

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date
September 13, 2014

Final Team Results**Women****E11-W23/4**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Gauteng North				Finish Position - 1		
Team Score (places):20				Average Time: 14:29.1		
1	2360 MURENDWA DOVHANA	1	1	13:58.0	13:58.0	0:00.0
2	2364 ALICIA LABUSCHAGNE	4	5	14:32.2	28:30.2	0:34.2
3	2369 MICHELLE	7	12	14:43.0	43:13.2	0:45.0
4	2367 HAPPINESS MKHIZE	8	20	14:43.2	57:56.4	0:45.2
Team - Central Gauteng				Finish Position - 2		
Team Score (places):30				Average Time: 14:54.2		
1	3042 THATO MAKHAFOLA	5	5	14:36.9	14:36.9	0:00.0
2	3037 GOODNESS LICHABA	6	11	14:42.5	29:19.4	0:05.6
3	3038 MICHELLE STRYDOM	9	20	14:47.6	44:07.0	0:10.7
4	3041 SUSANNA JUNKER	10	30	15:30.0	59:37.0	0:53.0
Team - Central North West				Finish Position - 3		
Team Score (places):47				Average Time: 15:41.9		
1	2601 GIRA CARSTENS	2	2	14:07.3	14:07.3	0:00.0
2	2602 KARIN-MARI DOTZE	11	13	15:40.9	29:48.2	1:33.6
3	2604 CLAUDINE MARAIS	16	29	16:27.6	46:15.9	2:20.3
4	2603 JOLENE RABIE	18	47	16:31.9	1:02:47.9	2:24.6
Team - Free State				Finish Position - 4		
Team Score (places):75				Average Time: 16:51.0		
1	741 CHERISE SIMS	3	3	14:24.9	14:24.9	0:00.0
2	743 EZANNE KLEYNHANS	21	24	16:53.8	31:18.7	2:28.8
3	747 PORTIA	25	49	17:50.3	49:09.1	3:25.3
4	748 MAMELLO MOLAOA	26	75	18:14.9	1:07:24.0	3:49.9
Team - Mpumalanga				Finish Position - Inc.		
Team Score (places):Inc.				Average Time:		
1	1167 MONDI THIPE	12	12	15:49.5	15:49.5	0:00.0
2	1168 THANDEKA SIBANYONI	19	31	16:34.8	32:24.3	0:45.2
Team - North West North				Finish Position - Inc.		
Team Score (places):Inc.				Average Time:		
1	1653 JANKE WHEELER	29	29	23:11.5	23:11.5	0:00.0
2	1654 SCHANIKA GUBA	30	59	24:35.7	47:47.3	1:24.1
3	1652 MELANIE VILJOEN	31	90	25:31.9	1:13:19.3	2:20.3

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Final Team Results

Women

E11-W23/4

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Transkei		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1737 KHONZENI GWEGWA	22	22	17:12.4	17:12.4	0:00.0
2	3297 BUDA MILISA	27	49	19:23.0	36:35.4	2:10.6
3	3298 MFANEKISO MWABISA	28	77	21:39.0	58:14.5	4:26.6
Team - Vaal Triangle		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	350 PALESA SEDIANE	17	17	16:29.5	16:29.5	0:00.0
Team - Boland		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1392 HELEEN MALAN	13	13	15:53.8	15:53.8	0:00.0
Team - Border		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1764 AKHONA SOGINGQI	23	23	17:33.7	17:33.7	0:00.0
Team - Eastern Province		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1794 SIPHOKAZI NOJOKO	15	15	16:03.6	16:03.6	0:00.0
Team - Kwazulu Natal		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1283 NOKUTHULA	14	14	15:58.4	15:58.4	0:00.0
2	3293 NONDUMELELO	24	38	17:36.2	33:34.6	1:37.8
Team - Griqualand West		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	217 KEHILWE MOTHIBE	20	20	16:36.5	16:36.5	0:00.0

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Overall Finish List**E12-G17/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	HANLI ESTEBETH	CGA	2905	13:46.1
2	MARRIDA LEEN	ASWD	3205	13:59.3
3	ROBYN KALTENBRUIN	CGA	2908	14:34.9
4	DIMPHO DIALE	AGN	2130	14:44.9
5	LETHABO SEEMA	AGN	2138	14:46.7
6	MEGAN ODENDAAL	AGN	2136	14:47.0
7	JESSICA AYLWARD	CGA	3098	14:49.4
8	CALEY ELLERO	KZNA	1290	14:53.9
9	LIZE BOTHA	AGN	2127	14:58.9
10	THENJIWE GUMEDE	KZNA	1292	14:59.7
11	SALVATION BABEDI	CGA	2909	15:06.5
12	ELINDI DE CONING	AGN	2129	15:07.0
13	LAUREN JONATHAN	WPA	822	15:15.0
14	CACISILE SOSIBO	KZNA	1294	15:15.8
15	VERNOSCHKA ABRAHAMS	BOLA	1388	15:15.9
16	LINMARIE VAN WYK	AGN	2144	15:21.2
17	BUSISIWE GWALA	WPA	818	15:25.4
18	MALETHABO SEEMA	AGN	2139	15:25.9
19	DEONÉ VAN DER MERWE	AGN	2142	15:30.5
20	DANIELLE JORDAAN	AGN	2134	15:31.6
21	TANA TOERIEN	AGN	2140	15:32.3
22	JANA VAN DER MERWE	CGA	2906	15:35.5
23	BRONWYN BROWN	AGW	216	15:38.7
24	NONDUMISO KHOZA	KZNA	1293	15:39.7
25	RETHABILE JABAONE	AFS	728	15:42.1
26	AMY MOFOKENG	AFS	726	15:47.5
27	INGE BREWIS	AMPU	1063	15:52.9
28	MANYEOE MOKOENA	AFS	727	15:56.1
29	MACNITA SAMUELS	ASWD	3204	15:59.2
30	ANKE NOTHNAGEL	AGN	2135	15:59.3
31	NADINE VAN COLLER	AMPU	1066	16:00.4
32	IGNIZA WHITE	AGW	215	16:00.9
33	YVONNE PITSANE	AGN	2137	16:12.1
34	ANNEMARIE HORDIJK	AGN	2133	16:13.0
35	MARTINIQUE STOLTZ	AMPU	1064	16:16.9
36	CARLU MEYER	AMPU	1062	16:18.2
37	STORM BARKAS	ACNW	2587	16:19.2
38	SIBONGILE HLANJWA	AGN	2131	16:20.7
39	ABIGAIL BALOYI	LIMA	158	16:22.9
40	THANDEKA MNGOMEZULU	AMPU	1068	16:28.0
41	BRENDA LABUSCHAGNE	AMPU	1061	16:29.1
42	BIANKE POTGIETER	AMPU	1060	16:29.4
43	NICOLE JOUBERT	AMPU	1067	16:44.5
44	JOHANÉ SCHUTTE	LIMA	160	16:46.2
45	ESTELIZE VAN ROOYEN	AGN	2143	16:48.7
46	LILANI TRIBLEHORN	AGN	2141	16:50.1
47	BERNELEE THOKWANE	AMPU	1059	16:52.5

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<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	MAKGOMO MAGORO	LIMA	161	16:56.9
49	JEANETT DLOMO	ACNW	2590	16:57.4
50	MARTHA NKOSI	ACNW	2586	16:59.2
51	JODY YORK	AFS	730	17:03.6
52	KRYSTAL DE BERG	AGN	2128	17:07.5
53	LIEZEL POTGIETER	ACNW	2589	17:08.0
54	VIVIAN BOIPELO KOPONG	ANWN	1631	17:11.8
55	NICOLE CAMARA	ANWN	1629	17:16.5
56	ROSHNIE RHODES	WPA-I	838	17:19.2
57	COURTNEY COOPER	ACNW	2588	17:25.6
58	MIA NEL	AGW	213	17:26.3
59	MART-MARI VAN DER	LIMA	162	17:30.8
60	MARLIA VERSTER	ANWN	1634	17:33.9
61	JEMIMA MEYER	AFS	733	17:34.1
62	MONIQUE LEWIS	AMPU	1065	17:36.0
63	DANIELA LOUW	AFS	729	17:37.9
64	NOKUKHANYA	KZNA	1291	17:39.3
65	ZUSIPHE NKALA	EPA	1789	17:43.7
66	MATHOTA NXENQE	AFS	734	17:44.5
67	THEMBISA NOBOMVU	ATRA	1732	17:55.7
68	CHARLIZE ZARA	AGW	214	17:57.9
69	ANDENE SCHOLTZ	AFS	731	18:01.8
70	LA-ROCHELLE DIPPENAAR	ACNW	2592	18:05.4
71	LINDIWE KHESWA	AFS	732	18:05.9
72	MONIKA PETERS	ACNW	2591	18:14.5
73	REBAONE MOTSILILI	AFS	736	18:15.8
74	JANA BOLESZLAWSKY	ASWD	3203	18:29.4
75	HANNAH VINCENT	BORA	1751	18:47.7
76	LODINE COMBRINK	AFS	735	18:57.7
77	WIANDA GILLILAND	ANWN	1630	19:00.0
78	JOANÉ STRAUSS	LIMA	159	19:05.4
79	ZITHINI DLONGWANA	BORA	1754	19:13.9
80	HANRI NORTJE	ANWN	1632	19:18.6
81	BIANCA VENTER	ANWN	1633	19:36.9
82	KATHLEEN PLEKKER	ACNW	2593	19:56.5
83	DENIKA PETZER	BORA	1752	21:13.4

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Overall Finish List**E13-M23/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	RANTSO MOKOPANE	ACNW	2763	11:22.6
2	SAMUEL MATHABATHA	CGA	3069	11:29.6
3	ANDRICO WILLIAMS	AFS	548	11:39.1
4	THABANG MAFA	CGA	2971	11:40.7
5	HENRY MAKANE	CGA	2968	11:41.0
6	MOSES DIRANE	AGN	2221	11:46.2
7	SIMON MOKONYAMA	AGN	2227	11:49.0
8	BAFANA DUBE	AGN	2222	11:50.0
9	JONATHAN BREDEKAMP	AGN	2220	11:51.6
10	JABOLANE NCAMANE	AFS	551	11:53.5
11	SIPHO MBANJWA	KZNA	1298	11:54.0
12	SELLO MASIA	AFS	550	11:55.0
13	THEODORE NOTHLING	ACNW	2764	11:56.7
14	NKOSIKHONA	KZNA	1297	11:58.2
15	HENCO UYS	ACNW	2769	11:59.6
16	THABANG MOJANAGA	AFS	549	12:00.4
17	THOBILE NONTULO	AVT	363	12:02.7
18	EMIELE PAULSEN	WPA	771	12:03.1
19	DUNCAN MOLAUDZI	CGA	2972	12:06.1
20	MONWABISISI CELE	KZNA	1295	12:07.9
21	JOHARDT VAN HEERDEN	ACNW	3287	12:08.9
22	JACOB TSEKO	AGN	2233	12:09.8
23	JUSTIN FRITZ	BOLA	1379	12:13.5
24	MUSA SWAKAXA	AGN	2232	12:14.4
25	EDWIN SESIPI	CGA	2973	12:15.7
26	PRINCE NDLOVU	AMPU	1113	12:17.1
27	MPHO MOTAUNG	AGN	2228	12:17.4
28	KOKETSO KHOZA	AGN	2223	12:19.7
29	OTHUSITSE JASSON	AFS	555	12:20.7
30	LUYANDA QOLO	BOLA	1382	12:21.4
31	BLESSED NCUBE	CGA	2966	12:21.8
32	MAKUWA TSHIBIDZO	CGA	2975	12:22.1
33	SOLOMON BOTLHOLO	CGA	2970	12:23.3
34	THATO KEKANA	LIMA	178	12:24.0
35	MONNAPUE RAMABUSA	AFS	552	12:24.5
36	HENNO HAVENGA	ACNW	2771	12:25.1
37	NKOSINATHI SINDANE	AMPU	1112	12:26.9
38	OFENTSE MATHIPE	AFS	561	12:27.4
39	PHILANI MALANTSANA	AVT	364	12:27.9
40	JOHANNES MOTSOENENG	ACNW	2765	12:31.2
41	SIKHALO MTHIMKULU	AGN	2229	12:32.1
42	SANDY LONDT	AFS	557	12:32.5
43	KOOS BALOYI	AGN	2219	12:32.7
44	PALACIOUS MOKWEVHO	CGA	2969	12:33.1
45	DURAN FARO	WPA-I	839	12:36.6
46	MANUEL RAMPALENG	AFS	560	12:37.3
47	TSHEPO PHOKOJE	ANWN	1657	12:37.9

