

Cross Country League 1 – 15 May 2021 – Youngsfield - Results

RESULTS BOYS 8 BORN 2013 +

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1		LEVI	ABRAHAMS	1	SWEET VALLEY	B/8	5:06
2		OZIL	MATAULA	1	INDV	B/8	5:10
3		LUCIAN	DE JONGH	1	VELOCITY	B/8	5:21
4		MATHEW	DAVIDS	1	BOTTELARY	B/8	5:41
5		FRANKLIN		1	BOTTELARY	B/8	5:41
6		ANDREW	D SWARDT	1	CURRO CC	B/8	6:48
7		BEN	OCKHUIS	1	PEEKABOO	B/8	7:08

RESULTS GIRLS 8 BORN 2013 +

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1		JODY		1	BOTTELARY	G/8	5:23
2		NOMZA		1		G/8	5:34
3		ZAKIERAH	MOSS	1	INDIV	G/8	6:20

RESULTS BOYS 9 BORN 2012

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1		MARTIN	DIAB	1	INDV	B/9	8:55
2		JORDAN		1	WELLINGTON W	B/9	8:55
3		STEPHAN	PIENAAR	1	WELGEMOED	B/9	9:33
4		CAYLIP	SAUNDERS	1	RAVENSMEAD	B/9	9:50
5		LIAM	SAMSODIEN	1	EASTERNS	B/9	10:38
6		COREY	BLIGNAUT	1	BEAUMONT	B/9	10:43
7		LIAM	V ROOYEN	1	BOXER	B/9	12:18
8		NEHEMIAH	SAULS	1	BOSTEN PRIM	B/9	12:21
9		LUCIAN	JACOBS	1	JAG	B/9	12:56

RESULTS GIRLS 9 BORN 2012

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1		KATE	HIGGS	1	HELDERBERG	G/9	11:39
2		LIBO	MBILQ	1	JAG	G/9	11:51

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RESULTS BOYS 10 BORN 2011

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1		ALEXANDER	V D WERF	1	WELGEMOED	B/10	8:28
2		CHAD	ALEXANDER	1	RAVENSMEAD	B/10	8:37
3		EBEN	VAN WYK	1	HELDERBERG	B/10	8:41
4		ALATHA	NGXUMZA	1	JAG	B/10	9:16
5		KAILO	SAAL	1	GROSVENOR	B/10	9:45
6		SEBASTIAN	SWANEPOEL	1	BOTTELARY	B/10	9:48
7		CALEB	HENKEL	1	GROSVENOR	B/10	10:47
8		ALAKHE	SPAJI	1	JAG	B/10	11:44
9		NKULULEKO	CHABALALA	1	LWANDLE	B/10	25:44
10	J20302	DANIEL	APLOON	1	CAPRICON	B/10	30:50

RESULTS GIRLS 10 BORN 2011

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1		EMMA	HIGGS	1	HELDERBERG	G/10	11:45
2		SADLE		1	BELVILLE	G/10	12:26
3		LEE-CHE	SOLOMONS	1	VELOCITY	G/10	13:25

RESULTS BOYS 11 BORN 2010

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1		EMILE	KOTZE-BENADE	1	BELLVILLE	B/11	12:10
2		J.T	ARENDORF	1	RAVENSMEAD	B/11	12:16
3		GIDAAN	STOMPIES	1	RAVENSMEAD	B/11	12:49
4		TYLER	ROSE	1	RAVENSMEAD	B/11	14:21
5		ISSACK	LONGWE	1	JAG	B/11	17:29
6	J20291	IKRAAM	V WYK	1	CAPRICON	B/11	24:14

RESULTS GIRLS 11 BORN 2010

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1		TATUM	HAAS	1	RAVENSMEAD	G/11	15:33
2		REJANE	DAVIDS	1	MELKBOS	G/11	15:53
3		LONA	MBARAZA	1	JAG	G/11	15:54
4		NICKY	PIETERSEN	1	BOTTELARY	G/11	16:33
5		SIMHLE	BLESI	1	GUGS	G/11	16:44
6		CARLA	LOUW	1	BELLVILL	G/11	16:50
7		JAYLIN	VAN DER BERG	1	BOTTELARY	G/11	18:13
8		GRACE	HOFFMAN	1	NO CLUB	G/11	18:22
9		NILAH	MEYER	1	VELOCITY	G/11	21:26

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10		CHANTIQUE	JACOBS	1	JAG	G/11	26:23
11		AKONA	NAMQ	1	LWANDLE	G/11	W/R

RESULTS BOYS 12 BORN 2009

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1		HIBANE		1	K-WAY	B/12	12:01
2		ADRIAN	PERNNINGS	1	RAVENSMEAD	B/12	13:02
3		SIMANYE	PENXE	1	JAG	B/12	13:41
4		CLAYTON	LEFES	1	EASTERNS	B/12	13:44
5		LEEROY	KOTZE	1	GROSVENOR	B/12	13:47
6		GHYDALA	NGULUNGU	1	JAG	B/12	14:04
7		IVA	NGOBANE	1	JAG	B/12	14:05
8		YULLEN	VISSER	1	EERSTE RIVER	B/12	14:50
9		ALFONSO	VAN WYK	1	GROSVENOR	B/12	14:56
10		BLESS	BANDA	1	JAG	B/12	15:20
11		LESHWIN	SALOMO	1	RAVENSMEAD	B/12	15:39
12		WANDA	MBILI	1	JAG	B/12	18:53
13		SIYAGONLA	CHABALALA	1	LWANDLE	B/12	20:12
14		CALEB		1	EERSTERIVER	B/12	20:23
15		INGA	SINDELO	1	LWANDLE	B/12	22:18
16		ZACHARIAH	LEWIS	1	SANLAM	B/12	31:23

