

Distance Running Results

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Distance Running Results (DRR) publishes results of races 800 metres and longer from all over the world with the focus on South African results.

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Publisher: Riël Hauman

EDITORIAL

This is the last issue of *Distance Running Results* for 2008. I would like to thank all the dedicated contributors for their assistance in sending results and other information during the year and answering my queries; this newsletter would not have existed without your help.

I wish all contributors and readers compliments of the season and a wonderful, healthy and happy 2009. The next issue of DRR will be sent out on 6 January.

Important notice: Subscribers who received renewal notices should please make their payments before 6 January, for either six months or the full year.

In one of South Africa's shorter long-running races, the Avbob 15 km (which has the further distinction of having had the same sponsor since 1983), held for the 28th time, Kim Laxton easily dipped under an hour when she won by more than 7 minutes in 57:36.

Internationally, a magnificent performance was achieved by Ukrainian Sergey Lebid, who captured a phenomenal eighth European cross-country title. Lebid is the only man who has contested each of the 15 editions of these Championships, a wonderful proof of longevity. The women's race went to Hilda Kibet of the Netherlands.

In the Honolulu Marathon, run in heavy rain, Olesya Nurgalieva was fourth (2:39:13) and twin sister Elena sixth (2:48:15).

Riël Hauman

INCLUDED IN THIS ISSUE:

- * Illovo Sugar Christmas Challenge 15 km, Durban
- * KwaZulu Weavers Summer Holiday 23 km, Winterton
- * Avbob 15 km, Table View
- * Despatch 10 km, Despatch
- * Simonsvlei Cellar 10 km, Paarl
- * Velskoen 32 km & 10 km, Hartenbos
- * Track: Clive Truter Meeting, Parow

International highlights:

- * Honolulu Marathon, Honolulu, USA
- * Silvesterlauf Zürich, Zürich, SUI
- * Course de Noël, Sion, SUI

* XC: SPAR European Cross-country Championships, Brussels, BEL; Foot Locker Cross-country Championships, San Diego, USA

* Track: Zatopek Classic, Melbourne, AUS

ROAD RUNNING

Illovo Sugar Christmas Challenge 15 km

Durban, 14 December

(Loop course. Finishers: 1590.)

MEN

1.	Edwin Chimombo	ZIM/Form One AC	49:30 (R200)
2.	Dzingai Dandara	ZIM/Form One AC	49:54 (R150)
3.	Joseph Mandizina	Form One AC	51:00 (R100)

40-49:

1.	Lungani Gcabashe	Boxer AC	53:36 (R150)
2.	Garatt Robson	Toyota AC	55:22 (R100)
3.	Bheki Mbhele	Toyota AC	60:22 (R75)

50-59:

1.	Eloi de Oliveira	Boxer AC	57:12 (R150)
2.	Jeremiah Ngwenya	Boxer AC	62:26 (R100)
3.	Jan Koegelenberg	Mr Price AC	62:50 (R75)

60+:

1.	Petros Shumi	Zabalaza AC	71:25 (R150)
2.	Moray Calder	Howick AC	76:22 (R100)
3.	Poobalan Reddy	Chatsworth AC	81:49 (R75)

Juniors:

1.	Chamani Moto	Umzimkhulu	58:22 (R75)
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WOMEN (Same prize money as men)

1.	Danelle Adlam	Boxer AC	64:06
2.	Maya Lawrie (1 st vet)	Boxer AC	65:39
3.	Janine Carey	Boxer	65:49

40-49:

1.	Maya Lawrie	Boxer AC	65:39
2.	Janine Engels	PDAC	69:31
3.	Maureen Slack	Savages AC	76:41

50-59:

1.	Sandy Fismer	Hilton Harr	74:20
2.	Jane Baker	DAC	85:37
3.	Dawn Frankeiss	PDAC	88:59

60+:

1.	Lien Botha	Toti AC	78:21
2.	Aleta Engelbreht	SCS	90:52
3.	Cynthia Perks	Hillcrest Vill	134:00

Juniors:

1.	Hlengiwe Buthlezi	Muden AC	70:27
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KwaZulu Weavers Summer Holiday 23 km

Winterton, 13 December

(Point-to-point course)

MEN

1.	Lucky Mohale	Ind	1:16:41
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2.	Sazi Ndaba	Enambithi Striders	1:17:03
3.	T Thulani	Ind	1:19:16

40-49:

1.	Corneluis Dlamini	Enambithi Striders	1:26:57
2.	Alfred Chena	Vultures AC	1:28:45

50-59:

1.	Andre Spies	Nhc	1:44:32
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60+

1.	Mac McKenzie	Lac	2:03:45
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WOMEN

1.	Aleca Ross	New Harr	1:43:06
2.	Madri Blom	Harrismith AC	1:44:38
3.	Tina Zunckel	Ind	1:45:39

40-49:

1.	Bev Swart	New Harr	2:00:12
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50-59:

1.	Christine Harris	Hilton Harr	1:53:24
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60+:

1.	Cathy Blake	Ind	2:37:43
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Avbob 15 km (28th)

Table View, 13 December

(Certified loop course. Finishers: 611.)

Note: This race has had the same sponsor (under different names) since 1983. – Ed.

MEN

1. Anthony Godongwana (Celt) 49:12 (R500); 2. Peter Tsawayo (ZIM/RCS Gug) 49:30 (R200); 3. Sipho Phala (VOB) 49:59 (R100); 4. Victor Msopi (VOB) 50:03; 5. Professor Khwatane (VOB) 50:30; 6. John September (Celt) 50:47 (1st vet); 7. Monde Mpemnyama (Celt) 51:14; 8. Nelson Charlie (VOB) 51:46; 9. Johnny Persents (Ad) 51:49; 10. Ben Brimble (UCT) 52:05; 11. Roger Dickson (VOB) 52:06; 12. Clifffie Drury (Mr Pr) 53:20; 13. Faizel October (Celt) 53:51; 14. Jimmy Drury (Mr Pr) 53:52; 15. Vladimir Kotov (BLR/Mr Pr) 55:01 (1st mast); 16. John van der Byl (MP Titans) 55:21; 17. Marco de Freitas (Celt) 55:25; 18. Leon Williams (Sw) 56:16; 19. Mike O'Donovan (VOB) 56:20; 20. Wanda Roro (Ad) 56:34 (1st jun); 21. Goodman Mpukane (RCS Gug) 56:38; 22. Matthew Speelman (Atl Harr) 56:41; 23. Andries Swanepoel (Brack) 56:51; 24. Jan Nero (Mat) 57:07; 25. Siyabonga Maweza (Top) 57:07; 26. Babalo Mpumlwana (DAC) 57:11; 27. Les Chivell (FH) 57:13; 28. Pikkie du Plessis (Ned) 57:54; 29. Peter Bunn (R/W for L) 58:05; 30. Charles Witbooi (VOB) 58:45.