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Overall Finish List**E13-M23/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	WAYNE LABUSCHAGNE	AGN	2224	12:38.6
49	GODFREY MOFOKENG	CGA	2967	12:38.7
50	MOHAU MALISE	AFS	563	12:40.6
51	KHAYA BUTELE	BORA	1765	12:41.9
52	KAGISO BOYISA	ACNW	2770	12:49.4
53	SIVE NGUBE	BOLA	1380	12:52.5
54	KABELO BALOYI	AGN	2218	12:53.9
55	MASANDE GANYAZA	ATRA	1739	12:55.6
56	XOLANI LONI	AFS	554	12:56.7
57	JOHN KUPA	LIMA	176	12:57.9
58	JACK MASOGO	AGN	2226	12:59.1
59	THULANI MANANA	AMPU	1115	13:00.1
60	TEBOGO SEGALAGALA	AGN	2231	13:01.8
61	MAJA MOLAHLONI	AFS	556	13:05.4
62	SANELE MADIBA	KZNA	1299	13:06.5
63	SAMUEL MOLIBEDI	AFS	553	13:06.5
64	ROWELL NIEUWENHOUDT	AGN	2230	13:06.9
65	MAKOLOI RAMOKHOASE	AFS	559	13:08.0
66	ALBERT MDINGI	ACNW	2767	13:11.2
67	THABO OLIFANT	AFS	558	13:15.7
68	ISAAC SEHAU	AFS	562	13:16.2
69	ADRIAAN ALDRIDGE	AGN	2217	13:17.0
70	THABISO MAMPANE	AGN	2225	13:22.0
71	NKOSIKHONA ZULU	KZNA	1296	13:24.1
72	ANDRIES HLABAKA	LIMA	173	13:27.0
73	GODFREY DLAMINI	AMPU	1116	13:27.7
74	THEMBA MAWELELA	AMPU	1114	13:30.0
75	DOCTOR SIGUDU	AMPU	1111	13:33.9
76	FRANS MOENG	ANWN	1664	13:53.1
77	RUBEN GOUWS	ACNW	2768	14:00.8
78	TSEKISO MANTEWA	ACNW	2772	14:03.4
79	OMPHEMETSE MOLEFE	ANWN	1659	14:05.7
80	RUAN SOEKOE	ANWN	1655	14:06.0
81	MANHLANE MODIBA	LIMA	177	14:23.4
82	JJ VAN DER MERWE	LIMA	175	14:29.0
83	KEAMOGETSWE MFOLOE	ANWN	1656	14:29.8
84	OBAKENG MORWENG	ANWN	1662	14:57.8
85	GODFREY DIPHEKO	ANWN	1663	15:30.0
86	KUTLWANO MOLOANA	ANWN	1661	16:09.2

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Final Team Results**Men****E13-M23/4**

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Team - Gauteng North		Finish Position - 1				
Team Score (places):30		Average Time: 11:49.2				
1	2221 MOSES DIRANE	6	6	11:46.2	11:46.2	0:00.0
2	2227 SIMON MOKONYAMA	7	13	11:49.0	23:35.2	0:02.8
3	2222 BAFANA DUBE	8	21	11:50.0	35:25.2	0:03.8
4	2220 JONATHAN	9	30	11:51.6	47:16.8	0:05.4
Team - Central Gauteng		Finish Position - 2				
Team Score (places):30		Average Time: 11:44.4				
1	3069 SAMUEL MATHABATHA	2	2	11:29.6	11:29.6	0:00.0
2	2971 THABANG MAFA	4	6	11:40.7	23:10.4	0:11.1
3	2968 HENRY MAKANE	5	11	11:41.0	34:51.4	0:11.3
4	2972 DUNCAN MOLAUDZI	19	30	12:06.1	46:57.6	0:36.5
Team - Free State		Finish Position - 3				
Team Score (places):41		Average Time: 11:52.0				
1	548 ANDRICO WILLIAMS	3	3	11:39.1	11:39.1	0:00.0
2	551 JABOLANE NCAMANE	10	13	11:53.5	23:32.7	0:14.3
3	550 SELLO MASIA	12	25	11:55.0	35:27.7	0:15.8
4	549 THABANG MOJANAGA	16	41	12:00.4	47:28.1	0:21.2
Team - Central North West		Finish Position - 4				
Team Score (places):50		Average Time: 11:52.0				
1	2763 RANTSO MOKOPANE	1	1	11:22.6	11:22.6	0:00.0
2	2764 THEODORE NOTHLING	13	14	11:56.7	23:19.4	0:34.1
3	2769 HENCO UYS	15	29	11:59.6	35:19.1	0:37.0
4	3287 JOHARDT VAN	21	50	12:08.9	47:28.1	0:46.3
Team - Kwazulu Natal		Finish Position - 5				
Team Score (places):80		Average Time: 12:16.6				
1	1298 SIPHO MBANJWA	11	11	11:54.0	11:54.0	0:00.0
2	1297 NKOSIKHONA	14	25	11:58.2	23:52.3	0:04.1
3	1295 MONWABISISI CELE	20	45	12:07.9	36:00.2	0:13.8
4	1299 SANELE MADIBA	35	80	13:06.5	49:06.7	1:12.4
Team - Mpumalanga		Finish Position - 6				
Team Score (places):120		Average Time: 12:47.9				
1	1113 PRINCE NDLOVU	23	23	12:17.1	12:17.1	0:00.0

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Team - Mpumalanga					Finish Position - 6	
Team Score (places):120					Average Time: 12:47.9	
2	1112 NKOSINATHI SINDANE	26	49	12:26.9	24:44.0	0:09.8
3	1115 THULANI MANANA	34	83	13:00.1	37:44.1	0:43.0
4	1116 GODFREY DLAMINI	37	120	13:27.7	51:11.9	1:10.6
Team - Limpopo					Finish Position - 7	
Team Score (places):135					Average Time: 13:18.0	
1	178 THATO KEKANA	25	25	12:24.0	12:24.0	0:00.0
2	176 JOHN KUPA	33	58	12:57.9	25:21.9	0:33.9
3	173 ANDRIES HLARAKA	36	94	13:27.0	38:48.9	1:03.0
4	177 MANHLANE MODIBA	41	135	14:23.4	53:12.3	1:59.4
Team - North West North					Finish Position - 8	
Team Score (places):146					Average Time: 13:40.7	
1	1657 TSHEPO PHOKOJE	29	29	12:37.9	12:37.9	0:00.0
2	1664 FRANS MOENG	38	67	13:53.1	26:31.1	1:15.1
3	1659 OMPHEMETSE MOLEFE	39	106	14:05.7	40:36.8	1:27.7
4	1655 RUAN SOEKOE	40	146	14:06.0	54:42.8	1:28.0

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Overall Finish List**E13-SM/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	STEVEN MHLONGO	CGA	2976	11:22.8
2	PAULOS RADEBE	CGA	3003	11:35.6
3	MARKO BUCARIZZA	CGA	3002	11:42.0
4	JONAS SOKE	AFS	564	11:51.7
5	PRINCE JALI	CGA	3004	11:53.8
6	SPRINKAAN SMONS	AFS	568	12:02.1
7	ANELE DLAMINI	KZNA	1301	12:03.4
8	JOHANN BERRANGE	AGN	2320	12:05.8
9	MOSES MAHLANGU	AMPU	1117	12:08.4
10	LUCAS BOTHOBUTLE	ACNW	2773	12:08.6
11	ANELE SONQIBIDO	AGN	2336	12:10.1
12	THATO MOLATEDI	CGA	2977	12:10.1
13	VICTOR PHEEHA	AGN	2332	12:10.6
14	JERRY MOTSAU	ACNW	2775	12:10.8
15	CLINTON SWANEPOEL	CGA	3000	12:11.8
16	REPELANG KGAJE	AGN	2321	12:18.1
17	KOTOPETSA MHLANGA	CGA	3001	12:18.4
18	ZOLANI NGQAQA	EPA	1802	12:25.6
19	APRIL MEKO	AFS	566	12:27.2
20	TLOU SELOBA	AGN	2334	12:29.0
21	MALEFETSANE MOTLAUNG	AFS	565	12:29.2
22	LEON ADAMS	ASWD	3240	12:31.3
23	WILLEM NDZHUKULA	AGN	2330	12:34.8
24	ANDY MUKONA	AGN	2328	12:35.6
25	LEONARD MAKHANYE	AMPU	1158	12:37.7
26	LUTHANDA HEJANA	BORA	1767	12:37.8
27	MARTIN NKOE	AGN	2331	12:39.2
28	THUSO PHASWANA	CGA	3005	12:39.8
29	ANGELO BOOYSEN	BOLA	1381	12:40.2
30	MOTSAMAI MOTONE	AGN	2327	12:40.2
31	TEBOGO KHANYE	KZNA	1300	12:42.8
32	GABRIEL PILA	AGN	2333	12:42.8
33	TEBOGO SITHOLE	AGN	2335	12:43.4
34	POGISO FARTEIN	ANWN	1658	12:44.2
35	ZOLANI MABONGO	EPA	1803	12:47.8
36	WILLEM RADEBE	AFS	570	12:58.1
37	SIBUSISO THU	EPA	1804	12:59.6
38	TSEKO SERUTLA	AFS	569	13:00.0
39	JACOB MORUA	ANWN	1660	13:00.7
40	SAMUEL MORAMEDI	AGW	270	13:02.8
41	MACALENI MAHLANGU	AMPU	1159	13:11.4
42	ORAPELENG SEKHOSANA	ANWN	1673	13:11.6
43	VUSI MTSWENI	AMPU	1118	13:14.5
44	ANDRIES MALETE	AGN	2325	13:16.6
45	KEVIN DE AAR	AMPU	1157	13:19.7
46	CHARLES MALATJI	AGN	2324	13:20.0
47	BHEKISISA DLADLA	AMPU	1155	13:24.5

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Overall Finish List

E13-SM/4

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	KAMOHELO MOAHLODI	AFS	571	13:25.1
49	TSHEPO MOALAH	AGW	271	13:28.2
50	ARTHUR THOBELA	AMPU	1153	13:28.7
51	SAM MASHA	ANWN	1675	13:30.1
52	JIMMY LOURENS	ACNW	2777	13:32.4
53	FRANCE NAMANE	AGN	2329	13:37.4
54	MASIXOLE MPEMVUSHE	BORA	1768	13:39.0
55	FOLAVIO SEHOHLE	AMPU	1149	13:42.4
56	PULE NAGE	ANWN	1665	13:55.7
57	PAUL VAN DEN BERG	LIMA	179	14:04.0
58	XOLANI MDLULI	AMPU	1160	14:15.1
59	VINCENT VAUGHAN	ANWN	1666	14:29.6
60	SAMUEL VARRIE	LIMA	180	15:00.0
61	ZUKO MAMBULA	ATRA	1747	3:32:07.5

