

Distance Running Results

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Distance Running Results (DRR) publishes results of races 800 metres and longer from all over the world with the focus on South African results.

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EDITORIAL

Lusapho April yesterday reached the summit of his career so far with a flawless tactical performance in the ING New York City Marathon. April, who earlier this year set a personal best and course record 2:08:32 when he won the Hannover Marathon for the second time,



Lusapho April on his way to third place in New York yesterday. [NYC Marathon]

April's major international successes so far in his career are his victories in Hannover in 2011 and 2013. He won the SA Marathon in 2011 and has twice been Old Mutual Two Oceans half-marathon champion. His career has been

The first three women in New York: Buzunesh Deba, Priscah Jeptoo and Jelena Prokopcuka. [Chris Lotsbom/ Race Results Weekly]

ran with the leaders from the start, rubbing shoulders with, among others, defending champion Geoffrey Mutai, the fastest marathoner in history, London Marathon champion Tsegaye Kebede, Olympic and world champion Stephen Kiprotich, and 2012 Boston Marathon winner Wesley Korir.

At the finish line in Central Park only Mutai and Kebede, who passed April near the finish when he was suffering from cramp, were ahead of his 2:09:45. In difficult conditions Mutai won in 2:08:24, with Kebede second in 2:09:16. April went through halfway in 65:07.

For the third time in history Kenya won both the men's and women's titles, with Priscah Jeptoo erasing a deficit that at one stage was almost 3½ minutes to triumph in 2:25:07. She passed Buzunesh Deba, who had been leading from the start, with 2.5 miles remaining. With this Jeptoo also won the World Marathon Majors title and its \$500 000 prize.

April (31) secured the highest position by a South African in any of the World Marathon Majors races since Hendrick Ramaala placed third in New York in 2007. Two South Africans have won the race – Ramaala in 2004 and Willie Mtolo in 1992.

April's



astutely managed by coach Karen Zimmerman since he was the first junior in the SA Half Marathon in 2001 and his patience, dedication and tenacity make him a role model for many young South Africans who tend to search for instant gratification in their careers.

In New York Mutai decided to shake up the lead pack in the 20th mile. He explained his decision to *Race Results Weekly*: "I think that was a good area because there was not so much wind. [At the start, a steady wind of 17 mph was recorded.] So when I was deciding to go, I was feeling okay, the wind was not there. For me, I was not looking to say I've tried to leave anyone, but I was focusing at the end."

"When I start moving, I don't care if you come or if you stay back because I say, if you come, you come and we go together, or leave me and go," Mutai said. "So for me, I am focused. I don't look back. I'm only going to [go] my way."

Behind Mutai, things got very interesting. Though Stanley Biwott had gone with Mutai along Fifth Avenue, the move proved costly and he would fade from second to fifth in the final kilometres. But Kebede was moving up in the field. The tiny Ethiopian, who was in fifth at mile 23, managed to pass Julius Arile, Biwott, and April to finish second, securing the World Marathon Majors title and a \$500 000 bonus.

Locally, Lindikhaya Mthangayi successfully defended his title in the Landmarks Half Marathon in Cape Town yesterday. Unfortunately a marshalling error led to the first approximately thirty runners to go off course. Gert Thys ran his second race on consecutive days; he also competed in the Elsies River 10 km on Saturday, where he clocked an excellent 31:01. Ursula Frans went one better – she took part in the Timber City Orchard Half Marathon the previous day, so ran two half marathons in two days.

Sad news from the Landmarks race is that well-known Bellville committee member Noel Wessels collapsed near the finish and passed away.

There were a couple of mistakes in last week's issue. Natalia Volgina's time in the Old Mutual Two Oceans was 3:38:38 and not 2:38:38. Candyce Hall's time in the First Ascent Forest Fifteen was 67:05 and not 57:05. The heading for Stats Time said, correctly, that it was a list of the top ten men in the marathon, but the intro stated it was the top ten male veterans.

With the late publication of *Race Results Weekly* this week, only results of the New York City and Joon Ang Seoul International marathons are included; we will catch up with the rest of the international news next week.

□ As I was finishing this issue, news came of the death of six-time SA marathon record holder Ferdie le Grange, the first runner to record a sub-2:20:00 marathon on the continent of Africa. An obituary will be included next week.

Riël Hauman

INCLUDED IN THIS ISSUE:

- * Landmarks Half Marathon, Rondebosch
- * Edgewood 10 km, Pinetown
- * Rudamans Kaapsehoop Marathon & Half Marathon, Kaapsehoop to Nelspruit
- * Super D 10 km, Port Elizabeth
- * Elsies River 10 km, Elsies River
- * Timber City Orchard Half Marathon & 10 km, Pniel
- * Old Mutual 10 km, Pinelands

International highlights:

- * ING New York City Marathon, New York, USA
 - * Joon Ang Seoul International Marathon, Seoul, KOR
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ROAD RUNNING**Landmarks Half Marathon**

Rondebosch, 3 November

(Distance: 21.1 km; certified hilly loop course. Weather: warm. Finishers: 1730.)

Note: According to reports received by DRR, the first approx. thirty men did not run the correct route. Their times are therefore not acceptable. The women (as well as the grandmaster men) ran the correct course. – Ed.