Masters: (40+): 1. John September (Celt) 50:47 (R300); 2. Johnny Persents (Ad) 51:49 (R150); 3. John van der Byl (MP Titans) 55:21 (R100). **(50+):** 1. Vladimir Kotov (BLR/Mr Pr) 55:01 (R200); 2. Goodman Mpukane (RCS Gug) 56:37 (R100); 3. Les Chivell (FH) 57:13 (R80). **(60+):** 1. Eric Joubert (FH) 68:53 (R150); 2. M.Y. Abrahams (Ned) 70:55 (R80); 3. Peter Donald (WC) 71:07 (R50). **(70+):** 1. Sybrand Mostert (Ned) 74:56; 2. Pieter Schreve (Wel) 84:15; 3. Dermott Devine (VOB). **Juniors:** 1. Wanda Roro (Ad) 56:34 (R100); 2. Rico Hunter (Worc) 65:21 (R50); 3. Trevino Barends (Top) 66:17 (R30).

WOMEN (Same prize money as men)

1. Kim Laxton (Celt) 57:36; 2. Christa Mulder (Bel) 65:14 (1st vet); 3. Bianca Marais (Edg) 65:51; 4. Andrea Pretorius (NB) 66:40 (1st jun); 5. Nancy Will (Pine) 67:11 (1st mast); 6. Sandra van Graan (Edg) 67:37; 7. Bev Charters (VOB) 67:56; 8. Robyn Redhead (Edg)

68:15; 9. Candyce Hall (N.Carb) 69:23; 10. Colleen de Oliveira (NB) 69:25; 11. Tracy Bunn (R/W for L) 69:28; 12. Sue Dickson (VOB) 69:50; 13. Tilda Krugmann (WC) 70:38; 14. Yonela Hewu (RCS Gug) 70:54; 15. Caroline Weinel (Dur) 71:12; 16. Anita Oppel (Dur) 71:14; 17. Ronél Steenkamp (Dur) 71:14; 18. Khulukazi Lupondo (RCS Gug) 71:40; 19. Rita Toto (RCS Gug) 71:51; 20. Melissa Rothman (NB) 72:10.

Masters: (40+): Christa Mulder (Bel) 65:14; 2. Sandra van Graan (Edg) 67:37; 3. Sue Dickson (VOB) 69:50. **(50+):** 1. Nancy Will (Pine) 67:11; 2. Bev Charters (VOB) 67:56; 3. Tilda Krugmann (WC) 70:38. **(60+):** 1. Pixie Sparg (Celt) 75:39; 2. Marietha Herbert (Bel) 79:14; 3. Cathy Taylor (Dur) 90:24. **Juniors:** 1. Andrea Pretorius (NB) 66:40; 2. Yonela Hewu (RCS Gug) 70:54; 3. Khulukazi Lupondo (RCS Gug) 71:40.

Despatch 10 km

Port Elizabeth, 13 December
(Loop course)

MEN

1	George	Ntshiliza	Mr Price AC EP	29	31:26
2	Sandile	Ngunuza	Nedbank RC EP	26	31:41
3	Sibusiso	Thu	Raleigh AC	20	32:15
4	Phumzile	Sikawuti	Nedbank RC EP	29	32:25
5	Desmond	Zibi (1 st vet)	Mr Price AC EP	45	32:43
6	Maboyisana	Mazwayi	Nedbank RC EP	40	33:06
7	Mzamo	Fokwana	Charlo AC	31	34:01
8	Ivan	Ambraal (1 st jun)	Nedbank RC EP	19	34:36
9	Andile	Manona	Nedbank RC EP	27	35:00
10	Mzukisi	Klaas	PEAAC	40	35:28
11	Christopher	Mabengeza	Mr Price AC EP	42	37:11
12	Masibulele	Heugh	Nedbank RC EP	14	38:25
13	Emil	Hougaard	Raleigh AC	44	38:31
14	Alois	Dzingayi	Nedbank RC EP	29	38:39
15	Monwabisi	Mtwisha	New Balance	24	39:05
16	Aaron	Nxumalo	PEAAC	25	39:17
17	Thembekile	Msipa	Nedbank RC EP	34	39:22
18	Jeffrey	Van Niekerk	Charlo AC	35	39:43
19	Ruan	Smalberger	Nedbank RC EP	19	40:16
20	Donald	Mancasa (1 st mast)	Raleigh AC	54	41:29

40-44:

1	Maboyisana	Mazwayi	Nedbank RC EP	40	33:06
2	Mzukisi	Klaas	PEAAC	40	35:28
3	Christopher	Mabengeza	Mr Price AC EP	42	37:11

45-49:

1	Desmond	Zibi	Mr Price AC EP	45	32:43
2	Boy	Ncama	Nedbank RC EP	48	46:14
3	Daniel	Pieterse	Despatch AC	46	47:19

50-54:

1	Donald	Mancasa	Raleigh AC	54	41:29
2	Sam	Erasmus	Nedbank RC EP	51	43:19
3	Robert	Rietmuller	PEAAC	52	43:30

55-59:

1	Sizinzo	Kama	Achilles AAA	57	42:24
2	Errol	Rossouw	PEAAC	58	45:56
3	Joseph	Serfontein	PEAAC	58	51:43

60-64:

1	Cilliers	Swart	Nedbank RC EP	62	46:52
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2	William	Vorster	PEAAC	62	46:58
3	Eckart	Schumann	Body Concept	63	52:54
65-69:					
1	Loynes	Jenkerson	Spar Walmer AC	67	59:52
2	Brian	Smith	PEAAC	65	1:11:55
70-74:					
1	Michael	Collins	PEAAC	70	48:32
2	Samuel	Stemele	New Balance	70	53:56
3	Hilary	Pritchard	Crusaders AC	74	1:06:24
Juniors:					
1	Ivan	Ambraal	Nedbank RC EP	19	34:36
2	Masibulele	Heugh	Nedbank RC EP	14	38:25
3	Ruan	Smalberger	Nedbank RC EP	19	40:16

WOMEN

1	Elene	Lourens (1 st jun)	High Schools	18	39:05
2	Sanmari	Woithe	Raleigh AC	39	43:30
3	Suzanne	Lavis (1 st mast)	Jeffreys Bay	50	45:51
4	Hanlie	van der Westhuizen	Despatch AC	52	46:21
5	Janette	Schierz-Crusius (1 st vet)	Body Concept	48	48:36
6	Claire	Nagel	Elite AC	44	50:42
7	Amanda	Prideaux	Bluewater Bay	33	51:53
8	Liz	Grundlingh (1 st g'mast)	Muirite Strider	61	52:13
9	Elsabe	Spoormaker	Temp	48	52:45
10	Desiree	Titus	Spar Walmer AC	43	54:08
11	Christa	Meuwesen	Bluewater Bay	42	54:30
12	Angela	Rumsey	Crusaders AC	39	54:45
13	Michelle	Boswells	Temp	18	55:27
14	Suzan	Terblanche	Elite AC	47	55:41
15	Charmell	Jansen	Temp	29	55:45
16	Terray	Newcombe	Nedbank RC EP	17	55:49
17	Petra	Pienaar	Spar Walmer AC	44	56:00
18	Monica	Kemp	Madiba Bay Ac	53	56:04
19	Rosemary	Joubert	Crusaders AC	48	56:51
20	Orette	Francis	Irene M C	35	56:55

40-44:

1	Claire	Nagel	Elite AC	44	50:42
2	Desiree	Titus	Spar Walmer AC	43	54:08
3	Christa	Meuwesen	Bluewater Bay	42	54:30

45-49:

1	Janette	Schierz-Crusius	Body Concept	48	48:36
2	Elsabe	Spoormaker	Temp	48	52:45
3	Suzan	Terblanche	Elite AC	47	55:41

50-54:

1	Suzanne	Lavis	Jeffreys Bay	50	45:51
2	Hanlie	Van Der Westhuizen	Despatch AC	52	46:21
3	Monica	Kemp	Madiba Bay Ac	53	56:04

55-59:

1	Rina	Barnard	Elite AC	55	1:19:31
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60-64:

1	Liz	Grundlingh	Muirite Strider	61	52:13
2	Denise	Terblanche	Spar Walmer AC	61	1:08:04
3	Debbie	Oelofse	Legacy Ac	62	1:15:48

65-69:

1	Orgia	Nell	Muirite Strider	65	1:11:51
2	Shirley	Jorgensen	Charlo AC	66	1:15:26

70-74:

1	Dorothy	Hart	PEAAC	70	1:01:12
2	Sylvia	Pritchard	Crusaders AC	75	1:32:41
Juniors:					
1	Elene	Lourens	High Schools	18	39:05
2	Michelle	Boswells	Temp	18	55:27
3	Terray	Newcombe	Nedbank RC EP	17	55:49

Simonsvlei Cellar 10 km

Paarl, 10 December

(Loop course, hilly, partly on gravel)

MEN

1. Zolile Bhitane (Ned) 33:06; 2. Henrico Rooi (Ned) 33:13; 3. Roger Davids (Rob) 33:23; 4. Tsungai Mwanengeni (ZIM/Mr Pr) 33:51; 5. Riaan Wildskut (East) 33:53; 6. Kevin Oliphant (ER) 34:30; 7. Rowan Prins (Rob) 34:35; 8. Pieter Koopman (Ned) 35:29; 9. Isaac Opperman (CS) 35:31 (1st vet); 10. Anton Waterboer (Rob) 36:07; 11. Manfred Samuels (H.Harr) 36:45 (1st jun); 12. Anthony Matthee (H.Harr) 36:47; 13. Dawid Visser (Mr Pr) 36:5; 14. David Molema (Mr Pr) 37:07; 15. Dimitri Adonis (East) 37:32; 16. Denzil Paulse (East) 38:13; 17. Sollie van Rooyen (CS) 38:23; 18. Wilmore Benn (Wel) 38:57; 19. Siphos Phala (VOB) 39:00; 20. Charlton September (Ned) 40:46; 21. Shaun Daniels (H.Harr) 40:47; 22. Isak Olifant (WP Def) 40:52; 23. Tiaan Oosthuizen (Ad) 41:08; 24. Robbie Lindsay (Ned) 41:24 (1st mast); 25. Joseph Cloete (Stel) 41:29; 26. Randall Joshua (Tel) 41:34; 27. Simon Pieters (Bains) 41:43; 28. Thomas Moses (Worc) 41:54; 29. Marius Kruger (Bel) 41:57; 30. Jacques Schreiber (Dur) 42:33.

Masters: (40+): 1. Isaac Opperman (CS) 35:31; 2. Sollie van Rooyen (CS) 38:23; 3. Isak Olifant (WP Def) 40:52. **(50+):** 1. Robbie Lindsay (Ned) 41:24; 2. Thomas Moses (Worc) 41:54; 3. Henry Cievorts (Top) 42:56. **(60+):** 1. Willie van Wyk (Brack) 47:22; 2. Blackie Swart (Sw) 48:05; 3. Henry Cleophas (Ned) 48:12. **(70+):** 1. Pieter Schreve (Wel) 60:54; 2. Gert Swanepoel (Bel) 60:56; 3. Dermott Devine (VOB) 68:18. **Juniors:** 1. Manfred Samuels (H.Harr) 36:45; 2. Anthony Matthee (H.Harr) 36:47; 3. Dimitri Adonis (East) 37:32.

