

Distance Running Results

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Distance Running Results (DRR) publishes results of races 800 metres and longer from all over the world with the focus on South African results.

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ROAD RUNNING

European Championships Men's Marathon (21st)

Zürich, SUI, 17 August

(Distance: 42.195 km; certified course with one flat 2.195 km loop and four 10 km loops with 44 m of climbing and descending in each loop)

(gun times)

- | | | | |
|------------------------------|-----------------------|----|--------|
| 1. Daniele Meucci, ITA | 2:11:08 | PB | Gold |
| [1:05:34 / 1:05:14] | | | |
| 2. Yared Shegumo, POL | 2:12:09 | | Silver |
| [1:05:34 / 1:06:35] | | | |
| 3. Aleksey Reunkov, RUS | 2:12:15 | | Bronze |
| [1:05:35 / 1:06:40] | | | |
| 4. Javier Guerra, ESP | 2:12:32 | | |
| 5. Viktor Röthlin, 1974, SUI | 2:13:07 | | |
| 6. Abdellatif Meftah, FRA | 2:13:16 | | |
| 7. Ruggero Pertile, ITA | 2:14:18 | | |
| 8. Andre Pollmächer, GER | 2:14:51 | | |
| 9. Tadesse Abraham, SUI | 2:15:05 | | |
| 10. Ricardo Ribas, POR | 2:15:43 | | |
| Marcin Chabowski, POL | DNF (1:48:50 at 35-K) | | |

European Championships Women's Marathon (9th)

Zürich, SUI, 16 August

(Distance: 42.195 km; certified course with one flat 2.195 km loop and four 10 km loops with 44 m of climbing and descending in each loop. Low point was 407 m and the high point was 451 m.)

(gun times)

- | | | | |
|-----------------------------------|---------|----|--------|
| 1. Christelle Daunay, 1974, FRA | 2:25:14 | CR | Gold |
| [1:12:33 / 1:12:41] | | | |
| 2. Valeria Straneo, ITA | 2:25:27 | | Silver |
| [1:12:33 / 1:12:54] | | | |
| 3. Jessica Augusto, POR | 2:25:41 | | Bronze |
| [1:12:50 / 1:12:51] | | | |
| 4. Lisa Nemeč, CRO | 2:28:36 | | |
| 5. Elvan Abeylegesse, TUR | 2:29:46 | | |
| 6. Anna Incerti, ITA | 2:29:58 | | |
| 7. Rasa Drazdauskaite, LTU | 2:30:32 | | |
| 8. Jessica Draskau-Petersson, DEN | 2:30:53 | | PB |

9. Maja Neuenschwander, SUI 2:31:08
 10. Fionnuala Britton, IRL 2:31:46 DB



Left: The act that got Mahiedine Mekhissi-Benabbad disqualified in the dramatic steeplechase in Zürich.
 Right: Three days later he made amends by winning the 1500 m in an upset over defending champion Henrik Ingebrigtsen (with dark glasses). [Jane Monti/Race Results Weekly]

TRACK

European Championships (22nd) Zürich, SUI, 12-17 August

MEN

800 (15):

- | | | |
|-------------------------------------|-------------|--------|
| 1. Adam KSZCZOT, POL, 1989 | 1:44.15 SB | Gold |
| 2. Artur KUCIAPSKI, POL, 1993 | 1:44.89 PB | Silver |
| 3. Mark ENGLISH, IRL, 1993 | 1:45.03 SB= | Bronze |
| 4. Andreas BUBE, DEN, 1987 | 1:45.21 SB | |
| 5. Marcin LEWANDOWSKI, POL, 1987 | 1:45.78 | |
| 6. Amel TUKA, BIH, 1991 | 1:46.12 NR | |
| 7. Jozef REPCÍK, SVK, 1986 | 1:46.29 SB | |
| 8. Pierre-Ambroise BOSSE, FRA, 1992 | 1:46.55 | |

1500 (17):