MEN

1. Lindikhaya Mthangayi (Itheko) 66:22
2. Lungile Gongqa (Cheetahs) 66:49
3. Anthony Godongwana (Trans) 69:12
4. Bernard Rukadza (ZIM/NBMC) 69:15
5. Vakalisa Kopolo (Khay) 71:29

40-44: 1. Gert Thys (MP) 72:37; 2. Graham Katzen (Itheko) 74:43; 3. Xolile Macanda (Gugs) 75:55. **45-49:** 1. Johnny Persents (WR) 87:23; 2. Sydney Rustin (SANDF) 88:51; 3. Derrick Oehley (Harf) 89:38. **50-54:** 1. Chris Mitchell (Celtic) 79:52; 2. Zolani Ntsodo (SANDF) 85:50; 3. Zama Witvoet (Gugs) 86:17. **55-59:** 1. Goodman Mpukane (Gugs) 88:00; 2. Raymond Howard (Celtic) 89:27; 3. Robert Arnold (Top) 91:10. **60-64:** 1. Ivan Marais (Ned) 1:44:09; 2. Brian Merryweather (Edge) 1:51:05; 3. D. Fitzgerald (RAC) 1:53:33. **65-69:** 1. Jimmy Morris (Forest) 1:34:00; 2. A.N. Other 1:52:22; 3. Roger Davis (Celtic) 1:55:57. **70+:** 1. Denzil Bartwell (FH) 1:58:49; 2. Ken Andrews (Celtic) 2:13:30; 3. Caspar Greeff (AAC) 2:13:58. **Juniors:** 1. Babalo Hambi (Itheko) 1:17:26; 2. Deauwin Jaftha (Sanlam) 1:26:31; 3. Taariq Petersen (ARD) 1:52:22.

WOMEN

1. Bulelwa Simae (Ned) 85:33
2. Zintle Xiniwe (Ind) 87:22
3. Candyce Hall (Ned) 90:17
4. Ursula Frans (Celtic) 93:16
5. Candice Davison (Harf) 93:34

40-44: 1. Ursula Frans (Celtic) 1:33:16; 2. Janet Adam (Harf) 1:39:50; 3. Marietjie de Vries (Strand) 1:49:48. **45-49:** 1. Angelique Rabie (Pine) 1:41:49; 2. Karen Jennings (VOB) 1:44:34; 3. Aneen Koch (VOB) 1:51:08. **50-54:** 1. Viv Williams (ATC) 1:38:39; 2. Elizabeth Bax (Pine) 1:43:50; 3. Jacky Adam (FH) 1:49:19. **55-59:** 1. Olga Howard (Celtic) 1:41:04; 2. Bev Charters (VOB) 1:43:56; 3. Lindsay Jackson (VOB) 1:57:33. **60-64:** 1. Brenda Nooy (RAC) 1:54:35; 2. Helen du Plessis (Tyger) 1:59:57. **65-69:** 1. Pixie Sparg (Celtic) 1:57:45; 2. Marietha Herbert (Bell) 2:01:15; 3. Avril Delapelin Dumont (WC) 2:28:03. **70+:** 1. Jean Cammidge (FH) 2:17:46; Heather Cooke (Pine) 2:29:24; 3. Hilda Gonda (RWFL) 2:26:16. **Juniors:** 1. Leigh Barrow (UCT) 1:41:00; 2. Courtney Groener (Bell) 1:57:51; 3. Hanna Hishin (FH) 2:19:55.

Edgewood 10 km (2nd)

Pinetown, 3 November

(Finishers: 362)

MEN

1.	Siyabonga Nkonde	Boxer AC	30:50 (R1000)
2.	Elmore Sibanda	ZIM/Maxed Elite	31:03 (R700)
3.	Mangaile Khotoane	Phatane AC	31:45 (R500)

(Prize money in all age categories except juniors were the same: R150, R100, R75.)

40-49:

1.	Andries Notunu	Nedbank AC	36:06
2.	Thembinkosi Gumede	Boxer AC	36:18
3.	Michael Ndlovu	Mafakzele AC	38:18

50-59:

1.	Willie Majambozi	Boxer AC	38:49
2.	Fred Mhlono	Zabalaza AC	44:46
3.	Norman Bowker	QBH	45:57

60+:

1.	Linday Rogerson	Riverside Harr	48:21
2.	Robin Archer	QBH	51:16
3.	Piet Vorster	PDAC	51:52

Juniors:

1.	Aphelele Phungela	Umzumkulu AC	33:19 (R200)
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WOMEN (Same prize money as men)

1.	Slindile Chili	Spar/Chest AC	39:18 (1 st jun)
2.	Makhosi Mhlono	Savages AC	39:41
3.	Gabela Linokuhle	Muden AC	40:51

40-49:

1.	Janene Carey	Boxer AC	41:09
2.	Michelle Sim	Escom AC	47:01
3.	Fiona Baldwin	PDAC	47:21

50-59:

1.	Janine Engels	PDAC	50:27
2.	Sheree Kirsten	West AC	53:42
3.	Nombulelo Mbhele	Nedbank AC	60:01

60+:

1.	Pat Fisher	Stella AC	57:00
2.	Denise Reynecke	QBH	61:23
3.	Gill Tregenna	West AC	63:07

Juniors:

1.	Slindile Chili	Spar C/ville AC	39:18
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Rudamans Kaapsehoop Marathon & Half Marathon

Kaapsehoop to Nelspruit, 2 November

(Distances: 42.195 km & 21.1 km; point-to-point, severely downhill courses. Finishers: marathon – 1375; half marathon – 720; also 600 in 10 km.)

