANO	THERON	BOLA	1:00:25.35
8	MDUDUZI	NDLOVO	CGA	1:02:11.16
9	DEON	BOTHA	AVT	1:02:13.36
10	MOEKETSI	MAMAPARA	CGA	1:04:36.75
11	MICHAEL	BLACKIE	AVT	1:09:54.85
0	DAVID	HUGHES	AGN	DNS
0	A	MAYEKISO	BORA	DNS
0	W	GQIBITHOLE	BORA	DNS

Item	91 Final Youth Boys High Jump		08:00	
1	CRAIG	CANHAM	AGN	2.00
2	JONATHAN	COETZEE	CGA	2.00
3	CLYDE	RUITERS	WPA	2.00
4	ROUSSOUW	DU TOIT	ASWD	1.95
5	TIRO	MOSETE	ACNW	1.95
6	WILLEM	VAN SCHALKWYK	BOLA	1.95
7	LEWELLYN	SCROOBY	AGN	1.95
8	RUHAN	ALBERTS	AFS	1.85
9	ARMAND	LENENHAGEN	AMPU	1.85
10	SAREL	PRINSLOO	ACNW	1.80
11	GHUSVILLE	VAN SCHALKWYK	BOLA	1.80
12	ANDREW	DE BEER	CGA	1.80
13	THEMBISA	MBALI	AVT	1.75
0	GERARD	KROESE	AFS	DNS
0	JUSTIN	FEREIRA	AVT	DNS
0	L	MADIKE	BORA	DNS
0	JOHAN	POTGIETER	ACNW	DNS
0	REPETISITSOE	MUKHABANE	ATRA	NRA
0	FP	KOEKEMOER	AFS	NRA

Item	92 Final Youth Boys Discus		08:00	
1	JACQUES	DU PLESSIS	AMPU	55.15
2	JOHNNY	BOTHA	CGA	52.24
3	FRANS	SCHUTTE	AMPU	51.73
4	PETROS	UYS	BOLA	49.18
5	JAN-LOUW	KOTZW	BOLA	48.93
6	CONSTANT	VAN ROOYEN	CGA	46.59
7	GERHARD	DE BEER	AGN	46.12
8	JACOBUS	SMIT	ANWN	44.44
9	BRANDON	VAN ZYL	AVT	41.86
10	CAMERON	DONKIN	KZNA	39.52
11	JOHANNES	PIETERSE	AVT	39.01
12	DERICK	VAN EDEN	AVT	38.75
13	DANIEL	LOMBARD	EPA	38.36
14	LEANDRO	RODO	KZNA	37.83
15	WALTER	KARSTEN	AGN	36.61
16	EHRARD	MARITZ	CGA	35.97
17	CONRAY	FLYNN	AFS	35.61
0	FRANCOIS	BENDER	AFS	DNS
0	SETH	TOWNSEND	CGA	DNS
0	SIEGFRIEND	BOSMAN	ACNW	DNS
0	P	MARITZ	AGN	DNS

Item	93 Final Junior Women Shotput		08:00	
1	SONIA	SMUTS	AGN	13.39
2	ALANNAH	CRAFFORD	ANWN	13.02
3	LIZELLE	LEE	AMPU	12.79
4	YOLANDI-MARI	BOTHMA	CGA	12.09
5	CARIEN	DREYER	AGN	12.04
6	JOHLEEN	BOOYSEN	ASWD	11.87
7	YOLANIE	UYS	AFS	11.43
8	NALINSA	POTGIETER	ANWN	11.12
9	MELICIA	SAUER	AVT	10.10
0	JEANINE	CLOETE	AVT	DNS
0	LI-ANDRI	HELLEWEEGE	KZNA	DNS

Item	94 Final Junior Men Javelin		08:00	
1	ROCCO	VAN ROOYEN	WPA	73.64
2	DEAN	GOOSEN	AVT	71.10
3	JURGEN	HOLS	KZNA	64.50
4	MALAN	SNYMAN	AGN	64.49
5	NIEL	ZIMMERMAN	ACNW	63.17
6	JONATHON	CRICHTON	CGA	57.66
7	CHAD	HERMAN	EPA	56.18
8	NEIL	BOTHA	AMPU	53.67
9	JOHANNES	DAVIS	BORA	51.85
10	BENNIE	GOUWS	AFS	51.66
0	FRIKKIE	VAN TONDER	ANWN	DNS
0	DAVID	DAWSON	CGA	DNS

Item 94A Qualifier Junior Men Triple Jump 08:30
Cancelled - Direct to Final

Item	95 Final Youth Boys Polevault		09:00	
1	MICHAEL	CELLIERS	AGN	4.50
2	ALBERT	KORF	WPA	4.40
3	ARMANT	LOTTER	AFS	4.30
4	NEAL	PUTTERGILL	EPA	4.20
5	ROBIN	HUBERT	REU	4.20
6	JUAN	DE SWARDT	BOLA	4.10
7	RUBENS	GADO	REU	4.00
0	CHRISTIAAN	ELS	AFS	DNS

0

ANDISA

NTSILA

BORA

NRA

Item	96 Final Junior Men 110m Hurdles Decathlon		09:00	Wind=+1.1
1	GERT	SWANEPOEL	ACNW	14.57
2	CARL	STOLS	AVT	16.67
3	AWIE	VERMEULEN	AVT	17.51
0	NARDUS	GREYLING	AFS	DNS
0	KOBUS	HEISTER	ACNW	DNS

Item	97 Combined Results Youth Boys 110m Hurdle		09:10	Wind=+2.1
1	JASON	ROUX	AGN	15.06
2	LLOYD	GREEF	AVT	15.72
3	FRANCIOS	GROBLER	CGA	16.27
4	LEE-ROY	MORGAN	AVT	16.72
5	WARRICK	LEEMAN	INDWP	16.86
6	ARMANDT	DU PREEZ	CGA	17.00
7	QUINTEN	PISTORIUS	ACNW	17.01
8	GIFT	SITHOLE	AVT	17.02
9	WREEFORD	SIMONS	INDWP	17.75
10	JUSTIN	VAN NIEKERK	WPA	18.07
11	CODY	FIRMSTONE	INDWP	18.10
12	KYLE	MC DONALD	CGA	18.72
13	JOHAN	KRUGER	CGA	19.04
14	EBEN	WILKE	ACNW	19.21
15	WALDO	MINOR	CGA	19.39
16	BAREND	BOTHA	ACNW	20.64

Item	97 Final 1 of 2 Youth Boys 110m Hurdles Oct		09:10	Wind=+2.1
1	JASON	ROUX	AGN	15.06
2	FRANCIOS	GROBLER	CGA	16.27
3	WARRICK	LEEMAN	INDWP	16.86
4	ARMANDT	DU PREEZ	CGA	17.00
5	QUINTEN	PISTORIUS	ACNW	17.01
6	GIFT	SITHOLE	AVT	17.02
7	CODY	FIRMSTONE	INDWP	18.10
8	EBEN	WILKE	ACNW	19.21

Item	97 Final 2 of 2 Youth Boys 110m Hurdles Oct		09:10	Wind=+1.1
1	LLOYD	GREEF	AVT	15.72
2	LEE-ROY	MORGAN	AVT	16.72
3	WREEFORD	SIMONS	INDWP	17.75
4	JUSTIN	VAN NIEKERK	WPA	18.07
5	KYLE	MC DONALD	CGA	18.72
6	JOHAN	KRUGER	CGA	19.04
7	WALDO	MINOR	CGA	19.39
8	BAREND	BOTHA	ACNW	20.64

Item	98 Heat 1 of 5 Youth Boys 200m		09:20	Wind=+2.0
1	SIPHELO	NGQUBOZA	AFS	21.55
2	PIERRE	MARAIS	KZNA	22.10
3	RUAN	GREYLING	AGN	22.25
4	CHRISTOFF	BOTHMA	ACNW	22.46
5	DEAN	MACMINN	KZNA	22.62
6	HENDRIK	BUYS	ACNW	23.98
7	THABO	MOKHORO	ANWN	26.21

