



University of Venda



4KM Team Women				
POS	Name	Surname	University	Points
1	Caster	Semenya	North West University (Pukke)	15
	Gena	Lofstrand	North West University (Pukke)	
	Carina	Swiegers	North West University (Pukke)	
2	Anuscha	Nice	University of Pretoria	16
	Stella	Marais	University of Pretoria	
	Leani	Grimes	University of Pretoria	
3	Mamphielo	Sibanda	University of Johannesburg	23
	Michelle	Strydom	University of Johannesburg	
	Thato	Makhafola	University of Johannesburg	
4	Rizani	Van Aswegen	University of the Free State	53
	Ezanne	Kleynhans	University of the Free State	
	Isabella	Engelbrecht	University of the Free State	
5	Murendwa	Davhana	Tshwane University of Technology	76
	Yvette	Jansen van Nieuwe	Tshwane University of Technology	
	Margot	Jansen van Nieuwe	Tshwane University of Technology	
6	Nocwaka	Mthetho	Cape Peninsula University of Technology	95
	Iviwe	Zangqa	Cape Peninsula University of Technology	
	Pholelwa	Kotyi	Cape Peninsula University of Technology	
7	Pfano	Robane	University of Venda	101
	Rembuluwani	Ndou	University of Venda	
	Fulufhedzani	Maboho	University of Venda	



University of Venda



4KM WOMEN Final Result

Bib No	POS	Name	Surname	University	Time
1144	1	Caster	Semanya	North West University (Pukke)	13:38,70
1003	2	Mamphielo	Sibanda	University of Johannesburg	13:49,00
1064	3	Anuscha	Nice	University of Pretoria	13:51,96
1084	4	Murendwa	Davhana	Tshwane University of Technology	14:02,77
1141	5	Gena	Lofstrand	North West University (Pukke)	14:06,52
1065	6	Stella	Marais	University of Pretoria	14:16,67
1066	7	Leani	Grimes	University of Pretoria	14:20,51
1004	8	Michelle	Strydom	University of Johannesburg	14:23,57
1143	9	Carina	Swiegers	North West University (Pukke)	14:42,67
1128	10	Rizani	Van Aswegen	University of the Free State	14:46,54
1142	11	Palesa	Madoa	North West University (Pukke)	
1069	12	Happines	Mkhize	University of Pretoria	
1001	13	Thato	Makhafola	University of Johannesburg	
1002	14	Ashleigh	Schnetlet	University of Johannesburg	
1067	15	Adel	Vermaak	University of Pretoria	
1073	16	Camilla	Bronkhorst	University of Pretoria	
1070	17	Sarita	Downing	University of Pretoria	
1005	18	Zanele	Sikalala	University of Johannesburg	
1068	19	Danette	Marais	University of Pretoria	
1074	20	Jeanette	Van Deventer	University of Pretoria	
1129	21	Ezanne	Kleynhans	University of the Free State	
1131	22	Isabella	Engelbrecht	University of the Free State	
1130	23	Romi	Engelbrecht	University of the Free State	
1121	24	Aphiwe	Sibanya	Stellenbosch University	
1072	25	Nicole	Redelinghuis	University of Pretoria	
1071	26	Michelle	Redelinghuis	University of Pretoria	
1028	27	Regina	Thukane	Central University of Technology	
1122	28	Annereen	Malan	Stellenbosch University	
1018	29	Nocwaka	Mthetho	Cape Peninsula University of Technology	
1019	30	Iviwe	Zangqa	Cape Peninsula University of Technology	
1047	31	Pfano	Robane	University of Venda	
1046	32	Rembuluwani	Ndou	University of Venda	
1107	33	Jennefer	Sekwakwa	University of Limpopo (Turfloop)	
1108	34	Felicia	Manamela	University of Limpopo (Turfloop)	
1085	35	Yvette	Jansen van Nieuwenhuizen	Tshwane University of Technology	
1020	36	Pholelwa	Koty	Cape Peninsula University of Technology	
1086	37	Margot	Jansen van Nieuwenhuizen	Tshwane University of Technology	
1044	38	Fulufhedzani	Maboho	University of Venda	
1031	39	Olebogeng	Nage	North West University (Mafikeng)	
1000		Rita	Obisi	University of Johannesburg	