RESULTS GIRLS 12 BORN 2009

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1		TYLER	HUNT	1	BELVILLE	G/12	12:58
2		ZANI	VOLSCHENK	1	DE HOOP PRIM	G/12	13:53
3		FENECHA	TIMOTHEUS	1	EASTERNS	G/12	14:21
4		MIELCE	STEENKEMP	1	DE HOOP PRIM	G/12	14:27
5		MALICKA	WATERLOO	1	VELOCITY	G/12	14:42
6		YOHA	TAKATSHANA	1	JAG	G/12	17:27
7		BERNITA	BREEZE	1	RAVENSMEAD	G/12	17:31
8		LESMAY	ELAMES	1	MELKBOS	G/12	17:46
9		LANELISIWE	BHABA	1	JAG	G/12	18:05
10		LINATHI	KHONKWANE	1	JAG	G/12	18:06
11		ZIA	MAMUS	1	CAPRICON	G/12	22:08
12		CHRISTINIA	CHABALALA	1	LWANDLE	G/12	22:17
13		ABABALWE	NONDALA	1	LWANDLE	G/12	22:18
14		LITHA	PHANTSI	1	LWANDLE	G/12	24:17
15		CAJLONE		1	GUGS	G/12	26:35
16		LETOYA	GROOTBOOM	1	JAG	G/12	27:18
17		WEDAAD	THWAUTES	1	JAG	G/12	27:51
18		TAMICA	DE JONGH	1	JAG	G/12	34:25
19		THARNICA	LUKAS	1	JAG	G/12	34:26

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20		TASNEEM	SMITH	1	JAG	G/12	34:47
21		LEAH	SMITH	1	JAG	G/12	40:29
22		AMAARAH	MAKER	1	JAG	G/12	40:38
23		GRACE	MORRIS	1	JAG	G/12	40:40

RESULTS BOYS 13 BORN 2008

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1	J20118	JAIDEN		1	EERSTERIVER	B/13	14:50
2	J20008	ASAKHE	MLOATSA	1	KWAY	B/13	15:50
3	NO LIC	JIAME	WILLIAMS	1	BOTTELARY	B/13	16:40
4	J20217	AIDEN		1	KUILSRIVER	B/13	16:54
5	NO LIC	LITHEMBA	NDONYELA	1		B/13	16:57
6	J20266	NAHUM	SWANEPOEL	1	BOTTELARY	B/13	17:26
7	NO LIC	LAWRENZO	JORDAN	1	RAVENSMEAD	B/13	17:57
8	T10	CHRISTIAAN	PIENAAR	1	WELGEMOED	B/13	18:01
9	NO LIC	CHADWIN	FICKS	1	RAVENSMEAD	B/13	18:17
10	NO LIC	CLAYTON	OLIVER	1	JAG	B/13	18:18
11	J20111	LIONEL		1	EERSTERIVER	B/13	18:55
12	NO LIC	AIDEN	FISCHER	1	JAG	B/13	19:54
13	NO LIC	CAYDEN	DAVIDS	1	JAG	B/13	19:55
14	T19	TROY		1	BEAUMONT		21:24
15		JAYDEN	HAAI	1	JAG	B/13	24:08

RESULTS GIRLS 13 BORN 2008

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1		CATRIEN	BURGER	1	NO CLUB	G/13	13:49
2		ISABEL	RIEDEMANN	1	DURBAN PRIM	G/13	14:30
3		MIEKE	DU PLESSIS	1	TOTIUS PS	G/13	15:37
4		CLEO	DAVIS	1	RAVENMEAD	G/13	16:00
5		HAYDEN	JOHNSON	1	RAVENMEAD	G/13	16:06
6		SHADENIQUE	DE JONGH	1	VELOCITY	G/13	16:52
7		NICOLE	SCHOLTZ	1	GROSVENOR	G/13	17:48
8		CHA-THALIA	WILLEMSE	1	VELOCITY	G/13	18:06
10		SHEVON	WEBBER	1	BOTTELARY	G/13	30:46
11		HOPE	MORRIS	1	JAG	G/12	14:00

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RESULTS BOYS 14 BORN 2007

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1	T24	JAMAIL	JOHNSON	1	PAARL VALLEI	B/14	14:24
2	NO LIC	SIVE	BHEBHA	1	KWAY	B/14	14:50
3	J20252	ANESU	CHIROMBE	1	UWC	B/14	15:06
4	T16	JOSEPH	PHILLIPSON	1	PINELANDS	B/14	15:51
5	NO LIC	CONNOR		1	ROLLAM/WCAC	B/14	16:50
6	J20343	THABISO	NQAYI	1	GUGS	B/14	17:01
7	J20379	BADROEDEEN	DAMARA	1	VELOCITY	B/14	17:04
8	NO LIC	T	MANUS	1	EASTERNS	B/14	17:31
9	J20260	KHANYA	TAFANA	1	KWAY	B/14	17:40
10	J20366	KUBOBONKE	PENDU	1	GUGS	B/14	17:45
11	T26	AYANDA	NGAUMSHE	1	LWANDLE	B/14	17:50
12	T27	LISEKA	MSWELI	1	LWANDLE	B/14	18:35
13	NO LIC	WANIE	BARTMAN	1	BOTTELARY	B/14	18:37
14	J20439	DIEGO	VISAGIE	1	EASTERNS	B/14	18:03
15	J20444	RHOWIN	ONTONG	1	EASTERNS	B/14	20:26
16	T72	NICHOLAS	ROUX	1	BERGVLIEDT	B/14	20:57
17	T20	MATTHEW		1	PORTLANDS	B/14	21:42
18	T28	SOYAMA	MINYA	1	LWANDLE	B/14	22:36
19	J20214	ELEGEAUX	WILLIAMS	1	DE KUILEN	B/14	23:13
20	J20292	AYANDA	PERMALL	1	CAPRICON	B/14	23:36

RESULTS GIRLS 14 BORN 2007

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1	TEMP	ALICE	VENTER	1	CURRO DURBV	G/14	18:15
2	T36	RACHEL	CHARLES	1	SOUTHERN STRI	G/14	18:19
3	T33	TAILYN		1	WCAC	G/14	24:23
4	T34	KYLIE	DU BRUYN	1	UWC	G/14	24:48
5	J20303	ZOE	MANUS	1	CAPRICON	G/14	30:22

RESULTS BOYS 15 BORN 2006

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1	T11	RENALDO	PEARCE	1	MELKBOS	B/15	14:50
2	J20669	INAM	MBATSA	1	KWAY	B/15	15:11
3	T22	CHRISTIANO	DA SILVA	1	KWAY	B/15	15:27
4	J20126	MARKIE	MUNZIMBA	1	EERSTERIVER	B/15	15:46
5	T12	SODICK	V SCHALKWYK	1	MELKBOS	B/15	16:22
6	J20262	KIERAN	WATERBOER	1	BOTTELARY	B/15	17:14
7	NO LIC	MIHCALI	PAPU	1	EASTERNS	B/15	17:48