Item	98 Heat 2 of 5 Youth Boys 200m		09:20	Wind=+1.9
1	RUDOLF	ERASMUS	CGA	21.47
2	AKANI	SIMBANE	CGA	21.91
3	ANDREE	TROUW	AGN	22.80
4	RIAAAN	VAN HUYSSSTEEN	EPA	22.81
5	THUTO	MOTABOGI	ANWN	25.05
0	HENRICO	BRUINTJIES	BOLA	DNS
0	WELILE	GIYOSE	BORA	DNS

Item	98 Heat 3 of 5 Youth Boys 200m	09:20	Wind=+1.1
1	BEN RENS	AMPU	22.17
2	KURTLEY DU PLESSIS	BOLA	22.46
3	REYNARD VAN DER NEST	ASWD	22.74
4	ZUBEN BAARTMAN	EPA	22.91
5	ANGUS JULIES	WPA	23.06
6	CHAD MNISI	AVT	23.86
7	OFENTSE MOOKETSI	ANWN	23.97
0	T.S MONETHI	LES	DNS

Item	98 Heat 4 of 5 Youth Boys 200m	09:20	Wind=+1.3
1	RUAN JORDAAN	CGA	22.11
2	RICOLENE MOONSAMY	KZNA	22.68
3	ORATILE MOALOSI	ANWN	22.79
4	MEIRING VAN DER MERWE	AMPU	22.94
5	PETRI CLAASSEN	ACNW	23.42
6	O'BAKENG MOLOPYANE	CGA	23.66
7	JAN BENDER	ACNW	24.37
0	LEANDRE BARNARD	ACNW	DNS

Item	98 Heat 5 of 5 Youth Boys 200m	09:20	Wind=+1.1
1	NCINCIHLI TITI	BORA	21.76
2	QUINTIN HITGE	KZNA	21.77
3	MOLLIER DUFFE	ACNW	22.34
4	JACQUES HARRIS	AGN	22.86
5	ROMAN KEANU	AVT	23.06
6	WALLY UNGERER	AVT	23.06
0	FRANCOIS PRETORIUS	AFS	DNS
0	WALDO KRIEL	ACNW	DNS

Item	99 Heat 1 of 5 Junior Men 200m	09:50	Wind=+0.9
1	SEAN DE KLERK	AFS	21.32
2	PRINCE MAKGATO	AMPU	21.71
3	BRAAM VAN TUBBERG	KZNA	21.89
4	GLENWILL LEWIS	INDEP	21.99
5	TRAVIS ISMAIEL	WPA	22.78
6	KEORAPETSWE PITSOE	ANWN	23.03
0	DWAYNE ANDREWS	CGA	DNS

Item	99 Heat 2 of 5 Junior Men 200m	09:50	Wind=+1.7
1	WADE VAN NIEKERK	AFS	21.63
2	ANASO JOBODWANA	BORA	22.15
3	MONGEZI RADEBE	CGA	22.60
4	INNOCENT MASHINANI	AVT	22.61
5	THABO MASILO	ANWN	24.31
0	LONWABO MAJIBA	ATRA	Disq
0	LOUIS BOTHA	AGN	DNS

Item	99 Heat 3 of 5 Junior Men 200m	09:50	Wind=+1.6
1	MC KRUGER	AVT	22.01
2	PITSO RAMONTLE	ANWN	22.33
3	YOLA MPUHLU	ATRA	22.39
4	ZOTHANI NGUBANE	KZNA	22.46
5	JACQUES DE SWART	AGN	22.59
0	RICHARD SWART	ACNW	DNS
0	RUAN ERASMUS	CGA	DNS

Item	99 Heat 4 of 5 Junior Men 200m	09:50	Wind=+2.0
1	DRIES HEFER	AMPU	22.03
2	JACO FOURIE	AGN	22.30
3	KOKETSO MOIMANE	ANWN	22.87
4	RELOBHILE HLAPANE	AVT	23.57

0	TUMELO	RANTSATSI	LES	DNS
0	LAVINE	MORGAN	CGA	DNS
0	CAMERON	ALEXANDER	CGA	DNS

Item	99 Heat 5 of 5 Junior Men 200m	09:50	Wind=+2.3
1	WAIDE JOOSTE	CGA	21.15
2	JACO VAN ROOYEN	CGA	21.86
3	S'BUSISO MKHIZE	KZNA	22.24
4	WALDIE VAN DALEN	AGN	22.54
5	TEBOGO KGAMPEPE	ACNW	23.70
0	FUSI MOHEANA	LES	DNS
0	GIDEON TROTTER	AFS	DNS
0	CJ KOTZE	EPA	DNS

Item	100 Final Junior Men High Jump	10:00	
1	KEAGAN FOURIE	ASWD	2.05
2	RICUS KOK	AMPU	2.00
3	SHANE BLOWS	BOLA	2.00
4	ROBERT HILL	CGA	2.00
5	JAN STYTTLER	AFS	1.95
6	DAMIEN JOHNSON	WPA	1.95
7	ANDRE' SMIT	CGA	1.95
8	LUVO NKEWU	BOLA	1.95
9	WOUTER FAURIE	AGN	1.90
10	DARIUS GOUWS	CGA	1.90
11	ANDRE FOURIE	EPA	1.90
0	GARETH BREDEHANN	AFS	NRA

Item 101 Qualifier Youth Girls Discus Throw 10:00
Cancelled - Direct to Final

Item	102 Final Junior Men Shotput	10:00	
1	DONOVAN STEBBING	AMPU	17.47
2	BRYN KEMP	CGA	17.39
3	STEPHAN VAN STRAATEN	ACNW	15.48
4	DEWALD ELS	LIMA	15.33
5	PAUL VAN DEN BERG	AVT	15.07
6	RUAN MURRAY	ACNW	14.89
7	ESTIAAN KLEM	ACNW	14.51

Item	103 Final Junior Women Long Jump Heptathlon	09:30	Wind
1	ANGELIQUE PEPLER	AGN	5.45 +2.3
2	MARIONETTE VAN DER MERWE	AFS	5.20 +2.1
3	ZANTE CAMPHER	ACNW	5.01 +2.9
4	CHANELLE JACOBS	AGN	4.74 +2.5
5	SHARI WILKE	AGN	4.60 +2.2
6	LEE-ANNE LAMPRECHT	CGA	4.55 +3.2
7	GILLIAN BAIN	CGA	4.53 +3.3
0	IZETTE LUBBE	AGN	DNS

Item	104 Final Youth Girls Long Jump Heptathlon	09:30	Wind
1	INGE VILJOEN	AGN	5.15 +3.5
2	ILZE MOOLMAN	CGA	5.01 +1.6
3	NICOLA GROBBELAAR	EPA	4.85 +1.9
4	ZELKE-MARIE' DE JONGH	AGN	4.50 +2.6
0	TALI RAUBENHEIMER	CGA	DNS

Item	105 Heat 1 of 4 Youth Girls 200m	10:20	Wind=+0.2
1	ANNUSCHKE DU PLESSIS	AMPU	25.54
2	ZANRI VAN DER MERWE	AGN	26.18
3	IMKE STEYN	EPA	27.21
0	LIZZY KRIEL	AFS	DNS
0	CHANE' VAN HEERDEN	AVT	DNS
0	CHRISTILEE WILLIAMS	CGA	DNS
0	ULDRI VAN DER MERWE	ACNW	DNS

Item	105 Heat 2 of 4 Youth Girls 200m	10:20	Wind=+1.7
1	PERTUNIA OBISI	AGN	25.55
2	BENEE PRINSLOO	CGA	26.45
3	BONTLE MOKHELENGANE	AFS	27.02
4	NICOLENE LUBBE	ACNW	27.03
5	TSHOLOFELO MAGATOE	ACNW	30.68
0	AMANDA NAGEL	AVT	DNS
0	LEAH MALAN	ACNW	DNS

Item	105 Heat 3 of 4 Youth Girls 200m	10:20	Wind=+0.9
1	JADE ROMAN	AGN	24.75
2	CHANTE VAN TONDER	CGA	25.01
3	ANMARLI LOUBSER	AGN	25.99
4	NICOLE SHAROCK	BORA	26.36
5	UNATHI MEVANA	ATRA	30.47
0	CHANELLE POTGIETER	CGA	DNS
0	SAMANTHA BOWYER	CGA	DNS

