

Distance Running Results

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Distance Running Results (DRR) publishes results of races 800 metres and longer from all over the world with the focus on South African results.

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EDITORIAL

Zola Pieterse, former double world cross-country champion and veteran list leader in the half marathon, finished second in the Mineshaft Half Marathon in Queensburgh this weekend. Pieterse, on a visit from her home in Myrtle Beach, South Carolina, clocked 94:37 to win her age category. (Despite its name, this race is not downhill but a two-lapper, with a huge hill that has to be climbed twice.)

Also in KwaZulu-Natal, one of South Africa's oldest ultramarathons, the Arthur Creswell Memorial over 52 km, was held for the 46th time. This race is point to point and downhill. Kerry Koen dipped under 4 hours to win the women's event.

Unfortunately no results of the SA U.23, Junior and Youth Championships in Germiston were available. Next weekend the senior championships take place; hopefully those results will be available in time for publication.

Internationally, a world list leader was set by Micah Kogo (KEN) when he won the Parelloop 10 km on the super-fast course in Brunssum in 27:15.

In last week's results of the Nongoma Ultramarathon the first woman was Margaret Mahohoma (not Mabopane) of Zimbabwe.

Because I am going away for a few days holiday on Wednesday, next week's DRR will be a bit later than usual.

Riël Hauman

INCLUDED IN THIS ISSUE:

- * Mineshaft Half Marathon, Queensburgh
- * Fordyce Midvaal 50 km & 10 km, Heidelberg
- * N3TC Arthur Creswell Memorial Ultramarathon & Half Marathon, Bergville to Ladysmith
- * Motherwell Freedom 10 km, Port Elizabeth
- * KKNK Half Marathon & 10 km, Oudtshoorn
- * Exxaro 10 km, Pretoria
- * Clover 10 km, Beaufort West
- * Great Brak River Half Marathon & 10 km, Great Brak River

International highlights:

- * Humarathon Half Marathon, Ivry to Vitry-sur-Seine, FRA
- * Carlsbad 5000, Carlsbad, USA
- * Parelloop 10 km, Brunssum, NED

- * Vattenfall Berliner Halbmarathon, Berlin, GER
 - * Hervis Prague Half Marathon, Praha, CZE
 - * Cooper River Bridge Run, Charleston, USA
 - * Track: Trofeo Iberico 10000 m, Pontevedra, ESP
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ROAD RUNNING

Mineshaft Half Marathon

Queensburgh, 3 April

(Distance: 21.1 km; loop course, very hilly)

MEN

1.	Samuel Pazanga	ZIM/Mr Price A C	70:13 R300
2.	Mundarabzi Jari	ZIM/Form One A C	70:32 R200
3.	Lyno Muchelo	Ind	71:15 R100

40-49:

1.	Dumisani Njombo	Nedbank A C	87:58 R150
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50-59:

1.	Maxwell Khoza	Boxer A C	88:56 R100
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60+:

1.	Les Smith	West A C	113:54 R100
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Juniors:

1.	Cade Pillay	W/view A C	96:02 R100
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WOMEN (Same prize money as men)

1.	Loveness Madziva	ZIM/Boxer A C	92:54 (1 st jun)
2.	Zola Pieterse	Bloem Achilles	94:37 (1 st vet)
3.	Julanie Basson	Toyota A C	99:17

40-49:

1.	Zola Pieterse	Bloem Achilles	94:37
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50-59:

1.	Debby de Koning	Eskom Gijimas	108:21
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60+:

1.	Gill Tregenna	West A C	132:56
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Juniors:

1.	Loveness Madziva	ZIM/Boxer A C	92:54
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Fordyce Midvaal 50 km & 10 km

Heidelberg, 3 April

(Hilly loop courses. Finishers: ultra – 700; 10 km – 280.)

50 km

MEN

1 Elias Mabane (Bidvest) 3:15:09 (1st vet); 2 Thapelo Mofokeng (Fit 2000) 3:24:07; 3 Elvis Mazibuko (SPRAC) 3:35:54.

Veterans: 1 Elias Mabane (Bidvest) 3:15:09; 2 Phemello Tsotetsi (Post Office) 3:56:51; 3 Danie de Villiers (Krugersdorp) 3:58:35. **Masters:** 1 Errol Shear (Jeppe) 4:02:19; 2 Gideon Radebe (Sasol) 4:06:51. **G'masters:** 1 Hannes Vermeulen (JHAC) 5:04:35. **G'masters:** 1 Arthur Boyce (Vyebo Striders) 6:08:50.

WOMEN

1 Lesley Train (Nedbank) 4:09:11; 2 Adinda Kruger (Nedbank) 4:09:11; 3 Winia Janse van Rensburg (Tuks) 4:11:01.

Veterans: 1 Vanessa Bowman (Kempton) 4:27:45; 2 Marie Bruwer (Arcelor Mittal) 4:36:07; 3 Josie Leong (Discovery) 4:48:16. **Masters:** 1 Gail Claase (JHAC) 5:04:52; 2 Marina Coetzee (PMK) 5:34:43. **G'masters:** 1 Elaine Greenblatt (Rockies) 5:02:47.

10 km

MEN

1 Givemore Mudzinganyima (Art of Running) 35:33; 2 Molefi Sithole (Temp) 37:44; 3 Thabiso Moeketsi (Emfuleni) 39:10.

Veterans: 1 Sipho Dlamini (GCH) 39:29; 2 Tony Green (BNAC) 59:11. **Masters:** 1 Charles Vilakazi (Kwa Thema) 39:13; 2 Andre Jansen (GS) 41:42. **G'masters:** 1 Gezane Hlongwane (Malamulele) 53:43. **Juniors:** 1 Jabulani Mpila (Anglo) 42:40.