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8	T13	SIPHE	MODOLWANA	1	KWAY	B/15	18:01
9	NO LIC	KIERIN		1	PORTLANDS		18:22
10	T41	VIVIAN	V D KOCK	1	STELLENBOSCH	B/15	18:26
11	J20092	KAYLEM		1	PORTLANDS	B/15	18:57
12	T43	ALLEN	CHABALALA	1		B/15	19:08
13	T19	TROY		1	BEAUMONT	B/15	21:24
14	T94	CHARLTON		1	FISHOEK	B/15	31:36
15		PERCHWINE	DE BRUIN	1	SCOTTSDENE	B/15	32:00

RESULTS GIRLS 15 BORN 2006

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1	J20016	ABIGAIL	BESTER	1	KWAY	G/15	16:24
2	J20155	MEGAN	SCHOLTZ	1	BELLVILLE	G/15	17:10
3	J20017	KIARA	BESTER	1	KWAY	G/15	17:14
4	J20128	JACQUESIAH	LINDERS	1	EERSTERIVER	G/15	18:02
5	T21	CARA	CROUS	1	BLOEMHOF	G/15	18:05
6	J20124	SHARNEY	WILLIAMS	1	EERSTERIVER	G/15	18:30
7	J20235	JADEDEEN	ALBERTS	1	UWC	G/15	19:05
8	J20347	SINOTHANDA	KROKNANI	1	GUGS	G/15	19:56
10	J20322	ISABELLA	CARNIANO	1	FAIRMONT	G/15	19:56
11	T25	KEIRA	PETERSEN	1		G/15	21:03
12	J20277	BRIDGET	DAVIDS	1	BOTTELARY	G/15	23:36

RESULTS BOYS 16 BORN 2005

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1	J20269	UGANDRIC	WILLIAMS	1	BOTTELARY	B/16	21:35
2	T84	GAVIN	FAINC	1	ITHEKO	B/16	22:31
3	J20258	CHARLTON		1	KWAY	B/16	22:43
4	J20320	XANDER	VAN RENSBURG	1	FAIRMONT	B/16	22:48
5	J20107	SERGIO	N SNAYERS	1	MULTISPORT	B/16	22:51
6	J20356	AVELA	MEWWABENI	1	GUGS	B/16	22:55
7	J20240	WAYLON	JOOSTE	1	UWC	B/16	23:44
8	J20353	OLWETHU	ZEKE	1	GUGS	B/16	23:47
9	J20239	ZANDRE	AFRIKA	1	UWC	B/16	24:23
10	NO LIC	ROWZARIE	KOEN	1	RAVENSMEAD	B/16	26:15
11	J20345	SISONKE	NDABAMBI	1	GUGS	B/16	27:35
12	NO LIC	GENE	ROSA	1	RAVENSMEAD	B/16	33:22
13	J20297	JESSE	SKINNER	1	CAPRICON	B/16	34:04

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RESULTS GIRLS 16 BORN 2005

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1	J20178	MAREINE	V D BERG	1	BELLVILLE	G/16	18:12
2	J20328	ZOE	M	1	FAIRMONT	G/16	19:06
3	J20321	CAMILLA	VEITCH	1	FAIRMONT	G/16	19:09
4	J20329	KYRA	ROBERTS	1	FAIRMONT	G/16	19:17
5	J2032	KATIE	PHILLIPPS	1	FAIRMONT	G/16	19:36
6	J20319	MARNE	CAMPBELL	1	REDDAM DURB	G/16	20:36
7	NO LIC	SIYALISE		1	LWANDLE	G/16	25:59
8	J20004	AMAHLE	DINTZI	1	KWAY	G/16	28:06
10	T60	TIFFANY	MICHAELS	1	MP TITANS	G/16	33:44
11	J20094	ZONDREA	BOOYSEN	1	MP TITANS	G/16	38:43
12	T65	ANNIE	HE	1	CURRO DURBS	G/16	44:19
13	T66	GEMMA	RUSSELL	1	CURRO DURBS	G/16	44:32
14							
15		KAYLIN	DU POND	1	RAVENSMEAD	G/16	3KM / 14:34

RESULTS BOYS 17 BORN 2004

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1	J20236	JAYDEN	JOSHUA	1	UWC	B/17	21:40
2	J20007	UZUKHANYE	MAKHONXA	1	KWAY	B/17	21:55
3	J20027	ERIC	MBALI	1	NEDBANK	B/17	22:36
4	J20113	RETHON	ABRAHAMS	1	EERSTERIVER	B/17	23:50
5	T37	THOMAS	CHARLES	1	SOUTHERN S	B/17	24:39
6	T90	AKHULE	MANJINGOLO	1	SPARTEN	B/17	25:11
7	T59	ALBERT	DIEDERICKS	1	CURRO DURB	B/17	25:54
8	NO LIC	LYLE	CLOETE	1	RAVENSMEAD	B/17	28:48
9	T93	JOSH	DONSON	1	SPARTEN	B/17	30:13
10	T45	INGA	MEMZELELELI	1	LWANDLE	B/17	32:01
11	T61	CEALAU	SNYMAN	1	CURRO DURB	B/17	33:12
12	T76	CARLTON	SAVERS	1	FISHOEK	B/17	33:25
13	J20316	LUXOLO	SIMAE	1	BOXER	B/17	33:49
14	T86	NAGIM		1	PORTLAND	B/17	39:53
15	T63	MORGAN	RADEMAN	1	CURRO DURB	B/17	39:54
16	NO LIC	LEVI	ADAMS	1	BOTTELARY	B/17	41:14

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RESULTS GIRLS 17 BORN 2004

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1	T29	MARIETJIE	CILLIERS	1	HELDERBERG	G/17	24:42
2		JAMIE LEE	DE BRUIN	1	RAVENSMEAD	G/17	27:00
3	J20001	CAITY	OCUINNEAGAIN	1	KWAY	G/17	27:37
4	T35	ASHA	JACK	1	KWAY	G/17	28:15
5	J20012	ASENATHI	TYENG	1	KWAY	G/17	37:23
6	T62	KATIN	KING	1	CURRO DURB	G/17	45:15