Item	105 Heat 4 of 4 Youth Girls 200m	10:20	Wind=+2.1
1	NADIA JOOSTE	AGN	25.07
2	STEPHANIE WICKSELL	AGN	25.20
3	ADRIE VAN DER MERWE	AVT	25.27
4	STACEY WELSCH	WPA	25.28
5	MELANDRI DUNHEIM	AMPU	26.83
6	RATANANG MAKOFANE	ANWN	27.37
0	LIEZEL SCHOLTZ	LIMA	DNS

Item	106 Heat 1 of 4 Junior Women 200m	10:40	Wind=+1.5
1	MELISSA HEWITT	BOLA	24.45
2	ARLENE GOWAR	AGN	24.72
3	SONJA VAN DER MERWE	WPA	24.85
4	KATELYN PALFRAMAN	KZNA	25.09
5	MONJA GOOSEN	AGN	25.31
6	OLIVIA MAZEAU	REU	25.46
7	MARIZELLE SWART	AMPU	25.76
8	NAOMI NEL	AMPU	27.06

Item	106 Heat 2 of 4 Junior Women 200m	10:40	Wind=+2.1
1	LYNETTE MORGAN	WPA	24.95
2	ELZETTE BUYS	AGN	24.98
3	RIJANE SWART	ACNW	25.42
4	ZASKIA STRUWIG	EPA	26.02
5	NOSIPHO QIPHU	ATRA	28.92
0	AROUCHELLE RHEEDER	AFS	DNS
0	ALYSSA CONLEY	CGA	DNS

Item	106 Heat 3 of 4 Junior Women 200m	10:40	Wind=+3.1
1	BEVIN SMITH	WPA	24.53
2	CHANEL FOURIE	CGA	25.45
3	JADE THIELE	CGA	25.83
4	SURETHA MULLER	AVT	26.87
5	MAMELO TSOTETSI	AVT	28.42
0	NADINE SCHUTTE	LIMA	DNS
0	STELLI CREMER	ACNW	DNS

Item	106 Heat 4 of 4 Junior Women 200m	10:40	Wind=+2.5
1	RIKENETTE STEENKAMP	AGN	24.48
2	ZOE' ENGLER	KZNA	25.29
3	TSHEPISO MAKGAKA	ANWN	25.66
4	MONIQUE VOSLOO	ACNW	26.79
5	ANUSCHA DE BEER	LIMA	27.30
0	JOMARIE RES	AVT	DNS

0	SANMARIE	MALAN	CGA	DNS
Item	107 Final Youth Boys 1500m		11:00	
1	ZWELI	NZIMA	CGA	4:00.93
2	STHEMBILE	DONDOLO	CGA	4:03.05
3	JOHAN	BERRANGE	AMPU	4:04.01
4	PIETER	LINDE	ACNW	4:05.00
5	MONWABISI	CELE	KZNA	4:08.94
6	STHABISO	MKHIZE	KZNA	4:10.33
7	DURAN	FARO	WPA	4:12.50
8	LUBABALOO	MDLUNGWANE	EPA	4:14.08
9	TSAKO	JACOB	AGN	4:15.57
10	SMAMGALISO	MBAGTHA	AVT	4:20.60
11	THOBILE	NONTULE	AVT	4:22.85
12	SPHESIHLE	MIYA	KZNA	4:32.13

Item 108 Qualifier Youth Girls Triple Jump 11:00
Cancelled - Direct to Final

Item	109	Final Junior Men 1500m	11:10		
1		RATLALE MOKONE	AFS	3:52.69	
2		PIETER WILDERS	CGA	3:54.34	
3		SIYABONGA DERISON	CGA	3:54.89	
4		BHEKI NKOSI	AMPU	4:03.66	
5		BONGINKOSI ZWANE	KZNA	4:05.24	
6		JJ MOSTERT	AGN	4:06.57	
7		MERLINE KLAASTE	ASWD	4:07.36	
8		DIRANE MOSESE	AGN	4:08.51	
9		DONNEY DANSTER	ACNW	4:11.86	
10		ZOLANI MATSHOBA	WPA	4:14.72	
11		VUYISELE TSHOBA	CGA	4:17.04	
12		IGNATIUS DAVIDS	BOLA	5:13.20	

Item	110	Final Youth Girls 1500m	11:20		
1		MAMPHIEKO SIBANDA	CGA	4:41.09	
2		MASSBATA MOTONE	AGN	4:43.14	
3		SYLVIA DIBAKWE	AFS	4:45.55	
4		BIANCA VAN NIEKERK	CGA	4:47.22	
5		MBALI MOKOENA	KZNA	4:47.68	
6		LUSHANO SMIT	KZNA	4:55.73	
7		BRIGETTE BEZUIDENHOUT	CGA	4:56.59	
8		JANINE MEYER	CGA	4:58.77	
9		MICHELE DANIELS	ANWN	5:00.23	
10		LORISSA HUSEMEYER	ANWN	5:01.43	
11		JOLENE RABIE	CGA	5:08.14	
0		CHANE' VAN DER MERWE	INDKZN	DNF	

Item	111	Final Junior Women 1500m	11:30		
1		DOMINIQUE SCOTT	BOLA	4:36.94	
2		DANEL PRINSLOO	AFS	4:43.61	
3		ANNEKE GILDENHUYS	CGA	4:45.78	
4		GERDRI WOLMARANS	AGN	4:51.95	
5		ASHLEIGH SCHNETLER	CGA	4:53.75	
6		MICAELLA PARKER	WPA	5:00.21	
7		ANELDA PYPERS	CGA	5:00.22	
8		ASIPHE SKABALANJANA	WPA	5:10.90	
9		VUYOKAZI GEBE	ATRA	5:23.08	
10		ELIZABETH MOETI	ACNW	5:25.03	
11		LETTIE DHLAMINI	AFS	5:28.72	
0		NEHENS KHATALA	LES	DNS	
0		BABY MOKONE	AFS	DNS	
0		LYDIA MACHAILE	AVT	DNS	

Item	112	Final Junior Men Discus Decathlon	11:30		
1		GERT SWANEPOEL	ACNW	34.11	
2		AWIE VERMEULEN	AVT	33.57	
3		CARL STOLS	AVT	18.34	
0		NARDUS GREYLING	AFS	DNS	
0		KOBUS HEISTER	ACNW	DNS	

Item	113	Heat 1 of 3 Junior Men 400m Hurdles	11:45		
1		PHILLIP BOOYSEN	AGN	53.75	
2		FRANCOIS RETIEF	BOLA	53.76	
3		LE ROUX HAMMAN	ANWN	53.97	
4		JONTY SHELTON	AMPU	54.54	
5		AJJ COETZEE	EPA	55.24	
6		OCKERT GROENEWALD	AGN	55.37	
7		JJ PELSER	AFS	59.61	

0

DAVID

KNIGHT

ACNW

DNS

Item	113 Heat 2 of 3 Junior Men 400m Hurdles	11:45		
1	JURIE MOOLMAN	AGN	55.40	
2	GRAIG FORTUIN	AFS	55.40	
3	LEROY BITTERHOUT	BOLA	55.53	
4	LAYNE SCHEFFERS	WPA	55.72	
5	SELWAN ZAAYMANS	EPA	61.26	
6	THULANI NYAMA	AVT	65.74	
0	PIETER MARX	AFS	DNS	
0	VICTOR DELICADO	ACNW	DNS	

Item	113 Heat 3 of 3 Junior Men 400m Hurdles	11:45		
1	SHAUN VAN WYK	ACNW	53.69	
2	HERMAN LANGENHOVEN	BOLA	53.77	
3	CRISTO HATTING	AVT	53.90	
4	JT MYBURGH	AGN	54.13	
5	IAN SCHOONWINKEL	ACNW	55.85	
6	KEVIN NAUDE	AGN	58.55	
7	JULLIAN MULLER	AVT	60.19	
0	TSHEPO LEFETE	AFS	DNS	