WOMEN

1. Alae Brand (Ad) 39:51; 2. Rona Loubser (Ind) 41:57; 2. Natasha Oosthuizen (Ad) 44:12; 4. Marlize van Schaik (Dur) 45:25; 5. Malana Uys (Dur) 45:40 (1st vet); 6. Marée Burger (Paarl) 46:24; 7. Karen de Kock (Met) 46:30; 8. Bianca Marais (Edg) 47:00; 9. Evonne Nieuwoudt (Paarl) 47:16; 10. Elizabeth de Gouveia (Dur) 47:19; 11. Anneke Slabbert (Ind) 47:5; 12. Yolandi Visser (Mr Pr) 48:14; 13. Ronél Steenkamp (Dur) 48:29; 14. Nancy Will (Pine) 48:48 (1st mast); 15. Mariaan Cloete (Stel) 49:03; 16. Hanré Swart (Ind) 49:14; 17. Recia Swart (Stel) 49:37; 18. Rozanne Mouton (Ind) 49:53; 19. Wilmaré Opperman (Bel) 49:56 (1st jun); 20. Huguetta van der Merwe (Paarl) 50:40.

Masters: (40+): 1. Malana Uys (Dur) 45:40; 2. Cynthia van Wyk (Ned) 54:52; 3. Cailey Bredenkamp (Paarl) 56:13. **(50+):** 1. Nancy Will (Pine) 48:48; 2. Kathy Burr (Dur) 53:00; 3. Helen du Plessis (Tyg) 53:13. **(60+):** 1. Pixie Sparg (Celt) 52:49; 2. Marietha Herbert (Bel) 55:33; 3. Cathy Taylor (Dur) 64:18. **Juniors:** 1. Wilmaré Opperman (Bel) 49:56; 2. Courtney Groener (Bel) 53:38; 3. Nina Basson (Bel) 58:15.

Velskoen 32 km & 10 km

Hartenbos, 6 December

Note: Janet van Veijeren finished 7th overall and René van Zyl 9th in the 32 km. In the 10 km Louise Müller was 9th. – Ed.

32 km**MEN**

1	Selwyn	Losper	Knysna Marathon Klub	44	2:00:39
2	Paulus	Allart	Mosselbaai Harriers	40	2:03:38
3	Hermanus	Jonkerman	Outeniqua Harriers	49	2:19:52
4	Disqualified		Mosselbaai Harriers	30	
5	Darren	Flanagan	Achilles	18	2:30:04
6	Terrence	Zengerink	Nedbank Bloem Achilles	26	2:32:59
7	Martin	Rulphse	Mosselbaai Harriers	46	2:36:54
8	Arnold	Olivier	Strand	50	2:39:45
9	Clarence	Smart	Outeniqua Harriers	38	2:41:44
10	Mike	van Vuuren	Plett A C	45	2:44:03
11	Jan	Zonnestein	Knysna Marathon Klub	45	2:47:29

WOMEN

1	Janet	van Veijeren	Newcastle Harriers	37	2:34:47
2	René	van Zyl	Magnolia	53	2:37:39
3	Lorinde	Olivier	Strand	43	2:39:54
4	Marie	Wolmarans	Nedbank	49	2:42:26
5	Rhona	Zonnestein	Knysna Marathon Klub	46	2:44:20
6	Elize	Klopper	Temp	38	2:48:30
7	Lelané	van der Merwe	Nedbank	35	2:56:56
8	Christa	Smit	Mosselbaai Harriers	41	3:00:12
9	Elanie	de Jongh	Eden	36	3:13:59
10	Carmen	Marx	Hartenbos Drawwers	32	3:14:15

10 km**MEN**

1	Denzil	Bebe	Mosselbaai Harriers	12	37:47
2	Francois	Uithaler	Mosselbaai Harriers	15	38:24
3	Aubrey	Brinkhuis	Outeniqua Harriers	38	39:20
4	Granvill	Hendricks	Nedbank	25	39:35
5	Mihan	Roos	Knysna Marathon Klub	30	39:42
6	Ensley	Geswindt	Mosselbaai Harriers	15	39:43
7	Bradley	Pienaar	Hartenbos Drawwers	17	40:40
8	Jaars	Denzil	Hartenbos Drawwers	16	41:09
9	Marshall	Draay	Mosselbaai Harriers	16	43:23
10	Pieter	Kleinhans	Maties	22	45:48

WOMEN

1	Louise	Müller	Nedbank	17	42:17
2	Annatjie	Botes	Nedbank	50	43:49
3	Hannelie	le Roux	Wingate	40	45:05
4	Olive	Müller	Temp	19	46:00
5	Rea	Oosthuizen	Hartenbos Drawwers	62	46:29
6	Kerry	Roos	Knysna Marathon Klub	30	47:01
7	Elsa	de Villiers	Hartenbos Drawwers	49	49:43
8	Suzaan	Kruger	Outeniqua Harriers	25	49:50
9	Miele	Janse van Vuuren	Temp	17	51:37
10	Nolene	Liebenberg	Mosselbaai Harriers	16	51:44

TRACK**Clive Truter Meeting**

Parow, 15 November

MEN**800:**

M30	Barry Goliath	Easterns	2:18.08
M40	Tobias Philander	Adidas	2:07.48
M40	Paul Rietmann	Celtics	2:29.67
M40	Newton Fortuin	Easterns	2:42.41
M40	Martin Jacobs	Celtics	2:45.21
M45	Eugene Coetzee	Bellville	2:27.41
M50	Willie Myburgh	Bellville	2:23.53
M60	Johan Botha	RWFL	2:45.81

1500:

M40	Tobias Philander	Adidas	4:37.53
M40	Moos Hartnick	Adidas	4:56.80
M40	Paul Rietmann	Celtics	5:21.05
M40	Martin Jacobs	Celtics	5:26.09

5000:

M40	Isaac Opperman	Corr Ser	16:47.76
M40	Francois Laubscher	Edgemead	17:49.64
M40	Peter Bunn	Edgemead	17:49.94
M40	Martin Jacobs	Celtics	20:47.49
M55	Hans Hugo	Helderberg	23:49.56
M65	Peter Donald	West Coa	21:50.95

WOMEN**800:**

W40	Elmarie Coetzee	Adidas	2:32.49
W40	Glynis Rietmann	Celtic	2:47.26
W55	Maryna Vos	Bellville	3:49.89
W65	Christine Williams	Spartans	3:20.61

5000:

W40	Marinelle Tolken	Brackenfell	23:41.83
W45	Annegret Diebold	RWFL	24:14.25

INTERNATIONAL

International results and news with acknowledgement to *Race Results Weekly*, *Athletics International*, *e-Track Newsletter*, *Running USA Wire*, Ken Nakamura, Wim van Hemert, the IAAF and various other websites. South Africans' performances are highlighted in yellow.