RESULTS BOYS 18 BORN 2003

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1	J20317	AYANDA	JALI	1	BOXER	B/18	21:02
2	J20018	ROBERT	DAVIDSON	1	KWAY	B/18	22:01
3	J20212	OWEN	BOOYSEN	1	KUILSRIVER	B/18	22:13
4	J20024	DYLON	RUDDOLPH	1	KWAY	B/18	22:19
5	J20129	ETHAN	MILE	1	EERSTERIVER	B/18	22:28
6	J20331	KEENAN	LOESCH	1	FAIRMONT	B/18	22:34
7	J2025	JORDI	SWARTZ	1	KWAY	B/18	23:47
8	J20021	THEMBE		1	KWAY	B/18	24:05
9	T48	COLE	ABRAHAMS	1	WBHS	B/18	24:16
10	T91	SIMPHIWE		1	SPARTEN	B/18	25:34
11	J20385	JADON	DE WEE	1	VELOCITY	B/18	25:43
12	J11102	SREYAMS	SATHYAN	1	FAIRMONT	B/18	25:46
13	J20368	LUBABALO	JALI	1	GUGS	B/18	27:29
14	T39	JABULANI		1	LWANDLE	B/18	27:50
15	T94	CHANSOON	DALA	1	SPARTEN	B/18	28:18
16	J20086	ABUBAKAR	DE WET	1	MP TITANS	B/18	44:09

RESULTS GIRLS 18 BORN 2003

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1	J20248	TAMICA	JOOSTE	1	UWC	G/18	26:02
2	T57	NADINE	VISSER	1	BELLVILLE	G/18	26:32
3	J20336	LIZE	DU PLESSIS	1	FAIRMONT	G/18	30:14
4	J20335	CAITLIN	HOUGH	1	FAIRMONT	G/18	31:29
5	J20234	LENNIE	MURANGANWA	1	UWC	G/18	32:29
6	NO LIC	LOGAN	MCKENZIE	1	RAVENSMEAD	G/18	34:02

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RESULTS BOYS 19 BORN 2002

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1	J20127	TYRONE	GORDAN	1	EERSTERIVER	B/19	21:16
2	T92	SHEMA	FIACRE	1	SPARTEN	B/19	22:17
3	T49	MBASA	MAU	1	LANGA	B/19	22:45
4	J20121	TYRON	BYMAN	1	EERSTERIVER	B/19	23:50
5	J20013	LEON	ZAKEYO	1	KWAY	B/19	24:20
6	T85	JADE	STROUD	1	WESTRIDGE	B/19	24:28
7	J20370	LULUTHO	TINI	1	GUGS	B/20	27:17
8	J20346	ATHABILE	NDALASI	1	GUGS	B/19	28:04
9	NO LIC	GRAHAM	KOOPMAN	1	BOTTELARY	B/19	38:37
10	T64	CRAIG	SMITH	1	CURRO DURB	B/19	38:53

RESULTS GIRLS 19 BORN 2002

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	AGE CATE	TIME
1	J20112	MOENEERAH		1	EERSTERIVER	G/19	26:56

MOB RACE INDIVIDUAL RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	T22	CALVIN	HAMMOND	1	NEDBANK	22	14:46
2	J20029	SIYASISANDA	TSENIWE	1	NEDBANK	16	16:08
3	T110	RUDI	PETERSEN	1	NORTHLINK	20	16:42
4	T111	LE ROUX	V D HEEVER	1	INDV	21	17:15
5	P2932	DARRYN	BARRON	1	MP TITANS	19	18:44
6	T116	LUNGA	TSOLEKILE	1	LANGA	39	20:23
7	T107	JP	JURIES	1	WILDRUNNER	37	20:24
8	T104	VERUSCHKE	KABE	1	WILDRUNNER	43	20:27
9	P126	ANDRE	RIX	1	MP TITANS	34	21:20
10	P294	MICHELLE	MC DIARMID	1	PINELANDS	44	21:33
11	P156	DOUGLAS	MITCHELL	1	PINELANDS	53	22:53
12	NO LIC	CALEB		1	UWC	16	23:03
13	P1484	FAREED	COZYN	1	OMMIEDRAAI	49	23:05
14	T98	JADEN	SOLOMONS	1	BELLVILLE	18	23:08
15	P753	DUNCAN	ISAACS	1	NEDBANK	53	23:27
16		NICHOLAS	COETZEE	1	INDV	15	23:45
17		QUINTON		1	FISHOEK	40	24:18
18		SHAKIRA	V SCHALWYK	1	VELOCITY	12	25:01
19	P2107	ALVINA	DE KOKER	1	SPARTEN	48	25:46
20	P1808	EDEN	TOBIAS	1	EDGEMEAD	24	26:06

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21	P2241	PAULA	VD MERWE	1	WCAC	57	26:24
22	T108	FURNELL	MENTOOR	1	FISHOEK	32	26:35
23	P321	ZUBAYR	ISAACS	1	PINELANDS	20	26:45
24	T	JOSH	ABRAHAMS	1	PINELANDS	16	26:57
25		ELSCHE	THOGO	1	GUGS		28:33
26	P322	LAMEEZ	ISAACS	1	PINELANDS	48	29:00
27	P218	CATHERINE	SHORE	1	PINELANDS	50	29:19
28	P1555	JUAN	WIESE	1	CARB	43	30:09
29	P1924	CHESLY	SMITH	1	KUILSRIVER	34	30:29
30	T119	KARIN		1	T	59	30:30
31		LORATO	MOLEBANE	1	HEWAT	34	31:44
32	T1003	JUSTINE	BESTER	1	MSA	56	31:58
33	T102	INGRID	THEYS	1	MSA	59	32:24
34	T	LEE ANN	ADAMS	1	INDV	44	33:18
35		JEREMIAH	DANIELS	1	INDV	12	33:49
36		DAVID		1	EASTERN	65	33:50
37	T118	KARIN		1	PLSA	58	33:50
38	P1738	SHARON	STEENKAMP	1	EDGEMEAD	47	33:55
39	P1739	CHRIS	D OLIVIERA	1	EDGEMEAD	51	33:56
40	T99	JESSE	SOLOMONS	1	BELLVILLE	15	33:57
41	T81	DESIREE	BROWN	1	RAVENSMEAD	64	34:06
42	T82	BELINDA	CLAASEN	1	RAVENSMEAD	58	34:56
43	T46	THDENA	V ZYL	1	INDV	62	35:00
44	T83	DESIREE	BROWN	1	RAVENSMEAD	64	36:01
45		LUNGA	MKHOSI	1	PINELANDS	INDV	38:33
46	T100	IVAN	BESTER	1	MSA	59	39:20
47	T101	SHAMILLA	RIPEPL	1	MSA	58	39:20
48	P1923	NATASHA	SMITH	1	KUILSRIVER	37	41:02
49	P1930	BEVERLY	WILLIAMS	1	KUILSRIVER	43	41:03
50	T77	TAEGAN	MENYACHO	1	INDV	19	47:18
51	T78	CHANTE	MENTOOR	1	INDV	18	47:19
52	P2184	RONALDO	ADAMS	1	SPARTEN	82	50:10