Item	114 Final Youth Boys High Jump Octathlon	12:00		
1	LLOYD GREEF	AVT	1.95	
2	JASON ROUX	AGN	1.81	
3	FRANCIOS GROBLER	CGA	1.72	
4	LEE-ROY MORGAN	AVT	1.72	
5	WARRICK LEEMAN	INDWP	1.63	
6	GIFT SITHOLE	AVT	1.60	
7	JUSTIN VAN NIEKERK	WPA	1.57	
8	KYLE MC DONALD	CGA	1.54	
9	EBEN WILKE	ACNW	1.54	
10	QUINTEN PISTORIUS	ACNW	1.54	
11	CODY FIRMSTONE	INDWP	1.51	
12	BAREND BOTHA	ACNW	1.51	
13	ARMANDT DU PREEZ	CGA	1.45	
14	JOHAN KRUGER	CGA	1.42	
15	WREEFORD SIMONS	INDWP	1.42	
0	WALDO MINOR	CGA	NRA	

Item	115 Final Youth Boys Javelin	12:00		
1	DANIEL DU TOIT	INDBOL	65.66	
2	STEPHEN KLUE	ASWD	64.32	
3	MORNE MOOLMAN	WPA	63.22	
4	DYLON JACOBS	AGN	62.95	
5	RYNO ERASMUS	ACNW	62.36	
6	LE ROUX LOMBARD	KZNA	62.01	
7	JUAN FREYER	AMPU	57.68	
8	JOHAN KOTZE	AGN	57.23	
9	RYNO PIENAAR	ACNW	55.43	
10	PETIE PEACOCK	AMPU	54.12	
11	KYLE HOEDEMAKER	CGA	53.37	
12	GIHAN MEGANNON	AGN	47.06	
0	ANDISA NTSILA	BORA	DNS	
0	JAPIE BRITS	AFS	DNS	
0	MAREE VERHOEF	AVT	DNS	

Item	116 Heat 1 of 3 Youth Boys 400m Hurdles	12:00		
1	TAARIQ SOLOMONS	WPA	53.84	
2	TIAAN MOUTON	BOLA	54.88	
3	ANELE BLAAUW	AMPU	55.56	
4	ARNO BOTHA	AFS	56.74	
5	ALBERT JORDAAN	LIMA	57.47	
6	KATHLEGO MATSAKANE	AVT	59.17	

Item	116 Heat 2 of 3 Youth Boys 400m Hurdles	12:00		
1	BERNARD	PRETORIUS	AGN	55.90
2	CONRAD	BEZUIDENHOUT	AGN	56.37
3	STIAAN	STEYN	CGA	56.77
4	JACO	HAYWARD	ANWN	57.65
5	JUNIOR	MAMABOLO	AGN	59.39
6	ROCCO	PURCEL	AVT	60.54
Item	116 Heat 3 of 3 Youth Boys 400m Hurdles	12:00		
1	KATLEGO	NKOANA	AGN	54.39
2	SCHALK	BURGER	BOLA	54.40
3	WERNER	FOURIE	CGA	56.84
4	JAMES	DU PREEZ	AFS	59.29
5	NICO	BAKKES	EPA	59.29
6	KATLEGO	MAHLASE	LIMA	67.54
0	CLEMENT	MAKUTU	AMPU	DNS
Item	117 Heat 1 of 2 Junior Women 400m Hurdles	12:15		
1	JEAN-MARIE	SENEKAL	BOLA	61.71
2	MEGAN	GODDARD	BOLA	62.22
3	MARION ANN	DUVENAGE	ACNW	63.27
4	ALIX	MOREILLON	WPA	63.94
5	SUMARI	CLAASEN	BOLA	64.77
6	HELEEN	MALAN	BOLA	66.77
0	ANE'	KILLIAN	AVT	DNS
0	ELOUISE	SNYMAN	CGA	DNS
Item	117 Heat 2 of 2 Junior Women 400m Hurdles	12:15		
1	TESSA	HEYSTEK	AMPU	63.66
2	JOANNE	BEZUIDENHOUT	ANWN	64.72
3	ULRIKA	RAUTENBACH	ANWN	64.83
4	RUNE	CRONJE	BOLA	64.94
5	MARIZAAN	OOSTHUIZEN	ACNW	66.67
6	DANIELLE	GREEF	ACNW	67.30
7	LIZA-MARIE	J-VAN RENSBURG	AGN	70.25
Item	118 Heat 1 of 3 Youth Girls 400m Hurdles	12:30		
1	IZELL	NEUHOFF	AVT	61.99
2	ZANDRI	BYLEVELDT	ANWN	62.43
3	MELANI	HEUNIS	AGN	64.49
0	CAROLINE	CLOUSE	AVT	DNS
0	TANIA	NEETHLING	AGN	DNS
0	ALICIA	BEKKER	AGN	DNS
Item	118 Heat 2 of 3 Youth Girls 400m Hurdles	12:30		
1	LARISKA	BOTHA	AFS	63.99
2	MARINA	SWANEPOEL	BOLA	66.84
3	CHANTE'	JACOBS	AMPU	68.70
4	HELGE	WILLEMSE	EPA	69.45
0	MELISSA	HARMSE	AGN	Disq
0	MARIETJIE	NEL	ACNW	DNS
Item	118 Heat 3 of 3 Youth Girls 400m Hurdles	12:30		
1	ANE'	FOURIE	WPA	65.06
2	DANIELLE	DE JONGH	AGN	66.40
3	LEANDRI	KLOPPER	ANWN	66.43
4	MARRISA	DU PREEZ	AMPU	68.14
0	ALMARIE	VAN DER WALT	CGA	DNS
Item	118A Semi Final 1 of 2 Junior Women 200m	12:40		Wind=+1.7
1	MELISSA	HEWITT	BOLA	24.31
2	ARLENE	GOWAR	AGN	24.60

3	LYNETTE	MORGAN	WPA	24.76
4	CHANEL	FOURIE	CGA	24.95
5	KATELYN	PALFRAMAN	KZNA	25.08
6	JADE	THIELE	CGA	25.37
7	MARIZELLE	SWART	AMPU	26.07
0	SONJA	VAN DER MERWE	WPA	DNS

Item 118A	Semi Final 2 of 2	Junior Women 200m	12:40	Wind=+1.5
1	BEVIN	SMITH	WPA	24.16
2	RIKENETTE	STEENKAMP	AGN	24.56
3	ZOE'	ENGLER	KZNA	24.93
4	ELZETTE	BUYS	AGN	24.95
5	OLIVIA	MAZEAU	REU	25.15
6	MONJA	GOOSEN	AGN	25.33
7	RIJANE	SWART	ACNW	25.46
8	TSHEPISO	MAKGAKA	ANWN	25.99
Item 119	Semi Final 1 of 3	Youth Boys 200m	12:45	Wind=+2.4
1	RUDOLF	ERASMUS	CGA	21.65
2	QUINTIN	HITGE	KZNA	21.91
3	AKANI	SIMBANE	CGA	21.92
4	MOLLIER	DUFFE	ACNW	22.70
5	ZUBEN	BAARTMAN	EPA	24.15
0	JACQUES	HARRIS	AGN	Disq
0	ANGUS	JULIES	WPA	DNS
0	REYNARD	VAN DER NEST	ASWD	DNS
Item 119	Semi Final 2 of 3	Youth Boys 200m	12:45	Wind=+1.7
1	SIPHELO	NGQUBOZA	AFS	21.58
2	BEN	RENS	AMPU	22.00
3	RUAN	GREYLING	AGN	22.12
4	PIERRE	MARAIS	KZNA	22.54
5	ORATILE	MOALOSI	ANWN	22.60
6	RIAAN	VAN HUYSSSTEEN	EPA	22.72
7	MEIRING	VAN DER MERWE	AMPU	23.10
0	ROMAN	KEANU	AVT	DNS
Item 119	Semi Final 3 of 3	Youth Boys 200m	12:45	Wind=+3.3
1	NCINCIHLI	TITI	BORA	22.01
2	KURTLEY	DU PLESSIS	BOLA	22.03
3	RUAN	JORDAAN	CGA	22.05
4	ANDREE	TROUW	AGN	22.79
5	DEAN	MACMINN	KZNA	22.82
6	RICOLENE	MOONSAMY	KZNA	23.86
0	WALLY	UNGERER	AVT	DNS
0	CHRISTOFF	BOTHMA	ACNW	DNS
Item 120	Final Junior Men	Polevault Decathlon	13:00	
1	GERT	SWANEPOEL	ACNW	3.20
2	CARL	STOLS	AVT	3.00
3	AWIE	VERMEULEN	AVT	2.68
0	NARDUS	GREYLING	AFS	DNS
0	KOBUS	HEISTER	ACNW	DNS
Item 121	Final Youth Boys	Triple Jump	13:00	Wind
1	DAREN	PAUL	MAR	14.74 +2.5
2	JUSTIN	GEDULD	WPA	14.54 +2.6
3	THOMAS	PHUKUBJA	CGA	14.53 +2.0
4	GHUSVILLE	VAN SCHALKWYK	BOLA	14.35 +2.0
5	KHAYA	MALOTANA	BORA	14.24 +0.8
6	SABELO	NDLOVU	AGN	14.21 0.0
7	ALEXANDRE	TANJAMA	REU	14.16 +3.2
8	MPHO	MAPHUTHA	AGN	14.16 +1.5
9	WILCOX	PHAHLAMOHLAKA	AMPU	14.09 +0.3
10	FRANCOIS	BOTHA	AGN	13.88 +2.4
11	PHAKAMISA	SAMBOKWE	BOLA	13.53 +1.0
0	SIHLE	MJALI	BORA	DNS
Item 122	Final Junior Women	Triple Jump	13:00	Wind