Marathon**MEN**

1. Samuel Seun Moleshioa (Midack) 2:18:18
2. Sipho Ncube (ZIM/Toy) 2:21:45 (1st vet)
3. Surprise Makofane (Sam) 2:24:33
4. Elias Mabane (Ned) 2:29:02

5. Thapelo Lesenyane (SB) 2:29:31

Veterans: 1. Sipho Ncube (ZIM/Toy) 2:21:45; 2. Elias Mabane (Ned) 2:29:02; 3. Thomas Mthimuni (Ned) 2:34:57. **Masters:** 1. Phinias Magashule (Polok) 2:53:23; 2. Philemon Moailola (More) 2:56:17; 3. Craig Cooke-Tonneson (Jeppe) 2:59:40. **G'masters:** 1. Dave Gear (Lego) 3:30:07.

WOMEN

1. Jennifer Koech (KEN/Ned) 2:38:39 CR & PB
2. Winile Mnisi (SWZ/ME) 3:01:18
3. Carien Visser (Tuks) 3:01:55 (1st vet)
4. Judy Bird (Break) 3:08:18 (1st mast)
5. Naidene Breytenbach (Irene) 3:11:38

Veterans: 1. Carien Visser (Tuks) 3:01:55; 2. Heleen v.d. Walt-Nicholl (Mom) 3:13:54; 3. Louise Goosen (Kempton) 3:34:03. **Masters:** 1. Judy Bird (Break) 3:08:18; 2. Ansa Strydom (Over) 3:28:32; 3. Thembeke Ketsekile (Ukhozi) 3:40:40. **G'masters:** 1. René Hawkrige (HQB) 4:15:12.

Half marathon

MEN

1. Abednico Mashaba (BtW) 64:40 CR
2. Amos Thanjekwayo (Midack) 66:21
3. Tebogo Pulusa (Polok) 67:49

Veterans: 1. Jabulani Bilankulu (GG) 85:57; 2. Johannes Ratsela (Zwak) 89:40. **Masters:** 1. Gideon Radebe (Anglo) 87:45; 2. Frank da Ascencao (Boks) 95:00. **G'masters:** 1. Machiel van Niekerk (Mag) 94:40. **G/g'masters:** 1. Ken Poole (Jeppe) 1:40:12. **Juniors:** 1. Professor Mthetwa (Barb) 75:45; 2. Arno van Heerden (Nel) 83:53; 3. Lean du Plessis (Irene) 2:17:05.

WOMEN

1. Naomi Nel (Ind) 85:07
2. Cindy-Ann Esterhuizen (RWFL) 95:14
3. Ansie Breytenbach (Irene) 97:01 (1st vet)

Veterans: 1. Ansie Breytenbach (Irene) 97:01; 2. Belinda Hickman-Mosdell (HQB) 1:40:17. **Masters:** 1. Alison Hay (Nel) 97:24; 2. Natalie Sanders (Four) 1:40:21. **G'masters:** 1. Ina Wheatley (PMMC) 1:59:36. **G/g'masters:** 1. Dot van Heerden (Fit2000) 2:56:30.

Super D 10 km

Port Elizabeth, 2 November
(Finishers: 260)

MEN

1	Melikhaya	Frans	Nedbank RC EP	21	31:40
2	Anele	Maliza	Nedbank RC EP	35	31:45
3	Sandile	Ngunuza	Nedbank RC EP	30	33:31
4	Masibulele	Heugh (1 st jun)	Motherwell AC	19	34:35
5	Sizakele	Dayimani	Kowie Striders	33	35:46
6	Desmond	Zibi (1 st mast)	Ikhamva AC	50	36:50
7	Thembekile	Msipa	Charlo AC	39	36:54
8	John	Rafani (1 st vet)	Nedbank RC EP	46	37:12
9	Michael	Bekapi	Maxed Elite EP	52	37:42
10	Mongezi	Mboya	PEAAC	36	39:23

11	Samkelo	Sinyongo	Nedbank RC EP	32	39:46
12	Lewis	Skade	Transnet Eng EP	35	39:51
13	Martin	Jansen	Nedbank RC EP	45	39:55
14	Neil	De Meillon	Nedbank RC EP	50	40:02
15	Donal	Iremonger	IRL	42	40:12
16	Bolly	Jekana	Nedbank RC EP	46	40:28
17	Juan	Cordier	Despatch AC	28	40:47
18	Mtuthuzeli	Pikoli	Temp	39	41:21
19	Ncedo	Benya	Transnet Eng EP	36	41:50
20	Elvis	Ndzima	Temp	44	41:56

40-44:

1	Donal	Iremonger	IRL	42	40:12
2	Elvis	Ndzima	Temp	44	41:56
3	Rudi	Van Tonder	Elite AC	41	46:00

45-49:

1	John	Rafani	Nedbank RC EP	46	37:12
2	Martin	Jansen	Nedbank RC EP	45	39:55
3	Bolly	Jekana	Nedbank RC EP	46	40:28

50-54:

1	Desmond	Zibi	Ikhamba AC	50	36:50
2	Michael	Bekapi	Maxed Elite EP	52	37:42
3	Neil	De Meillon	Nedbank RC EP	50	40:02

55-59:

1	Disemba	Blou	Warriors AC	55	45:41
2	Jan	Van Eeden	Nedbank RC EP	55	48:39
3	Peter	Van Rensburg	Elite AC	55	49:48

60-64:

1	Hannes	Els	Madiba Bay AC	63	44:04
2	Lance	Shortt	PEAAC	62	57:05
3	Barry	Nelson	Legacy AC	62	58:29

65-69:

1	Syd	Lippstreu	Crusaders AC	65	48:02
2	David	O'Rielly	Nedbank RC EP	65	52:33
3	Fred	Verrall	Temp	65	55:18

Juniors:

1	Masibulele	Heugh	Motherwell AC	19	34:35
2	Jonguxolo	Mani	Absa NMMU AC	19	45:01
3	Dale	Scholtz	Temp	15	58:07

WOMEN

1	Natalie	Ross	Rhodes University	23	40:44
2	Adri	Wessels	Temp	37	41:51
3	Celeste	Swart (1 st vet)	Nedbank RC EP	44	42:48
4	Asanda	Solani	Nedbank RC EP	30	43:44
5	Terray	Newcombe	Elite AC	22	46:42
6	Megan	Wilson (1 st jun)	Charlo AC	18	46:53
7	Janette	Schierz-Crusius (1 st mast)	Body Concept	53	47:29
8	Carla	Petzer	Absa NMMU AC	18	47:42
9	Babalwa	Ngcoko	Temp	26	49:33
10	Star	Douglas	Temp	37	49:34
11	Leandra	Oosthuizen	Body Concept	27	50:21
12	Sunelle	Horne	Bluewater Bay	39	51:00
13	Bronwen	Perry	Crusaders AC	31	51:52
14	Annelize	Shergold-Smith	Bluewater Bay	32	51:56
15	Claire	Nagel	Elite AC	49	51:57
16	Jeanette	Van Tonder	Temp	31	53:43

17	Rosemary	Joubert	Crusaders AC	53	53:47
18	Helen	John	Temp	39	54:13
19	Nikki	Strooh	Walmer AC	37	54:13
20	Toegeda	Vyver	Nedbank RC EP	41	54:56
40-44:					
1	Celeste	Swart	Nedbank RC EP	44	42:48
2	Toegeda	Vyver	Nedbank RC EP	41	54:56
3	Rene	Jachens	Nedbank RC EP	41	55:03
45-49:					
1	Claire	Nagel	Elite AC	49	51:57
2	Lana	Bruyns	Elite AC	45	56:48
3	Charlene	De Coning	Crusaders AC	49	58:50
50-54:					
1	Janette	Schierz-Crusius	Body Concept	53	47:29
2	Rosemary	Joubert	Crusaders AC	53	53:47
3	Miemsie	Swanepoel	Elite AC	52	57:24
55-59:					
1	Gerrie	Dimitriou	Crusaders AC	57	1:02:33
2	Marcelle	Harran	Body Concept	59	1:07:07
3	Stephanie	Hay	Walmer AC	57	1:08:51
60-64:					
1	Jos	Els	Madiba Bay AC	61	57:17
2	Helene	Oppel	Crusaders AC	63	1:02:02
3	Rina	Barnard	Elite AC	60	1:24:20
65-69:					
1	Jeanette	Pienaar	PEAAC	65	1:06:44
2	Edna	Potgieter	Legacy AC	67	1:13:08
3	Debbie	Oelofse	Legacy AC	67	1:33:25
75-79:					
1	Dorothy	Hart	Charlo AC	75	1:12:17
Juniors:					
1	Megan	Wilson	Charlo AC	18	46:53
2	Carla	Petzer	Absa NMMU AC	18	47:42
3	Kimberley	Wilson	Charlo AC	18	55:25

Elsies River 10 km

Elsies River, 2 November

(Certified loop course, flat but with many turns. Weather: warm, no wind. Finishers: 535)

MEN

1. Siboniso Soldaka (CPUT) 30:49
2. Duane Fortuin (Bid) 30:54
3. Gert Thys (MP) 31:01

Veterans: 1. Gert Thys (MP) 31:01; 2. Shawn Abrahams (Itheko) 33:23; 3. Xolile Macanda (Gugs) 34:24. **Masters:** 1. Zolani Ntsodo (SANDF) 37:02; 2. Gerald Sullivan (Durb) 38:30; 3. Kevin Isaacs (Top) 39:05. **G'masters:** 1. Barry Bester (Durb) 40:45; 2. Paul San Giorgio (VOB) 45:19; 3. Dicky Cloet (SANDF) 46:09. **Juniors:** 1. Du-wayne Philander (UWC) 32:57; 2. Siyanda Mbande (Gugs) 33:40; 3. Lee-Roy Lawrence (ATC) 33:51.