ROAD RUNNING**Honolulu Marathon (36th)**

Honolulu, USA, 14 December

(Distance: 42.195 km; certified out and back course. Weather: Heavy rain)

MEN (gun times)

1. Patrick Ivuti, KEN 2:14:35 \$40,000 + 2,000i
2. Stephen Njoroge Kinyanjui, KEN 2:17:41 16,000 + 1,000i
3. Pius Muasa Mutuku, KEN 2:17:51 10,000 + 1,000i

- | | | |
|------------------------------|---------|-------|
| 4. Joseph Mutiso Wambua, KEN | 2:19:38 | 6,000 |
| 5. Jimmy Muindi, KEN | 2:21:43 | 3,000 |

WOMEN

- | | | |
|------------------------------|---------|-------------------|
| 1. Kiyoko Shimahara, JPN | 2:32:36 | \$40,000 + 3,000i |
| 2. Kaori Yoshida, JPN | 2:34:35 | 16,000 + 2,000i |
| 3. Alice Timbilili, KEN | 2:37:31 | 10,000 + 1,000i |
| 4. Olesya Nurgalieva, RUS | 2:39:13 | 6,000 |
| 5. Alevtina Biktimirova, RUS | 2:45:06 | 3,000 |
| 6. Elena Nurgalieva, RUS | 2:48:15 | |

i) Earned time bonus

Silvesterlauf Zürich (32nd)

Zürich, SUI, 14 December

(Distances: Men, 8.8 km; women, 6.3 km)

MEN

- | | |
|------------------------|---------|
| 1. Viktor Röthlin, SUI | 25:20.0 |
| 2. Hosea Tuei, KEN | 25:21.3 |
| 3. Simon Tesfay, ERI | 25:34.6 |

WOMEN

- | | |
|-----------------------------|---------|
| 1. Sabine Fischer, SUI | 20:50.4 |
| 2. Emmily Biwott, KEN | 21:08.0 |
| 3. Maja Neuenschwander, SUI | 21:08.8 |

Course de Noël (40th)

Sion, SUI, 13 December

(Distances: Men, 7.35 km; women, 5.25 km)

MEN (extended times)

- | | |
|--------------------------------|---------|
| 1. Tolossa Chengere, 1983, ETH | 19:52.0 |
| 2. Titus Mbishei, KEN | 19:53.3 |
| 3. Hosea tuei, KEN | 19:58.3 |
| 4. Urgessa Weyessa, 1983, ETH | 20:08.0 |
| 5. Abraham Tadesse, ERI | 20:32.0 |

WOMEN (extended times)

- | | |
|----------------------------|---------|
| 1. Tsige Worku, 1982, ETH | 16:08.9 |
| 2. Derartu Tulu, 1972, ETH | 16:18.6 |
| 3. Eshetu Bayush, ETH? | 16:47.0 |

CROSS-COUNTRY**SPAR European Cross-country Championships** (15th)

Brussels, BEL, 14 December

MEN (10000 m)

Teams: 1. Spain 39; 2. France 49; 3. Great Britain & Northern Ireland 54; 4. Italy 79; 5. Belgium 93; 6. Ukraine 116.

- | | |
|----------------------|-------|
| 1. Sergiy Lebid, UKR | 30:49 |
| 2. Mo Farah, GBR | 30:57 |

3. Mustafa Mohamed, SWE	31:13
4. Ayad Lamdassan, ESP	31:17
5. Pieter Desmet, BEL	31:19
6. Bouabdellah Tahri, FRA	31:21
7. Alemayehu Bezabeh, ESP	31:23
8. Rui Pedro Silva, POR	31:26
9. Michel Butter, NED	31:30
10. Frank Tickner, GBR	31:39

Under 23 MEN (8000 m)

Teams: 1. Great Britain & Northern Ireland 19; 2. Italy 42; 3. France 62; 4. Poland 93; 5. Turkey 112.

1. Andrea Lalli, ITA	24:56
2. Andy Vernon, GBR	25:04
3. Selim Bayrak, TUR	25:17
4. Ben Lindsay, GBR	25:18
5. Benjamin Malaty, FRA	25:18
6. John Beattie, GBR	25:18
7. Keith Gerrard, GBR	25:21
8. Mourad Amdouni, FRA	25:22
9. Martin Dematteis, ITA	25:22
10. Stepan Kiselev, RUS	25:23

Junior MEN (6000 m)

Teams: 1. France 50; 2. Norway 51; 3. Great Britain & Northern Ireland 52; 4. Turkey 79; 5. Spain 89.

1. Florian Carvalho, FRA	18:42
2. Sondre Nordstad Moen, NOR	18:47
3. Hassan Chandi, FRA	18:49
4. Alexander Hahn, GER	18:55
5. David Forrester, GBR	18:58
6. Hasan Pak, TUR	18:58
7. Bruno Albuquerque, POR	19:08
8. Antonio Abadia, ESP	19:11
9. Florian Orth, GER	19:11
10. Sindre Buraas, NOR	19:15

WOMEN (8000 m)

Teams: 1. Portugal 29; 2. Great Britain & Northern Ireland 49; 3. France 78; 4. Netherlands 97; 5. Russia 111.

1. Hilda Kibet, NED	27:45
2. Jessica Augusto, POR	27:54
3. Inês Monteiro, POR	28:02
4. Mary Cullen, IRL	28:04
5. Rosa María Morato, ESP	28:17
6. Adrienne Herzog, NED	28:19
7. Anália Rosa, POR	28:25
8. Hattie Dean, GBR	28:30
9. Louise Damen, GBR	28:33
10. Elena Romagnolo, ITA	28:39
... 12. Gulnara Galkina-Samitova, RUS	28:40

Under 23 WOMEN (6000 m)

Teams: 1. Great Britain & Northern Ireland 24; 2. Russia 44; 3. Germany 57; 4. Ireland 80; 5. Spain 135.