University of Venda



8KM Team Women				
POS	Name	Surname	University	Points
1	Thembi	Baloyi	Tshwane University of Technology	15
	Portia	Ngwenya	Tshwane University of Technology	
	Tholoana	Peu	Tshwane University of Technology	
2	Kesa	Molotsane	University of the Free State	17
	Cherise	Sims	University of the Free State	
	Marne	Mentz	University of the Free State	
3	Sherilene	Gelderblom	North West University (Pukke)	23
	Adele	Broodryk	North West University (Pukke)	
	Laune	Meyer	North West University (Pukke)	
4	Amy	Abrahams	University of Western Cape	32
	Hanlie	Jordaan	University of Western Cape	
	Ileana	Dreyer	University of Western Cape	
5	Lilelani	Tshikovhele	University of Venda	57
	Grace	Mangane	University of Venda	
	Nolwazi	Ndlovu	University of Venda	



University of Venda



8KM WOMEN Final Result

Bib No	POS	Name	Surname	University	Time
1090	1	Thembi	Baloyi	Tshwane University of Technology	29:11:00
1127	2	Kesa	Molotsane	University of the Free State	29:17:00
1089	3	Portia	Ngwenya	Tshwane University of Technology	29:25:00
1147	4	Sherilene	Gelderblom	North West University (Pukke)	29:55:00
1169	5	Tanya	Scott	University of Cape Town	30:21:00
1125	6	Cherise	Sims	University of the Free State	30:30:00
1146	7	Adele	Broodryk	North West University (Pukke)	30:44:00
1159	8	Amy	Abrahams	University of Western Cape	31:25:00
1126	9	Marne	Mentz	University of the Free State	31:50:00
1160	10	Hanlie	Jordaan	University of Western Cape	32:15:00
1092	11	Tholoana	Peu	Tshwane University of Technology	32:31:00
1145	12	Laune	Meyer	North West University (Pukke)	32:45:00
1148	13	Marguerite	Coetzee	North West University (Pukke)	33:25:00
1161	14	Ileana	Dreyer	University of Western Cape	33:29:00
1162	15	Marzanne	Albertse	University of Western Cape	34:07:00
1027	16	Portian	Ramolahloane	Central University of Technology	36:22:00
1155	17	Refiwe	Kubheka	Vaal University of Technology	38:10:00
1049	18	Lilelani	Tshikovhele	University of Venda	43:08:00
1050	19	Grace	Mangane	University of Venda	44:35:00
1048	20	Nolwazi	Ndlovu	University of Venda	48:19:00



University of Venda



10KM Team MEN

POS	Name	Surname	University	Points
1	Stephen	Mokoka	Tshwane University of Technology	12
	Collen	Mulaudzi	Tshwane University of Technology	
	Joel	Madiba	Tshwane University of Technology	
	Skhalo	Mthimkhulu	Tshwane University of Technology	
2	Armin	Botha	North West University (Pukke)	57
	Casper	De Villiers	North West University (Pukke)	
	Michael	Brink	North West University (Pukke)	
	Ruben	Gouws	North West University (Pukke)	
3	Siboniso	Soldaka	Cape Peninsula University of Technology	61
	Andrew	Louw	Cape Peninsula University of Technology	
	Ricardo	Jafta	Cape Peninsula University of Technology	
	Christopher	Mazantsana	Cape Peninsula University of Technology	
4	Tshepo	Phokoje	North West University (Mafikeng)	70
	Sam	Masha	North West University (Mafikeng)	
	Orapeling	Sekhosana	North West University (Mafikeng)	
	Frans	Moeng	North West University (Mafikeng)	
5	Collen	Mashaba	University of Venda	89
	Laurens	Maswanganyi	University of Venda	
	Jeffrey	Chabalala	University of Venda	
	Tshepo	Mohlala	University of Venda	