- | | | |
|---|------------|--------|
| 1. Mahiedine MEKHISSI-BENABBAD, FRA, 1985 | 3:45.60 | Gold |
| 2. Henrik INGEBRIGTSEN, NOR, 1991 | 3:46.10 | Silver |
| 3. Chris O'HARE, GBR, 1990 | 3:46.18 | Bronze |
| 4. Paul ROBINSON, IRL, 1991 | 3:46.35 | |
| 5. Homiyu TESFAYE, GER, 1993 | 3:46.46 | |
| 6. David BUSTOS, ESP, 1990 | 3:46.92 | |
| 7. Timo BENITZ, GER, 1991 | 3:47.26 | |
| 8. Tarik MOUKRIME, BEL, 1992 | 3:47.33 | |
| Ciaran O'LIONÁIRD, IRL, 1988 | DNF (fell) | |

5000 (17):

- | | | |
|-------------------------------|----------|--------|
| 1. Mo FARAH, GBR, 1983 | 14:05.82 | Gold |
| 2. Hayle IBRAHIMOV, AZE, 1990 | 14:08.32 | Silver |
| 3. Andy VERNON, GBR, 1986 | 14:09.48 | Bronze |

4. Richard RINGER, GER, 1989	14:10.92
5. Roberto ALAIZ, ESP, 1990	14:11.47
6. Bouabdellah TAHRI, FRA, 1978	14:11.62
7. Arne GABIUS, GER, 1981	14:11.84
8. Antonio ABADÍA, ESP, 1990	14:11.89

10000 (13):

1. Mo FARAH, GBR, 1983	28:08.11	Gold
2. Andy VERNON, GBR, 1986	28:08.66	Silver
3. Ali KAYA, TUR, 1994	28:08.72	PB Bronze
4. Polat Kemboi ARIKAN, TUR, 1990	28:11.11	
5. Bashir ABDI, BEL, 1989	28:13.61	
6. Daniele MEUCCI, ITA, 1985	28:19.79	
7. Bouabdellah TAHRI, FRA, 1978	28:25.03	
8. Stefano LA ROSA, ITA, 1985	28:49.99	

3000 s/chase (14):

Note: In probably the most dramatic moments of the meeting, France's Mahiedine Mekhissi-Benabbad pulled off his vest rounding the final curve on his way to a dominant victory, put it in his mouth, cleared the last barrier and won going away in 8:25.30. He first received a yellow card from officials for unsportsmanlike conduct, but then the Spanish team protested and the Frenchman was disqualified under IAAF rules 143.1 ("athletes shall participate in the uniform clothing approved by their national governing body") and 143.7 (athlete bibs "shall be worn visibly on the breast and back"). – Ed.

1. Yoann KOWAL, FRA, 1987	8:26.66	Gold
2. Krystian ZALEWSKI, POL, 1989	8:27.11	Silver
3. Ángel MULLERA, ESP, 1984	8:29.16	SB Bronze
4. Sebastián MARTOS, ESP, 1989	8:30.08	
5. Ivan LUKYANOV, RUS, 1981	8:32.50	
6. Jukka KESKISALO, FIN, 1981	8:32.70	
7. Steffen ULICZKA, GER, 1984	8:32.99	
8. Tarik Langat AKDAG, TUR, 1988	8:33.13	
Mahiedine MEKHISSI-BENABBAD, FRA, 1985 DQ (R 143.1 &.143.7)		

WOMEN

800 (16):

1. Maryna ARZAMASOVA, BLR, 1987	1:58.15	PB Gold
2. Lynsey SHARP, GBR, 1990	1:58.80	PB Silver
3. Joanna JÓZWIK, POL, 1991	1:59.63	PB Bronze
4. Yekaterina POISTOGOVA, RUS, 1991	1:59.69	
5. Svetlana ROGOZINA, RUS, 1992	2:00.76	
6. Vania STAMBOLOVA, BUL, 1983	2:00.91	PB
7. Jessica JUDD, GBR, 1995	2:01.65	
8. Mirela LAVRIC, ROU, 1991	2:09.25	

1500 (15):