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Race Date
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Final Team Results**Men****E13-SM/4**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Central Gauteng		Finish Position - 1				
Team Score (places):11		Average Time: 11:38.5				
1	2976 STEVEN MHLONGO	1	1	11:22.8	11:22.8	0:00.0
2	3003 PAULOS RADEBE	2	3	11:35.6	22:58.4	0:12.8
3	3002 MARKO BUCARIZZA	3	6	11:42.0	34:40.4	0:19.1
4	3004 PRINCE JALI	5	11	11:53.8	46:34.2	0:30.9
Team - Free State		Finish Position - 2				
Team Score (places):43		Average Time: 12:12.5				
1	564 JONAS SOKE	4	4	11:51.7	11:51.7	0:00.0
2	568 SPRINKAAN SMONS	6	10	12:02.1	23:53.8	0:10.4
3	566 APRIL MEKO	16	26	12:27.2	36:21.0	0:35.5
4	565 MALEFETSANE	17	43	12:29.2	48:50.3	0:37.5
Team - Gauteng North		Finish Position - 3				
Team Score (places):45		Average Time: 12:11.1				
1	2320 JOHANN BERRANGE	8	8	12:05.8	12:05.8	0:00.0
2	2336 ANELE SONQIBIDO	11	19	12:10.1	24:15.9	0:04.3
3	2332 VICTOR PHEEHA	12	31	12:10.6	36:26.6	0:04.8
4	2321 REPELANG KGAJE	14	45	12:18.1	48:44.7	0:12.3
Team - Mpumalanga		Finish Position - 4				
Team Score (places):86		Average Time: 12:48.0				
1	1117 MOSES MAHLANGU	9	9	12:08.4	12:08.4	0:00.0
2	1158 LEONARD MAKHANYE	19	28	12:37.7	24:46.1	0:29.3
3	1159 MACALENI MAHLANGU	28	56	13:11.4	37:57.5	1:03.0
4	1118 VUSI MTSWENI	30	86	13:14.5	51:12.1	1:06.1
Team - North West North		Finish Position - 5				
Team Score (places):110		Average Time: 13:06.7				
1	1658 POGISO FARTEIN	23	23	12:44.2	12:44.2	0:00.0
2	1660 JACOB MORUA	26	49	13:00.7	25:44.9	0:16.5
3	1673 ORAPELENG	29	78	13:11.6	38:56.6	0:27.4
4	1675 SAM MASHA	32	110	13:30.1	52:26.7	0:45.9

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Race Date

September 13, 2014

Overall Finish List**E16-SW/8**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	LEBOGANG PHALULA	CGA	3015	27:39.9
2	LEBO DINA PHALULA	CGA	3066	27:56.1
3	LORRAINE NOVELA	CGA	3067	29:00.9
4	MAKHOSI MHLONGO	KZNA	1314	29:26.8
5	GLENROSE XABA	AMPU	1163	29:42.3
6	BULELWA SIMAE	WPA	785	29:43.0
7	KATAZA SHIPALANA	AGN	2354	30:05.1
8	KENEILWE SESING	CGA	3065	30:06.3
9	NTOMBESINTU MFUNZI	EPA	1795	31:03.2
10	MARIA MAKGOSHINI	CGA	3068	31:08.0
11	NANDIPHA DYWILI	AGN	2349	31:10.7
12	SLINDILE CHILI	KZNA	1282	31:30.6
13	NONTOKOZO DLAMINI	AMPU	1164	31:31.1
14	ANDRONICA MOKHOTLA	CGA	3063	31:31.7
15	LINDOKUHLE GABELA	KZNA	1313	31:43.3
16	NORIA SIBANDA	AMPU	1165	32:01.8
17	LUSANDA BOMVANA	ATRA	1740	32:07.9
18	PUSELETSO DLADA	KZNA	1315	32:11.2
19	KEFILWE MOLEFE	CGA	3064	32:36.7
20	PATIENCE KHUMALO	AGN	2351	32:44.4
21	BABALWA NGCOKO	EPA	1797	32:48.3
22	MASABATA MATOANE	AVT	371	32:52.5
23	MARYNA SWANEPOEL	AFS	756	32:55.3
24	VUYOKAZI GEBE	AGN	2350	33:51.3
25	BUSISIWE MATIWANE	WPA	787	33:58.1
26	HANLIE JORDAAN	WPA	786	34:11.2
27	MAKOMA BATJIE	CGA-I	3093	34:41.9
28	XOLISILE MADIDA	KZNA	1312	35:04.5
29	SHERYL DE LANGE	WPA	788	35:07.6
30	THABISA SIRAYI	EPA	1796	35:11.7
31	MAURICA LA GRANGE	ASWD	3241	36:00.6
32	ZINTLE SINQE	AGN	2355	36:05.9
33	IVY SOGIBA	SAPS	286	36:23.7
34	FREEDAH NCUBE	EPA	1798	36:28.2
35	MARIA TJAOANE	SAPS	289	38:45.3
36	MMAHLONA SEABELA	SAPS	288	38:50.0
37	CHANTE VENTER	ACNW	2615	39:12.4
38	NTOMBIZODWA	AMPU	1166	39:13.0
39	NTHABISENG TSHEHLA	AGN	2357	40:15.0
40	JENEKE VOSLOO	ACNW	2616	48:35.8

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Final Team Results**Women****E16-SW/8**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>	
Team - Central Gauteng				Finish Position - 1			
Team Score (places):14				Average Time: 28:40.8			
1	3015	LEBOGANG PHALULA	1	1	27:39.9	27:39.9	0:00.0
2	3066	LEBO DINA PHALULA	2	3	27:56.1	55:36.0	0:16.2
3	3067	LORRAINE NOVELA	3	6	29:00.9	1:24:36.9	1:20.9
4	3065	KENEILWE SESING	8	14	30:06.3	1:54:43.2	2:26.3
Team - Kwazulu Natal				Finish Position - 2			
Team Score (places):44				Average Time: 31:13.0			
1	1314	MAKHOSI MHLONGO	4	4	29:26.8	29:26.8	0:00.0
2	1282	SLINDILE CHILI	11	15	31:30.6	1:00:57.5	2:03.7
3	1313	LINDOKUHLE GABELA	13	28	31:43.3	1:32:40.8	2:16.4
4	1315	PUSELETSO DLADA	16	44	32:11.2	2:04:52.1	2:44.3
Team - Gauteng North				Finish Position - 3			
Team Score (places):55				Average Time: 31:57.9			
1	2354	KATAZA SHIPALANA	7	7	30:05.1	30:05.1	0:00.0
2	2349	NANDIPHA DYWILI	10	17	31:10.7	1:01:15.9	1:05.6
3	2351	PATIENCE KHUMALO	17	34	32:44.4	1:34:00.4	2:39.3
4	2350	VUYOKAZI GEBE	21	55	33:51.3	2:07:51.8	3:46.1
Team - Mpumalanga				Finish Position - 4			
Team Score (places):64				Average Time: 33:07.0			
1	1163	GLENROSE XABA	5	5	29:42.3	29:42.3	0:00.0
2	1164	NONTOKOZO DLAMINI	12	17	31:31.1	1:01:13.4	1:48.7
3	1165	NORIA SIBANDA	14	31	32:01.8	1:33:15.2	2:19.5
4	1166	NTOMBIZODWA	33	64	39:13.0	2:12:28.2	9:30.6
Team - Western Province				Finish Position - 5			
Team Score (places):76				Average Time: 33:15.0			
1	785	BULELWA SIMAE	6	6	29:43.0	29:43.0	0:00.0
2	787	BUSISIWE MATIWANE	22	28	33:58.1	1:03:41.1	4:15.1
3	786	HANLIE JORDAAN	23	51	34:11.2	1:37:52.4	4:28.2
4	788	SHERYL DE LANGE	25	76	35:07.6	2:13:00.1	5:24.6
Team - Eastern Province				Finish Position - 6			
Team Score (places):82				Average Time: 33:52.9			
1	1795	NTOMBESINTU MFUNZI	9	9	31:03.2	31:03.2	0:00.0

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September 13, 2014

Final Team Results**Women****E16-SW/8**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Eastern Province		Finish Position - 6				
Team Score (places):82		Average Time: 33:52.9				
2	1797 BABALWA NGCOKO	18	27	32:48.3	1:03:51.5	1:45.1
3	1796 THABISA SIRAYI	26	53	35:11.7	1:39:03.3	4:08.5
4	1798 FREEDAH NCUBE	29	82	36:28.2	2:15:31.6	5:25.0
Team - Central North West		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	2615 CHANTE VENTER	32	32	39:12.4	39:12.4	0:00.0
2	2616 JENEKE VOSLOO	34	66	48:35.8	1:27:48.2	9:23.3
Team - Free State		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	756 MARYNA SWANEPOEL	20	20	32:55.3	32:55.3	0:00.0
Team - South Western Districts		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	3241 MAURICA LA GRANGE	27	27	36:00.6	36:00.6	0:00.0
Team - Transkei		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1740 LUSANDA BOMVANA	15	15	32:07.9	32:07.9	0:00.0
Team - Vaal Triangle		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	371 MASABATA MATOANE	19	19	32:52.5	32:52.5	0:00.0
Team - South African Police Service		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	286 IVY SOGIBA	28	28	36:23.7	36:23.7	0:00.0
2	289 MARIA TJAOANE	30	58	38:45.3	1:15:09.0	2:21.6
3	288 MMAHLONA SEABELA	31	89	38:50.0	1:53:59.1	2:26.3
Team - Individual		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	3093 MAKOMA BATJIE	24	24	34:41.9	34:41.9	0:00.0

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Overall Finish List**E17-B17/6**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	ARMIN FILLIES	AFS	519	18:00.0
2	ANELE HADEBE	KZNA	1322	18:53.0
3	RUBEN DLEPU	ASWD	3148	18:58.0
4	SIPHO RAMOHOTSI	AFS	521	19:16.7
5	HENRICO DAVIDS	BOLA	1371	19:17.0
6	WILLIAM POTGIETER	CGA	2848	19:18.8
7	IKAGENG GAOREKWE	CGA	2845	19:18.9
8	JEREMY SEEKOEI	ASWD	3146	19:23.1
9	LUKHANYO NOBAKADA	WPA	808	19:24.5
10	NEO SEGOPOLO	AFS	520	19:25.1
11	DYLAN VD MERWE	CGA	2844	19:26.1
12	MONGEZI NGOBE	ATRA	1734	19:28.1
13	ISAAC LESIA	CGA	2846	19:31.5
14	LINDOKUHLE MKHWANAZI	KZNA	1320	19:35.0
15	APHELELE PHUNGULE	KZNA	1323	19:35.0
16	XOLANI MKHIZE	KZNA	1321	19:35.1
17	TOMRIN VLOK	AGN	1960	19:40.9
18	LIONEL JACOBS	ASWD	3147	19:50.0
19	DERRICK MOKALENG	CGA	2843	19:51.2
20	KWANELE MTHEMBU	AGN	1952	19:52.5
21	SIBUSISO KUBHEKA	AMPU	967	19:52.8
22	JASON KOOPMAN	BOLA	1372	19:54.2
23	ONTIRETSE MOTLAGALE	ACNW	2748	20:03.0
24	KABELO MELAMU	CGA	2847	20:09.5
25	VINCENTIOUS KAT MABOE	ANWN	1637	20:12.3
26	LUTHANDO NDONYELA	ATRA	1733	20:15.0
27	MARNU DU PLESSIS	AGN	1946	20:19.2
28	JAMIE-LEE VAN REENEN	ASWD	3145	20:20.7
29	AYANDA NDIZANA	ATRA	1735	20:22.4
30	WERNER ISAACS	AGW	264	20:22.9
31	MOEKETSI MAKHABESILA	AFS	532	20:23.3
32	DITABA MACHACHAMETSA	AFS	522	20:26.8
33	ASAVELA MKHWAMBI	BORA	1757	20:27.6
34	PATRIC MFENE	AVT	353	20:28.7
35	EDGAR MOLELEKOA	AFS	525	20:31.8
36	MCMARSHALL	WPA	807	20:32.0
37	MONDE POLISITI	BORA	1756	20:34.1
38	THATO PULE	CGA-I	3095	20:34.3
39	CAMERON GRANT	AVT	354	20:34.7
40	ODIRILE MODIBEDI	ANWN	1639	20:38.0
41	MAPIET MODIBA	AGN	1951	20:45.4
42	TSHEPO MORAKE	AMPU	969	20:54.2
43	PONTSO NGOBENI	LIMA	153	20:54.7
44	SERAME MOREMI	AFS	526	20:58.2
45	PAUL KHOZA	AFS	524	20:59.9
46	ONALENNA MAPONYANE	AGN	1950	21:05.5
47	TWISTEN SMITH	AGN	1956	21:06.0