1	KELLY	KINGWELL	CGA	12.43	+3.9
2	LUCHELLE	PRINSLOO	ACNW	12.40	+1.2
3	AMBRE	DE FALBAIRE	MAR	12.16	+3.0
4	CRISTEL	STIGLINGH	AVT	11.31	+3.3
5	NICOLE	DIRK	WPA	11.27	+1.2
0	JANE	VAN GESSELEN	ANWN	NRA	

Item	123 Final Youth Boys Discus		13:00	
1	JACQUES	DU PLESSIS	AMPU	56.85
2	FRANS	SCHUTTE	AMPU	52.74
3	JOHNNY	BOTHA	CGA	52.23
4	JAN-LOUW	KOTZW	BOLA	50.78
5	CONSTANT	VAN ROOYEN	CGA	49.71
6	GERHARD	DE BEER	AGN	46.53
7	JACOBUS	SMIT	ANWN	44.99
8	BRANDON	VAN ZYL	AVT	43.82
9	PETROS	UYS	BOLA	41.78
10	JOHANNES	PIETERSE	AVT	41.59
11	CAMERON	DONKIN	KZNA	39.53
0	DERICK	VAN EDEN	AVT	DNS

Item	124 Semi Final 1 of 3 Junior Men 200m		13:00	Wind=-0.3
1	PRINCE	MAKGATO	AMPU	21.40
2	JACO	VAN ROOYEN	CGA	22.02
3	S'BUSISO	MKHIZE	KZNA	22.17
4	YOLA	MPUHLU	ATRA	22.42
5	WALDIE	VAN DALEN	AGN	22.68
0	INNOCENT	MASHINANI	AVT	DNS
0	WAIDE	JOOSTE	CGA	DNS
0	TEBOGO	KGAMPEPE	ACNW	DNS

Item	124 Semi Final 2 of 3 Junior Men 200m		13:00	Wind=+1.7
1	SEAN	DE KLERK	AFS	21.24
2	ANASO	JOBODWANA	BORA	21.44
3	DRIES	HEFER	AMPU	21.90
4	BRAAM	VAN TUBBERG	KZNA	21.98
5	ZOTHANI	NGUBANE	KZNA	22.39
6	MONGEZI	RADEBE	CGA	22.72
7	KEORAPETSWE	PITSOE	ANWN	22.93
0	RELOBHILE	HLAPANE	AVT	DNS

Item	124 Semi Final 3 of 3 Junior Men 200m		13:00	Wind=+2.3
1	WADE	VAN NIEKERK	AFS	21.21
2	JACO	FOURIE	AGN	21.85
3	MC	KRUGER	AVT	21.94
4	GLENWILL	LEWIS	INDEP	22.02
5	PITSO	RAMONTLE	ANWN	22.68
6	KOKETSO	MOIMANE	ANWN	22.96
0	JACQUES	DE SWART	AGN	Disq
0	TRAVIS	ISMAIEL	WPA	DNS

Item	125 Semi Final 1 of 2 Youth Girls 200m		13:15	Wind=+1.6
1	CHANTE	VAN TONDER	CGA	24.47
2	JADE	ROMAN	AGN	24.61
3	ADRIE	VAN DER MERWE	AVT	25.24
4	PERTUNIA	OBISI	AGN	25.32
5	BENEE	PRINSLOO	CGA	25.88
6	NICOLENE	LUBBE	ACNW	27.01
7	IMKE	STEYN	EPA	27.64
0	STACEY	WELSCH	WPA	Disq

Item	125 Semi Final 2 of 2 Youth Girls 200m		13:15	Wind=+1.9
1	NADIA	JOOSTE	AGN	24.87
2	ANNUSCHKE	DU PLESSIS	AMPU	25.14
3	STEPHANIE	WICKSELL	AGN	25.31
4	ANMARLI	LOUBSER	AGN	26.12
5	NICOLE	SHAROCK	BORA	26.43
6	MELANDRI	DUNHEIM	AMPU	26.74
7	BONTLE	MOKHELENGANE	AFS	26.81

Item	126 Round 1 of 2 Youth Girls High Jump		13:30	
1	ALISHA	SMALL	ASWD	1.60
2	ROCHELLE	COETZEE	KZNA	1.60
3	SHANNON	MALOTANE	WPA	1.60
4	TAYLIA	VISAGIE	BOLA	1.60
5	SALOME	VAN HEERDEN	ACNW	1.60
0	JUANITA	GREYLING	ACNW	DNS
0	MARIZAN	BESTER	ACNW	DNS
0	CHANTELLE	J-VAN RENSBURG	CGA	DNS
0	NATASHA	CILLIERS	LIMA	NRA
0	SIBONGILE	ZWANE	AVT	NRA

Item	126 Round 2 of 2 Youth Girls High Jump		13:30	
1	FRANCIS	SEELIGER	AGN	1.60
2	VALENTINA	DA ROCHA	WPA	1.60
3	MARCELLE	DU PLESSIS	BOLA	1.60
4	ANIKA	PRETORIUS	AGN	1.60
5	KARIN	BURGER	BOLA	1.55
6	KARLA	MULLER	AVT	1.45
7	JEAN-MARIE	WIENAND	ACNW	1.45
0	ANICA	MYBURGH	AFS	DNS
0	IZELLE	VREY	CGA	DNS
0	SUNE'	STEENKAMP	CGA	DNS

Item	127 Final Youth Boys 2000m Steeple Chase		13:30	
1	THABANG	MAJANAGA	AFS	6:06.53
2	ASIVE	NJENXA	WPA	6:15.78
3	THEBOHO	MOCK	AFS	6:19.33
4	ALFRED	MPUTHI	CGA	6:21.48
5	OBAKENG	MPAKANYANE	AFS	6:26.52
6	TUMISANG	MONATLALA	CGA	6:30.25
7	SYDNEY	NKOPANE	AFS	6:30.49
8	KOOS	BALOYI	AGN	6:41.21
9	RUAN	SOEKOE	ANWN	6:53.47
10	SMAMGALISO	MBAGTHA	AVT	6:58.28
11	JOSEPH	PHAMA	AVT	7:00.48
12	SHADRACK	MOTIBE	CGA	7:09.72
13	UNATHI	PAPISO	ATRA	7:12.80
14	JACQUES	VAN NIEKERK	ANWN	7:12.97
15	AKHANA	MAGATYA	CGA	7:25.87
0	JASON	BOTHA	ANWN	DNS
0	THAPELO	MADIBA	CGA	DNF