WOMEN

1. Hanlie Jordaan (UWC) 40:14
2. Sandra van Graan (Edge) 40:49 (1st vet)
3. Nthuseng Lolwana (VOB) 41:11 (1st jun)

Veterans: 1. Sandra van Graan (Edge) 40:49; 2. Chantel Simpson (Ned) 43:20; 3. Tanya Kapp (NBMC) 46:09. **Masters:** 1. Lorraine Rogers (Durb) 46:26; 2. Charmaine Cupido (Ned) 48:44; 3. Cynthia Booysen (Gugs) 51:33. **G'masters:** 1. Helen du Plessis (Tyger) 50:30; 2. Marietha Herbert (Bell) 52:48; 3. Jackie Greyling (Brack) 68:56. **Juniors:** 1. Nthuseng Lolwana (VOB) 41:11; 2. Nocwaka Mthetho (VOB) 43:35; 3. Nomaxesibe Ngcantsi (VOB) 46:35.

Timber City Orchard Half Marathon & 10 km

Pniel, 2 November

(Distances: 21.1 km & 10 km; loop courses)

Half marathon

MEN

1. Andries Pongwana	Nedbank Boland	1:08:23
2. Hein Camphor	NBMC	1:09:14
3. Dicardo Jacobs	Nedbank Boland	1:09:22

WOMEN

1. Nomvuyisi Seti	Itheko	1:30:48
2. Ursula Turck	Strand	1:32:23 (1 st vet)
3. Ursula Frans	Celtics	1:33:48

10 km

MEN

1. Unathi Nteta	AAC	33:25
2. Tsungai Mwanengeni	ZIM/NBMC	33:30
3. Luyanda Qolo	EGA	33:33

WOMEN

1. Bulelwa Mtshagi	Celtics	43:35
2. Sheryl de Lange	NBMC	45:20 (1 st vet)
3. Mariëtte Strauss	Tygerberg	45:30 (1 st mast)

Old Mutual 10 km (21st)

Pinelands, 30 October

(Certified loop course with many turns. Weather: cool, with rain. Finishers: 1685.)

MEN

1. Sibusiso Madikizela (Manoni) 30:33 (R600)
2. Mthandazo Qhina (Ned) 30:44 (R400)
3. Hein Camphor (NBMC) 30:47 (R300)

Veterans: 1. Graham Katzen (Itheko) 32:01 (R300); 2. Xolile Macanda (Gugs) 33:10 (R250); 3. Patrick Ketelo (Itheko) 34:33 (R150). **Masters:** 1. Chris Mitchell (Celtic) 36:49 (R250); 2. Ludwig Lillie (Durb) 36:56 (R200); 3. Zolani Ntsodo (SANDF) 37:06 (R150). **G'masters:** 1. Albert Williams (Top) 43:33 (R200); 2. Paul San Giorgio (VOB) 45:12 (R150). **Juniors:** 1. Granwin Katzen (Itheko) 32:00 (R350); 2. Lukhanyo Nobakada (VOB) 32:13 (R250); 3. Babalo Hambi (Itheko) 32:21 (R200).

WOMEN (Same prize money as men)

1. Tanith Maxwell (Boxer) 35:27
2. Khanya Mateyisi (Khay) 35:50
3. Nomvuyisi Seti (Itheko) 37:40
4. Zintle Xiniwe (ME) 37:50

Veterans: 1. Sandra van Graan (Edge) 40:35; 2. Chantel Simpson (Ned) 42:27; 3. Sheeryl de Lange (NBMC) 42:30. **Masters:** 1. Mariëtte Strauss (Tyger) 42:06; 2. Olga Howard (Celtic) 44:49; 3. Elizabeth Bax (Pine) 45:25. **G'masters:** 1. Pixie Sparg (Celtic) 51:02; 2. Helen du Plessis (Tyger) 51:30. **Juniors:** 1. Busisiwe Gwala (VOB) 38:16; 2. Pamela Moyikwa (VOB) 39:07; 3. Clarièce Slingers (Itheko) 39:21.

INTERNATIONAL

International results and news with acknowledgement to *Race Results Weekly*, *Athletics International*, *e-Track Newsletter*, *Running USA Wire*, Ken Nakamura, Wim van Hemert, the IAAF and various other websites. South Africans' performances are highlighted in yellow.

ROAD RUNNING

ING New York City Marathon (43rd)

New York, USA, 3 November

(Distance: 42.195 km; certified, point-to-point, challenging course with 5.5 m total elevation loss [negligible])

Note: More detailed results will be published next week. – Ed.