WOMEN

1 Bronwyn Strydom (Boksburg) 52:07; 2 Nina Furness (RAC) 53:33; 3 Almie van Niekerk (Arcelor Mittal) 54:55.

Veterans: 1 Anne Purdon (Heidelberg) 60:00; 2 Bernadette Du Jardin (Alberton) 73:39.

Masters: 1 Alta vd Berg (Running Inn) 54:58; 2 Lynette de Beer (Boksburg) 59:36.

G'masters: 1 Deirdre Larkin (Randburg Harriers) 73:53.

N3TC Arthur Creswell Memorial Ultramarathon (46th) & Half Marathon

Bergville to Ladysmith, 2 April

(Distances: 52 km & 21.1 km; the ultramarathon a point-to-point downhill course, but hilly; the half marathon out and back from the ultra finish venue)

Note: Three of the stalwarts of the race finished for the umpteenth time: Rod Jarvis now has 38 finishes, Lionel de Haas 37 and Barry Varty 36. Liz Chelin leads the women with 22 finishes. – Ed.

Ultramarathon

MEN

1. Professor Mollen	ZIM/Mr Price AC	3:07:44 R5000
2. Mlotshwa Ayanda	Mr Price AC	3:08:15 R3000
3. Herbert Chokera	ZIM/Mr Price AC	3:08:54 R1500
4. Thulani Duma	Estcourt AC	3:12:39
5. Peter Mavura	ZIM/Form One AC	3:16:40

40-49:

1. Richard Dlamini	Mr Price AC	3:18:48 R200
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50-59:

1. Aubrey Watson	New Balance AC	3:53:56 R200
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60+

1. Johan v. Eeden	Harrismith AC	3:53:56 R200
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WOMEN (Same prize money as men)

1. Kerry Koen	Nedbank AC	3:58:41
2. Rabia Filima	ZIM/Form One AC	4:02:18
3. Monica Kativhu	ZIM/Mr Price AC	4:07:57
4. Lindsey v. Aswegen	Toyota AC	4:09:49
5. Sandy Aiken	West AC	4:17:00

40-49:

1. Lindsey v. Aswegen	Toyota AC	4:09:49
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50-59:

1. Heleen Holl	Rustenberg AC	4:32:58
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60+

1. Linda Vivian	Umhultuze AC	5:50:02
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Half marathon**MEN**

1. Sibonelo Duma	Boxer AC	69:33 R1000
2. Samson Tena	ZIM/F1 AC	69:54 R500
3. Sphamande Nyembe	Dannhauser AC	72:24 R300

WOMEN (Same prize money as men)

1. Tanith Maxwell	Boxer AC	79:47
2. Catherine Nyakwishira	ZIM/F1 AC	84:13
3. Cary-Ann Smith	Nedbank AC	85:08

Motherwell Freedom 10 km

Port Elizabeth, 2 April

(Loop course. Finishers: 119.)

Note: This is a new race, held in Motherwell. – Ed.**MEN**

1	George	Ntshiliza	Nedbank RC EP	31	30:12
2	Tom	Lusaseni	Mr Price AC EP	22	30:29
3	Zolani	Ngqaqa	Mr Price AC EP	22	30:35
4	Rodney	Prins	Mr Price AC EP	22	30:40
5	Lungile	Gongqa	Mr Price AC EP	32	30:46
6	Sibusiso	Thu	PEAAC	22	30:54
7	Masande	Mlonyeni	Nedbank RC EP	30	31:15
8	Mphuthumi	Ngedle	Nedbank RC EP	33	31:21
9	Masixole	Dlaku	Mr Price AC EP	32	31:49
10	Mzolisi	Makhandla	Nedbank RC EP	28	31:52
11	Zolani	Mabongo	Mr Price AC EP	24	32:09
12	Khayaletu	Makalima	Mr Price AC EP	27	32:38
13	Sylvester	Honnie	Mr Price AC EP	27	33:24
14	Zandisile	Mpisane	Mr Price AC EP	27	33:51
15	Simphiwe	Ntombana (1 st jun)	Nedbank RC EP	17	34:01
16	Mila	Pasiya	Nedbank RC EP	31	34:22
17	Maboyisana	Mazwayi (1 st vet)	Nedbank RC EP	42	34:31
18	Melikhaya	Frans	Nedbank RC EP	19	34:37
19	Morne	Buis	Nedbank RC EP	18	34:43
20	Emerson	Kayana	Nedbank RC EP	37	34:49

40-44:

1	Maboyisana	Mazwayi	Nedbank RC EP	42	34:31
2	Nkosinathi	Gcakasi	Bluewater Bay	40	35:01
3	Mzukisi	Klaas	Nedbank RC EP	42	35:32

45-49:

1	Mutekile	Rasmeni	Triangle Sports	46	35:14
2	Welcome	Loliwe	Nedbank RC EP	46	36:05
3	Colben	Ngcupe	Nedbank RC EP	47	37:59

50-54:

1	Alfred	Spiers	Elite AC	50	36:33
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2	Efese	Peter	SANDEF EP	50	39:42
3	Christopher	Nyodi	Bluewater Bay	52	43:56
55-59:					
1	Sizinzo	Kama	Achilles AAA	59	39:10
2	Donald	Mancasa	Triangle Sports	57	43:51
3	Mbulelo	Sobikwa	Crusaders AC	56	47:01
60-64:					
1	Thembisile	Ntoni	PEAAC	63	53:42
2	Peter	Eck	Muirite Striders	64	54:16
3	Lawrence	Plum	Nedbank RC EP	60	1:01:08
65-69:					
1	Tamsanqa	Jusayi	Nedbank RC EP	68	40:58
2	Tom	D'arcy	Achilles AAA	65	55:16
3	Jean	Nepgen	Kowie Striders	66	1:24:03
70+:					
1	Gerald	Hoxley	Achilles AAA	70	56:53
Juniors:					
1	Simpfiwe	Ntombana	Nedbank RC EP	17	34:01
2	Melikhaya	Frans	Nedbank RC EP	19	34:37
3	Morne	Buis	Nedbank RC EP	18	34:43
WOMEN					
1	Ntombesintu	Mfunzi	Mr Price AC EP	29	35:32
2	Deliwe	Nyanga	Nedbank RC EP	21	40:06
3	Asanda	Solani	Nedbank RC EP	27	43:47
4	Freedah	Ncube	Nedbank RC EP	28	44:05
5	Grizelda	Pietersen (1 st vet)	Achilles AAA	42	44:44
6	Thabisa	Mayedwa	Nedbank RC EP	24	45:28
7	Candice	Van Rooyen	Bluewater Bay	25	54:31
8	Erika	Bouwer	VW AC	25	58:13
9	Mary	Mangan	Body Concept	34	59:00
10	Ophelia	Edwards	VW AC	32	59:37
11	Petra	Pienaar	Bluewater Bay	47	1:00:05
12	Marlene	Wiese (1 st g'mast)	Kowie Striders	65	1:00:31
13	Amanda	Blignault (1 st mast)	Transnet RE EP	51	1:04:04
14	Ghayroeneesa	Cunningham	X-Cel AC	44	1:05:54
15	Dorothy	Hart (1 st g/g'mast)	PEAAC	73	1:06:59
16	Ayanda	Mji	PEAAC	41	1:07:49
17	Reinet	Steyn	Transnet RE EP	49	1:18:03
18	Debbie	Oelofse	Legacy AC	64	1:24:04
19	Aletta	Fischer	Nedbank RC EP	44	1:33:22
20	Lara	De Wet	Nedbank RC EP	41	1:33:22
40-44:					
1	Grizelda	Pietersen	Achilles AAA	42	44:44
2	Ghayroeneesa	Cunningham	X-Cel AC	44	1:05:54
3	Ayanda	Mji	PEAAC	41	1:07:49
45-49:					
1	Petra	Pienaar	Bluewater Bay	47	1:00:05
2	Reinet	Steyn	Transnet RE EP	49	1:18:03
50-54:					
1	Amanda	Blignault	Transnet RE EP	51	1:04:04
60-64:					
1	Debbie	Oelofse	Legacy AC	64	1:24:04
65-69:					
1	Marlene	Wiese	Kowie Striders	65	1:00:31
70+:					

1 Dorothy Hart PEAAC 73 1:06:59

KKNK Half Marathon & 10 km

Oudtshoorn, 2 April

(Distances: 21.1 km & 10 km)

Half marathon

MEN

1. Vuyo Witbooi	Outeniqua Harriers	1:14:19
2. Mxolisi Fana	Rainbow AC	1:14:49
3. Melikhaya Msizi	Knysna Marathon Club	1:16:00

40-49:

1. Mxolisi Fana	Rainbow AC	1:14:49
2. Joseph Brown	Beaufort West Runners	1:30:55

50-59:

1. Hermanus Jonkerman	Nedbank Running Club	1:25:17
2. Gerrie Coetzee	Hartenbos Drawwers	1:29:25

60+:

1. Plaatjie Cronje	Outeniqua Harriers	1:49:25
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Juniors:

1. Rogan Leckie	Nedbank Running Club	1:31:10
2. Christo Niemand	RWFL – Oudtshoorn	1:35:40

WOMEN

1. Hanlie Stegman	Temp	1:29:34
2. Johanna Raubenheimer	Nedbank Running Club	1:30:15
3. Annatjie Botes	Nedbank Running Club	1:31:22

40-49:

1. Johanna Raubenheimer	Nedbank Running Club	1:30:15
2. Monice Brand	Adidas	1:42:26

50-59:

1. Hanlie Stegman	Temp	1:25:34
2. Annatjie Botes	Nedbank Running Club	1:31:22

60+:

1. Ester Oosthuizen	Hartenbos Drawwers	2:05:00
2. Trisch Begbie	Nedbank Running Club	2:11:04

Juniors:

1. Welandi v.d. Westhuizen	Bellville	2:47:05
2. Louise v.d. Westhuizen	Bellville	n/t

10 km

MEN

1. Gershwill Jacobs	Nedbank Running Club –SWD	33:41
2. Elfonzo Pieterse	Coastline Athletics	35:06
3. Gerald Meniel	Temp	37:09

40-49:

1. Tony Cleophas	Nedbank Running Club	38:20
2. D du Preez	De Rust Striders	n/t

50-59:

1. Frikkie Cronje	Robertson	41:00
2. Christian Pienaar	Hartenbos Drawwers	52:15

60+:

1. Jack v.d. Bergh	Knysna Marathon Klub	59:55
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2. Alf Zehmke	Outeniqua Harriers	1:05:15
Juniors:		
1. Jason Pietersen	Knysna Marathon Club	39:27
2. Dylon Butler	Knysna Marathon Club	40:42
WOMEN		
1. M Chauke	Temp	47:37
2. Katie Muller	Temp	50:32
3. Theresa Arndt	Nedbank Running Club	51:32
40-49:		
1. Sourren Gouws	Swartland	52:50
2. Wilma Smith	Nedbank Running Club	57:14
50-59:		
1. Elmari Coetzee	Swartland	54:55
2. Mariaan Bouwer	Knysna Marathon Klub	56:52
60+:		
1. Lorraine Ziebritz	Outeniqua Harriers	1:05:18
2. Cecile Swiegers	RWFL – Oudtshoorn	1:14:49