Cross Country League 1 – 15 May 2021 – Youngsfield - Results

SENIOR MEN 10KM RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P744	ANDRE	AFRIKA	1	NEDBANK	SM	34:19
2	P2916	KEATON	LOTT	1	ITHEKO	SM	34:30
3	P2913	CARLO	FLINK	1	ITHEKO	SM	36:24
4	T156	JONATHAN	BLACK	1		SM	36:56
5	P2118	GERSHON	AZIZA	1	SPARTAN	SM	37:30
6	T155	DYLAN	STEVENSON	1	INDV	SM	37:30
7	P2874	TUMELO	MOKOATSI	1	SANLAM	SM	37:31
8	P737	DILLEN	SWARTZ	1	NEDBANK	SM	37:31
9	T54	NATHAN	WILLIAMS	1	RAVENSMEAD	SM	37:42
10	T41	RAYDON	BALIE	1	NEDBANK	SM	37:43
11	P732	YOHANNES	HIRBO	1	NEDBANK	SM	37:45
12	P1857	MELT	V MOLENDORFF	1	BELLVILLE	SM	39:03
13	T87	RUDOLF	ROSSOUW	1	WILDRUNNER	SM	38:12
14	P355	BULELANI	BHEBHA	1	KWAY	SM	38:35
15	P2117	TAKUNDA	GADZIKWA	1	SPARTAN	SM	39:04
16	P2567	BRANDON	KEELING	1	AAC	SM	39:17
17	P560	LETHU	CETWAYO	1	KWAY	SM	40:03
18	T157	SIMEH	SHORT	1	UCT	SM	40:18
19	T142	SIMS	NCUBE	1	HELDERBERG	SM	40:26
20	T141	TIMS	THABO	1	HELDERBERG	SM	40:38
21	P733	GREG	CALOTHI	1	NEDBANK	SM	41:05
22	P1603	PIERRE	ALEXANDER	1	CPUT	SM	41:26
23	P589	SIPELELE	VELLEM	1	KWAY	SM	41:33
24	P2115	MICHAEL	FELDMAN	1	SPARTAN	SM	41:40
25	P747	MDUDUZI	NHLEKO	1	NEDBANK	SM	41:42
26	P2116	KHULILE	MKHWE	1	SPARTAN	SM	41:43
27	P590	METHUSELI	NKOMOMO	1	KWAY	SM	42:21
28	P730	MIGUEL	COOPER	1	NEDBANK	SM	42:42
29	T143	FUMANKILE	GILLIMAN	1	HELDERBERG	SM	43:14
30	T134	SIMPHIWE	TANGA	1	MURRAY R	SM	43:38
31	P1773	SIVAN	STRCOELL	1	EDGMEAD	SM	43:47
32	P2661	GARRON	OCKHUIS	1	GOODWOOD	SM	45:07
33	P7051	SIPHIAN	KLN	1	KAC	SM	48:02
34	NO LIC	CHARLTON	NDLOVU	1	BOTTELARY	SM	48:36
35	P600	LWAZI	KOLANTSI	1	KWAY	SM	49:05
36	P1091	BRENDAN	RUSSELL	1	TYGERBERG	SM	49:14
37	T140	DAVID	HATHERALL	1	HELDERBERG	SM	50:04
38	P158	IMTIOZ		1	CENTRAL	SM	51:30
39	T149	HELDKZA		1	RAVENSMEAD	SM	51:54
40	P1833	BRIAN	RECORDS	1	BELLVILLE	SM	51:59
41	P2322	MICHAEL	SMIT	1	WESTCOAST	SM	56:08
42	T187	JP	JURIES	1	WILDRUNNER	SM	56:47

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43	T116	LUNGA	TSOLEKILE	1	LANGA	SM	57:42
44	T73	JASON	HIGGS	1	HEDERBERG	SM	59:25
45	T164	MUHAMMAD	SOLEH	1	INDV	SM	1:03:49
46	T162	NASSER	PETERSEN	1	KENFAC	SM	1:08:21
47	P178	MANDLENKOSI	MOYO	1	PINELANDS	SM	1:12:16
48	P1317	JOHAN	JOOSTE	1	BELLVILLE	SM	1:18:39

SENIOR WOMEN 10KM RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P734	ANEL	TERBLANCE	1	NEDBANK	SW	40:57
2	P2943	VUYISEKA	NKUMENGE	1	BOXER	SW	43:23
3	P811	MADELE	DU PLESSIS	1	NEDBANK	SW	45:36
4	P3420	LEE-SHAY	WILLEMSE	1	VELOCITY	SW	45:58
5	P1990	CARMELITA	AFRIKA	1	MURRY ROBERT	SW	50:35
6	P2404	JUANITA	SNYDERS	1	MIDAS SPARTAN	SW	50:46
7	T106	VERUSCHKA	KABE	1	WILDRUNNER	SW	56:48
8	P137	JILL	LATEGAN	1	GOODWOOD	SW	57:16
9	T139	AMANDA	MBAMBAZA	1	HEDERBERG	SW	59:03
10	P436	MARLISE	BURGER	1	KWAY	SW	1:03:49
11	T150	LAUREN	KANSLEY	1	OMMIEDRAAI	SW	1:06:00
12	P3353	NOKUTHULA	GULWA	1	GUGS	SW	1:06:31
13	P1516	ROWENA	MEYER	1	MP TITANS	SW	1:15:35
14	P1517	RUSHOLA	GASSEN	1	MP TITANS	SW	1:16:29
15	P2148	LIZA	ERNSTZEN	1	SPARTAN	SW	1:17:03
16	T165	BONITA	FREDERICKS	1	SPARTAN	SW	1:17:04
17		AF	FOLSCHER	1	SPARTAN	SW	1:34:35