Item	128 Final Junior Men 3000m Steeple Chase		13:50	
1	LUCAS	BOTHOBUTLE	ACNW	9:26.79
2	LUXOLO	MDZANGA	WPA	9:33.41
3	SIFISO	MNCWANGO	CGA	9:44.74
4	OLWETHU	MHLABA	CGA	9:51.64
5	ERNEST	NKOKO	AFS	9:55.73
6	BENJAMIN	MOLOHE	AFS	10:00.89
7	KABELO	KELEPILE	ANWN	10:03.05
8	PETER	MORGAN	AFS	10:10.97
9	TEBOHO	MABESELE	AFS	10:12.19
10	SANDY	LONDT	ACNW	10:32.16
11	MARIANO	EESOU	EPA	10:35.02
0	STEVEN	MHLONGO	CGA	DNS
0	ZOLANI	MATSHOBA	WPA	DNS
0	SITHEMBELE	FANEKHO	ATRA	DNF
0	SIBUSISO	MADIKIZELA	KZNA	DNF

Item	129	Final Junior Women Javelin Heptathlon		14:00	
1	ZANTE	CAMPHER	ACNW	36.68	
2	SHARI	WILKE	AGN	28.68	
3	ANGELIQUE	PEPLER	AGN	25.85	
4	MARIONETTE	VAN DER MERWE	AFS	24.32	
5	LEE-ANNE	LAMPRECHT	CGA	17.00	
6	GILLIAN	BAIN	CGA	13.25	
0	IZETTE	LUBBE	AGN	DNS	
0	CHANELLE	JACOBS	AGN	NRA	

Item	130	Final Youth Girls Javelin Heptathlon		14:00	
1	ZELKE-MARIE'	DE JONGH	AGN	25.97	
2	NICOLA	GROBBELAAR	EPA	22.56	
3	INGE	VILJOEN	AGN	20.84	
4	ILZE	MOOLMAN	CGA	18.44	
0	TALI	RAUBENHEIMER	CGA	DNS	

Item	131	Final Youth Girls 2000m Steeple Chase		14:10	
1	THATO	MAKHAFOLA	CGA	7:21.00	
2	AMUKELANI	BALOI	CGA	7:47.62	
3	LUANE	MEYER	ACNW	8:15.31	
4	MICHAELO	ZIETSMAN	ANWN	8:51.72	
5	THANDI	MHLAFU	AFS	9:55.48	

Item	132	Final Junior Women 3000m Steeple Chase		14:30	
1	ASHLEIGH	SCHNETLER	CGA	11:07.40	
2	ANGELIQUE	FASSEN	AGN	11:26.15	
3	ASIPHE	SKABALANJANA	WPA	11:43.32	
0	AILENE	BEZUIDENHOUT	AGN	DNF	

Item	133	Final Youth Girls Discus		14:30	
1	SIMONE'	MEYER	KZNA	47.29	
2	DANELLE	WILLEMSE	AMPU	39.50	
3	BELINDA	BOER	AMPU	37.95	
4	ISCHKE	SENEKAL	EPA	37.65	
5	LIETTE	VAN SCHALKWYK	AFS	37.60	
6	MELISSA	MEYER	AGN	37.23	
7	MARGA	VERMAAK	AGN	36.86	
8	LEZAAN	JORDAAN	CGA	35.74	
9	NADIA	BOTES	AVT	32.73	
10	NANDA	KRUGER	CGA	32.67	
11	JC	DU PREEZ	ANWN	32.22	
12	NANETTE	HARDLEY	AVT	31.87	
13	BEATRA	NEL	ACNW	30.62	
0	SAIRA-LEE	NEL	AVT	DNS	

Item	134	Final Junior Women 200m		14:50	Wind=+2.0
1	BEVIN	SMITH	WPA	23.93	
2	MELISSA	HEWITT	BOLA	24.02	
3	RIKENETTE	STEENKAMP	AGN	24.18	
4	ARLENE	GOWAR	AGN	24.24	
5	LYNETTE	MORGAN	WPA	24.83	
6	ELZETTE	BUYS	AGN	24.93	
7	ZOE'	ENGLER	KZNA	25.07	
8	CHANEL	FOURIE	CGA	25.16	

Item	135 Final Junior Women High Jump		15:00	
1	JUNE	ROELEFSE	AGN	1.70
2	BRONWYN	CAMPBELL	BOLA	1.70
3	REMINA	STEPHAN	BOLA	1.65
4	CHANEY	LINDER	CGA	1.65
5	SHANNON	FREEMAN	AGN	1.60
6	MIEKE	GRABE	ACNW	1.55
6	MELISSA	SCHWARTZ	AVT	1.55
6	FRANCIS	PIETERS	AMPU	1.55
9	CHANELL	RANGE	CGA	1.50
9	LIPHIWE	NXASANA	BORA	1.50
11	TARRYN	VOLLENHOVEN	WPA	1.50
0	PALESA	MOTSOARI	AFS	NRA
0	SUANNE	LOUW	AMPU	NRA

Item	136 Final Youth Girls Triple Jump		15:00		Wind
1	VALENTINA	DA ROCHA	WPA	12.77	+0.7
2	DANELLE	ERWEE	AFS	12.38	+1.7
3	CIANI	LOUBSTER	BOLA	11.74	+0.6
4	AIDAN	BATTISON	EPA	11.50	+2.3
5	ZINHLE	MBUYANE	AMPU	11.21	+1.7
6	HELGA-WENDA	BENSUSAN	CGA	11.20	+0.4
7	IZELLE	VREY	CGA	11.12	-1.5
8	GIOLA	DALLA-PRIA	AGN	10.79	-0.6
9	HANNELORE	DAGUTAT	AGN	10.77	-1.5
10	CHANELLE	THERON	CGA	10.27	+0.7
11	KARLA	MULLER	AVT	9.89	+1.7
12	ANGELIQUE	DEETLIFS	AVT	9.42	+1.7

Item	137 Final Junior Men Javelin Decathlon		15:00	
1	AWIE	VERMEULEN	AVT	51.00
2	GERT	SWANEPOEL	ACNW	50.33
0	CARL	STOLS	AVT	NRA
0	NARDUS	GREYLING	AFS	DNS
0	KOBUS	HEISTER	ACNW	DNS

Item	138 Final Youth Boys Javelin Octathlon		15:00	
1	JASON	ROUX	AGN	55.73
2	ARMANDT	DU PREEZ	CGA	46.87
3	LLOYD	GREEF	AVT	44.73
4	FRANCIOS	GROBLER	CGA	41.28
5	KYLE	MC DONALD	CGA	40.98
6	BAREND	BOTHA	ACNW	39.33
7	LEE-ROY	MORGAN	AVT	38.18
8	WARRICK	LEEMAN	INDWP	36.35
9	JUSTIN	VAN NIEKERK	WPA	34.14
10	QUINTEN	PISTORIUS	ACNW	31.83
11	EBEN	WILKE	ACNW	31.64
12	GIFT	SITHOLE	AVT	27.87
13	WREEFORD	SIMONS	INDWP	27.22
14	JOHAN	KRUGER	CGA	24.68
15	CODY	FIRMSTONE	INDWP	23.24
16	WALDO	MINOR	CGA	18.55

Item	139 Final Youth Boys 200m		15:00		Wind=+0.3
1	RUDOLF	ERASMUS	CGA	21.15	
2	SIPHELO	NGQUBOZA	AFS	21.16	
3	NCINCIHLI	TITI	BORA	21.50	
4	KURTLEY	DU PLESSIS	BOLA	21.66	
5	AKANI	SIMBANE	CGA	21.91	
6	QUINTIN	HITGE	KZNA	22.08	
7	RUAN	JORDAAN	CGA	22.24	