Exxaro 10 km

Pretoria, 30 March
(Finishers: 860)

MEN

1 Esau Radebe (Transnet) 32:11; 2 George Mofokeng (Transnet) 32:31; 3 Josua Sabao (ZIM/Mr Price) 32:50.

Veterans: 1 Herman Mulder (New Balance) 39:02. **Masters:** 1 Elias Letlape (Nedbank) 40:21. **G'masters:** 1 Hubert Ribbens (CSIR) 56:18. **G/g'masters:** 1 Neville Muir (Phobians) 84:41. **Juniors:** 1 Henco Schoeman (Temp) 39:53.

WOMEN

1 Louisa Leballo (Ind) 37:28; 2 Catherine Skosana (Transnet) 37:29; 3 Nandipha Dywili (Mr Price) 39:54.

Veterans: 1 Ansie Viljoen (Irene) 44:50. **Masters:** 1 Linda Potgieter (Magnolia) 51:20. **G'masters:** 1 Rita Smit (Runnibg Inn) 68:10. **G/g'masters:** 1 Jeanette Loots (Irene) 83:31.

Clover 10 km

Beaufort West, 26 March

MEN

1	Fredericks, Bernardo	Spoornet	28	34:29
2	Vermeulen, Kenneth	Spoornet	25	38:05
3	Brown, J	Beaufort West Drawwers	41	42:42

WOMEN

1	Kruger, Ané	Beaufort West Drawwers	17	48:18
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Great Brak River Half Marathon & 10 km

Great Brak River, 19 March

(Distances: 21.1 km & 10 km; loop courses. Finishers: half marathon – 123; 10 km – 133.)

Half marathon

MEN

1	Elroy Galant	Itheko	24	1:10:03
2	Lindile Tokota	Nedbank	43	1:11:16
3	Principal Fana	Rainbow	42	1:14:15
4	Melkhaya Mzizi	Knysna MC	27	1:15:33
5	Selwyn Losper	M/b Harriers	46	1:16:13
6	Nic de Beer	Eden AC	37	1:19:40
7	Hermanus Jonkerman	Nedbank	51	1:23:39
8	Henry v.d. Walt	Nedbank	45	1:27:49
9	Alfred Nise	Knysna MC	42	1:30:12
10	Daniel Liebenberg	Outeniqua harriers	41	1:30:34

WOMEN

1	Elize Kloppers	Hartenbos Drawwers	41	1:31:03
2	Annatjie Botes	Nedbank	53	1:33:41
3	Lisl Grobler	Knysna MC	34	1:33:48
4	Marie Wolmarans	Nedbank	51	1:39:09
5	Rome Phillipson	M/b Harriers	29	1:42:09
6	Carmen Maloney	Oudtshoorn MC	39	1:46:16
7	Rea Oosthuizen	Hartenbos Drawwers	64	1:48:23
8	Elzet Oosthuizen	Hartenbos Drawwers	37	1:48:23
9	Carina Muller	M/b Harriers	32	1:49:05
10	Renate Wagener	Beaufort West MC	36	1:50:09

10 km

MEN

1	Julius Korkee	Rainbow	26	32:28
2	Gerome Gelderbloem	M/b Harriers	35	33:18
3	Alfonso Pieterse	Temp	22	33:24
4	Siyabonga Madala	Rainbow	26	34:20
5	John April	RWFL	22	34:33
6	Enslin Geswindt	M/b Harriers	18	35:04
7	Granwille Hendricks	Rainbow	27	36:18
8	Abraham Oktober	M/b Harriers	27	36:20
9	Graham Sass	Knysna MC	41	36:22
10	Slade West	Sedgefield striders	17	36:23

WOMEN

1	Karin v.d. Merwe	Nedbank	26	40:25
2	Kerry Roos	Knysna MC	33	42:00
3	Ané Kruger	Beaufort West MC	17	43:33
4	Lize Cornelius	Hartenbos Drawwers	24	43:57
5	Marica Vorster	Nedbank	17	45:18
6	Elsa de Villiers	Hartenbos Drawwers	51	48:05
7	Christa Smith	Hartenbos Drawwers	43	48:57
8	Tina van Wyk	Nedbank	48	50:22
9	Anel van Wyk	RWFL	31	51:13
10	Andrea Steyls	Nedbank	25	51:52

INTERNATIONAL

International results and news with acknowledgement to *Race Results Weekly*, *Athletics International*, *e-Track Newsletter*, *Running USA Wire*, Ken Nakamura, Wim van Hemert, the IAAF and various other websites. South Africans' performances are highlighted in yellow.