University of Venda



10KM MEN - Final Result					
Bib No	POS	Name	Surname	University	Time
1100	1	Stephen	Mokoka	Tshwane University of Technology	30:21:00
1101	2	Collen	Mulaudzi	Tshwane University of Technology	30:32:00
1170	3	Marianio Lin-Collen	Eesou	Nelson Mandela Metropolitan University	30:53:00
1102	4	Joel	Madiba	Tshwane University of Technology	31:04:00
1103	5	Skhalo	Mthimkhulu	Tshwane University of Technology	31:34:00
1151	6	Armin	Botha	North West University (Pukke)	31:38:00
1023	7	Siboniso	Soldaka	Cape Peninsula University of Technology	31:59:00
1029	8	Xolani	Loni	Central University of Technology	32:05:00
1104	9	Tebogo	Ndwandwe	Tshwane University of Technology	32:10:00
1153	10	Casper	De Villiers	North West University (Pukke)	32:21:00
1105	11	Nyakallo	Mokhathu	Tshwane University of Technology	32:39:00
1026	12	Andrew	Louw	Cape Peninsula University of Technology	33:02:00
1030	13	Athenkosi	Tiyabantu	Central University of Technology	33:04:00
1042	14	Tshepo	Phokoje	North West University (Mafikeng)	33:39:00
1024	15	Ricardo	Jafta	Cape Peninsula University of Technology	33:41:00
1152	16	Michael	Brink	North West University (Pukke)	33:54:00
1038	17	Sam	Masha	North West University (Mafikeng)	34:26:00
1043	18	Orapeling	Sekhosana	North West University (Mafikeng)	34:28:00
1060	19	Collen	Mashaba	University of Venda	34:39:00
1061	20	Laurens	Maswanganyi	University of Venda	35:20:00
1040	21	Frans	Moeng	North West University (Mafikeng)	35:55:00
1039	22	Godfrey	Dipheko	North West University (Mafikeng)	36:13:00
1041	23	John	Mokomele	North West University (Mafikeng)	36:29:00
1063	24	Jeffrey	Chabalala	University of Venda	36:34:00
1154	25	Ruben	Gouws	North West University (Pukke)	41:05:00
1062	26	Tshepo	Mohlala	University of Venda	41:31:00
1025	27	Christopher	Mazantsana	Cape Peninsula University of Technology	41:46:00
1120	28	Ananias	Kgopa	Sefako Makgatho University	42:08:00
1119	29	Ditiro	Madala	Sefako Makgatho University	