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Overall Finish List**E17-B17/6**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	LUVUYO DERISON	AFS	529	21:06.8
49	HENRY JOUBERT	NWCA	3264	21:10.8
50	ELIJAH MASEKO	AMPU	960	21:11.8
51	MPUMELELO MDI	AFS	523	21:12.7
52	PETER TAU	LIMA	152	21:14.4
53	YANGA MALUSI	BORA	1755	21:15.8
54	JUAN CRONJE	AGN	1945	21:16.7
55	ABRIE EBERSOHN	AGN	1947	21:19.1
56	GRONIGHAN GROBLER	AMPU	962	21:30.3
57	MICHAEL LESO	LIMA	151	21:31.2
58	CLINTON KRIEL	AMPU	959	21:32.0
59	ROBERT BESTER	NWCA	3268	21:35.3
60	TSHEPO MONAHA	AGN	1962	21:37.1
61	MUSAWENKOSI NENE	AMPU	965	21:38.9
62	BANELE MASEKO	AMPU	958	21:41.8
63	ARN? VERSTER	AGN	1959	21:43.5
64	REABY BOER	AGN	1944	21:46.2
65	LOUIS FOURIE	AMPU	964	21:50.1
66	JEAN-CLAUDE	AGW	262	21:52.6
67	INNOCENT THELEDI	AMPU	963	21:55.5
68	THOKOZANI MATSOBANE	AMPU	968	21:57.8
69	TEBOGO MTHOMBENI	AGN	1953	21:58.5
70	JASON OLIVIER	AGN	1955	21:58.8
71	LOUW-GINO GREEN	NWCA	3267	22:01.5
72	BONGANI NKUTHA	AFS	527	22:04.4
73	KAEBARILENG MOLEFE	ANWN	1640	22:06.7
74	TUMISANG NGOAKO	AGN	1954	22:09.7
75	POTEGO MATHABOTLA	LIMA	154	22:11.3
76	LORENZO VD	AGW	260	22:11.5
77	PIETER KOK	AGN	1948	22:11.7
78	DANIE WEPENER	AGN	1961	22:13.4
79	GERDUS MARX	AMPU	961	22:15.1
80	STANLEY HLAKUDI	LIMA	156	22:20.7
81	ARLO VAN HEERDEN	AMPU	957	22:27.6
82	WYNAND VAN TONDER	AGN	1957	22:29.9
83	CHARL COETZER	AGN-I	2448	22:35.0
84	FANIE MYBURG	LIMA	149	22:39.0
85	DALANTINO AFRIKA	AGW	261	22:40.0
86	GERT JAKOBUS	ANWN	1641	22:50.0
87	MARCUS KEULDER	ANWN	1635	22:53.0
88	VINCENT KARABO MABOE	ANWN	1636	23:06.2
89	KATLEGO MAY	AGW	263	23:07.0
90	RUAN SWANEPOEL	AMPU	966	23:09.8
91	DYLAN KRUGER	ACNW	2750	23:19.5
92	THATO MODISE	ACNW	2749	23:23.1
93	MACDEAN ALEXANDER	ANWN	1638	23:43.6
94	MASITENYANE	AFS	530	23:45.5

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Overall Finish List

E17-B17/6

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
95	VICTOR EKMAN	LIMA	157	24:06.6
96	IGTWAN SCHUTTE	ANWN	1642	24:11.5
97	BOITUMELO MONAHENG	ACNW	2751	24:38.3
98	LETHABO MPHAAHLELE	LIMA	150	29:27.4
99	JANRE BOTHA	ACNW	2752	29:28.3

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Final Team Results**Men****E17-B17/6**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Central Gauteng		Finish Position - 1				
Team Score (places):37		Average Time: 19:23.8				
1	2848 WILLIAM POTGIETER	6	6	19:18.8	19:18.8	0:00.0
2	2845 IKAGENG GAOREKWE	7	13	19:18.9	38:37.8	0:00.0
3	2844 DYLAN VD MERWE	11	24	19:26.1	58:04.0	0:07.2
4	2846 ISAAC LESIA	13	37	19:31.5	1:17:35.5	0:12.6
Team - Free State		Finish Position - 2				
Team Score (places):44		Average Time: 19:16.3				
1	519 ARMIN FILLIES	1	1	18:00.0	18:00.0	0:00.0
2	521 SIPHO RAMOHOTSI	4	5	19:16.7	37:16.7	1:16.7
3	520 NEO SEGOPOLO	10	15	19:25.1	56:41.9	1:25.1
4	532 MOEKETSI	29	44	20:23.3	1:17:05.2	2:23.3
Team - Kwazulu Natal		Finish Position - 3				
Team Score (places):47		Average Time: 19:24.5				
1	1322 ANELE HADEBE	2	2	18:53.0	18:53.0	0:00.0
2	1320 LINDOKUHLE	14	16	19:35.0	38:28.1	0:41.9
3	1323 APHELELE PHUNGULE	15	31	19:35.0	58:03.1	0:41.9
4	1321 XOLANI MKHIZE	16	47	19:35.1	1:17:38.3	0:42.0
Team - South Western Districts		Finish Position - 4				
Team Score (places):55		Average Time: 19:37.9				
1	3148 RUBEN DLEPU	3	3	18:58.0	18:58.0	0:00.0
2	3146 JEREMY SEEKOEI	8	11	19:23.1	38:21.1	0:25.0
3	3147 LIONEL JACOBS	18	29	19:50.0	58:11.1	0:51.9
4	3145 JAMIE-LEE VAN REENEN	26	55	20:20.7	1:18:31.9	1:22.7
Team - Gauteng North		Finish Position - 5				
Team Score (places):98		Average Time: 20:09.5				
1	1960 TOMRIN VLOK	17	17	19:40.9	19:40.9	0:00.0
2	1952 KWANELE MTHEMBU	19	36	19:52.5	39:33.4	0:11.5
3	1946 MARNU DU PLESSIS	25	61	20:19.2	59:52.7	0:38.2
4	1951 MAPIET MODIBA	37	98	20:45.4	1:20:38.1	1:04.4
Team - Mpumalanga		Finish Position - 6				
Team Score (places):143		Average Time: 20:52.3				
1	967 SIBUSISO KUBHEKA	20	20	19:52.8	19:52.8	0:00.0

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Final Team Results**Men****E17-B17/6**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Mpumalanga		Finish Position - 6				
Team Score (places):143		Average Time: 20:52.3				
2	969 TSHEPO MORAKE	38	58	20:54.2	40:47.1	1:01.3
3	960 ELIJAH MASEKO	41	99	21:11.8	1:01:58.9	1:18.9
4	962 GRONIGHAN GROBLER	44	143	21:30.3	1:23:29.3	1:37.4
Team - North West North		Finish Position - 7				
Team Score (places):162		Average Time: 21:26.7				
1	1637 VINCENTIOUS KAT	23	23	20:12.3	20:12.3	0:00.0
2	1639 ODIRILE MODIBEDI	36	59	20:38.0	40:50.3	0:25.6
3	1640 KAEBARILENG MOLEFE	49	108	22:06.7	1:02:57.0	1:54.4
4	1641 GERT JAKOBUS	54	162	22:50.0	1:25:47.0	2:37.6
Team - Limpopo		Finish Position - 8				
Team Score (places):176		Average Time: 21:27.9				
1	153 PONTSO NGOBENI	39	39	20:54.7	20:54.7	0:00.0
2	152 PETER TAU	42	81	21:14.4	42:09.1	0:19.7
3	151 MICHAEL LESO	45	126	21:31.2	1:03:40.4	0:36.5
4	154 POTEGO MATHABOTLA	50	176	22:11.3	1:25:51.7	1:16.6
Team - Griqualand West		Finish Position - 9				
Team Score (places):179		Average Time: 21:46.7				
1	264 WERNER ISAACS	28	28	20:22.9	20:22.9	0:00.0
2	262 JEAN-CLAUDE	47	75	21:52.6	42:15.5	1:29.6
3	260 LORENZO VD	51	126	22:11.5	1:04:27.1	1:48.6
4	261 DALANTINO AFRIKA	53	179	22:40.0	1:27:07.1	2:17.0
Team - Central North West		Finish Position - 10				
Team Score (places):190		Average Time: 22:51.0				
1	2748 ONTIRETSE	22	22	20:03.0	20:03.0	0:00.0
2	2750 DYLAN KRUGER	55	77	23:19.5	43:22.5	3:16.4
3	2749 THATO MODISE	56	133	23:23.1	1:06:45.6	3:20.0
4	2751 BOITUMELO MONAHENG	57	190	24:38.3	1:31:24.0	4:35.3
Team - Transkei		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1734 MONGEZI NGOBE	12	12	19:28.1	19:28.1	0:00.0
2	1733 LUTHANDO NDONYELA	24	36	20:15.0	39:43.1	0:46.8

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Final Team Results**Men****E17-B17/6**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Transkei		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
3	1735 AYANDA NDIZANA	27	63	20:22.4	1:00:05.5	0:54.3
Team - Vaal Triangle		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	353 PATRIC MFENE	31	31	20:28.7	20:28.7	0:00.0
2	354 CAMERON GRANT	35	66	20:34.7	41:03.5	0:06.0
Team - Boland		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1371 HENRICO DAVIDS	5	5	19:17.0	19:17.0	0:00.0
2	1372 JASON KOOPMAN	21	26	19:54.2	39:11.2	0:37.2
Team - Border		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1757 ASAVELA MKHWAMBI	30	30	20:27.6	20:27.6	0:00.0
2	1756 MONDE POLISITI	33	63	20:34.1	41:01.8	0:06.5
3	1755 YANGA MALUSI	43	106	21:15.8	1:02:17.6	0:48.1
Team - North Western Cape		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	3264 HENRY JOUBERT	40	40	21:10.8	21:10.8	0:00.0
2	3268 ROBERT BESTER	46	86	21:35.3	42:46.2	0:24.4
3	3267 LOUW-GINO GREEN	48	134	22:01.5	1:04:47.7	0:50.6
Team - Western Province		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	808 LUKHANYO NOBAKADA	9	9	19:24.5	19:24.5	0:00.0
2	807 MCMARSHALL	32	41	20:32.0	39:56.6	1:07.5
Team - Individual		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	3095 THATO PULE	34	34	20:34.3	20:34.3	0:00.0
2	2448 CHARL COETZER	52	86	22:35.0	43:09.3	2:00.7