ROAD RUNNING

Humarathon Half Marathon

Ivry to Vitry-sur-Seine, FRA, 3 April
(Distance: 21.1 km; one-loop course)

MEN

1. Dino Sefir, ETH 59:42 PB/CR
2. Tujuba Mergesa Beyu, ETH 59:43 PB
3. Peter Nderitu Muriuki, KEN 1:00:55 PB
4. Evans Kosgei, KEN 1:01:09 PB
5. Lawrence Rotich, KEN 1:01:26 PB

WOMEN

1. Sarah Chepchirchir, KEN 1:08:07 PB/CR
2. Fatuma Sado Dergo, ETH 1:09:02 PB
3. Lucy Macharia, KEN 1:10:04 PB
4. Rose Chelimo, KEN 1:10:39 PB
5. Cynthia Jerotich, KEN 1:11:25 PB

Carlsbad 5000 (26th)

Carlsbad, USA, 3 April
(Distance: 5 km; multi-loop certified course)

ELITE MEN (gun times)

1. Dejen Gebremeskel, 21, ETH 13:11 \$5000
2. Eliud Kipchoge, 26, KEN 13:14 3500
3. Bobby Curtis, 26, Ardmore, PA 13:48 2000
4. Juan Carlos Romero, 33, MEX 13:50 1000
5. Haron Lagat, 27, KEN 13:55 800

ELITE WOMEN (gun times)

1. Aheza Kiros, 28, ETH 15:13 \$5000
2. Pauline Korikwang, 23, KEN 15:14 3500
3. Jen Rhines, 36, Mammoth Lakes, CA 15:37 2000
4. Christin Wurth-Thomas, 30, Springdale, AR 15:56 1000
5. Eloise Wellings, 29, AUS 16:06 800

Parelloop 10 km (23rd)

Brunssum, NED, 3 April
(Two-loop course, flat)

MEN (gun times)

1. Micah Kogo, KEN 27:15 WL € 500
2. Mike Kigen, KEN 27:26 400
3. Mark Kiptoo, KEN 28:13 300
4. Philip Langat, KEN 28:14 PB 200
5. Stanley Salil, KEN 28:24 150

WOMEN (gun times)

1. Irina Mikitenko, GER	32:06	€ 400
2. Elizeba Cherono, KEN	32:45 PB	300
3. Tabitha Wambui Gicha, KEN	33:00	200
4. Naomi Maiyo, KEN	33:52	100
5. Dorcas Talam, KEN	34:25	90

Vattenfall Berliner Halbmarathon (31st)

Berlin, GER, 3 April

(Distance: 21.1 km; certified one loop course)

MEN (gun times)

1. Geoffrey Kipsang, 1992, KEN	1:00:38 DB	€ 3500
2. Eliud Kiplagat, KEN	1:00:52 PB	1750
3. Daniel Chebii, KEN	1:00:56 PB	1200
4. Paul Kipkorir, KEN	1:01:11 PB	900
5. Kiplimo Kimutai, KEN	1:01:16	750
6. Megersa Bacha, ETH	1:01:33 PB	600
7. Joseph Kiptum, KEN	1:01:53	500
8. Simon Kirwa, KEN	1:02:01 PB	400
9. Abraham Chebii, KEN	1:02:31	300
10. Joseph Kiptoo Birech, KEN	1:02:47	200

WOMEN (gun times)

1. Valentine Kipketer, 1993 KEN	1:10:12 PB	€ 3500
2. Fate Tola, 1987, ETH	1:11:40	1750
3. Sonia Samuels, 1979, GBR	1:12:56 PB	1000
4. Andrea Mayr, 1979, AUT	1:13:22	750
5. Agnieszka Gortel, 1977, POL	1:14:57	500

Hervis Prague Half Marathon (13th)

Praha, CZE, 2 April

(Distance: 21.1 km, one loop course)

MEN (gun times)

1. Philemon Limo, KEN	59:30 PB/ACR	€ 2000 + 3000* + 10,000i
[14:05 / 28:06 / 41:56]		
2. Azmeraw Bekele, ETH	1:00:35	1500 + 2000ii
3. Titus Masai, KEN	1:00:40	1000 + 2000ii
4. Henry Chirchir, KEN	1:01:25	800
5. Edward Muge, KEN	1:01:39	600

i) Earned time bonus for sub-60:00

ii) Earned time bonus for sub-61:00

WOMEN

1. Lydia Cheromei, KEN	1:07:33 PB/ACR	€ 2000 + 3000* + 10,000i
[16:14 / 32:05 / 47:50]		
2. Belainesh Gebre, ETH	1:09:17	1500 + 2000ii
3. Rose Kosgei, KEN	1:09:33	1000 + 2000ii
4. Christelle Daunay, FRA	1:11:24	800
5. Joyce Chepkirui, KEN	1:11:24	600

i) Earned time bonus for sub-68:00

ii) Earned time bonus for sub-70:00

Cooper River Bridge Run (34th)

Charleston, USA, 2 April

(Distance: 10 km; certified point-to-point course)

MEN (gun times)

- | | | |
|----------------------------|-------|----------|
| 1. Lelisa Desisa, 21, ETH | 28:59 | \$10,000 |
| 2. Simon Ndirangu, 25, KEN | 29:01 | 3,000 |
| 3. Badu Worku, 23, ETH | 29:15 | 1,500 |

WOMEN

- | | | |
|-----------------------------------|-------|----------------|
| 1. Shewarge Amare, 24, ETH | 33:06 | \$10,000 |
| 2. Janet Cherobon-Bawcom, 31, USA | 33:08 | 3,000 + 3,000a |
| 3. Tigist Tufa, 30, ETH | 34:02 | 1,500 |
| 4. Aziza Aliyu, 26, ETH | 34:29 | 1,000 |
| 5. Catherine Ndereba, 38, KEN | 34:34 | 800 |

TRACK

Trofeo Iberico 10000 m

(Also Spanish 10000 m Championships)

Pontevedra, ESP, 2 April

MEN

- | | |
|-------------------------------|-------------------|
| 1. Vincent Rono, 1990, KEN | 27:52.19 PB/WL |
| [13:54.50 / 13:57.69] | |
| 2. Rui Silva, 1977, POR | 27:53.55 DB |
| 3. Ricardo Serrano, 1980, ESP | 28:42.91 (1st NC) |

WOMEN

- | | |
|--------------------------------|----------------|
| 1. Vivian Cheruiyot, 1983, KEN | 31:07.02 DB/WL |
| [15:37.10 / 15:29.92] | |
| 2. Ana Dulce Félix, 1982, POR | 31:33.42 |
| 3. Grace Momanyi, 1982, KEN | 32:15.06 |

NEWS

PETITION ASKS FOR CHUENE'S RETURN

In what could have been mistaken for an April Fool's joke if it had been published on 1 April, *The Star* reported on 30 March that a petition addressed to the Speaker of Parliament is asking for the immediate reinstatement of disgraced former president of Athletics South Africa Leonard Chuene.