MEN (gun times)

1	Geoffrey Mutai	KEN	2:08:24
2	Tsegaye Kebede	ETH	2:09:16
3	Lusapho April	RSA	2:09:45
4	Julius Arile	KEN	2:10:03
5	Stanley Biwott	KEN	2:10:41
6	Masato Imai	JPN	2:10:45
7	Jackson Kiprop	UGA	2:10:56
8	Peter Cheruiyot Kirui	KEN	2:11:23
9	Wesley Korir	KEN	2:11:34
10	Daniele Meucci	ITA	2:12:03
11	Yuki Kawauchi	JPN	2:12:29
12	Stephen Kiprotich	UGA	2:13:05
13	Ryan Vail	USA	2:13:23
14	Jeffrey Eggleston	USA	2:16:35
15	Bob Tahri	FRA	2:18:16
16	Khalid En Guady	MAR	2:22:03
17	Radoslaw Dudycz	POL	2:22:07
18	Jovadir Acedo	BRA	2:22:34
19	Tesfaye Assefa Dube	ETH	2:22:38
20	Christian Thompson	USA	2:22:48
21	Danilo Goffi	ITA	2:23:22
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23	Meb Keflezighi	USA	2:23:47

WOMEN

1	Priscah Jeptoo	KEN	2:25:07
2	Buzunesh Deba	ETH	2:25:56
3	Jelena Prokopchuk	LAT	2:27:47
4	Christelle Daunay	FRA	2:28:14
5	Valeria Straneo	ITA	2:28:22
6	Kim Smith	NZL	2:28:49
7	Sabrina Mockenhaupt	GER	2:29:10
8	Tigist Tufa Demisse	ETH	2:29:24
9	Edna Kiplagat	KEN	2:30:04

10	Diane Nukuri-Johnson	BDI	2:30:09
11	Risa Shigetomo	JPN	2:31:54
12	Lisa Stublic	CRO	2:34:49
13	Adriana Nelson	USA	2:35:05
14	Firehiwot Dado	ETH	2:38:06
15	Katie Dicamillo	USA	2:40:03
16	Aziza Aliyu	ETH	2:40:27
17	Vera Nunes	POR	2:41:05
18	Mattie Suver	USA	2:41:18
19	Yolanda Caballero	COL	2:41:23
20	Amy Hastings	USA	2:42:50

Joon Ang Seoul International Marathon (15th)

(IAAF Silver Label Road Race)

Seoul, KOR, 3 November

(Distance: 42.195 km)

Note: James Kwambai got his third win in a row, running just 35 seconds slower than the course record of 2:05:50 he set last year. – Ed.

MEN

1. James Kipsang Kwambai, KEN 2:06:25 USD 70,000
2. Mark Korir, KEN 2:07:08 DB 30,000
3. Mustapha El Aziz, MAR 2:07:55 PB 15,000
4. Jason Mbote, KEN 2:09:48 10,000
5. Jacob Kendagor Kipleting, KEN 2:11:18 5000

WOMEN

1. Park Ho-Sun, KOR 2:31:32
2. Lee Sook-Jung, KOR 2:33:36

NEWS

COMRADES ELECTS NEW BOARD

Veteran *Distance Running Results* correspondent in KZN, Alen Hattingh, has been elected onto the Board of the Comrades Marathon Association (CMA).

The main function of the Board is to formulate the strategic policies of the organisation and ensure the sustainability of the race.

The Board members elected for the new term of office are: Macdonald Chitja, Dave Dixon, Peter Proctor, Cheryl Winn, Celi Makhoba, Jeff Minnaar, Adrian Stowell, Terrence Hoskins, and Alen Hattingh.

The Chairperson and Vice-chairperson will be elected at the Board meeting on 12 November. At the same meeting two more members may be co-opted at the discretion of the Board.

□ DRR congratulates Hattingh, who is its longest-serving correspondent and a stalwart of KZN athletics.

OBITUARY: ALBIE THOMAS

One of Australia's top distance stars of the fifties and sixties, Albert "Albie" Thomas, passed away in the last week of October after a long illness. Thomas represented Australia at three Olympic Games (1956, 1960, 1964) and two Commonwealth Games (1958, 1962). At the

1956 Melbourne Games he was 5th in the 5000 m in 14:05.03. In Rome he was 11th in the 5000 m in 14:20.88. In Tokyo he was 11th in his heat of the 5000 m in 14:27.8.

At the 1958 Commonwealth Games Thomas finished 2nd in the 3 miles in 13:24.37 and 3rd in the mile in 4:02.77. In 1962 he was 5th in both the mile (4:11.19) and 3 miles (13:40.64).

Thomas set two world records in 1958, 8:32.0 for 2 miles and 13:10.8 for 3 miles, both in Dublin. In the former race he beat Herb Elliott. He was also a four-time national champion at 3 miles and 1 mile.

In 2013 he was awarded an Order of Australia Medal. Thomas was born on 8 February 1935 and died on 27 October 2013. [Paul Jenes]

STATS TIME

This week we include a list of the top ten women in the marathon. As the list is extracted directly from my database, it may not yet include performances shown in results elsewhere in this issue, or in the last issue.