ROAD RELAY - MEN				
POS	Name	Surname	University	Time
1	Pharson	Magagane	University of Johannesburg A	48:04:00
	Jacob	Molefo	University of Johannesburg A	
	Henry	Makane	University of Johannesburg A	
	Jeromy	Andreas	University of Johannesburg A	
2	Skhalo	Mthimkhulu	Tshwane University of Technology A	48:44:00
	Stephen	Mokoka	Tshwane University of Technology A	
	Collen	Mulaudzi	Tshwane University of Technology A	
	Joel	Madiba	Tshwane University of Technology A	
3	Emiele	Paulsen	University of Western Cape	49:54:00
	Merlin	Klaaste	University of Western Cape	
	Vincent	Fortuin	University of Western Cape	
	Anthony	Timoteus	University of Western Cape	
4	Windy	Jonas	UFS A	50:04:00
	Jan-Willem	Ras	UFS A	
	Donney	Panster	UFS A	
	Ruan	Meintjies	UFS A	
5	Martin	Nkoe	Tshwane University of Technology B	50:11:00
	Nyakallo	Mokhathu	Tshwane University of Technology B	
	Tebogo	Ndwandwe	Tshwane University of Technology B	
	Mpho	Motaung	Tshwane University of Technology B	
6	Thabang	Matiwane	University of Johannesburg B	51:39:00
	Aphiwe	Abasisa	University of Johannesburg B	
	MM	Gumede	University of Johannesburg B	
	Mafika	Cunekelo	University of Johannesburg B	
7	Siboniso	Soldaka	Cape Peninsula University of Technology	52:11:00
	Andrew	Louw	Cape Peninsula University of Technology	
	Heirich	Blom	Cape Peninsula University of Technology	
	Ricardo	Jafa	Cape Peninsula University of Technology	
8	Xolani	Loni	Mixed CUT/UWC	52:51:00
	Athenkosi	Tyabantu	Mixed CUT/UWC	
	Kurt	Rabie	Mixed CUT/UWC	
	Sibusiso	Magwaza	Mixed CUT/UWC	
9	Johann	Berrange	University of Pretoria	52:33:00
	Koketso	Ramasita	University of Pretoria	
	Fourie	Wiid	University of Pretoria	
	Johnathan	Bredenkamp	University of Pretoria	
10	Esteean	Badenhorst	UFS B	53:29:00
	Bennie	Prinsloo	UFS B	
	Lourens	Botes	UFS B	
	Johan	Conradie	UFS B	
11	Sibusiso	Khoza	North West University (Mafikeng) A	55:24:00
	Keamogetse	Mfoloe	North West University (Mafikeng) A	
	Obakeng	Morweng	North West University (Mafikeng) A	
	Godfrey	Dipheko	North West University (Mafikeng) A	
12	Bethual	Sibuyi	Tshwane University of Technology C	55:29:00
	Tshepo	Leeto	Tshwane University of Technology C	
	Obed	Phasha	Tshwane University of Technology C	
	Lesetja	Manyathela	Tshwane University of Technology C	
13	Dzulani	Munzhele	University of Venda A	55:36:00
	Elia	Malungane	University of Venda A	
	Tshepo	Mohlala	University of Venda A	
	Laurens	Maswanganyi	University of Venda A	
14	Armand	Nieuwenhuys	Mixed Tuks/VUT	56:19:00
	Arend	Stoffberg	Mixed Tuks/VUT	
	Karabo	Jacobs	Mixed Tuks/VUT	
	Wilko	Pretorius	Mixed Tuks/VUT	
15	Sky	Manaso	University of Venda B	56:28:00
	Walter	Moagi	University of Venda B	
	Vhangani	Mabasa	University of Venda B	
	Talifhani	Ndou	University of Venda B	
16	Inoc	Ndweni	Sefako Makgatho University	60:01:24
	William	Poe	Sefako Makgatho University	
	Ditiro	Madala	Sefako Makgatho University	
	Ananias	Kgopa	Sefako Makgatho University	
17	Sam	Masha	North West University (Mafikeng) B	60:01:27
	Tshepo	Phokoje	North West University (Mafikeng) B	
	Orapeling	Sekhosana	North West University (Mafikeng) B	
	Frans	Moeng	North West University (Mafikeng) B	
18	Pule	Nange	North West University (Mafikeng) C	60:01:38
	John	Mokomele	North West University (Mafikeng) C	
	Walter	Mphela	North West University (Mafikeng) C	
	Motheo	Kotsemi	North West University (Mafikeng) C	
19	Pheaga	Koko	University of Venda C	60:03:30
	Collen	Mashaba	University of Venda C	
	Jeffrey	Chabalala	University of Venda C	
	Mpho	Masiagwala	University of Venda C	