One can only marvel at the audacity of people who are behind a move to bring back someone who brought the sport into disrepute, enriching himself and his cronies in the process, and who exploited his position to manage athletics as if it was his own personal empire.

The newspaper reported that "axed ASA members and other sports administrators" are asking Parliament to nullify the suspensions of Chuene, his board and other office-bearers. They also want the legislature to investigate the processes followed in suspending [the office-bearers] and to set up an investigation into the activities of SASCOC."

The petition was signed by 47 "concerned athletes"; it also asks for the Minister of Sport "to intervene in the 'fracas involving ASA and SASCOC for the sake of sport'". The petition

alleges that the Olympic body had been targeting ASA for years and used "the Semenya debacle" to remove Chuene.

"[The petitioners] say that when SASCOC found no wrongdoing in the Semenya matter, it extended the mandate of its investigation into other issues", according to the report, which also said that the campaign is led by Michael Mbambani of the Mr Price Athletics Club in Port Elizabeth.

The petition also stated that there was an improper relationship between SASCOC and the lottery distribution fund, as the majority of members of the latter are also either SASCOC members or "people directly connected to SASCOC".

RECORD FIELD FOR TWO OCEANS

A record field of close to 23 000 runners are expected to line up for the Old Mutual Two Oceans Marathon on Easter Saturday. The half marathon has attracted the biggest field in the event's history, with just over 14 000 participants lining up (half of them are women). The ultra marathon has attracted just under 9 000 runners.

"The half marathon is the biggest in the country and broke all entry records when we had to close entries in early January, two months ahead of the planned cut-off date. We received 2 000 entries in 36 hours before we closed entries," said Rowyn James, race director.

The trail run has also broken records in terms of entries as all 800 entries were received in under 24 hours. This is the second year the trail run is being held and it is becoming a "must do" event on the calendar.

James added that while the ultra remains the flagship event with all the history behind it, the half marathon and trail runs are definitely where the growth is in terms of women's and novice running, and participants looking for something different to do.

Among the interesting statistics extracted from the entries are the following:

- Eight of last year's top ten men in the 56 km have re-entered. In the women's race seven of the top ten have re-entered. The Nurgalieva twins have confirmed their entries, while the men's defending champion from Lesotho, Mabuthile Lebopo, will be lining up on race day. The increased prize money in the ultra seems to have attracted great interest from top runners, with a large contingent of Ethiopian runners coming to participate.
- Six of last year's top ten men in the half marathon have re-entered and Lusapho April will be back to defend his title. In the women's race, five of last year's top ten have entered, including winner and course record holder René Kalmer. Other names to watch are Helalia Johannes and Irvette van Blerk.
- A total of 1 269 runners, or 5.6% of the total field, will be coming from outside the borders of South Africa, with 77 different countries represented. Among these are 459 participants from the United Kingdom, 275 from Germany and 184 from the USA.
- A total of 69 runners will receive their light blue number for completing 10 half marathons, while 123 runners participating in the shorter race have their light blue number already.
- A total of 208 runners will get their blue number for completing ten ultras; 1 004 runners in the ultra have their blue number already.
- In the ultra field 35% will be doing the race for the first time.
- More than 82% of the runners entered online.
- A total of 38 runners in the half marathon and 42 in the ultra will celebrate their birthday on race day.

WANJIRU OUT OF LONDON MARATHON

Samuel Wanjiru's woes -- which recently included an arrest for threatening his wife and possessing an illegal weapon, and a car accident -- now include the loss of his spring

marathon, reports *Race Results Weekly*. The reigning Olympic and World Marathon Majors champion has been forced to withdraw from the Virgin London Marathon with a knee injury.

"I am bitterly disappointed not to be able to race in London this year," Wanjiru, 24, said through a news release. "Winning the London Marathon in 2009 was one of the great achievements of my career and I was hoping to become the London champion again." He continued: "But I have been suffering some problems with my right knee recently which meant I had to withdraw from the Lisbon Half Marathon. Unfortunately, it has not responded well enough for me to make my final preparations for London."

After winning last October's Bank of America Chicago Marathon in a thrilling sprint finish over Ethiopian Tesfaye Kebede, Wanjiru has faced several difficulties. Last December, he was arrested at his home in Nyahururu and charged with threatening his wife, striking a security guard, and possessing an illegal AK-47 rifle. Wanjiru was released on bail, and his wife later withdrew her charges against him (he still faces the weapons charge, however). Wanjiru was also involved in a car accident last January on the Nairobi-Nyahururu road, rolling his four-wheel-drive vehicle several times trying to avoid an oncoming truck.

Acting quickly, London race director Dave Bedford has added three-time London champion Martin Lel to the field (both athletes are represented by Federico Rosa). Lel, 32, who has a 2:05:15 personal best, won the London race in 2005, 2007 and 2008. Struggling with his own injury problems, Lel hasn't run a marathon since finishing fourth at the Olympic Games in 2008. He has, however, completed several half marathons, winning both the 2009 Lisbon and Great North races and breaking one hour in both events.