1. Sifan HASSAN, NED, 1993	4:04.18	Gold
2. Abeba AREGAWI, SWE, 1990	4:05.08	Silver
3. Laura WEIGHTMAN, GBR, 1991	4:06.32	Bronze
4. Renata PLIS, POL, 1985	4:06.65	
5. Federica DEL BUONO, ITA, 1994	4:07.49	PB
6. Hannah ENGLAND, GBR, 1987	4:07.80	
7. Anna SHCHAGINA, RUS, 1991	4:08.05	
8. Diana SUJEW, GER, 1990	4:08.63	
9. Ingvill MÅKESTAD BOVIM, NOR, 1981	4:08.85	

5000 (16):

1. Meraf BAHTA, SWE, 1989	15:31.39	Gold
2. Sifan HASSAN, NED, 1993	15:31.79	Silver
3. Susan KUIJKEN, NED, 1986	15:32.82	Bronze
4. Yelena KOROBKINA, RUS, 1990	15:32.89	
5. Nuria FERNÁNDEZ, ESP, 1976	15:35.59	
6. Sara MOREIRA, POR, 1985	15:38.13	
7. Jo PAVEY, GBR, 1973	15:38.41	
8. Giulia VIOLA, ITA, 1991	15:38.76	PB

10000 (12):

Note: Great Britain's 40-year-old Jo Pavey became the oldest ever women's European Championships gold medallist in any discipline, holding off France's Clemence Calvin on the last lap. "I just can't believe I've come away with a gold at this age," said a delighted Pavey. – Ed.

1. Jo PAVEY, GBR, 1973	32:22.39	Gold
2. Clémence CALVIN, FRA, 1990	32:23.58	Silver
3. Laila TRABY, FRA, 1979	32:26.03	PB Bronze
4. Jip VASTENBURG, NED, 1994	32:27.37	NUR
5. Sara MOREIRA, POR, 1985	32:30.12	
6. Sabrina MOCKENHAUPT, GER, 1980	32:30.49	
7. Volha MAZURONAK, BLR, 1989	32:31.15	PB
8. Fionnuala BRITTON, IRL, 1984	32:32.45	SB
... 11. Jelena PROKOPCUKA, LAT, 1976	32:34.03	SB
12. Ana Dulce FÉLIX, POR, 1982	32:35.90	

3000 s/chase (17):

1. Antje MÖLDNER-SCHMIDT, GER, 1984	9:29.43	SB Gold
2. Charlotta FOUGBERG, SWE, 1985	9:30.16	Silver
3. Diana MARTÍN, ESP, 1981	9:30.70	PB Bronze
4. Sviatlana KUDZELICH, BLR, 1987	9:30.99	PB
5. Gesa-Felicitas KRAUSE, GER, 1992	9:35.46	SB
6. Natalya VLASOVA, RUS, 1988	9:36.99	
7. Katarzyna KOWALSKA, POL, 1985	9:43.09	
8. Silvia DANEKOVA, BUL, 1983	9:44.81	
... 12. Cristina CASANDRA, ROU, 1977	9:55.42	

African Championships (19th)

Marrakech, MAR, 10-14 August

MEN

800 (12):

1. Nijel AMOS, BOT	1:48.54	GOLD
2. Mohammed AMAN, ETH	1:48.74	SILVER
3. Taoufik MAKHLOUFI, ALG	1:49.08	BRONZE
4. Ferguson CHERUIYOT, KEN	1:49.10	
5. Evans KIPKORIR, KEN	1:49.47	
6. Alberto MAMBA, MOZ	1:49.63	
7. Antoine GAKEME, BDI	1:49.74	
8. Amine ELMANAQUI, MAR	1:49.93	

1500 (14):