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Overall Finish List**E18-JW/6**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	CARINA VILJOEN	CGA	2904	22:23.9
2	JEANETTE BOKADI	CGA	2932	22:41.7
3	PAMELA MOYIKWA	WPA	819	22:44.8
4	THANDEKA MANZANA	AGN	2208	22:57.4
5	MARN? MENTZ	AGN	2209	22:58.4
6	THANDI SEHOHLE	CGA	2930	23:11.0
7	ZIKHONA SONAMZI	BORA	1759	23:16.3
8	SHERILENE GELDERBLOM	AMPU	1108	23:35.7
9	VUYISEKA NKUMENGE	BORA	1758	23:53.8
10	SONEL BEZUIDENHOUT	AGN	2200	24:03.8
11	THOBILE MKHIZE	KZNA	1326	24:04.0
12	FARIDA ZWANE	CGA	2929	24:11.7
13	NOMUSA XABA	KZNA	1327	24:23.8
14	BERNADENE MCLUD	ACNW	2598	24:27.9
15	LILIAN TSHOBANE	AFS	737	24:35.8
16	APHIWE SIBENYA	AGN	2212	24:37.9
17	STHEMBILE HADEBE	KZNA	3294	24:46.7
18	ONGEZIWE GEBASHE	KZNA	1325	24:52.4
19	LOLITA KIEVIETO	WPA	820	24:54.9
20	LLEANA DREYER	BOLA	1389	25:00.7
21	INITZA PRETORIUS	AGN	2211	25:04.9
22	JAMIE-LEE SCHLEMMER	EPA	1791	25:13.5
23	DANIELLE LUYT	AGN	2207	25:21.3
24	SUNELLE COETZEE	ACNW	2600	25:26.4
25	SIMON? VERWEY	AGN	2215	25:39.6
26	JEANNIE DE BEER	AGN	2202	25:54.8
27	DIPUO MPETE	ANWN	1643	25:59.7
28	MANESA SIMPHIWE	AGN	2213	26:07.1
29	DUANNE FOURIE	ACNW	2599	26:11.0
30	KEBILENG MAHLOPO	AFS	740	26:13.5
31	CHANTELEE JOUBERT	AGN	2203	26:19.9
32	MICHELLE BELILY	AGN	2199	26:34.7
33	FIHLIWE MAKUME	AFS	739	26:46.5
34	ICARIEN VAN DEVENTER	WPA	821	26:52.9
35	ANNICA HABIG	ACNW	2594	26:54.3
36	SIPHOKAZI LIWANI	EPA	1790	27:14.6
37	JEANNIE KRUGER	AGN	2205	27:22.9
38	JHELIZE VOS	ACNW	2595	27:59.7
39	THATO MOKHESENG	AMPU	1109	28:20.3
40	LERATO NTSHWANE	AMPU	1107	28:32.7
41	WILMA COETZER	AGN	2201	28:36.0
42	ESTELLE-VIONÉ LOUW	AGN	2206	28:44.4
43	ELSA KRIEL	AGN	2204	28:56.0
44	CHARLOTTE TEFFO	AGN	2214	29:42.7
45	THEMBEKA NGWENYA	AMPU	1110	31:14.1
46	SIHLE GQUZULA	BORA	1760	32:51.4
47	PHONTSO MOJAPELO	LIMA	171	36:40.5

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Overall Finish List

E18-JW/6

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	MARION MEINTJES	ACNW	2597	41:49.6

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Final Team Results**Women****E18-JW/6**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Central Gauteng		Finish Position - 1				
Team Score (places):21		Average Time: 23:07.1				
1	2904 CARINA VILJOEN	1	1	22:23.9	22:23.9	0:00.0
2	2932 JEANETTE BOKADI	2	3	22:41.7	45:05.6	0:17.7
3	2930 THANDI SEHOHLE	6	9	23:11.0	1:08:16.7	0:47.0
4	2929 FARIDA ZWANE	12	21	24:11.7	1:32:28.5	1:47.7
Team - Gauteng North		Finish Position - 2				
Team Score (places):35		Average Time: 23:39.4				
1	2208 THANDEKA MANZANA	4	4	22:57.4	22:57.4	0:00.0
2	2209 MARN? MENTZ	5	9	22:58.4	45:55.8	0:01.0
3	2200 SONEL BEZUIDENHOUT	10	19	24:03.8	1:09:59.7	1:06.4
4	2212 APHIWE SIBENYA	16	35	24:37.9	1:34:37.6	1:40.5
Team - Kwazulu Natal		Finish Position - 3				
Team Score (places):59		Average Time: 24:31.7				
1	1326 THOBILE MKHIZE	11	11	24:04.0	24:04.0	0:00.0
2	1327 NOMUSA XABA	13	24	24:23.8	48:27.8	0:19.8
3	3294 STHEMBILE HADEBE	17	41	24:46.7	1:13:14.5	0:42.7
4	1325 ONGEZIWE GEBASHE	18	59	24:52.4	1:38:06.9	0:48.4
Team - Central North West		Finish Position - 4				
Team Score (places):88		Average Time: 25:44.9				
1	2598 BERNADENE MCLLOUD	14	14	24:27.9	24:27.9	0:00.0
2	2600 SUNELLE COETZEE	22	36	25:26.4	49:54.4	0:58.4
3	2599 DUANNE FOURIE	24	60	26:11.0	1:16:05.4	1:43.0
4	2594 ANNICA HABIG	28	88	26:54.3	1:42:59.8	2:26.3
Team - Mpumalanga		Finish Position - 5				
Team Score (places):101		Average Time: 27:55.7				
1	1108 SHERILENE	8	8	23:35.7	23:35.7	0:00.0
2	1109 THATO MOKHESENG	30	38	28:20.3	51:56.0	4:44.5
3	1107 LERATO NTSHWANE	31	69	28:32.7	1:20:28.8	4:57.0
4	1110 THEMBEKA NGWENYA	32	101	31:14.1	1:51:43.0	7:38.4

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Overall Finish List**E21-JM/8**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	TUMISANG MONATLALA	CGA	2927	24:48.9
2	THABANG NKUNA	LIMA	169	24:56.3
3	MOKOFUNE MILTON	LIMA	168	24:59.4
4	ZUKO KUPISO	BORA	1761	25:03.7
5	NDUMISO SOKHELA	KZNA	1338	25:06.2
6	NJABULO TSHABALALA	CGA	2924	25:21.0
7	BRUCE-LYNN DAMONS	WPA	809	25:23.1
8	IAN SLINGER	AGN	2197	25:24.0
9	JANSEN DARRIES	ASWD	3221	25:24.5
10	THOBILE MOSITO	AGN	2188	25:28.4
11	STHEMBISO NDLOVU	KZNA	1339	25:29.2
12	XABA MAVUSO	AFS	533	25:33.0
13	ASHLEY SMITH	WPA	811	25:35.2
14	SIYABONGA MABENA	CGA	2925	25:39.3
15	KAMEGOLO MASEMOLA	LIMA	165	25:43.6
16	FRANCOIS MAQUASSA	ASWD	3220	25:46.0
17	JOHANNES JANSEN	BOLA	1373	25:52.7
18	KALEB BEUKES	WPA	810	25:59.4
19	THUSILE NOBANDA	ATRA	1736	26:00.2
20	NATHAN EDWARDS	AGW	267	26:00.8
21	ANTHONY TIMOTEUS	WPA	813	26:02.7
22	BRYSON VAN WYK	ASWD	3218	26:07.6
23	EDWIN MAJWAFI	CGA	2923	26:11.1
24	JUNIOR NDZEKENI	AMPU	1095	26:16.2
25	HEINRICH WAGNER	WPA	812	26:16.8
26	NADEEL WILDSCHUTT	BOLA	1376	26:18.8
27	CHESLIN AFFORD	BOLA	1375	26:21.3
28	TSHEHLA RALEKHETLA	AFS	538	26:25.4
29	CASPER DE VILLIERS	ACNW	2757	26:26.0
30	VELAPI QWALANE	AFS	537	26:32.0
31	XOLISA MADI	AFS	539	26:34.0
32	HENCO SCHOEMAN	AGN	2194	26:34.8
33	FUKAMA RAMAKOKOBO	AGN	2193	26:38.9
34	GRANWIN KATZEN	WPA-I	840	26:40.1
35	WELCOME LUBISI	AGN	2185	26:41.0
36	SUNDAY MKHATSHWA	AMPU	1103	26:44.5
37	LUCKY MOTINYANE	AVT	366	26:53.8
38	PIETER MONG	ACNW	2759	26:54.1
39	MONGEZI VESILE	AVT	365	26:59.3
40	TEBOGO NDANDWE	AMPU	1104	27:03.6
41	ABEL SEBETOANE	AFS	545	27:06.5
42	CREEL CHAVALALA	CGA	2922	27:07.0
43	MPHO LITABE	AFS	541	27:07.4
44	BRENDON EFFENAAR	EPA	1792	27:10.6
45	MBULWANA SINETHEMBA	ATRA	3299	27:11.0
46	ALBERT ZIKODE	AMPU	1090	27:14.6
47	CHARL KEMP	AGN	2183	27:19.6

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Overall Finish List**E21-JM/8**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	SIPHESIHLE MSIBI	AMPU	1102	27:20.2
49	LORENZO PIETERS	BOLA	1374	27:20.7
50	ARCHIE BOOME	ASWD	3215	27:21.0
51	TSHEPO LEETO	AGN	2184	27:23.7
52	SIFISO MTSWENI	AMPU	1100	27:25.3
53	MORN? OLIVIER	AGN	2191	27:27.3
54	SIYABONGA KOHLA	EPA	1793	27:27.4
55	MOEKETSI SKOSANA	AFS	534	27:27.5
56	REANETSE LEPHAILA	AFS	540	27:29.2
57	APHELELE FANEKHO	KZNA	1336	27:30.0
58	TSHEDISO MOTAUNG	AFS	543	27:31.7
59	MATTHEWS SHADUNG	AGN	2195	27:31.9
60	MTWAZI LUFEFE	BORA	1762	27:37.5
61	THATO TSOTETSI	CGA	2926	27:38.4
62	SALTIEL HAMESE	AGN	2181	27:39.5
63	TEFO JOHN MONTOEDI	AFS	542	27:41.5
64	DOCTOR MADALANE	AMPU	1092	27:45.0
65	KARABO MPEDI	ANWN	1649	27:53.8
66	BULELANI MADLALA	KZNA	1340	27:54.3
67	POLOKO MMAKGOLANE	ANWN	1647	27:55.5
68	ASHWILL CLOOCO	ASWD	3216	28:01.4
69	JOEL KEKANA	LIMA	164	28:02.2
70	THAPELLO MODULA	AFS	535	28:05.6
71	HENNING VAN ASWEGEN	AMPU	1093	28:07.7
72	LETLHOGONOLO MOREKI	AGW	265	28:11.3
73	TEFO MOSOMANE	ANWN	1650	28:13.3
74	KHAYELIHLE SIMELANE	AMPU	1097	28:20.2
75	DWAYNE HANEKOM	AGN	2182	28:21.8
76	LESLEY KOBE	LIMA	167	28:28.7
77	KAMOGELO MONCHO	ACNW	2758	28:30.7
78	TANDIWE MZIYANDA	BORA	1763	28:34.0
79	PRAGAN NAIR	AGN	2190	28:39.7
80	JOHNNY WILLIAMS	ACNW	2753	28:40.4
81	SIBUSISO MFIKI	AGN	2187	28:57.1
82	MOHLATSE MAKOASHE	CGA	3100	29:01.1
83	RICHMAN MSIMANGO	AFS	546	29:04.6
84	MPHO MOOKA	AGN	2326	29:12.4
85	ADRIAAN GERWIL	EPA	1812	29:13.1
86	JAMES MOTHWA	AGN	2189	29:15.2
87	DEVON PORTMAN	AGW	269	29:17.0
88	SIMANGA MABUZA	AMPU	1101	29:18.9
89	TIAAN IMMELMAN	AMPU	1105	29:21.2
90	SFISO MLOTIWA	AMPU	1099	29:27.8
91	TELEKO MOLATUDI	AFS	547	29:31.4
92	BRIAN MADOLO	ASWD	3217	29:42.2
93	GODFREY MOLEFE	ANWN	1648	29:43.0
94	LUCIANO VAN WYK	ASWD	3222	29:55.8

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Overall Finish List**E21-JM/8**