SENIOR MEN 4KM RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P2573	SIBUSISO	MAGWAZA	1	AAC	SM/4KM	13:22
2	J20014	ELYES	AYYOUB	1	KWAY	SM/4KM	13:23
3	P1663	AUBREY	KOTZE	1	EERSTERIVER	SM/4KM	13:47
4	P2572	DUWAYNE	PHILANDER	1	AAC	SM/4KM	13:53
5	T53	CRAIG	CARELSE	1	RAVENSMEAD	SM/4KM	14:33
6	T185	SIYA	PIKASHE	1	INDV	SM/4KM	14:51
7	T142	SIMS	NCUBE	1	HELDERBERG	SM/4KM	15:45
8	T128	LITHA	LUGABLE	1	KWAY	SM/4KM	15:57
9	T141	TIMS	THABO	1	HELDERBERG	SM/4KM	16:10
10	T143	FUMANEKILE	GILLIMAN	1	HELDERBERG	SM/4KM	16:13
11	TEMP	SIMPHIWE	TAUGE	1	MURRAY R	SM/4KM	16:52
12	P2884	JOHAN	DOWMAN	1	SANLAM	SM/4KM	17:30

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13		GODFREY	MOCETBANE	1	HEWAT	SM/4KM	19:05
14	T140	DAVID	HATHERELL	1	HELDERBERG	SM/4KM	19:33
15	P1743	EDDIE	VIENINGS	1	EDGMEAD	SM/4KM	21:12
16	T73	JASON	HIGGS	1	HELDERBERG	SM/4KM	22:33
17	P164	SEAN	HARRIS	1	PINELANDS	SM/4KM	23:28
18	T129	DEON	GILBERT	1	INDV	SM/4KM	23:37
19	T152	EDWARD	MCCREE	1	HEWAT	SM/4KM	24:02
20	P250	THEO	GALATTA	1	PINELANDS	SM/4KM	27:58
22	P223	HENRY	DU PLESSIS	1	PINELANDS	SM/4KM	28:16
23	P2870	MARK	LEWIS	1	SANLAM	SM/4KM	29:34
24	T180	CRAIG		1		SM/4KM	35:06
25	P251	PIERRE	CLOETE	1	PINELANDS	SM/4KM	45:37
26	P249	TONY	WILL	1	PINELANDS	SM/4KM	45:38

SENIOR WOMEN 4KM RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P736	KOBIE	GRIFFITHS	1	NEDBANK	SW	16:10
2	T181	CHENIQUE	SAS	1	DROSDY	SW	16:22
3	P2894	SHARLAN	BOER	1	ITHEKO	SW	16:53
4	P2443	MILA	GELDENHUYS	1	UCT	SW	16:55
5	T182	SHAKIRA	MATTHYSEN	1	DROSDY	SW	17:22
6	P1536	ENROMECIA	WILLIAMS	1	MP TITANS	SW	17:45
7	P746	BUSISIWE	MATWANA	1	NEDBANK	SW	18:36
8	P565	ANIVUINA	MELANI	1	KWAY	SW	20:28
9	P252	NANCY	WILL	1	PINELANDS	SW	21:39
10	T139	AMANDA	MBAMBAZA	1	HELDERBERG	SW	23:48
11	P221	MELANY	DU PLESSIS	1	PINELANDS	SW	28:30
12	P1517	RUSHOLA	GASSEN	1	MP TITANS	SW	30:15
13	P1516	ROWENA	MEYER	1	MP TITANS	SW	32:10
14	T179	VIKKI		1	SPARTAN	SW	35:32

MASTER MEN 35-39 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P739	SIYA	SAKWE	1	NEDBANK	MM	29:21
2	T148	OSCAR	COETZEE	1	ITHEKO	MM	32:45
3	T89	SANDILE	NDWANGU	1	ITHEKO	MM	34:25
4	P1670	LEEROY	MITCHELL	1	EERSTERIVER	MM	35:57
5	T123	LIONEL	CRONJE	1	INDV	MM	37:17
6	T131	BRUDEN	TITUS	1	ITHEKO	MM	40:01
7	P3431	ADRIAN	HAYES	1	FISHOEK	MM	47:19
8	P1653	JACQUES		1	EERSTERIVER	MM	50:01

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MASTER MEN 40-44 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P743	VAKALISA	KOPOLO	1	NEDBANK	MM	30:47
2	P2941	CHRISTO	VAN ROOYEN	1	BOXER	MM	31:05
3	P1380	JOHAN	VAN ZYL	1	BELLVILLE	MM	31:56
4	P535	NELSON	B	1	KWAY	MM	33:21
5	T126	JASON	BAILEY	1	TEMP	MM	34:06
6	P1682	CHARLES	PAULSE	1	EERSTERIVER	MM	34:30
7	P354	XOLANI	ZIQWAYI	1	KWAY	MM	35:09
8	P3843	TERENCE	JOHNSON	1	NANTES	MM	41:11
9	P7518	NORMAN	ABRAHAMS	1	SPARTANS	MM	44:46
10	T126	QUMEN	JACOBS	1	MP TITANS	MM	45:24
11	P3428	STEPHEN	HAYES	1	FISHOEK	MM	47:14
12	P1056	JEROME	DE SWARDT	1	TYGERBERG	MM	58:11
13	P1555	JUAN	WIESE	1	CARBENEER	MM	1:14:09

MASTER MEN 45-49 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P728	ADAM	CLARK	1	NEDBANK	MM	33:09L
2	T130	PHEOBIUR	MULLINS	1	MSM	MM	35:58
3		JOHAN	DOUMAN	1	SANLAM	MM	36:30
4	P2892	CHUBASCO	JURIES	1	ITHEKO	MM	37:57
5	P1072	ANDRE	BERCKERS	1	TYGERBERG	MM	38:17
6	P2227	DAVID	WILSON	1	WESTCOAST	MM	41:53
7	P2300	JUSTIN	DE KLERK	1	WESTCOAST	MM	44:32
8	P1484	FAREED	COZYN	1	OMMIEDRAAI	MM	47:50
9	P16134	DAVID	FICKS	1	LANGA	MM	50:05
10	T151	DONOVAN	HARTOGH	1	PINELANDS	MM	50:45