2013 MARATHON: TOP 10 WOMEN

2:31:26	Irvette van Zyl	10	London	21 Apr
2:37:06A	Mapaseka Makhanya	1	Johannesburg	08 Sep
2:37:15A	René Kalmer	17	Boston	15 Apr
2:39:37	Cornelia Joubert	1	Mon Choisy	23 Jun
2:43:23	Kim Laxton	2	Cape Town	22 Sep
2:46:13	Joubert-2	1	Oudtshoorn	03 Feb
2:47:25	Laxton-2	2	Oudtshoorn	03 Feb
2:48:21	Charné Bosman	1	Johannesburg	10 Feb
2:48:22	Mpho Mabuza	3	Mon Choisy	23 Jun
2:48:35	Melanie van Rooyen	3	Oudtshoorn	03 Feb
2:49:22	Carey-Ann Smith	3	Cape Town	22 Sep
2:49:38	Suzette Botha	4	Oudtshoorn	03 Feb

THIS MONTH IN HISTORY

27 years ago: 2 November 1986

"Everyone just takes it for granted that I will win," said Grete Waitz (pictured) after her eighth New York City Marathon triumph (and fifth in succession, in 2:28:06). The Norwegian legend easily won the race in front of more than 20 000 runners – the largest ever for a US marathon. Waitz would win once more, in 1988. The men's race saw an Italian win for the third time in a row as Gianni Poli outran Commonwealth champion Rob de Castella and defending champion Orlando Pizzolato. The marathon was held for the 43rd time yesterday; Waitz died in 2011.



SOUTH AFRICAN ROAD LIST LEADERS FOR 2013

This section lists the best South African performance for each of the age categories over the distances recognised by the IAAF for record purposes. Note that the categories are not closed, i.e. athletes are included in younger age categories if their times qualify. Changes from the previous list are shown in red. Please send me any amendments. World leaders

are shown in the senior category, on a grey background. World records are shown in green.
– Ed.

MEN

Open

10 km	28:12	Stephen Mokoka	Manchester	26 May
	27:32A	Isiah Koech (KEN)		
	26:44	Leonard Patrick Komon (KEN) 2010		
15 km	44:30	Lusapho April	Port Elizabeth	02 Mar
	43:36	Samuel Kori (KEN)		
	41:13	Leonard Patrick Komon (KEN) 2010		
21.1 km	62:45	Stephen Mokoka	East London	21 Sep
	58:41A	Bernard Koech (KEN)		
	58:23	Zersenay Tadesse (ERI) 2010		
25 km	78:45	Lucky Mohale	Pretoria	04 May
	73:34	Richard Kiprotich (KEN)		
	71:50	Sammy Kosgei (KEN) 2010		
	71:18p	Dennis Kipruto Kimetto (KEN)		
30 km	1:34:30	Nkosinathi Madyo	Camps Bay	06 Jan
	1:29:31	Yuki Kawauchi (JPN)		
	87:49**	Haile Gebrselassie (ETH) 2009		
Marathon	2:08:32	Lusapho April	Hannover	05 May
	2:03:23	Wilson Kipsang (KEN)		
	2:03:38	Patrick Makau (KEN) 2011		
	2:03:23p	Wilson Kipsang (KEN) 2013		
100 km	8:04:11	Khaya Fokwana	Cape Town	28 Sep
	6:13:33	Takahiro Sunada (JPN) 1998		

**) The ARRS does not recognise records set at intermediate points in a longer race.

Veterans (40+)

10 km	30:33	Gert Thys	Durban	19 May
	28:51	Paulo Catarino (POR) 2003		
15 km	48:30	Graham Katzen	Duynefontein	23 Feb
	44:14	Pierre Levisse (FRA) 1992		
21.1 km	67:06	Gert Thys	Cape Town	13 Oct
	62:28	John Campbell (NZL) 1990 & Nelson Chirchir (KEN) 1996		
25 km	88:25	Elias Mabane	Pretoria	04 May
	76:49	Martin Mondragon (MEX) 1994		
30 km	1:48:35	Graham Katzen	Camps Bay	06 Jan
	1:35:28	Geraldo Antonio da Silva (BRA) 2002		
Marathon	2:21:40	Hendrick Ramaala	Mumbai	20 Jan
	2:08:46	Andres Espinosa (MEX) 2003		
100 km	10:05:05	Keith Reynolds	Cape Town	28 Sep
	6:18:24	Mario Ardemagni (ITA) 2004		

Masters (50+)

10 km	33:31	Reform Ndlovu	Durban	19 May
	[33:28	Vladimir Kotov (BLR)	Athlone	09 Feb]
	30:35	Tecwyn Davies (GBR) 1988		
15 km	51:26	Eric Coetzee	Constantia	09 Mar
	[50:54	Vladimir Kotov (BLR)	Constantia	09 Mar]
	47:52	Titus Mamabolo (RSA) 1991		
21.1 km	74:41	Desmond Zibi	East London	21 Sep
	66:42	Martin Rees (GBR) 2003		
25 km	1:46:22	Philemon Mailola	Pretoria	04 May
	1:41:07A	Nicholas Dlamini	Pinetown	27 Jan

30 km	1:54:25	Eric Coetzee	Parow	16 Mar
Marathon	[1:52:06	Vladimir Kotov (BLR)	Camps Bay	06 Jan]
	2:40:26	Reform Ndlovu	Oudtshoorn	03 Feb
	[2:34:33	Vladimir Kotov	Oudtshoorn	03 Feb]
	2:19:29	Titus Mamabolo (RSA) 1991		
100 km	11:35:38	Scott McIvor	Cape Town	28 Sep