The 31st edition of the Virgin London Marathon will be held on 17 April.

STATS TIME

SUB-68 FOR THE HALF MARATHON: CHRONOLOGICAL LIST

Lydia Cheromei (KEN) became the 43rd woman to dip under 68 minutes for the half marathon when she ran a course record 67:33 in Prague on Saturday. South Africa's Elana Meyer was the second. Here is a chronological list of the first twelve sub-68 times; the last column shows the athlete's total number of sub-68 times.

1	1:06:40	Ingrid Kristiansen	NOR	1	Sandness	5 Apr 1987	1
2	1:07:59	Elana Meyer	RSA	1	East London	18 May 1991	7
3	1:07:11	Liz McColgan	GBR	1	Tokyo	26 Jan 1992	2
4	1:07:59	Uta Pippig	GER	1	Kyoto	20 Mar 1994	2
5	1:07:12	Tegla Loroupe	KEN	1	Lisboa	10 Mar 1996	4
6	1:06:43	Masako Chiba	JPN	1	Tokyo	19 Jan 1997	1
7	1:07:50	Catherina McKiernan	IRL	1	Lisboa	15 Mar 1998	1
8	1:06:49	Esther Wanjiru	KEN	2	Tokyo	15 Jan 1999	3
9	1:07:48	Kerryn McCann	AUS	3	Tokyo	19 Jan 2000	1
10	1:06:56	Lornah Kiplagat	NED	1	Den Haag	25 Mar 2000	4
11	1:07:59	Restituta Joseph	TAN	1	Malmo	12 June 2000	1
12	1:07:07	Paula Radcliffe	GBR	1	South Shields	22 Oct 2000	5

THIS MONTH IN HISTORY

This weekly column highlights a special race or event from the past that happened in the current month.

72 years ago: 8 April 1939

In the 1930s the South African marathoning scene was highlighted by the rivalry between Johannes Lodewyk Meyer Coleman and Henry Alfred Gibson – more generally known as Johnny Coleman and Jackie Gibson. Both were selected for the 1938 Empire Games in Sydney, where Coleman ran a brilliant race to win in 2:30:49.8 and Gibson took the bronze medal. But on this day in Krugersdorp Gibson soundly defeated Coleman for the SA

title, winning in 2:35:07, with Arthur Hampton second and Coleman third in 2:45:53. That was Gibson's third and last national title – the next year, in the final race between the two, Coleman turned the tables. Gibson lost his life in an aircraft crash near Durban in 1944 after serving with the SA Air Force in World War II.

SOUTH AFRICAN ROAD LIST LEADERS FOR 2011

This section lists this year's best South African performance for each of the age categories over the distances recognised by the IAAF for record purposes. Note that the categories are not closed as is the practice in SA races, i.e. athletes are included in younger age categories if their times qualify. Changes from the previous list are shown in red. Please send me any amendments. World leaders are shown in the senior category, on a grey background. World records are shown in green. – Ed.

MEN

Open

10 km	29:32	Stephen Mokoka	Pretoria	19 Feb
	27:15	Micah Kogo (KEN)		
	26:44	Leonard Patrick Komon (KEN) 2010		
15 km	44:43	Lusapho April	Jeffreys Bay	08 Jan
	43:35A	Mark Kenneally (IRL)		
	41:13	Leonard Patrick Komon (KEN) 2010		
21.1 km	64:59	Tshidiso Bosiu	Johannesburg	27 Mar
	59:25	Deribe Merga (ETH)		
	58:23	Zersenay Tadese (ERI) 2010		
25 km	79:50	Juan van Deventer	Johannesburg	23 Jan
	71:50	Sammy Kosgei (KEN) 2010		
30 km	1:36:14	Elroy Gelant	Camps Bay	09 Jan
	1:32:08	Jason Lehmkuhle (USA)		
	87:49**	Haile Gebrselassie (ETH) 2009		
Marathon	2:13:21	Lusapho April	George	13 Feb
	2:07:04	Bekana Daba (ETH)		
	2:03:59	Haile Gebrselassie (ETH) 2008		
100 km				
	6:13:33	Takahiro Sunada (JPN) 1998		

**) The ARRS does not recognise records set at intermediate points in a longer race.

Veterans (40+)

10 km	32:15	Piet Mosibedi	Pretoria	05 Feb
	28:51	Paulo Catarino (POR) 2003		
15 km	50:30	Graham Katzen	Constantia	15 Jan
	44:14	Pierre Levisse (FRA) 1992		
21.1 km	70:42	Lindile Tokota	Oudtshoorn	29 Jan
	62:28	John Campbell (NZL) 1990 & Nelson Chirchir (KEN) 1996		
25 km	88:31	Laurance Chipongwa	Durban	20 Mar
	76:49	Martin Mondragon (MEX) 1994		
30 km	1:46:14	Graham Katzen	Camps Bay	09 Jan
	1:35:28	Geraldo Antonio da Silva (BRA) 2002		
Marathon	2:22:07	Elias Mabane	Benoni	30 Jan
	2:08:46	Andres Espinosa (MEX) 2003		
100 km				
	6:18:24	Mario Ardemagni (ITA) 2004		

Masters (50+)