Overall	Name	Provence	Bib No	Time
95	TUMISANG SIBANYONI	AGN	2196	29:59.9
96	KENNY MOLALE	AMPU	1096	30:03.8
97	MOKGETHI MNGUNI	AMPU	1098	30:12.1
98	VIRGIL VAN DER BYL	NWCA	3270	30:20.7
99	EMILE KOCK	AGW	268	30:21.0
100	VUYO MALAKU	AFS	544	30:30.4
101	BONGA MASINA	AMPU	1091	30:31.8
102	ANTHONY V STADEN	AGW	266	30:38.7
103	MTHOKOZISI MAZIBUKO	KZNA	1337	30:44.8
104	THABO ELLEN	ACNW	2754	30:51.3
105	HANS ESAU	NWCA	3269	30:56.3
106	CLEMENT MABATJA	LIMA	163	31:04.7
107	DYLON MOUTON	NWCA	3272	31:11.2
108	THABANG MALEKE	AGN	3283	32:05.4
109	JANRO LINE	NWCA	3271	32:07.4
110	ASHLEY VAN WYK	ANWN	1676	33:40.0
111	SINETHEMBA XHANTIBE	ACNW	2760	34:39.5
112	HEINRICH PETERS	ACNW	2762	34:43.1
113	RUPERT JONKER	ACNW	2755	38:22.1
114	JACOBUS PRETORIUS	ACNW	2756	40:00.0

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Final Team Results**Men****E21-JM/8**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Central Gauteng		Finish Position - 1				
Team Score (places):44		Average Time: 25:30.1				
1	2927 TUMISANG MONATLALA	1	1	24:48.9	24:48.9	0:00.0
2	2924 NJABULO TSHABALALA	6	7	25:21.0	50:09.9	0:32.0
3	2925 SIYABONGA MABENA	14	21	25:39.3	1:15:49.3	0:50.4
4	2923 EDWIN MAJWAFI	23	44	26:11.1	1:42:00.4	1:22.2
Team - Western Province		Finish Position - 2				
Team Score (places):59		Average Time: 25:45.1				
1	809 BRUCE-LYNN DAMONS	7	7	25:23.1	25:23.1	0:00.0
2	811 ASHLEY SMITH	13	20	25:35.2	50:58.3	0:12.0
3	810 KALEB BEUKES	18	38	25:59.4	1:16:57.8	0:36.3
4	813 ANTHONY TIMOTEUS	21	59	26:02.7	1:43:00.6	0:39.6
Team - Limpopo		Finish Position - 3				
Team Score (places):70		Average Time: 25:55.4				
1	169 THABANG NKUNA	2	2	24:56.3	24:56.3	0:00.0
2	168 MOKOFUNE MILTON	3	5	24:59.4	49:55.7	0:03.1
3	165 KAMEGOLO MASEMOLA	15	20	25:43.6	1:15:39.4	0:47.2
4	164 JOEL KEKANA	50	70	28:02.2	1:43:41.6	3:05.9
Team - Gauteng North		Finish Position - 4				
Team Score (places):81		Average Time: 26:01.5				
1	2197 IAN SLINGER	8	8	25:24.0	25:24.0	0:00.0
2	2188 THOBILE MOSITO	10	18	25:28.4	50:52.4	0:04.4
3	2194 HENCO SCHOEMAN	31	49	26:34.8	1:17:27.2	1:10.8
4	2193 FUKAMA RAMAKOKOBO	32	81	26:38.9	1:44:06.2	1:14.9
Team - South Western Districts		Finish Position - 5				
Team Score (places):90		Average Time: 26:09.7				
1	3221 JANSEN DARRIES	9	9	25:24.5	25:24.5	0:00.0
2	3220 FRANCOIS MAQUASSA	16	25	25:46.0	51:10.5	0:21.5
3	3218 BRYSON VAN WYK	22	47	26:07.6	1:17:18.1	0:43.1
4	3215 ARCHIE BOOME	43	90	27:21.0	1:44:39.1	1:56.5
Team - Free State		Finish Position - 6				
Team Score (places):98		Average Time: 26:16.1				
1	533 XABA MAVUSO	12	12	25:33.0	25:33.0	0:00.0

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Final Team Results**Men****E21-JM/8**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Free State		Finish Position - 6				
Team Score (places):98		Average Time: 26:16.1				
2	538 TSHEHLA RALEKHETLA	27	39	26:25.4	51:58.5	0:52.4
3	537 VELAPI QWALANE	29	68	26:32.0	1:18:30.6	0:58.9
4	539 XOLISA MADI	30	98	26:34.0	1:45:04.6	1:00.9
Team - Kwazulu Natal		Finish Position - 7				
Team Score (places):109		Average Time: 26:29.9				
1	1338 NDUMISO SOKHELA	5	5	25:06.2	25:06.2	0:00.0
2	1339 STHEMBISO NDLOVU	11	16	25:29.2	50:35.4	0:23.0
3	1336 APHELELE FANEKHO	45	61	27:30.0	1:18:05.5	2:23.8
4	1340 BULELANI MADLALA	48	109	27:54.3	1:45:59.8	2:48.1
Team - Boland		Finish Position - 8				
Team Score (places):110		Average Time: 26:28.4				
1	1373 JOHANNES JANSEN	17	17	25:52.7	25:52.7	0:00.0
2	1376 NADEEL WILDSCHUTT	25	42	26:18.8	52:11.6	0:26.0
3	1375 CHESLIN AFFORD	26	68	26:21.3	1:18:33.0	0:28.6
4	1374 LORENZO PIETERS	42	110	27:20.7	1:45:53.8	1:28.0
Team - Mpumalanga		Finish Position - 9				
Team Score (places):137		Average Time: 26:49.7				
1	1095 JUNIOR NDZEKENI	24	24	26:16.2	26:16.2	0:00.0
2	1103 SUNDAY MKHATSHWA	34	58	26:44.5	53:00.7	0:28.3
3	1104 TEBOGO NDANDWE	38	96	27:03.6	1:20:04.4	0:47.4
4	1090 ALBERT ZIKODE	41	137	27:14.6	1:47:19.1	0:58.4
Team - Central North West		Finish Position - 10				
Team Score (places):172		Average Time: 27:37.8				
1	2757 CASPER DE VILLIERS	28	28	26:26.0	26:26.0	0:00.0
2	2759 PIETER MONG	36	64	26:54.1	53:20.1	0:28.1
3	2758 KAMOGELO MONCHO	53	117	28:30.7	1:21:50.9	2:04.7
4	2753 JOHNNY WILLIAMS	55	172	28:40.4	1:50:31.3	2:14.4
Team - Griqualand West		Finish Position - 11				
Team Score (places):188		Average Time: 28:27.5				
1	267 NATHAN EDWARDS	20	20	26:00.8	26:00.8	0:00.0
2	265 LETLHOGONOLO	51	71	28:11.3	54:12.2	2:10.4

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Final Team Results

Men

E21-JM/8

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Griqualand West		Finish Position - 11				
Team Score (places):188		Average Time: 28:27.5				
3	269 DEVON PORTMAN	57	128	29:17.0	1:23:29.2	3:16.2
4	268 EMILE KOCK	60	188	30:21.0	1:53:50.3	4:20.1
Team - North West North		Finish Position - 12				
Team Score (places):206		Average Time: 28:26.4				
1	1649 KARABO MPEDI	47	47	27:53.8	27:53.8	0:00.0
2	1647 POLOKO MMAKGOLANE	49	96	27:55.5	55:49.4	0:01.7
3	1650 TEFO MOSOMANE	52	148	28:13.3	1:24:02.7	0:19.4
4	1648 GODFREY MOLEFE	58	206	29:43.0	1:53:45.7	1:49.1
Team - North Western Cape		Finish Position - 13				
Team Score (places):245		Average Time: 31:08.9				
1	3270 VIRGIL VAN DER BYL	59	59	30:20.7	30:20.7	0:00.0
2	3269 HANS ESAU	61	120	30:56.3	1:01:17.0	0:35.5
3	3272 DYLON MOUTON	62	182	31:11.2	1:32:28.3	0:50.5
4	3271 JANRO LINE	63	245	32:07.4	2:04:35.8	1:46.7

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Final Team Results**Men****E9-B10/2**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Central Gauteng		Finish Position - 1				
Team Score (places):21		Average Time: 6:57.0				
1	2812 VUYO RAYI	2	2	6:47.9	6:47.9	0:00.0
2	2809 NKOSINATHI MTSHWENI	3	5	6:48.2	13:36.1	0:00.3
3	2808 NHLANHLA SESHIBE	5	10	7:02.9	20:39.1	0:15.0
4	2807 KOKETSO LEGOALE	11	21	7:08.9	27:48.0	0:21.0
Team - South Western Districts		Finish Position - 2				
Team Score (places):35		Average Time: 7:06.3				
1	3106 SHAYLON LOMBAARD	4	4	6:54.3	6:54.3	0:00.0
2	3104 GARETH KRUGER	7	11	7:06.1	14:00.5	0:11.8
3	3105 NATHAN OLIVIER	9	20	7:07.5	21:08.0	0:13.1
4	3103 ELRICH PEDRO	15	35	7:17.2	28:25.2	0:22.9
Team - Gauteng North		Finish Position - 3				
Team Score (places):45		Average Time: 7:10.8				
1	1826 STEPHAN HAVINGA	8	8	7:06.5	7:06.5	0:00.0
2	1825 ERNST GOUWS	10	18	7:07.7	14:14.2	0:01.1
3	1831 SIMPHIWE MAHLANGU	13	31	7:14.0	21:28.3	0:07.5
4	1836 CONNOR TITUS	14	45	7:14.8	28:43.2	0:08.3
Team - Mpumalanga		Finish Position - 4				
Team Score (places):89		Average Time: 7:27.1				
1	863 JAN MOKOENA	19	19	7:21.3	7:21.3	0:00.0
2	872 OWEN LONG	21	40	7:27.3	14:48.6	0:06.0
3	861 DRIKUS GREEFF	24	64	7:29.6	22:18.3	0:08.3
4	876 TIAAN BARKHUIZEN	25	89	7:30.2	29:48.6	0:08.9
Team - Free State		Finish Position - 5				
Team Score (places):93		Average Time: 7:27.2				
1	406 KATLEHO MOFOKENG	16	16	7:17.9	7:17.9	0:00.0
2	410 KATISO MOTJOPI	22	38	7:27.9	14:45.8	0:09.9
3	423 MARKO-MIKA VAN DEN	26	64	7:31.1	22:17.0	0:13.2
4	411 TSHEPANG LEMAO	29	93	7:32.0	29:49.0	0:14.1
Team - Vaal Triangle		Finish Position - 6				
Team Score (places):107		Average Time: 7:29.2				
1	302 MPHO MOLAETSA	1	1	6:46.6	6:46.6	0:00.0

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Final Team Results**Men****E9-B10/2**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Vaal Triangle				Finish Position - 6		
Team Score (places):107				Average Time: 7:29.2		
2	303 TUMELO SEREME	30	31	7:32.6	14:19.3	0:46.0
3	304 IVAN (HENDRIK J	35	66	7:39.3	21:58.6	0:52.7
4	305 NIHANN (NICHOLA	41	107	7:58.4	29:57.1	1:11.7
Team - Limpopo				Finish Position - 7		
Team Score (places):130				Average Time: 7:43.8		
1	41 HJ VAN DER NEST	23	23	7:28.3	7:28.3	0:00.0
2	49 TEMOSHO MAMOLEKA	28	51	7:32.0	15:00.3	0:03.7
3	38 DEWALD NEL	39	90	7:57.0	22:57.3	0:28.7
4	37 DEVON COAD	40	130	7:57.9	30:55.3	0:29.6
Team - Central North West				Finish Position - 8		
Team Score (places):133				Average Time: 7:39.1		
1	2661 BLAKE BOTES	31	31	7:33.1	7:33.1	0:00.0
2	2659 BONGANI NKOSI	32	63	7:33.5	15:06.7	0:00.3
3	2660 ARVAHN BURGER	33	96	7:37.0	22:43.7	0:03.8
4	2667 KAMOHELO LESHOMO	37	133	7:53.0	30:36.7	0:19.8
Team - Griqualand West				Finish Position - 9		
Team Score (places):141				Average Time: 7:48.6		
1	232 ENRICO ISAACS	18	18	7:20.6	7:20.6	0:00.0
2	230 ZEALON KLAASTE	38	56	7:53.8	15:14.5	0:33.2
3	231 FREDDY STEENKAMP	42	98	7:59.6	23:14.2	0:39.0
4	235 CLIVINALDO	43	141	8:00.4	31:14.6	0:39.8
Team - North West North				Finish Position - 10		
Team Score (places):155				Average Time: 8:00.3		
1	1484 GUSTAF SMIT	20	20	7:26.8	7:26.8	0:00.0
2	1486 EMILE VAN VUUREN	44	64	8:07.6	15:34.5	0:40.7
3	1480 HENRICO JOUBERT	45	109	8:09.5	23:44.0	0:42.6
4	1479 MARCO JANEKE	46	155	8:17.4	32:01.4	0:50.5
Team - Kwazulu Natal				Finish Position - Inc.		
Team Score (places):Inc.				Average Time:		
1	1272 CARL KNOBLAUCH	27	27	7:31.4	7:31.4	0:00.0
2	1271 LUKE FARNDELL	34	61	7:37.6	15:09.1	0:06.2