1. Susan Kuijken, NED	21:02
2. Sarah Tunstall, GBR	21:10
3. Yuliya Zarudneva, RUS	21:24
4. Morag Maclarty, GBR	21:24
5. Ancuta Bobocel, ROU	21:43
6. Heike Bienstein, GER	21:43
7. Katherine Sparke, GBR	21:47
8. Tatyana Shutova, RUS	21:49
9. Selien de Schryder, BEL	21:53
10. Linda Byrne, IRL	21:58

Junior WOMEN (4000 m)

Teams: 1. Great Britain & Northern Ireland 10; 2. Ukraine 58; 3. Russia 62; 4. Ireland 77; 5. Germany 89.

1. Stephanie Twell, GBR	13:28
2. Charlotte Purdue, GBR	13:39
3. Lauren Howarth, GBR	13:55
4. Emily Pidgeon, GBR	14:00
5. Emma Pallant, GBR	14:05
6. Laura Park, GBR	14:08
7. Yekaterina Gorbunova, RUS	14:12
8. Marina Gordeyeva, RUS	14:12
9. Sandra Eriksson, FIN	14:12
10. Viktoriya Pohorelska, UKR	14:13

Foot Locker Cross-country Championships (30th)

San Diego, USA, 13 December
(Distance: 5 km)

Note: These are the unofficial US national high school individual championships. In US high schools, freshmen (grade 9) are generally 15 years of age, sophomores (grade 10) are 16, juniors (grade 11) are 17, and seniors (grade 12) are 18 at the conclusion of the school year. The number following the athlete's name is their grade year, NOT their ages. According to *Race Results Weekly*, Solomon Haile, an Ethiopian immigrant who ran in some professional road races before starting his career as a high school athlete as "Solomon Semunguse," won the boys race. In those 2007 races, Solomon was listed as 20 and 21 years old, making him at least three years older than most of the boys running here. In the girl's race, America's top junior middle distance runner, Jordan Hasay, came from way behind and passed defending champion Ashley Brasovan and early leader Allie McLaughlin in the last 400 m to win. – Ed.

BOYS

1. Solomon Haile (12), Northeast, Sherwood H.S., Silver Spring, MD, 15:15
2. Trevor Dunbar (12), West, Kodiak H.S., Kodiak, AK, 15:22
3. Thomas Porter (12), South, Mountain View H.S., Fredericksburg, VA, 15:26

GIRLS

1. Jordan Hasay (12), West, Mission College Prep., Arroyo Grande, CA, 17:22
2. Ashley Brasovan (12), South, Wellington H.S., Wellington, FL, 17:25
3. Megan Goethals (11), Midwest, Rochester H.S., Rochester, MI, 17:30

OUTDOOR TRACK

Zatopek Classic

Melbourne, AUS, 11 December

MEN

10000:

1. David McNeill, VICTORIA 28:03.02
2. Bobby Curtis, USA 28:06.74
3. Michael Shelley, QUEENSLAND 28:08.96

10000:

1. Lara Tamsett, NEW SOUTH WALES 32:56.19 DB
 2. Cassie Fien, QUEENSLAND 34:34.16
 3. Belinda Wimmer, NEW ZEALAND 35:17.16
-

NEWS

GERT THYS DOPING CASE FINALLY CONCLUDES

The Gert Thys drug case, which has been dragging on since 2006, has finally come to an end with the announcement by Athletics South Africa (ASA) on December 11 that Thys's suspension ended on that day after two years and 7½ months. Thys had tested positive for the prohibited substance Norandrosterone at the Seoul International Marathon on 12 March 2006, which he won in 2:10:40, and the case had been characterised by numerous postponements of a hearing and legal wranglings.

In a media release ASA announced that a tribunal chaired by Raymond Hack met on 11 December and "unanimously found that Mr. Gert Thys committed a doping violation and declared Mr Thys ineligible to participate in athletics from 25th April 2006 to the 11th December 2008 (date of tribunal). In terms of the decision Mr Gert Thys will forfeit all income, prizes and benefits derived from his participation in the Seoul Marathon on the 17th [sic] March 2006."

Thys won the Seoul Marathon for the third time in four years in 2006. The previous month he had also won the Beppu-Oita Mainichi Marathon in 2:09:45.

Thys's hearing was postponed several times on legal and procedural counts, but finally took place on Thursday. ASA was represented by Chris Hattingh, who is in charge of all ASA drug testing.

Thys, who during the past two years had steadfastly claimed that he was innocent of taking any drug, was not present and was not represented. He had informed ASA beforehand that he would not attend.

ASA said that it was satisfied with the decision by the tribunal and "that it sends out a strong message to athletes that the use of banned substances will not be tolerated and, even if it takes time, justice will prevail".

Thys will be reinstated as soon as he has complied with the obligatory number of tests that have to be done during an athlete's period of ineligibility/suspension, ASA said. The Seoul result is the only performance invalidated by his suspension.

Now 37, Thys has completed 35 marathons since he debuted over the distance in May 1988. Not counting the Seoul race, he failed to finish eleven of his last 23 marathons. He set the still standing South African record of 2:06:33 in Tokyo in 1999. This was the Japanese all-comers record until last weekend, when Ethiopian Tsegaye Kebede ran 2:06:10 in Fukuoka.

WORLD MARATHON MAJORS REVISES TIE-BREAKER RULES

In the wake of last month's vote by the five race directors of the World Marathon Majors (WMM) events to decide whether Ethiopia's Gete Wami or Germany's Irina Mikitenko would receive the \$500 000 prize for the 2007/2008 points chase, changes will be made to the tie-breaker process.

"These new rules would go into effect with the 2009-2010 Series, set to begin in Boston on April 20, 2009," wrote the Boston Marathon's Marc Chalufour on behalf of the WMM. "The original rules will be used for the current 2008-2009 series."