MASTER MEN 50-54 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P1739	CHRIS	Q OLIVIERA	1	EDGEMEAD	MM	30:47
2	P1954	SHAWN	ABRAHAMS	1	KUILSRIVER	MM	31:10
3	P738	CLIFFORD	PRERY	1	NEDBANK	MM	31:33
4	P750	ANDREW	COOPER	1	NEDBANK	MM	32:56
5	P13429	OSCAR	PETERSEN	1	HEWAT	MM	35:07
6	T131	THOLANG	MOLIO	1	SANDF	MM	35:29
7	T125	CHRISTOF	VAN WYK	1	MELKBOS	MM	36:02
8	P731	WILLIAM	DU PLESSIS	1	NEDBANK	MM	37:57

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9	P1554	DAVID	HEYWEKE	1	CARBINEERS	MM	39:49
10	P2312	MARIUS	NEL	1	WESTCOAST	MM	40:17
11	P2290	BRUCE	WOOD	1	WESTCOAST	MM	40:35
12	P156	DOUGLAS	MITCHELL	1	PINELANDS	MM	40:54
13	P755	THEMBELANI	FIGHAN	1	NEDBANK	MM	41:24
14	T135	PERCIVAL	BOEZAK	1	BRACKEFELL	MM	41:41
15	P2156	JULIAN	ROSSOUW	1	SPARTAN	MM	43:59
16		EDWARD	MCCREE	1	HEWAT	MM	48:02
17	P7026	ARTHUR	WILLIAMS	1	LANGA	MM	49:53
18	P3487	REDEWAAN	WILLIAMS	1	NANTES	MM	58:00
19	T144	CHRIS	OSBORN	1	TOPFORM	MM	1:11:17
20	P1661	CLAUDE	BESTER	1	EERSTERIVER	MM	1:16:56

MASTER MEN 55-59 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P2922	JOHN	SEPTEMBER	1	ITHEKO	MM	32:12
2	P2568	PERCY	KELLY	1	AAC	MM	39:49
3	P2062	SHAHIED	ROSSON	1	TOPFORM	MM	39:59
4	T132	KEVIN	PETERS	1	HEWAT	MM	41:02
5	P2264	ALAN	GREEN	1	WESTCOAST	MM	41:44
6	T136	RICHARD	MULLER	1	MIDAS	MM	42:10
7	T127	EMERAAN	ISHMAIL	1	OMMIEDRAAI	MM	44:06
8	P1062	REGANALD	CROWSTER	1	TYGERBERG	MM	44:51
9	T138	MARTIN	JACOBS	1	UWC	MM	46:27
10	P3485	CYRIC	MAY	1	NANTES	MM	56:17

MASTER MEN 60-64 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	T95	ERIC	COETZEE	1	TEMP	MM	27:03
2	T121	KEVIN	ISAACS	1	TOPFORM	MM	27:55
3	T152	HP	CIEVERTS	1	PINLANDS	MM	28:15
4	T151	E	DARIUS	1	OMMIEDRAAI	MM	28:28
5	P765	P	DLANSAMAND	1	NRDBANK	MM	31:39
6	P2308	NICOLAAS	LOUBSER	1	WESTCOAST	MM	32:22
7	P439	CHRISTIAN		1	KWAY	MM	34:25
8		DON		1	PHOENIX	MM	36:04
9	P2407	LEON	KOKS	1	MIDAS	MM	38:23
10	P1950	XAVIER	LEWIS	1	KUILSRIVER	MM	41:34
11	P1197	PETER	JACOBS	1	CELTIC	MM	43:54
12		EDWARD	SMITH	1	FISHOEK	MM	47:24
13	P2105	EDDIE	VAN ROOI	1	SPARTANS	MM	47:34

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14	T124	FLIPPIE	VAN WYK	1	WESTCOAST	MM	48:31
15	P1575	NAJRULA		1	MSA	MM	52:16

MASTER MEN 65-69 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P766	ROBBIE	LINDSAY	1	NEDBANK	MM	28:22
2	P253	CHRISTOPHER	SCHNEHOEF	1	PAC	MM	36:17
3	T146	JOHANNES	JACOBS	1	TEMP	MM	36:13
4	P1574	AMIEN	ADAMS	1	MSA	MM	46:22
5	P432	ANTHONY	CRONJE	1	KWAY	MM	47:05
6	T121	CHRISTOPHER	DOONER	1	FISHOEK	MM	50:28

MASTER MEN 70+ RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P3429	NEVILLE	FRIESLICH	1	FISHOEK	MM	32:01
2	P357	PAUL	FERTARA	1	KWAY	MM	33:21
3	P772	HENRY	CLEOPHAS	1	NEDBANK	MM	36:48
4	P2806	JOHAM	VAN ZYL	1	SANLAM	MM	39:54
5	P243	KAARE	JAMES	1	PINELANDS	MM	45:12
6	P1138	E	HARGREAVES	1	CELTIC	MM	45:41
7	P368	BARRY	BESTER	1	KWAY	MM	51:32
8	P211	PATRICK	DREYER	1	SPARTAN	MM	52:08

MASTER WOMEN 35-39 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P2915	EMMERANTHIS	LEPATI	1	ITHEKO	MW	19:55
2	T177	ABIGAIL	SAULS	1	INDV	MW	21:33
3	P3472	NATALIE	VISAGIE	1	NANTES	MW	26:03
4	T174	FADEELAH	KENNY	1	KENFAC	MW	28:02
5	P3479	TARYN	SALLIE	1	NANTES	MW	31:43
6	P1953	CECILIA	MAARMAN	1	KUILSRIVER	MW	33:00
7	P2869	ANTHENETTE	LEWIS	1	SANLAM	MW	38:59
8	P2896	SAADIQA	HENDRICKS	1	ITHEKO	MW	48:00