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Final Team Results

Men

E9-B10/2

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>	
Team - Kwazulu Natal		Finish Position - Inc.					
Team Score (places):Inc.				Average Time:			
3	1274	LIHLE KHANYASE	36	97	7:39.8	22:49.0	0:08.4
Team - Individual		Finish Position - Inc.					
Team Score (places):Inc.				Average Time:			
1	1779	LIYEMA NDLAZI	6	6	7:05.5	7:05.5	0:00.0
2	1403	NICO VAN ZYL	12	18	7:10.5	14:16.0	0:05.0
3	2443	HANNES LOUW	17	35	7:20.1	21:36.1	0:14.6

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September 13, 2014

Overall Finish List**E10-SM/12**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	STEPHEN MOKOKA	AGN	2311	35:55.8
2	ELROY GALANT	ACNW	2783	36:27.6
3	GLADWIN MZAZI	AGN	2314	36:35.9
4	PRECIOUS MASHELE	AGN	2307	36:47.4
5	WILLIAM KAPTEIN	BOLA	1377	36:51.7
6	BENEDICT MOENG	AGN	2308	36:52.8
7	SIBUSISO NZIMA	CGA	2939	37:15.9
8	KGOSI TSOSANE	AGN	2317	37:24.6
9	DEAN BRUMMER	ACNW	2778	37:24.9
10	VUYISILE TSHOBA	AGN	2234	37:35.4
11	ABRAM KHUMALO	CGA	2935	37:52.4
12	DEROCIOUS MAKHOBALO	CGA	2936	37:59.3
13	TUMELO MAHLANGU	CGA	2940	37:59.9
14	SILINDILE GUBESE	KZNA	1278	38:08.0
15	SIYABONGA NKONDE	KZNA	1279	38:11.6
16	EMMANUEL MKHABELA	AFS	574	38:14.8
17	BONGINKOSI ZWANE	KZNA	1275	38:20.8
18	MARIANIO EESOU	EPA	1799	38:21.2
19	LEBOGANG EDWIN	CGA	2938	38:22.9
20	MOTSAMAI MOTONE	AGN	2312	38:38.7
21	NKOSINATHI MADYO	WPA	767	38:41.5
22	AYANDA MNCUBE	KZNA	1280	38:44.2
23	LUCAS JANI	AGN	2303	38:47.9
24	TSETSO MOEKETSE	ACNW	2779	38:52.8
25	KHOTHATSO MOKONE	AFS	573	38:53.6
26	GEORGE MOFKENG	AGN	2309	38:57.1
27	HEIN CAMPHOR	WPA	770	39:06.5
28	UNATHI NTETA	WPA	768	39:22.8
29	RODNEY PRINS	EPA	1800	39:23.0
30	COLLEN MULAUDZI	AVT	357	39:24.8
31	TSHEPO MOTSEHELA	AFS	576	39:33.0
32	ANDILE NGQWANGI	ATRA	1742	39:39.4
33	PUSELETSO MOFOKENG	AVT	358	39:43.9
34	SIBUSISO MADIKIZELA	CGA	3277	39:47.0
35	OBED KOPONG	ANWN	1682	39:47.6
36	STHEMBELE FANEKHO	KZNA	3290	39:50.3
37	XOLISA BATALA	WPA	769	39:54.4
38	ANDILE MAQELE	ATRA	1741	39:58.3
39	MATSELISO TSHOLO	AFS	579	40:02.8
40	MOHAPI LEBUSHO	SANDF	844	40:40.0
41	JEFFREY GWEBU	CGA	2937	40:49.2
42	PULE BOTSANE	AGW	272	40:55.2
43	WISEMAN FADANE	KZNA	1277	40:57.4
44	MATHEWS LEETO	ANWN	1678	41:09.0
45	SAMUEL MATSEPE	AFS	572	41:10.9
46	JOSEPH PAMA	AVT	359	41:28.1
47	BERNARDO FREDERICKS	ASWD	3235	41:37.0

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Overall Finish List**E10-SM/12**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	TEBELLO PONI	BORA	1766	41:39.1
49	GOODWILL LEBURU	ANWN	1677	41:50.5
50	ANDRIES MALETE	AGN	2305	42:03.6
51	DERICK MTSWENI	AGN	2313	42:12.2
52	SELLO LEKALAKALA	AGN	2304	42:21.1
53	JOSEPH MANELO	AFS	580	42:26.1
54	LUCKY SITHOLE	AMPU	1152	42:27.2
55	OFENTSE	ANWN	1679	42:29.9
56	WALTER MPONDI	SAPS	284	42:59.5
57	HOSHANE VUMA	AGN	2318	43:03.0
58	NTITI KONANA	ACNW	2781	43:25.0
59	FREEDOM MAKHUBELA	AMPU	1150	43:32.5
60	SEMPE SHONGOANE	SANDF	845	43:36.9
61	SIMON MAHLO	LIMA	182	43:59.4
62	DARRYL MAPHOTHOMA	AGN	2306	44:16.2
63	PRETTYBOY MASANGO	SANDF	846	44:32.0
64	GAAREKWE	ANWN	1680	44:36.7
65	EPHRAIM MALATJI	LIMA	181	44:36.8
66	VICTOR GUGUSHE	ASWD	3238	45:02.8
67	VUSANI MAPHAPHULI	SANDF	848	45:46.4
68	TSHOLOFELO KGWAKGWE	ANWN	1684	45:48.1
69	TSHEPO MASIGO	SANDF	847	46:01.9
70	ELTON BOTHA	ASWD	3236	46:11.3
71	ABRAM MOFOKENG	SAPS	280	47:04.4
72	JEUGENE MAART	ASWD	3237	48:19.5
73	JULLIAS VAN NECK	ANWN	1683	49:16.4
74	SHANE SMIT	AGN	2316	58:02.0
75	JOHANNES TLHAPSI	ACNW	2782	1:12:38.4
76	FOLAVIO SEHOHLE	AMPU	1149	1:33:42.4

SA CROSS COUNTRY CHAMPIONSHIPS 2014

Race Date
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Final Team Results**Men****E10-SM/12**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Gauteng North		Finish Position - 1				
Team Score (places):14		Average Time: 36:33.0				
1	2311 STEPHEN MOKOKA	1	1	35:55.8	35:55.8	0:00.0
2	2314 GLADWIN MZAZI	3	4	36:35.9	1:12:31.7	0:40.1
3	2307 PRECIOUS MASHELE	4	8	36:47.4	1:49:19.2	0:51.6
4	2308 BENEDICT MOENG	6	14	36:52.8	2:26:12.1	0:57.0
Team - Central Gauteng		Finish Position - 2				
Team Score (places):37		Average Time: 37:46.9				
1	2939 SIBUSISO NZIMA	7	7	37:15.9	37:15.9	0:00.0
2	2935 ABRAM KHUMALO	9	16	37:52.4	1:15:08.4	0:36.4
3	2936 DEROCIOUS	10	26	37:59.3	1:53:07.7	0:43.3
4	2940 TUMELO MAHLANGU	11	37	37:59.9	2:31:07.6	0:43.9
Team - Kwazulu Natal		Finish Position - 3				
Team Score (places):58		Average Time: 38:21.2				
1	1278 SILINDILE GUBESE	12	12	38:08.0	38:08.0	0:00.0
2	1279 SIYABONGA NKONDE	13	25	38:11.6	1:16:19.7	0:03.6
3	1275 BONGINKOSI ZWANE	15	40	38:20.8	1:54:40.5	0:12.8
4	1280 AYANDA MNCUBE	18	58	38:44.2	2:33:24.7	0:36.1
Team - Central North West		Finish Position - 4				
Team Score (places):71		Average Time: 39:02.6				
1	2783 ELROY GALANT	2	2	36:27.6	36:27.6	0:00.0
2	2778 DEAN BRUMMER	8	10	37:24.9	1:13:52.5	0:57.2
3	2779 TSETSO MOEKETSE	19	29	38:52.8	1:52:45.4	2:25.1
4	2781 NTITI KONANA	42	71	43:25.0	2:36:10.4	6:57.3
Team - Western Province		Finish Position - 5				
Team Score (places):89		Average Time: 39:16.3				
1	767 NKOSINATHI MADYO	17	17	38:41.5	38:41.5	0:00.0
2	770 HEIN CAMPHOR	21	38	39:06.5	1:17:48.0	0:24.9
3	768 UNATHI NTETA	22	60	39:22.8	1:57:10.8	0:41.2
4	769 XOLISA BATALA	29	89	39:54.4	2:37:05.2	1:12.8
Team - Free State		Finish Position - 6				
Team Score (places):90		Average Time: 39:11.0				
1	574 EMMANUEL MKHABELA	14	14	38:14.8	38:14.8	0:00.0

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Final Team Results

Men

E10-SM/12

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Free State				Finish Position - 6		
Team Score (places):90				Average Time: 39:11.0		
2	573 KHOTHATSO MOKONE	20	34	38:53.6	1:17:08.4	0:38.7
3	576 TSHEPO MOTSEHELA	25	59	39:33.0	1:56:41.4	1:18.2
4	579 MATSELISO TSHOLO	31	90	40:02.8	2:36:44.3	1:48.0
Team - North West North				Finish Position - 7		
Team Score (places):140				Average Time: 41:19.3		
1	1682 OBED KOPONG	28	28	39:47.6	39:47.6	0:00.0
2	1678 MATHEWS LEETO	34	62	41:09.0	1:20:56.6	1:21.4
3	1677 GOODWILL LEBURU	38	100	41:50.5	2:02:47.2	2:02.9
4	1679 OFENTSE	40	140	42:29.9	2:45:17.2	2:42.3
Team - South African Defense Force				Finish Position - 8		
Team Score (places):171				Average Time: 43:38.8		
1	844 MOHAPI LEBUSHO	32	32	40:40.0	40:40.0	0:00.0
2	845 SEMPE SHONGOANE	44	76	43:36.9	1:24:17.0	2:56.8
3	846 PRETTYBOY MASANGO	46	122	44:32.0	2:08:49.0	3:51.9
4	848 VUSANI MAPHAPHULI	49	171	45:46.4	2:54:35.5	5:06.3
Team - South Western Districts				Finish Position - 9		
Team Score (places):186				Average Time: 45:17.7		
1	3235 BERNARDO	36	36	41:37.0	41:37.0	0:00.0
2	3238 VICTOR GUGUSHE	48	84	45:02.8	1:26:39.8	3:25.7
3	3236 ELTON BOTHA	50	134	46:11.3	2:12:51.2	4:34.2
4	3237 JEUGENE MAART	52	186	48:19.5	3:01:10.8	6:42.4
Team - Mpumalanga				Finish Position - Inc.		
Team Score (places):Inc.				Average Time:		
1	1152 LUCKY SITHOLE	39	39	42:27.2	42:27.2	0:00.0
2	1150 FREEDOM MAKHUBELA	43	82	43:32.5	1:25:59.8	1:05.3
3	1149 FOLAVIO SEHOHLE	53	135	1:33:42.4	2:59:42.2	51:15.1
Team - Transkei				Finish Position - Inc.		
Team Score (places):Inc.				Average Time:		
1	1742 ANDILE NGQWANGI	26	26	39:39.4	39:39.4	0:00.0
2	1741 ANDILE MAQELE	30	56	39:58.3	1:19:37.7	0:18.9