ROAD RELAY WOMEN				
POS	Name	Surname	University	Time
1	Gena	Lofstrand	North West University (Pukke)	20:08
	Palesa	Madoa	North West University (Pukke)	
	Caster	Semenya	North West University (Pukke)	
2	Stella	Marais	University of Pretoria A	20:12
	Leani	Grimes	University of Pretoria A	
	Anuscha	Nice	University of Pretoria A	
3	Murendwa	Davhana	Tshwane University of Technology A	20:34
	Portia	Ngwenya	Tshwane University of Technology A	
	Thembi	Baloyi	Tshwane University of Technology A	
4	Thato	Makhafola	University of Johannesburg	20:48
	Michelle	Strydom	University of Johannesburg	
	Mamphielo	Sibanda	University of Johannesburg	
5	Rizani	Van Aswegen	UFS A	20:49
	Cherise	Sims	UFS A	
	Kesa	Molotsane	UFS A	
6	Camila	Bronkhorst	University of Pretoria B	22:24
	Adel	Vermaak	University of Pretoria B	
	Happiness	Mkhize	University of Pretoria B	
7	Sarita	Downing	University of Pretoria C	22:39
	Jeanette	Van Deventer	University of Pretoria C	
	Michelle	Redelinghuys	University of Pretoria C	
8	Ileana	Dreyer	University of Western Cape	22:53
	Hanlie	Jordaan	University of Western Cape	
	Amy	Abrahams	University of Western Cape	
9	Marne	Mentz	UFS B	22:54
	Ezanne	Kleynhans	UFS B	
	Isabelle	Engelbrecht	UFS B	
10	Romi	Engelbrecht	Mixed UFS/CUT	24:39:00
	Portia	Ramolahlloawe	Mixed UFS/CUT	
	Reginah	Thukane	Mixed UFS/CUT	
11	Pholelwa	Kotyi	Cape Peninsula University of Technology	26:32:00
	Iviwe	Zangqa	Cape Peninsula University of Technology	
	Nocwaka	Mthetho	Cape Peninsula University of Technology	
12	Pfano	Robane	University of Venda A	26:59:00
	Rembuluwani	Ndou	University of Venda A	
	Lilelani	Tshikovhele	University of Venda A	
13	Jennefer	Sekwakwa	University of Limpopo (Turfloop)	27:05:00
	Felicia	Manamela	University of Limpopo (Turfloop)	
	Dianego	Moraba	University of Limpopo (Turfloop)	
14	Tholoana	Peu	Tshwane University of Technology B	27:07:00
	Yvette	Jansen van Nieuwenhuizen	Tshwane University of Technology B	
	Margot	Jansen van Nieuwenhuizen	Tshwane University of Technology B	



University of Venda



4KM Team Men				
POS	Name	Surname	University	Points
1	Jeromy	Andreas	University of Johannesburg	14
	Pharson	Magagane	University of Johannesburg	
	Henry	Makane	University of Johannesburg	
	Jacob	Molefo	University of Johannesburg	
2	Anthony	Timoteus	University of Western Cape	41
	Emiele	Paulsen	University of Western Cape	
	Merlin	Klaaste	University of Western Cape	
	Vincent	Fortuin	University of Western Cape	
3	Ruan	Meintjies	University of the Free State	62
	Windy	Jonas	University of the Free State	
	Donney	Danster	University of the Free State	
	Jan-Willem	Ras	University of the Free State	
3	Mpho	Motaung	Tshwane University of Technology	62
	Martin	Nkoe	Tshwane University of Technology	
	Bethual	Sibuyi	Tshwane University of Technology	
	Tshepo	Leeto	Tshwane University of Technology	
5	Johnathan	Bredenkamp	University of Pretoria	90
	Johann	Berrange	University of Pretoria	
	Koketso	Ramasita	University of Pretoria	
	Fourie	Wiid	University of Pretoria	
6	Dzulani	Munzhele	University of Venda	168
	Elia	Malungane	University of Venda	
	Mpho	Masiagwala	University of Venda	
	Pheaga	Koko	University of Venda	
7	Walter	Mphela	North West University (Mafikeng)	200
	Sibusiso	Khoza	North West University (Mafikeng)	
	Motheo	Kotsedi	North West University (Mafikeng)	
	Keamogetse	Mfoloe	North West University (Mafikeng)	