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MASTER WOMEN 40-44 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P840	ROLANDI	SCHUTTE	1	NEDBANK	MW	16:47
2		BULELWA	SIMAE	1	BOXER	MW	17:00
3	T155	ALISON	SMITH	1	PINELANDS	MW	20:45
4	T178	MELODY M	COETZEE	1	WESTCOAST	MW	22:25
5	P227	FADWAH	PETERSEN	1	PINELANDS	MW	23:43
6	P3482	ANTHEA		1	NANTES	MW	25:56
7	P2247	ALITA	DE WITT	1	WESTCOAST	MW	26:08
8	P2108	RENE	LAWRENCE	1	SPARTAN	MW	26:21
9	P2273	MIEKE	BARRY	1	WESTCOAST	MW	27:20
10	P2285	LIZL	D KLERK	1	WESTCOAST	MW	28:35
11	T175	ROGEEMA	KENNY	1	ATC	MW	30:56
12	P6132	LIZLE	ADAMS	1	LANGA	MW	35:21
13	P6133	EDWINA	ADAMS	1	LANGA	MW	39:28
14	P1930	BEVERLY	WILLIAMS	1	KUILSRIVER	MW	40:09
15	P2298	TAMMY	WOOD	1	WESTCOAST	MW	40:48
16	P2225	MAY	LANGEBRANT	1	WESTCOAST	MW	41:19
17	P16131	DEDRE	KRIGER	1	LANGA	MW	42:02

MASTER WOMEN 45-49 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P1763	MARLIZE	VIENINGS	1	EDGEMEAD	MW	17:25
2	P810	SHARON	SUNDERLAND	1	NEDBANK	MW	18:38
3	P820	CORIAAN	DE VILLIERS	1	NEDBANK	MW	19:00
4	T145	TYSHRA	JOHANNES	1	GUGS	MW	21:01
5	P2150	DEBBIE	RORICH	1	SPARTAN	MW	22:00
6	T156	RUSDAH	TREGENNING	1	HEWAT	MW	22:36
7	P2126	NICOLA	FRIESLAAR	1	SPARTAN	MW	23:57
8	P2212	ANTHEA	WYNGAARD	1	SPARTAN	MW	25:26
9	P4373	LISLE	JAWRS	1	NANTES	MW	30:13
10	P351	BERENICE	RAWLAND	1	KWAY	MW	31:04
11	P3484	MYMOENA	HENDRICKS	1	NANTES	MW	33:19
12	P2897	SHAHIEDA	WILLIAMS	1	ITHEKO	MW	38:99
13	P1517	RUSDAH	CLASSEN	1	MP TITANS	MW	49:32

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MASTER WOMEN 50-54 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P395	JOANNE	THOMAS	1	KWAY	MW	18:17
2	P801	MARJORIE	PRINS	1	NEDBANK	MW	19:27
3	P2570	LYNN	DAVIS	1	AAC	MW	19:30
4	P2110	SANDRA	RAFFAELLI	1	SPARTAN	MW	23:20
5	T171	LEATICIA	LEWIN	1	HEWAT	MW	28:21
6	P1710	CHARLENE	MARTEWS	1	EDGEMEAD	MW	28:24
7	P167	LEE-ANN	HARRIS	1	PINELANDS	MW	28:58
8	P2729	VENITA	NEL	1	GOODWOOD	MW	29:43
9	P577	THERESA	RENNE	1	KWAY	MW	29:57
10	P2046	BEVERLY	FIGLAND	1	UWC	MW	30:53
11	T133	SONIA	PETERS	1	HEWAT	MW	31:20
12	P79	MICHELLE	JOSEPH	1	SANLAM	MW	33:44
13	P3478	CHERYL		1	NANTES	MW	34:51
14	T168	CINDY	MAREE	1	PINELANDS	MW	35:52
15	P1516	ROWENA	MEYER	1	MP TITANS	MW	45:48
16	P267	NADEEMA	MARKO	1	PINELANDS	MW	46:45

MASTER WOMEN 55-59 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P484	LYNN	ETHERIDGE	1	KWAY	MW	22:17
2	P904	JOHANNA	TAYLOR	1	ATC	MW	23:27
3	P593	INGRID	V MCINENNE	1	KWAY	MW	23:35
4	P582	PAULA	VD MERWE	1	KWAY	MW	30:37
5	P664	RENE	DICK	1	KWAY	MW	35:04
6	P7025	ASA	WILLIAMS	1	LANGA	MW	35:07
7	P2895	TOUGIEDA	ALLIE	1	ITHEKO	MW	40:19
8	T8	NELISWA	NTUSI	1	GUGS	MW	41:21

MASTER WOMEN 60-64 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P365	DEE	SMALE	1	KWAY	MW	19:10
2	P370	BEV	CHARTERS	1	KWAY	MW	20:42
3	P492	JOANNE	KOOPMAN	1	KWAY	MW	22:29
4	P1767	HILARY	RHODE	1	EDGEMEAD	MW	24:25
5	P2199	DENISE	JOHANNES	1	SPARTEN	MW	25:09
6	P483	MARGE	V VUUREN	1	KWAY	MW	28:09
7		CYNTHIA	BOOYSEN	1	GUGS	MW	30:27

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8	P2898	MARIAM	ELISSAC	1	ITHEKO	MW	40:42
9	T172	KARIEMA	SIMONS	1	PINELANDS	MW	40:51
10		FALDEELA		1	HEWAT	MW	46:46
11	P2278	SUE	O CONNER	1	WESTCOAST	MW	49:33

MASTER WOMEN 65-69 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P252	NANCY	WILL	1	PINELANDS	MW	21:25
2	P2004	MAUREEN	VERSTER	1	CENTURY CITY	MW	25:36
3	P665	JUDY	COLLINS	1	KWAY	MW	26:49
4	P676	THERESA	JORDAAN	1	KWAY	MW	28:50
5	P3117	ANNE	WILLIAMS	1	PNP	MW	29:12
6	P2167	JOY	RIVIERA	1	SPARTAN	MW	32:17
7	T172	ISABEL	ROUX	1	BELLVILLE	MW	36:02
8	P2133	JOAN	HAVGVEAVES	1	SPARTAN	MW	36:40

MASTER WOMEN 70+ RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P1120	PIXIE	SPARG	1	CELTICS	MW	29:14
2	P2805	FRIEDA	BLIGNAUT	1	SANLAM	MW	30:57
3	P2149	ESME	SEPTEMBER	1	SPARTAN	MW	31:35
4	P2171	JACKIE	JOSEPH	1	SPARTAN	MW	37:17
5	P2718	ANNATJIE	BERNTZEN	1	GOODWOOD	MW	37:24
6	P51	CHARLOTTE	KETTLEWELL	1	KWAY	MW	37:28
7	P2182	MARGARET	NORTON	1	SPARTAN	80+	37:28
8	T176	MAGALINE	JOHNSON	1	TYGERBERG	80+	42:42
9	P2137	PEGGY	REID	1	SPARTAN	80+	42:45