Final Team Results

Men

E10-SM/12

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Vaal Triangle		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	357 COLLEN MULAUDZI	24	24	39:24.8	39:24.8	0:00.0
2	358 PUSELETSO	27	51	39:43.9	1:19:08.7	0:19.0
3	359 JOSEPH PAMA	35	86	41:28.1	2:00:36.9	2:03.2
Team - Boland		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1377 WILLIAM KAPTEIN	5	5	36:51.7	36:51.7	0:00.0
Team - Border		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1766 TEBELLO PONI	37	37	41:39.1	41:39.1	0:00.0
Team - Eastern Province		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1799 MARIANIO EESOU	16	16	38:21.2	38:21.2	0:00.0
2	1800 RODNEY PRINS	23	39	39:23.0	1:17:44.2	1:01.7
Team - Limpopo		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	182 SIMON MAHLO	45	45	43:59.4	43:59.4	0:00.0
2	181 EPHRAIM MALATJI	47	92	44:36.8	1:28:36.2	0:37.3
Team - Griqualand West		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	272 PULE BOTSANE	33	33	40:55.2	40:55.2	0:00.0
Team - South African Police Service		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	284 WALTER MPONDI	41	41	42:59.5	42:59.5	0:00.0
2	280 ABRAM MOFOKENG	51	92	47:04.4	1:30:04.0	4:04.8

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Overall Finish List**E11-SW/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	MAMPHELLO SIBANDA	CGA	3094	13:45.1
2	THITSHAAMBA	AGN	2346	14:06.2
3	PALESA MADOA	AGN	2342	14:19.4
4	ANELDA PYPERS	CGA	3007	14:27.4
5	ANET COETZEE	CGA	3008	14:43.7
6	ASHLEIGH SCHNETLER	CGA	3009	14:52.1
7	RIZANI VAN ASWEGEN	AFS	750	15:03.2
8	ANEL TERBLANCHE	WPA	790	15:18.1
9	MARIETJIE FLORES	AFS	749	15:26.1
10	PALESE LEHASA	ACNW	2610	15:27.9
11	THEMBI BALOYI	AGN	2337	15:45.9
12	RIA LABUSCHAGNE	BOLA	1393	15:53.6
13	BOIKHUTSO KELEBONE	SANDF	841	15:58.2
14	SARITA DOWNING	CGA	3011	15:59.0
15	LEE-SHAY WILLEMSE	WPA	789	16:06.0
16	ANNELIEN MOTLHALA	AGN	2343	16:09.2
17	DOLORIS BONDIS	AFS	751	16:13.7
18	BONGIWE PHETHA	CGA	3010	16:25.8
19	KAMOGELO MABENA	AGN	2341	16:27.8
20	CHARINE KRUGER	CGA	3099	16:31.8
21	MISHELENE LAGERWALL	AGN	2340	16:40.7
22	VICTORIA MOSHAPO	AGN	2429	16:45.1
23	MKATEKO MAGANYI	SANDF	842	16:55.7
24	MARTHA MABASO	AFS	752	17:07.3
25	LAUREN VENTER	CGA	3043	17:20.6
26	NANGAMSO NKONYENI	ATRA	1738	17:40.0
27	ARISTA VAN ZYL	ACNW	2611	17:59.1
28	YVETTE JV NIEWENHUIZEN	AGN	2339	18:32.5
29	CHANTELLE SLAMBERT	ACNW	2613	18:35.2
30	BOITSHOKO PHELOANE	ANWN	1667	18:38.8
31	BUSISIWE NHLEKO	AMPU	1161	19:00.0
32	MARGOT JV	AGN	2338	19:38.0
33	GLORIA SEABI	ANWN	1671	21:31.7
34	NOSISA MAQASHALALA	ATRA	1743	23:04.9
35	MONIQUE DU TOIT	AMPU	1162	23:23.0
36	JACOBA (JACKIE) SMITH	ANWN	1669	24:04.6
37	ILZE THERON	ANWN	1668	24:27.8
38	FIKILE SEDIBE	AMPU	1169	27:14.7
39	MAUREEN SCHEEPERS	ANWN	1670	30:20.1

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Final Team Results**Women****E11-SW/4**

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Central Gauteng				Finish Position - 1		
Team Score (places):16				Average Time: 14:27.1		
1	3094 MAMPHELO SIBANDA	1	1	13:45.1	13:45.1	0:00.0
2	3007 ANELDA PYPERS	4	5	14:27.4	28:12.6	0:42.3
3	3008 ANET COETZEE	5	10	14:43.7	42:56.4	0:58.5
4	3009 ASHLEIGH SCHNETLER	6	16	14:52.1	57:48.5	1:06.9
Team - Gauteng North				Finish Position - 2		
Team Score (places):31				Average Time: 15:05.2		
1	2346 THITSHAAMBA	2	2	14:06.2	14:06.2	0:00.0
2	2342 PALESA MADOA	3	5	14:19.4	28:25.7	0:13.2
3	2337 THEMBI BALOYI	11	16	15:45.9	44:11.6	1:39.6
4	2343 ANNELIEN MOTLHALA	15	31	16:09.2	1:00:20.9	2:03.0
Team - Free State				Finish Position - 3		
Team Score (places):50				Average Time: 15:57.6		
1	750 RIZANI VAN ASWEGEN	7	7	15:03.2	15:03.2	0:00.0
2	749 MARIETJIE FLORES	9	16	15:26.1	30:29.3	0:22.8
3	751 DOLORIS BONDIS	16	32	16:13.7	46:43.0	1:10.4
4	752 MARTHA MABASO	18	50	17:07.3	1:03:50.4	2:04.0
Team - North West North				Finish Position - 4		
Team Score (places):101				Average Time: 22:10.7		
1	1667 BOITSHOKO PHELOANE	22	22	18:38.8	18:38.8	0:00.0
2	1671 GLORIA SEABI	24	46	21:31.7	40:10.6	2:52.9
3	1669 JACOBA (JACKIE) SMITH	27	73	24:04.6	1:04:15.2	5:25.8
4	1668 ILZE THERON	28	101	24:27.8	1:28:43.1	5:49.0
Team - Central North West				Finish Position - Inc.		
Team Score (places):Inc.				Average Time:		
1	2610 PALESE LEHASA	10	10	15:27.9	15:27.9	0:00.0
2	2611 ARISTA VAN ZYL	20	30	17:59.1	33:27.1	2:31.1
3	2613 CHANTELE SLAMBERT	21	51	18:35.2	52:02.4	3:07.3
Team - Mpumalanga				Finish Position - Inc.		
Team Score (places):Inc.				Average Time:		
1	1161 BUSISIWE NHLEKO	23	23	19:00.0	19:00.0	0:00.0
2	1162 MONIQUE DU TOIT	26	49	23:23.0	42:23.0	4:23.0

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Final Team Results

Women

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<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Mpumalanga		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
3	1169 FIKILE SEDIBE	29	78	27:14.7	1:09:37.8	8:14.7
Team - Transkei		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1738 NANGAMSO NKONYENI	19	19	17:40.0	17:40.0	0:00.0
2	1743 NOSISA MAQASHALALA	25	44	23:04.9	40:44.9	5:24.9
Team - Boland		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	1393 RIA LABUSCHAGNE	12	12	15:53.6	15:53.6	0:00.0
Team - Western Province		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	790 ANEL TERBLANCHE	8	8	15:18.1	15:18.1	0:00.0
2	789 LEE-SHAY WILLEMSE	14	22	16:06.0	31:24.2	0:47.9
Team - South African Defense Force		Finish Position - Inc.				
Team Score (places):Inc.		Average Time:				
1	841 BOIKHUTSO KELEBONE	13	13	15:58.2	15:58.2	0:00.0
2	842 MKATEKO MAGANYI	17	30	16:55.7	32:54.0	0:57.5

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Overall Finish List**E11-W23/4**

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
1	MURENDWA DOVHANA	AGN	2360	13:58.0
2	GIRA CARSTENS	ACNW	2601	14:07.3
3	CHERISE SIMS	AFS	741	14:24.9
4	ALICIA LABUSCHAGNE	AGN	2364	14:32.2
5	THATO MAKHAFOLA	CGA	3042	14:36.9
6	GOODNESS LICHABA	CGA	3037	14:42.5
7	MICHELLE REDELINGHUYS	AGN	2369	14:43.0
8	HAPPINESS MKHIZE	AGN	2367	14:43.2
9	MICHELLE STRYDOM	CGA	3038	14:47.6
10	OLIVIA LABUSCHAGNE	AGN	2365	15:08.6
11	LEANDRI JANSE VAN	AGN	2362	15:14.8
12	CHRISTELLE KOTZE	AGN	2363	15:16.2
13	SINDY LABUSCHAGNE	AGN	2366	15:17.2
14	CAMILA BRONKHORST	AGN	2359	15:22.9
15	SUSANNNA JUNKER	CGA	3041	15:30.0
16	BIANCA STRYDOM	AGN	2375	15:30.7
17	MINETTE VD WESTHUIZEN	AGN	2373	15:31.7
18	NOKUTHULA MOKOANA	AGN	2368	15:31.9
19	KARIN-MARI DOTZE	ACNW	2602	15:40.9
20	MONDI THIPE	AMPU	1167	15:49.5
21	ANNIKA STRYDOM	AGN	2376	15:49.8
22	HELEEN MALAN	BOLA	1392	15:53.8
23	NOKUTHULA NTSHANGASE	KZNA	1283	15:58.4
24	SIPHOKAZI NOJOKO	EPA	1794	16:03.6
25	NICOLE REDELINGHUYS	AGN	2370	16:08.9
26	ROSE TSHABALALA	CGA	3040	16:20.4
27	CLAUDINE MARAIS	ACNW	2604	16:27.6
28	PALESA SEDIANE	AVT	350	16:29.5
29	JOLENE RABIE	ACNW	2603	16:31.9
30	THANDEKA SIBANYONI	AMPU	1168	16:34.8
31	KEHILWE MOTHIBE	AGW	217	16:36.5
32	EZANNE KLEYNHANS	AFS	743	16:53.8
33	BIANCA JANSE VAN	AGN	2361	17:09.2
34	KHONZENI GWEGWA	ATRA	1737	17:12.4
35	MIKYLA SNYMAN	ACNW	2606	17:16.2
36	ALICIA SCHMIDT	AGN	2371	17:22.6
37	AKHONA SOGINGQI	BORA	1764	17:33.7
38	NONDUMELELO MBATHA	KZNA	3293	17:36.2
39	PORTIA RAMOLANLOANE	AFS	747	17:50.3
40	SINDISIWE SETUO	ACNW	2609	17:52.5
41	JOLANDE MULLER	ACNW	2607	17:53.1
42	DZUNISANI BALOYI	ACNW	2605	18:09.8
43	MAMELLO MOLAOA	AFS	748	18:14.9
44	BERTINA PRETORIUS	ACNW	2608	18:19.8
45	BUDA MILISA	ATRA	3297	19:23.0
46	MFANEKISO MWABISA	ATRA	3298	21:39.0
47	JANKE WHEELER	ANWN	1653	23:11.5

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Overall Finish List

E11-W23/4

<u>Overall</u>	<u>Name</u>	<u>Provence</u>	<u>Bib No</u>	<u>Time</u>
48	SCHANIKA GUBA	ANWN	1654	24:35.7
49	MELANIE VILJOEN	ANWN	1652	25:31.9