1. Ayanleh SOULEIMAAN, DJI	3:42.49	GOLD
2. Asbel KIPROP, KEN	3:42.58	SILVER
3. Ronald KIPKEMBOI, KEN	3:42.59	BRONZE

4. Mekonnen GEBREMEDHIN, ETH 3:42.65
5. James MAGUT, KEN 3:43.82
6. Yassine BENSGHIR, MAR 3:44.00
7. Johan CRONJE, RSA 3:44.40
8. Abdessalem AYOUNI, TUN 3:44.67 PB
9. Fouad ELKAAM, MAR 3:44.99
10. Abiyot ABINET, ETH 3:45.23
11. Yacine HATHAT, ALG 3:45.52
12. Teklit TEWELDEBRHAN, ERI 3:49.23

Prelims (13):

Heat 1 -

1. Mekonnen GEBREMEDHIN, ETH 3:54.73 Q
2. Yassine BENSGHIR, MAR 3:54.98 Q
3. James MAGUT, KEN 3:54.99 Q
4. Johan CRONJE, RSA 3:55.17 Q

5000 (14):

1. Caleb NDIKU, KEN 13:34.27 GOLD
2. Isaiah KOECH, KEN 13:35.73 SILVER
3. Abrar OSMAN, ERI 13:36.42 BRONZE
4. Joseph KITUR, KEN 13:39.12
5. Yenew ALAMIREW, ETH 13:45.86
6. Olivier IRABARUTA, BDI 13:46.21
7. Thomas AYEKO, UGA 13:51.61
8. Birhanu LEGESE, ETH 13:59.57
9. Elroy GELANT, RSA 14:00.48
10. Mumin GALA, DJI 14:02.16
11. Othmane ELGOUMRI, MAR 14:12.40
12. Jamal ABDI DIRIEH, DJI 14:15.78 PB
13. MASSEHO-NGOMA, CGO 16:52.64 PB
- DNF-- Hagos GEBRHIWET, ETH

10000 (10):

1. Nguse AMLOSOM, ERI 28:11.07 GOLD
2. Mustapha ELAZIZ, MAR 28:11.36 PB SILVER
3. Josephat BETT, KEN 28:11.61 BRONZE
4. Adugna TAKELE, ETH 28:12.27 PB
5. Imane MERGA, ETH 28:17.75
6. Peter Cheruiyot KIRUI, KEN 28:34.48
7. Olivier IRABARUTA, BDI 28:39.26
8. Charles CHERUIYOT, KEN 28:47.08
9. Goitom KIFLE, ERI 29:01.75
10. Thomas AYEKO, UGA 29:25.96
11. Dieudonne NSENGIYUMVA, BDI 29:47.38 PB

3000 s/chase (12):

1. Jairus BIRECH, KEN 8:34.79 GOLD
2. Jonathan Ndiku, KEN 8:37.67 SILVER
3. Ezekiel KEMBOI, KEN 8:39.30 BRONZE
4. Chala BEYO, ETH 8:40.02 PB
5. Amor YAHIA, TUN 8:44.61
6. Hamid EZZINE, MAR 8:46.90
7. Tafese SOBOKA, ETH 8:50.31
8. Abrham HABTE, ERI 8:50.37
9. Jaouad CHEMLAL, MAR 8:52.50
10. Soufiane ELBAKKALI, MAR 8:59.66

11. Nesredin DETTE, ETH 9:11.70
12. Gaylord SILLY, SEY 9:24.65
13. Hermann MOUSSIESSIE, CGO 10:17.35 PB

WOMEN

800 (14):

1. Eunice SUM, KEN 1:59.45 GOLD
2. Janeth JEPKOSGEI, KEN 1:59.74 SILVER
3. Agatha JERUTO, KEN 1:59.84 PB BRONZE
4. Tigst ASSEFA, ETH 2:00.43
5. Noelie YARIGO, BEN 2:01.64
6. Malika AKKAOUI, MAR 2:02.63
7. Selam ABRHALEY, ETH 2:03.03
8. Lidiya MELESE GOSHU, ETH 2:03.52

1500 (12):