Grandmasters (60+)

10 km	37:59	Clive Owen	Goodwood	02 Mar
15 km	59:03	Clive Owen	Mamre	15 Jun
21.1 km	85:03	Awie Veldsman	Cape Town	13 Oct
25 km	1:54:16	Aubrey Watson	Pretoria	04 May
30 km	2:28:52	Harold Dixon	Camps Bay	06 Jan
Marathon	3:01:59	Cornet Matomane	Mossel Bay	28 Sep
100 km				

Juniors

10 km	30:14	Tumisang Monatlala	Durban	19 May
	27:52	Richard Chelimo (KEN) 1990		
15 km	48:56	Masibulele Heugh	Jeffreys Bay	05 Jan
	42:25	Moses Mosop (KEN) 2004		
21.1 km	70:17	Masibulele Heugh	Port Elizabeth	29 Jun
	59:16	Samuel Wanjiru (KEN) 2005		

WOMEN

Open

10 km	32:49	Mapaseka Makhanya	Durban	23 Jun
	30:30	Tirunesh Dibaba (ETH)		
	30:21	Paula Radcliffe (GBR) 2003		
15 km	51:11	René Kalmer	Germiston	07 Apr
	48:48	Sara-Isabel Moreira (POR)		
	46:28	Tirunesh Dibaba (ETH) 2009		
21.1 km	74:25	Irvette van Zyl	Lisbon	24 Mar
	65:45A	Priscilla Cheptoo (KEN)		
	65:50	Mary Keitany (KEN) 2011		
25 km	1:32:18	Tanith Maxwell	Berlin	05 May
	1:21:35	Lucy Kabuu (KEN)		
	79:53	Mary Keitany (KEN) 2010		
30 km	1:58:12	Kim Laxton	Parow	16 Mar
	1:43:46	Yuko Mizuguchi (JPN)		
	1:38:49	Mizuki Noguchi (JPN) 2005		
Marathon	2:31:26	Irvette van Zyl	London	21 Apr
	2:19:57	Rita Jeptoo (KEN)		
	2:15:25	Paula Radcliffe (GBR) 2003		
100 km	10:38:40	Megan Goliath	Cape Town	28 Sep
	6:33:11	Tomoe Abe (JPN) 2000		

Veterans (40+)

10 km	36:17	Janene Carey	Hammarisdale	28 Jul
	32:14	Priscilla Welch (GBR) 1985		
15 km	58:21	Zola Pieterse	Durbanville	23 Jan
	49:35	Priscilla Welch (GBR) 1985		
21.1 km	80:40	Suzette Botha	Pietermaritzburg	24 Feb
	69:56	Irina Permitina (RUS) 2009		
25 km	1:56:17	Vanessa Bowman	Pretoria	04 May
	1:46:01A	Janine Carey	Pinetown	27 Jan
	82:13	Mizuki Noguchi (JPN) 2005		

30 km	2:11:30	Elmarie Coetzee	Camps Bay	06 Jan
	1:51:37	Mieke Pullen (NED) 2001		
Marathon	2:49:38	Suzette Botha	Oudtshoorn	03 Feb
	2:26:51	Priscilla Welch (GBR) 1987		
100 km	12:32:07	Lisa Janse v. Rensburg	Cape Town	28 Sep
	7:00:27	Normi Sakurai (JPN) 2007		

Masters (50+)

10 km	39:47	Judy Bird	Durban	19 May
	34:44	Tatyana Pozdniakova (UKR) 2005		
15 km	61:12	Judy Bird	Constantia	09 Mar
	54:33	Shirley Matson (USA) 1991		
21.1 km	88:01	Jane Mudau	Benoni	14 Apr
	76:07	Tatyana Pozdniakova (UKR) 2006		
25 km	2:06:48	Ansa Strydom	Brits	05 Oct
	1:55:20A	Janette Schierz-Crusius	Somerset East	23 Feb
30 km	2:24:05	Olga Howard	Camps Bay	06 Jan
Marathon	3:14:43	Jane Mudau	Pretoria	23 Feb
	2:31:05	Tatyana Pozdniakova (UKR) 2005		
100 km	12:32:07	Lisa Janse v. Rensburg	Cape Town	28 Sep

Grandmasters (60+)

10 km	44:30	Sonja Laxton	Pretoria	31 Aug
15 km	67:26	Sonja Laxton	Brakpan	28 Apr
21.1 km	1:44:55	Liz Ruickbie	East London	21 Sep
25 km	2:21:00	Elaine Greenblatt	Brits	05 Oct
30 km	2:40:44	Veronica van Niekerk	Parow	16 Mar
Marathon	3:46:17	Veronica van Niekerk	Oudtshoorn	03 Feb
100 km				

Juniors

10 km	36:35	Annie Bothma	Cape Town	13 Oct
	31:42	Zola Pieterse (RSA) 1984		
15 km	56:41	Annie Bothma	Eersterivier	22 Jun
	49:40	Ines Chenonge (KEN) 2001		
21.1 km	86:01	Slindile Chili	Richards Bay	30 Jun
	1:09:05	Delilah Asiago (KEN) 1991		

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