10 km	35:18	Meshack Motla	Hartebeespoort	19 Mar
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	[32:10	Vladimir Kotov	Cape Town	02 Mar]
	30:35	Tecwyn Davies (GBR) 1988		
15 km	53:11	Johannes Seakamela	Alberton	13 Mar
	[50:03	Vladimir Kotov (BLR)	Constantia	12 Mar]
	47:52	Titus Mamabolo (RSA) 1991		
21.1 km	72:24	Charles Vilakazi	Johannesburg	27 Mar
	[73:54	Vladimir Kotov (BLR)	Tokai	05 Feb]
	66:42	Martin Rees (GBR) 2003		
25 km	1:47:20	A. Watson	Johannesburg	23 Jan
30 km	1:58:23	Raymond Howard	Camps Bay	09 Jan
Marathon	2:40:32	Stuart McColl	George	13 Feb
	[2:30:24	Vladimir Kotov (BLR)	George	13 Feb]
	2:19:29	Titus Mamabolo (RSA) 1991		
100 km				

Grandmasters (60+)

10 km	38:47	Mike du Bruto	Pretoria	26 Feb
15 km	59:28	Jimmy Morris	Constantia	12 Mar
21.1 km	86:45	Mike du Bruto	Pretoria	05 Feb
25 km	1:48:44	Michael Langa	Durban	20 Mar
30 km	2:10:29	Jimmy Morris	Camps Bay	09 Jan
Marathon	3:13:44	Don Charles	George	13 Feb
100 km				

Juniors

10 km	30:18	Unathi Nteta	Cape Town	02 Mar
	27:52	Richard Chelimo (KEN) 1990		
15 km	48:50	Lufumba Sakila	Constantia	12 Mar
	42:25	Moses Mosop (KEN) 2004		
21.1 km	72:30	Philani Ngcobo	Pietermaritzburg	27 Feb
	59:16	Samuel Wanjiru (KEN) 2005		

WOMEN

Open

10 km	34:30	Zintle Xiniwe	Cape Town	02 Mar
	32:06	Irina Mikiitenko (GER)		
	30:21	Paula Radcliffe (GBR) 2003		
15 km	53:48	René Kalmer	Alberton	13 Mar
	49:58A	Janet Cherobon (USA)		
	46:28	Tirunesh Dibaba (ETH) 2009		
21.1 km	70:56A	Irvette van Blerk	New York	20 Mar
	74:53	Tanith Maxwell	Reading	20 Mar
	69:58	Belainesh Zemedken Gebre (ETH)		
	66:25	Lornah Kiplagat (KEN) 2007		
25 km	95:17	René Kalmer	Johannesburg	23 Jan
	79:53	Mary Keitany (KEN) 2010		
30 km	2:04:22	Joanna Thomas	Camps Bay	09 Jan
	1:46:27	Hiromi Ominami (JPN)		
	1:38:49	Mizuki Noguchi (JPN) 2005		
Marathon	2:44:44	Charné Bosman	George	13 Feb
	2:22:45	Aselefech Mergia (ETH)		
	2:15:25	Paula Radcliffe (GBR) 2003		
100 km				
	6:33:11	Tomoe Abe (JPN) 2000		

Veterans (40+)

10 km	39:33	Linley Holmes	Rondebosch	19 Mar
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	32:14	Priscilla Welch (GBR) 1985		
15 km	57:51	Joanna Thomas	Constantia	12 Mar
	49:35	Priscilla Welch (GBR) 1985		
21.1 km	87:12	Zola Pieterse	Melbourne	06 Feb
	69:56	Irina Permitina (RUS) 2009		
25 km	1:49:34A	Frith van der Merwe	Somerset East	19 Mar
	1:49:49	Grace de Oliveira	Durban	20 Mar
	82:13	Mizuki Noguchi (JPN) 2005		
30 km	2:04:22	Joanna Thomas	Camps Bay	09 Jan
	1:51:37	Mieke Pullen (NED) 2001		
Marathon	2:53:24A	Joanna Thomas	Oudtshoorn	26 Feb
	2:54:53	Joanna Thomas	George	13 Feb
	2:26:51	Priscilla Welch (GBR) 1987		
100 km	7:00:27	Normi Sakurai (JPN) 2007		
<u>Masters (50+)</u>				
10 km	42:42	Annatjie Botes	George	05 Mar
	34:44	Tatyana Pozdniakova (UKR) 2005		
15 km	67:09	Bev Charters	Constantia	12 Mar
	54:33	Shirley Matson (USA) 1991		
21.1 km	93:18	Annatjies Botes	Oudtshoorn	29 Jan
	76:07	Tatyana Pozdniakova (UKR) 2006		
25 km	2:11:41	Jenny Scott	Durban	20 Mar
30 km	2:25:56	Miranda Ward	Worcester	12 Mar
Marathon	3:10:48	Annatjie Botes	George	13 Feb
	2:31:05	Tatyana Pozdniakova (UKR) 2005		
100 km				
<u>Grandmasters (60+)</u>				
10 km	49:15	Marietha Herbert	Cape Town	02 Mar
15 km	69:11	Liz Ruickbie	Johannesburg	27 Feb
21.1 km	1:42:46	Veronica van Niekerk	Brandvlei	05 Feb
25 km	2:43:02	Hazel Quilliam	Johannesburg	23 Jan
30 km	2:30:15	Veronica van Niekerk	Worcester	12 Mar
Marathon	3:41:01	Veronica van Niekerk	George	13 Feb
100 km				
<u>Juniors</u>				
10 km	43:02	Martha Lötter	Cape Town	02 Mar
	31:42	Zola Pieterse (RSA) 1984		
15 km	68:36	Jeanni Seymour	Johannesburg	09 Jan
	49:40	Ines Chenonge (KEN) 2001		
21.1 km	1:45:37	Sbongile Lushaba	Pietermaritzburg	27 Feb
	1:09:05	Delilah Asiago (KEN) 1991		

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