Item	140 Final Youth Girls 200m		15:10	Wind=+1.1
1	CHANTE	VAN TONDER	CGA	24.40
2	JADE	ROMAN	AGN	24.44
3	NADIA	JOOSTE	AGN	24.55
4	ANNUSCHKE	DU PLESSIS	AMPU	25.06
5	STEPHANIE	WICKSELL	AGN	25.21
6	PERTUNIA	OBISI	AGN	25.37
7	ADRIE	VAN DER MERWE	AVT	25.64
8	BENEE	PRINSLOO	CGA	26.01

Item	141 Final Junior Men 200m		15:20	Wind=+2.0
1	SEAN	DE KLERK	AFS	21.00
2	WADE	VAN NIEKERK	AFS	21.15
3	ANASO	JOBODWANA	BORA	21.36
4	PRINCE	MAKGATO	AMPU	21.57
5	JACO	VAN ROOYEN	CGA	21.75
6	JACO	FOURIE	AGN	21.86
7	DRIES	HEFER	AMPU	22.01
8	MC	KRUGER	AVT	27.24

Item	142 Final Junior Men Discus		15:30	
1	CHARL	GROBLER	AFS	55.49
2	DEWALD	VAN HEERDEN	CGA	54.27
3	BRYN	KEMP	CGA	51.67
4	RUAN	MURRAY	ACNW	51.19
5	RUAN	LOURENS	ANWN	47.12
6	JONATHAN	SOPHIE	MAR	46.57
7	PAUL	VAN DEN BERG	AVT	45.42
8	DONOVAN	STEBBING	AMPU	45.00
9	DEWALD	ELS	LIMA	41.65
10	LE ROUX	BODENSTEIN	AVT	40.61
11	STEPHAN	VAN STRAATEN	ACNW	40.16
12	ESTIAAN	KLEM	ACNW	39.49
13	JOHANNES	DAVIS	BORA	37.82
14	JANCO	WANDRAG	AMPU	37.55
15	MARNITZ	BREYTENBACH	KZNA	33.65

Item	143 Final Youth Boys 800m		15:30	
1	ZWELI	NZIMA	CGA	1:54.76
2	EDRINE	MUKASA	KZNA	1:54.81
3	DANIEL	GOUWS	AGN	1:55.40
4	HENK	KOEKEMOER	AGN	1:55.52
5	JAN	BRIERS-LOUW	INDBOL	1:56.55
6	MAPHELELA	REGIE	LIMA	1:56.74
7	EMILE	PIETERSE	INDBOL	1:57.80
8	DOUGAN	WRIGHT	INDBOL	1:58.49
9	ECHARDT	KILLOWAN	BOLA	1:58.83
10	BENNET	SELALA	CGA	1:59.42
11	MAWANDE	HLONGWE	ATRA	1:59.72
12	JOHAN	BERRANGE	AMPU	1:59.73

Item	144 Final Junior Men 800m		15:40	
1	RYNHARDT	VAN RENSBURG	AFS	1:50.22
2	STEVEN	MHLONGO	CGA	1:50.40
3	RATLALE	MOKONE	AFS	1:50.86
4	MICHAEL	DU TOIT	CGA	1:50.88
5	ALAN	SLINGER	INDWP	1:52.18
6	MICHAEL	VAN ASWEGEN	CGA	1:52.52
7	ANDREW	LEEUEW'	CGA	1:53.27
8	RYNHARD	VAN ROOYEN	AGN	1:54.25
9	C	DAVEY	AGN	1:54.85
10	JAN HENDROK	LUBBE	ACNW	1:56.25

11	SIYABONGA	DERISON	CGA	1:56.30
12	MPHAKA	MAHLOPE	AFS	1:56.39

Item	145 Final Youth Girls 800m		15:50	
1	THATO	MAKHAFOLA	CGA	2:09.68
2	GIRA	CARSTENS	BOLA	2:10.42
3	LIZE	STEYN	EPA	2:10.76
4	FELICIA	MOFOKENG	AFS	2:11.26
5	MARIKE	VERMAAK	AMPU	2:13.54
6	MICHE'	VAN ZYL	CGA	2:14.22
7	ADEL	VERMAAK	LIMA	2:15.50
8	LAWRENCE	PRICE	ANWN	2:18.25
9	EUGENIE	LOMBARD	AGN	2:19.23
10	MASSBATA	MOTONE	AGN	2:20.75
11	N	NKWENKWENI	BORA	2:20.96
12	MINNETTE	VAN DER WESTHUIZEN	CGA	2:21.10
13	GOITSEONA	RAMONNYE	ANWN	2:30.19

Item	146 Final Junior Women 800m		16:00	
1	ANNICA	COETZEE	EPA	2:08.62
2	ANUSCHCA	NICE	AGN	2:08.71
3	HELEEN	MALAN	BOLA	2:15.88
4	STELLA	MARAIS	AGN	2:16.56
5	DANEL	PRINSLOO	AFS	2:22.21
6	ANELDA	PYPERS	CGA	2:23.23
7	NOMINI	PHETSHULA	ATRA	2:36.65
8	LYDIA	MACHAILE	AVT	2:49.35
0	MELISSA	VERMAAK	CGA	DNS
0	MATSHIDISO	MASEDI	AFS	DNS
0	ALISA	GREYLING	AVT	DNS
0	HAPPINESS	MKHIZE	AGN	DNF

Item	147 Final Junior Men 400m Hurdles		16:20	
1	SHAUN	VAN WYK	ACNW	51.94
2	LE ROUX	HAMMAN	ANWN	52.96
3	FRANCOIS	RETIEF	BOLA	52.96
4	JURIE	MOOLMAN	AGN	53.13
5	PHILLIP	BOOYSEN	AGN	53.57
6	HERMAN	LANGENHOVEN	BOLA	53.85
7	GRAIG	FORTUIN	AFS	53.87
8	CRISTO	HATTING	AVT	55.30

Item	148 Final Junior Men Triple Jump		16:30		Wind
1	APELELE	RASMENI	CGA	15.76	0.0
2	LUVO	MANIYONGA	BOLA	15.71	+1.0
3	ROEDI	NIEMAND	AMPU	14.48	+0.6
4	BABAKWE	MATHONGWANE	AGN	14.17	+0.9
5	CHRISTIAAN	LOMBARD	AGN	13.86	-0.6
6	THEBE	SUPING	ANWN	13.72	-0.1
7	KOKETSO	MOGAPI	ANWN	13.70	+1.8
8	EDWARD	EDONS	BOLA	13.51	+1.2
0	MS	NEL	ANWN	Disq	
0	THOKOZANI	MAMBA	LIMA	DNS	
0	MAPONYANE	OITSILE	LIMA	DNS	
0	KGOMOTSO	MAHUBA	AVT	NRA	

Item	149 Final Youth Boys 400m Hurdles		16:30	
1	TAARIQ	SOLOMONS	WPA	51.30
2	SCHALK	BURGER	BOLA	51.47
3	KATLEGO	NKOANA	AGN	52.96
4	TIAAN	MOUTON	BOLA	53.65
5	CONRAD	BEZUIDENHOUT	AGN	53.93
6	BERNARD	PRETORIUS	AGN	54.12
7	ANELE	BLAAUW	AMPU	55.68
8	ARNO	BOTHA	AFS	56.19

Item	150 Final Junior Women 400m Hurdles	16:40		
1	JEAN-MARIE SENEKAL	BOLA	59.19	
2	TESSA HEYSTEK	AMPU	61.04	
3	MEGAN GODDARD	BOLA	61.04	
4	MARION ANN DUVENAGE	ACNW	61.81	
5	ULRIKA RAUTENBACH	ANWN	63.07	
6	SUMARI CLAASEN	BOLA	64.30	
7	ALIX MOREILLON	WPA	64.49	
8	JOANNE BEZUIDENHOUT	ANWN	66.32	

Item	151 Final Youth Girls 400m Hurdles	16:50		
1	IZELL NEUHOFF	AVT	60.10	
2	LARISKA BOTHA	AFS	61.67	
3	ZANDRI BYLEVELDT	ANWN	61.92	
4	MARINA SWANEPOEL	BOLA	62.52	
5	MELANI HEUNIS	AGN	64.58	
6	ANE' FOURIE	WPA	66.09	
7	LEANDRI KLOPPER	ANWN	66.91	
8	DANIELLE DE JONGH	AGN	66.93	