Under the current and future program, should two athletes be tied on points after the conclusion of a two-year series, the head-to-head records between those athletes shall break the tie. However, should the tie remain unbroken after the head-to-head record is examined -- as it was between Wami and Mikitenko who were 1-1 -- three new tie-breaking tests will be applied:

1. The person who has achieved his or her points in the fewest races.
2. The person who won the most qualifying races during the period.
3. The person with the fastest average time in their scoring races.

In the unlikely event that the two athletes remained tied after these four tests are applied, the race directors will then break the tie with a vote.

The point-scoring system for the WMM will remain unchanged. A first place finish is worth 25 points, while 15, 10, 5 and 1 points will be awarded for second, third, fourth and fifth place finishes, respectively. Athletes may compete in as many WMM events in a two-year cycle as they like, but only their four best finishes will earn points. In addition, athletes must score points in both years of each cycle to be eligible for the overall WMM title.

In the 2007/2008 cycle, Wami and Mikitenko were tied with 65 points at the conclusion of the ING New York City Marathon last month. Wami defeated Mikitenko in Berlin in 2007 and Mikitenko defeated Wami in London in 2008 so, under the present rules, their tie had to be broken by a vote of the race directors. Had the new 2009-2010 rules been in place, Mikitenko would have been awarded the title because she scored her points in the fewest number of races: 3. Wami scored points in four events (she ran a total of six WMM events in two years).

With the 2008/2009 series half-way through, the points leaders are Kenya's Samuel Wanjiru with 40 points and Mikitenko with 50. The series resumes at the Boston Marathon on 20 April.

STATS TIME

We end the year's issues of Stats Time with lists of the world's top twenty men and women in the marathon.

2008 MARATHON: WORLD TOP 20 MEN & WOMEN

MEN

1	2:03:59	Haile Gebrselassie	ETH	1	Real	Berlin	28 Sep
2	2:05:15	Martin Lel	KEN	1	Flora	London	13 Apr
3	2:05:24	Samuel Wanjiru	KEN	2	Flora	London	13 Apr
4	2:05:30	Abderrahim Goumri	MAR	3	Flora	London	13 Apr
5	2:05:36	James Kwambai	KEN	2	Real	Berlin	28 Sep
6	2:05:49	William Kipsang	KEN	1	Fortis	Rotterdam	13 Apr
7	2:06:10	Tsegaye Kebede	ETH	1		Fukuoka	7 Dec
8	2:06:15	Emmanuel Mutai	KEN	4	Flora	London	13 Apr
9	2:06:17	Ryan Hall	USA	5	Flora	London	13 Apr
10	2:06:25	Evans Cheruiyot	KEN	1	LaSalle	Chicago	12 Oct
11	2:06:38	Deribe Merga	ETH	6	Flora	London	13 Apr

12	2:06:50	Moses Arusei	KEN	2		Paris	6 Apr
13	2:06:58	Daniel Rono	KEN	2	Fortis	Rotterdam	13 Apr
14	2:07:16	Isaac Macharia	KEN	2	Stand Chart	Dubai	18 Jan
15	2:07:16	Jaouad Gharib	MAR	2	OG	Beijing	24 Aug
16	2:07:21	Robert Kiprono Cheruiyot	KEN	1	Kleinwort	Frankfurt	26 Oct
17	2:07:23	Viktor Röthlin	SUI	1		Tokyo	17 Feb
18	2:07:23	David Kipkorir	KEN	1	Conergy	Hamburg	29 Apr
19	2:07:24	Hosea Rotich	KEN	3		Paris	6 Apr
20	2:07:32	Sammy Korir	KEN	1		Seoul	16 Mar

WOMEN

1	2:19:19	Irina Mikitenko	GER	1	Real	Berlin	28 Sep
2	2:21:31	Magarsa Assale Tafa	ETH	2	Real	Berlin	28 Sep
3	2:22:38	Zhang Yingying	CHN	1	NC	Xiamen	5 Jan
4	2:22:42	Berhane Adere	ETH	1	Stand Chart	Dubai	18 Jan
5	2:22:53	Galina Bogomolova	RUS	1		Roma	16 Mar
6	2:23:09	Bezunesh Bekele	ETH	2	Stand Chart	Dubai	18 Jan
7	2:23:27	Bai Xue	CHN	2	NC	Xiamen	5 Jan
8	2:23:30	Yoshimi Ozaki	JPN	1		Tokyo	16 Nov
9	2:23:56	Paula Radcliffe	GBR	1	ING	New York	3 Nov
10	2:24:14	Irina Timofeyeva	RUS	1	Conergy	Hamburg	29 Apr
11	2:24:27	Yuri Kano	JPN	2		Tokyo	16 Nov
12	2:24:39	Svetlana Zakharova	RUS	2	Flora	London	13 Apr
13	2:24:40	Dire Tune	ETH	1	Chevron	Houston	13 Jan
14	2:25:01	Hellen Kiprop	KEN	3	Real	Berlin	28 Sep
15	2:25:03	Mara Yamauchi	GBR	3		Tokyo	16 Nov
16	2:25:10	Wei Yanan	CHN	3	NC	Xiamen	5 Jan
17	2:25:12	Lyubov Morgunova	RUS	1	Fortis	Rotterdam	13 Apr
18	2:25:27	Alevtina Biktimirova	RUS	2	BAA	Boston	21 Apr
19	2:25:33	Martha Komu	KEN	1		Paris	6 Apr
20	2:25:34	Tomo Morimoto	JPN	2		Osaka	27 Jan

THIS MONTH IN HISTORY

This weekly column highlights a special race or event from the past that happened in the current month.

10 years ago: 5 December 1998

Luke Kipkosgei (KEN) won the Optus Zatopek Classic 10000 m in Melbourne in a still-standing "world record" for December of 27:22.54. Only the months April-September have seen faster 10000-metre races. Benjamin Maiyo (KEN) was 2nd, also under 28 minutes with a 27:40.34. Lee Troop won the Australian title in 3rd with 28:04.64. Kipkosgei's time was 11th on the world list for 1998. Natalie Harvey won the women's race and the national title with a 32:20.58. Kerryn McCann (AUS), who passed away last week, was 2nd in 32:23.79.