University of Venda



4KM MEN Final Result

BIB No	POS	Name	Surname	University	Time
1008	1	Jeromy	Andreas	University of Johannesburg	11:30
1010	2	Pharson	Magagane	University of Johannesburg	11:41
1163	3	Anthony	Timoteus	University of Western Cape	11:43
1164	4	Emiele	Paulsen	University of Western Cape	11:51
1011	5	Henry	Makane	University of Johannesburg	11:53
1012	6	Jacob	Molefo	University of Johannesburg	12:01
1095	7	Mpho	Motaung	Tshwane University of Technology	12:02
1076	8	Johnathan	Bredenkamp	University of Pretoria	12:04
1016	9	Thabang	Matiwane	University of Johannesburg	12:06
1014	10	Mafika	Cunekelo	University of Johannesburg	12:08
1168	11	Merlin	Klaaste	University of Western Cape	12:09
1136	12	Ruan	Meintjies	University of the Free State	12:14
1135	13	Windy	Jonas	University of the Free State	12:14
1156	14	Karabo	Jacobs	Vaal University of Technology	12:29
1094	15	Martin	Nkoe	Tshwane University of Technology	12:30
1006	16	Aphiwe	Abasisa	University of Johannesburg	12:30
1134	17	Donney	Danster	University of the Free State	12:31
1096	18	Bethual	Sibuyi	Tshwane University of Technology	12:32
1138	20	Jan-Willem	Ras	University of the Free State	12:32
1077	21	Johann	Berrange	University of Pretoria	12:40
1097	22	Tshepo	Leeto	Tshwane University of Technology	12:50
1167	23	Vincent	Fortuin	University of Western Cape	12:51
1166	24	Kurt	Rabie	University of Western Cape	12:55
1133	25	Johan	Conradie	University of the Free State	13:02
1124	26	Ben	Fourie	Stellenbosch University	13:04
1017	27	MM	Gumede	University of Johannesburg	13:05
1132	28	Estean	Badenhorst	University of the Free State	13:06
1139	29	Lourens	Botes	University of the Free State	13:08
1083	30	Koketso	Ramasita	University of Pretoria	13:15
1082	31	Fourie	Wiid	University of Pretoria	13:18
1015	32	Sylverstor	Madiba	University of Johannesburg	13:19
1051	33	Dzulani	Munzhele	University of Venda	13:20
1081	34	Armand	Nieuwenhuys	University of Pretoria	13:22
1078	35	Arend	Stoffberg	University of Pretoria	13:29
1022	36	Bobby	Sibata	Cape Peninsula University of Technology	13:32
1137	37	Bennie	Prinsloo	University of the Free State	13:35
1123	38	Jan-Hendrik	Theron	Stellenbosch University	13:45
1021	39	Heirich	Blom	Cape Peninsula University of Technology	13:49
1165	40	Sibusiso	Magwaza	University of Western Cape	13:54
1099	41	Obed	Phasha	Tshwane University of Technology	13:57
1053	42	Elia	Malungane	University of Venda	14:03
1118	43	Inoc	Ndowneni	Sefako Makgatho University	14:18
1035	44	Walter	Mphela	North West University (Mafikeng)	14:19
1009	45	Henk	Beukes	University of Johannesburg	14:23
1054	46	Mpho	Masiagwala	University of Venda	14:29
1052	47	Pheaga	Koko	University of Venda	14:33
1098	48	Lesetja	Manyathela	Tshwane University of Technology	14:36
1036	49	Sibusiso	Khoza	North West University (Mafikeng)	14:42
1111	50	Katlego	Magwai	University of Limpopo (Turfloop)	14:50
1117	51	William	Pooe	Sefako Makgatho University	14:56
1037	52	Motheo	Kotsedi	North West University (Mafikeng)	15:10
1158	53	Fikile	Poswa	Vaal University of Technology	16:11
1059	54	Vhangani	Mabasa	University of Venda	16:11
1034	55	Keamogetse	Mfoloe	North West University (Mafikeng)	16:20
1056	56	Walter	Moagi	University of Venda	16:25
1055	57	Sky	Manaso	University of Venda	15:30
1032	58	Obakeng	Morweng	North West University (Mafikeng)	15:30
1033	59	Pule	Nange	North West University (Mafikeng)	15:31
1079	60	Wilke	Pretorius	University of Pretoria	
1057	61	Edwin	Nemanashi	University of Venda	
1058	62	Talifhani	Ndou	University of Venda	
1112	63	Dumisane	Chochi	University of Limpopo (Turfloop)	