Item	152 Final Youth Girls High Jump	17:00		
1	FRANCIS SEELIGER	AGN	1.73	
2	ROCHELLE COETZEE	KZNA	1.65	
3	MARCELLE DU PLESSIS	BOLA	1.65	
4	SHANNON MALOTANE	WPA	1.65	
5	VALENTINA DA ROCHA	WPA	1.65	
6	ALISHA SMALL	ASWD	1.60	
6	ANIKA PRETORIUS	AGN	1.60	
8	SALOME VAN HEERDEN	ACNW	1.60	
0	KARLA MULLER	AVT	DNS	
0	JEAN-MARIE WIENAND	ACNW	DNS	
0	KARIN BURGER	BOLA	NRA	
0	TAYLIA VISAGIE	BOLA	NRA	

Item	153 Final Junior Women Discus	17:00		
1	CARIEN DREYER	AGN	43.95	
2	LINDIE LIEBENBERG	ACNW	43.48	
3	SURIETTE BOTHA	AGN	42.15	
4	YOLANIE UYS	AFS	41.49	
5	JOHANNA HAARHOFF	ANWN	39.26	
6	TSHEGOFATSO SONO	AGN	36.53	
7	FRANCIS PIETERS	AMPU	35.85	
8	MARCELLE BOTHA	AFS	33.35	
9	YOLANDI-MARI BOTHMA	CGA	31.44	
10	DANIKA BLOEM	AVT	31.44	
11	KARINE MERION	REU	29.73	
0	MELICIA SAUER	AVT	DNS	
0	MONIQUE POTGIETER	ACNW	DNS	

Item	154 Final Junior Men 1500m Decathlon	17:05		
1	GERT SWANEPOEL	ACNW	4:30.36	
2	AWIE VERMEULEN	AVT	6:13.47	
3	CARL STOLS	AVT	6:14.17	
0	NARDUS GREYLING	AFS	DNS	
0	KOBUS HEISTER	ACNW	DNS	

Item	155 Final Junior Women 800m Heptathlon	17:15		
1	LEE-ANNE LAMPRECHT	CGA	2:31.60	
2	SHARI WILKE	AGN	2:32.64	
3	MARIONETTE VAN DER MERWE	AFS	2:35.90	
4	CHANELLE JACOBS	AGN	2:47.64	
5	ANGELIQUE PEPLER	AGN	2:48.35	

6	ZANTE	CAMPHER	ACNW	2:54.00
7	GILLIAN	BAIN	CGA	3:06.65
0	IZETTE	LUBBE	AGN	DNS

Item	156 Final Youth Girls 800m Heptathlon	17:15		
1	INGE	VILJOEN	AGN	2:32.58
2	ILZE	MOOLMAN	CGA	2:45.61
3	NICOLA	GROBBELAAR	EPA	2:47.15
4	ZELKE-MARIE'	DE JONGH	AGN	2:57.51
0	TALI	RAUBENHEIMER	CGA	DNS

Item	157 Final Youth Boys 1000m Octathlon	17:25		
1	LEE-ROY	MORGAN	AVT	2:53.89
2	ARMANDT	DU PREEZ	CGA	2:54.56
3	CODY	FIRMSTONE	INDWP	3:06.58
4	QUINTEN	PISTORIUS	ACNW	3:12.93
5	LLOYD	GREEF	AVT	3:12.95
6	JASON	ROUX	AGN	3:13.43
7	JOHAN	KRUGER	CGA	3:13.69
8	JUSTIN	VAN NIEKERK	WPA	3:14.28
9	EBEN	WILKE	ACNW	3:18.40
10	WALDO	MINOR	CGA	3:21.53
11	KYLE	MC DONALD	CGA	3:22.40
12	WARRICK	LEEMAN	INDWP	3:30.08
13	FRANCIOS	GROBLER	CGA	3:32.30
14	WREEFORD	SIMONS	INDWP	3:50.67
0	GIFT	SITHOLE	AVT	DNS
0	BAREND	BOTHA	ACNW	NRA

Item	158 Final Junior Men 5000m	17:40		
1	JOEL	MONNE	ACNW	14:41.42
2	SITYLO	DIKO	CGA	14:42.52
3	VUYISELE	TSHOBA	CGA	15:00.11
4	ARMIN	BOTHA	CGA	15:03.52
5	REUBEN	MAGENGENENE	CGA	15:09.24
6	JOEL	MADIBA	AGN	15:17.48
7	PETER	MORGAN	AFS	15:20.92
8	GIFT	MAHLANGU	AGN	15:33.03
9	MFUMANE	FADANE	AVT	15:36.26
10	BONGINKOSI	ZWANE	KZNA	15:44.52
11	SITHEMBELE	FANEKHO	ATRA	15:48.58
12	LUCKY	MOKGOTHU	ACNW	15:51.25
13	KARABO	JACOBS	AVT	15:53.29
14	BHEKI	NKOSI	AMPU	15:54.68
15	HANS	MOJAH	AFS	16:01.04
16	NKOSINATHI	MASHAPA	CGA	16:07.24
17	JEROMY	ANDREAS	WPA	16:13.99
18	TEBOGO	MOKGATLE	ANWN	16:38.01
19	MELIKAYA	FRANS	EPA	16:38.27
20	TUMELO	MOKABANE	ACNW	16:46.78
21	BARRY	MBELE	AVT	16:48.62
0	PIETER	WILDERS	CGA	DNS
0	THATO	MOLATEDI	CGA	DNS
0	TIEGO	MARA	CGA	DNS
0	JOBO	KHATOANE	LES	DNS
0	TAEDI	KHOZA	AFS	DNS
0	ANDRIES	MOKONA	AFS	DNS
0	PETER	MAKHOALI	AVT	DNS
0	THAMSANGA	ZIKHALI	AVT	DNS
0	TSHEPO	BAGATSU	ACNW	DNS
0	SANELE	SHANGE	KZNA	DNS

Item	159 Final Junior Women 4X400m Relay	18:20		
1	EPA		EPA	3:48.61
2	BOLA		BOLA	3:50.62
3	ANWN		ANWN	3:55.06

4	CGA	CGA	3:57.76
5	WPA	WPA	4:02.71
6	AGN	AGN	4:13.11
0	AMPU	AMPU	DNS

Item 160 Combined Results Junior Men 4X400m Rel 18:30

1	AFS	AFS	3:15.13
2	BOLA	BOLA	3:15.90
3	WPA	WPA	3:16.09
4	ANWN	ANWN	3:17.50
5	CGA (A)	CGA	3:19.14
6	AMPU	AMPU	3:22.26
7	EPA	EPA	3:25.83
8	ATRA	ATRA	3:27.31
9	AGN	AGN	3:49.52
0	KZNA	KZNA	DNS

Item 160 Final 1 of 2 Junior Men 4X400m Relay 18:30

1	AFS	AFS	3:15.13
2	ANWN	ANWN	3:17.50
3	CGA (A)	CGA	3:19.14
4	EPA	EPA	3:25.83
0	KZNA	KZNA	DNS

Item 160 Final 2 of 2 Junior Men 4X400m Relay 18:30

1	BOLA	BOLA	3:15.90
2	WPA	WPA	3:16.09
3	AMPU	AMPU	3:22.26
4	ATRA	ATRA	3:27.31
5	AGN	AGN	3:49.52

Item 161 Final Youth Girls 100m,200m,300m,400m R 18:40

1	AGN	AGN	2:13.40
2	CGA	CGA	2:15.35
3	BOLA	BOLA	2:16.03
4	WPA	WPA	2:20.53
5	EPA	EPA	2:22.27

Item 162 Final Youth Boys 100m,200m,300m,400m R 18:50

1	BOLA	BOLA	1:54.84
2	AFS	AFS	1:54.90
3	AGN	AGN	1:58.07
4	WPA	WPA	1:58.50
5	CGA (A)	CGA	1:58.54
6	EPA	EPA	2:01.52
7	ANWN	ANWN	2:08.79
0	ATRA	ATRA	DNS