SOUTH AFRICAN ROAD LIST LEADERS FOR 2008

In this section I list the best South African performance this year for each of the age categories over the distances recognised by the IAAF for record purposes. Note that the categories are not closed as is the practice in races, i.e. athletes are included in younger age categories if their times qualify. Changes from the previous list are shown in red. Please send me any amendments. World leaders are shown in the senior category, on a light green background. – Ed.

MEN

Seniors

10 km	28:33a	Lusapho April	East London	12 Oct
	27:22	Moses Masai (KEN)		
15 km	45:44	Tom Lusaseni	Eerste River	28 Jun
	42:17	Ayele Abshiro (ETH)		
21.1 km	62:04	Stephen Mokoka	Port Elizabeth	05 Jul
	59:15	Haile Gebrselassie (ETH)		
	59:15	Deriba Merga (ETH)		
25 km	81:04	Leburu Kgosiemang	Pretoria	10 May
	73:50	Samuel Karuku (KEN)		
30 km	1:29:50	Hendrick Ramaala	London	13 Apr
	1:28:30	Martin Lel (KEN)		
Marathon	2:11:44	Hendrick Ramaala	London	13 Apr
	2:03:59	Haile Gebrselassie (ETH)		
100 km	7:07:46a	Victor Ngubelanga	Port Elizabeth	08 Nov

Veterans

10 km	31:31	Maboyisana Mazwayi	Port Elizabeth	25 Oct
15 km	48:32	John September	Bloubergstrand	05 Jan
21.1 km	67:20	Desmond Zibi	Port Elizabeth	17 May
25 km	88:24	Jackson Seanego	Pretoria	10 May
30 km	1:49:10	Johnny Persents	Parow	02 Mar
Marathon	2:28:09	Lindile Tokota	Mossel Bay	12 Apr
100 km	7:59:59a	Darrell Wicht	Port Elizabeth	08 Nov

Masters

10 km	35:28	Goodman Mpukane	Bellville	31 May
15 km	54:29	Johannes Seakamela	Boksburg	26 Oct
21.1 km	76:03	Samuel Mogudi	Port Elizabeth	05 Jul
25 km	96:25	Jeremiah Ngwenya	Durban	27 Apr
30 km	1:58:13	Zama Witvoet	Camps Bay	13 Jan
Marathon	2:39:29	Samson Mogodi	Durban	10 Feb
100 km	10:40:03a	Wellington Matiso	Port Elizabeth	08 Nov

Grandmasters

10 km	37:47	Tamsanqa Jusayi	Port Elizabeth	23 Aug
15 km	58:50	Albertus Bock	Constantia	08 Mar
21.1 km	83:04	Tamsanqa Jusayi	Jeffreys Bay	05 Jan
25 km	1:57:37	Ken Nurden (70+)	Pretoria	10 May
30 km	2:12:57	Albertus Bock	Parow	02 Mar
Marathon	3:03:36	Paulus Masilela	Cape Town	21 Sep
100 km	11:40:10a	Caspar Greeff (70+)	Port Elizabeth	08 Nov

Juniors

10 km	29:37	Sithyilo Diko	Stellenbosch	30 Aug
15 km	46:53	Zolani Ngqqaqa	Despatch	26 Apr
21.1 km	65:24	Esau Radebe	Port Elizabeth	05 Jul

WOMENSeniors

10 km	33:01	Lebo Phalula	Stellenbosch	30 Aug
	30:57	Irina Mikitenko (GER)		
15 km	54:45	Zintle Xiniwe	Constantia	08 Mar
	46:57	Mestawet Tufa (ETH)		
21.1 km	73:02	Zintle Xiniwe	Port Elizabeth	05 Jul
	67:57	Fyles Ongori (KEN)		
25 km	1:44:09	Michelle Williams	Pretoria	10 May
	1:24:10	Peninah Arusei (KEN)		
30 km	2:05:32	Bulelwa Mtshagi	Parow	02 Mar
	1:44:00	Miho Notagashira (JPN)		
Marathon	2:36:38	Tanith Maxwell	Warsaw	28 Sep
	2:19:19	Irina Mikitenko (GER)		
100 km	8:46:18a	Davera Magson	Port Elizabeth	08 Nov

Veterans (40+)

10 km	36:59	Judy Bird	Pretoria	08 Mar
15 km	58:44	Elmarie Coetzee	Ravensmead	26 Jul
21.1 km	81:35	Maya Lawrie	Durban	25 Apr
25 km	1:55:05	Karen Brooks	Pretoria	10 May
30 km	2:13:05	Renée Scott	Parow	02 Mar
Marathon	2:48:06	Tessa Burrell	Rotterdam	13 Apr
100 km	10:31:16	Arina Cilliers	Cape Town	28 Sep

Masters (50+)

10 km	40:20	Loesje de Beer	Port Elizabeth	26 Jul
15 km	64:34	Nancy Will	Bloubergstrand	05 Jan
21.1 km	90:16	Margie Saunders	Port Elizabeth	17 May
25 km	2:02:21	Wendy Fitzmaurice	Durban	27 Apr
30 km	2:20:42	Annatjie Botes	Beaufort West	17 May
Marathon	3:12:07	Annatjie Botes	Durban	10 Feb
100 km	11:41:18	Marlene Wiese (60+)	Port Elizabeth	08 Nov

Grandmasters (60+)

10 km	42:12	Sonja Laxton	Cape Town	21 Sep
15 km	72:39	Marietha Herbert	Eerste River	28 Jun
21.1 km	95:45	Rea Oosthuizen	Great Brak River	15 Mar
25 km	2:22:35	Olga Smit	Pretoria	10 May
30 km	2:27:07	Veronica van Niekerk	Simon's Town	17 Aug
Marathon	3:27:30	Naome Nxumalo	Durban	10 Feb
100 km	11:41:18	Marlene Wiese	Port Elizabeth	08 Nov

Juniors

10 km	34:11	Nandipha Dywili	Mossel Bay	12 Apr
15 km	57:34	Destiny Titus	Eerste River	28 Jun
21.1 km	81:59	Nandipha Dywili	Port Elizabeth	05 Jul

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