1. Hellen OBIRI, KEN 4:09.53 GOLD
2. Dawit SEYAUM, ETH 4:10.92 SILVER
3. Rabab ARAFI, MAR 4:12.08 BRONZE
4. Axumawit EMBAYE, ETH 4:13.27
5. Faith KIPYEGON, KEN 4:13.46
6. Habiba GHRIBI, TUN 4:14.51
7. Baso SADO, ETH 4:17.51
8. Selah JEPLETING, KEN 4:19.24
9. Sanae ELOTHMANI, MAR 4:21.61
10. Merhawit GHIDE, ERI 4:30.03 PB
11. Felismina CAVELA, ANG 4:41.10 PB
12. C. MISSAMOU-BAFOUNDISSA, CGO 4:57.50 PB

5000 (11):

1. Almaz AYANA, ETH 15:32.72 CR* GOLD
2. Genzebe DIBABA, ETH 15:42.16 SILVER
3. Janeth KISA, KEN 15:54.04 BRONZE
4. Margaret WANGARE, KEN 15:55.18
5. Mercy CHERONO, KEN 16:08.81
6. Kidsan ALEMA, ETH 16:59.28
7. Nebyat ABRHAM, ERI 17:15.20 PB
8. Elvanie NIMBONA, BDI 17:23.12 PB
9. Elisabet MABIALA NKENGUE, CGO 19:46.19 PB
10. Bibiro ALI TAHER, CHA 20:08.53 PB

10000 (13):

1. Joyce CHEPKIRUI, KEN 32:45.27 GOLD
2. Emily CHEBET, KEN 32:45.28 SILVER
3. Belaynesh OIJIRA, ETH 32:49.39 BRONZE
4. Genet AYALEW, ETH 32:52.46
5. Tegest ABAYECHEWE, ETH 34:21.12

3000 s/chase (14):

1. Hiwot AYALEW, ETH 9:29.54 CR* GOLD
2. Sofia ASSEFA, ETH 9:30.20 SILVER
3. Salima ALAMI, MAR 9:33.02 BRONZE
4. Etenesh DIRO, ETH 9:36.56
5. Habiba GHRIBI, TUN 9:41.30
6. Purity KURUI, KEN 9:50.87
7. Joan Chepkemai KIPKEMOI, KEN 9:50.95
8. Elian SAHOLINIRINA, MAD 10:09.25

SOUTH AFRICAN MEDALLISTS

(Winners in brackets)

MEN

400: 2. Wayde van Niekerk 45.00 (Isaac Makwala BOT 44.23)

400H: 1. Cornel Fredericks 48.78

20 km W: 1. Lebogang Shange 1:26:58

PV: 1. Cheyne Rahme 5.41

LJ: 1. Zack Visser 8.08; 2. Khotso Mokoena 8.02; 3. Ruswahl Samaai 7.84

TJ: 1. Khotso Mokoena 17.03

SP: 1. Orazio Cremona 19.84; 2. Jaco Engelbrecht 18.87

DT: 1. Victor Hogan 62.87; 2. Russell Tucker 62.15

HT: 2. Chris Harmse 73.90 (Mostafa Al-Gamel EGY 79.09)

JT: 3. Robert Oosthuizen 77.81 (Julius Yego KEN 84.72)

WOMEN

100H: 1. Rikenette Steenkamp 13.26

400H: 1. Wenda Nel 55.32

SP: 3. Lezaan Jordaan 15.31 (Auriol Sally Dongmo Mekemngang CMR 16.84)

JT: 1. Sunette Viljoen 65.32

Hep: 3. Bianca Erwee 5086 (Marthe Koala BUR 5454)

Amazingly, South African athletes achieved no fewer than six fourth places. The athletes who reached finals were:

MEN

100: 4. Simon Magakwe 10.19

200: 4. Ncinsihli Titi 20.63

110H: 4. Ruan de Vries 13.82

400H: 4. L.J. van Zyl 49.79

JT: 6. Rocco van Rooyen 75.41

WOMEN

200: 4. Justine Palframan 23.27

400: 6. Palframan 53.70

400H: 5. Annerie Ebersohn 56.71

20 km W: 6. Corli Swart 1:48:13

PV: 4. Deoné Joubert 3.70

DT: 6. Elizna Naudé 44.44

HT: 6. Nanette Stapelberg 55.49

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