

**WPA Cross Country Senior & Master Trials – 5 September 2021 –
Youngsfield - Results**

SENIOR MEN 10KM RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P9	ASHLEY	SMITH	1	UWC	SM	34:12
2	P2916	KEATON	LOTT	3	ITHEKO	SM	34:27
3	P2040	MERLIN	KLAASTE	1	UWC	SM	34:39
4	P2039	THOMAS	STRUIS	1	UWC	SM	34:45
5	P2566	SIBUSISO	MADIKIZELA	1	AAC	SM	36:08
6	P3156	SITHEMBISO	MQHELE	1	MURRAY	SM	36:39
7	P741	RAYDON	BALIE	1	NEDBANK	SM	36:41
8	P773	GERSHWIN	NEDBANK	1	NEDBANK	SM	36:59
9	T513	RUDOLF	ROSSOUW	2	WILDRUNNER	SM	37:21
10	P2050	KANANELO	THULO	1	UWC	SM	38:05
11	P3624	BULELANI	MKHOSANA	1	KHAYELITSHA	SM	38:20
12	P2812	AKHONA	MAKILA	1	SANLAM	SM	38:28
13	P3386	ASEMAHLE	KWATSHA	1	RCS GUGS	SM	38:36
14	P1608	SIPHESIHLE	MGUDLWA	1	CPUT	SM	39:23
15	P5069	JASON	BRUINERS	1	METROPOLITAN	SM	39:26
16	P11286	DARRYL	LINDT	1	UWC	SM	40:08
17	P1606	KHUTSO	MAKOFANE	1	CPUT	SM	40:27
18	P3157	SIVIWE	NKOMBI	1	MURRAY	SM	41:10
19	P733	GREG	CALOTHI	3	NEDBANK	SM	41:25
20	P560	LETHU	CETWAYO	3	KWAY	SM	43:19
21	P730	MIGUEL	COOPER	2	NEDBANK	SM	44:31
22	T515	WANDILE B	NONGAWUZA	1	CPUT	SM	46:47
23	P788	CLERENCE	ROOD	2	NEDBANK	SM	47:53
24	P2807	MORNE	KAMMIES	2	SANLAM	SM	DNF

SENIOR WOMEN 10KM RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P3147	KYLA	JACOBS	1	MURRAY	SW	40:46
2	P927	TANYA	SCOTT	2	ATC	SW	45:15
3	P2943	VUYISEKA	NKUMENGE	1	BOXER	SW	49:29
4	P3353	NOKUTHULA	GULWA	3	GUGS	SW	1:07:37

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SENIOR MEN 4KM RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P720	ANTHONY	TIMOTHEUS	1	NEDBANK	SM/4KM	12:35
2	P751	BRUCE-LYNN	DAMONS	1	NEDBANK	SM/4KM	12:58
3	P178	STAR	SHAYAMANO	2	NEDBANK	SM/4KM	13:09
4	P9	ASHLEY	SMITH	1	UWC	SM/4KM	13:14
5	P744	ANDRE	AFRIKA	1	NEDBANK	SM/4KM	13:18
6	P2572	DU WAYNE	PHILANDER	1	AAC	SM/4KM	13:28
7	P2566	SIBUSISO	MADIKIZELA	1	AAC	SM/4KM	13:31
8	P2573	SIBUSISO	MAGWAZA	2	AAC	SM/4KM	14:00
9	P2807	MORNE	KAMMIES	2	SANLAM	SM/4KM	14:11
10	P2015	WISEMAN	SIBIYA	1	UWC	SM/4KM	14:33
11		APHIWE	SWARTBOOI	1	UWC	SM/4KM	14:42
12	P3624	BULELANI	MKHOSANA	1	KHAYELITSHA	SM/4KM	14:64
13	P2812	AKHONA	MAKILA	1	SANLAM	SM/4KM	14:50
15	P5069	JASON	BRUINERS	1	METROPOLITAN	SM/4KM	14:56
16		THEODRE	MASHIMBYE	1	SANDF	SM/4KM	15:11
17		KGOTHATSO	MAAKE	1	UWC	SM/4KM	15:12
18		KEN	KABUNGO	1	ATC	SM/4KM	15:48
19	P1658	AIDEN	DELO	1	EERSTERIVER	SM/4KM	16:17
20	P1863	MICHAEL	PEACOCK	2	BELLVILLE	SM/4KM	19:44
21	P5068	ETHAN	SMITH	1	METROPOLITAN	SM/4KM	21:17
22	P2011	HEINRICH	RYK	2	UWC	SM/4KM	DNF

MEN 23 BORN 1999 - 2003 4KM RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P2566	RUCHEN	BLAAUW	4	UWC	M/23	13:51
2	J20127	TYRONE	GORDAN	4	EERSTERIVER	M/23	14:04
3	P2931	AGMAD	ELLOUTFI	1	M TITANS	M/23	14:16
4	P1606	KHUTSO	MAKOFANE	1	CPUT	M/23	14:54
5	J20121	TYRON	BYMAN	1	EERSTERIVER	M/23	15:06
6	P1603	PIERRE	ALEXANDER	1	CPUT	M/23	15:10
7	P12105	WANDILE	BENJAMIN	1	CPUT	M/23	15:36
8	P1602	RORISANG	MOLETSANE	1	CPUT	M/23	16:13
9	P730	MIGUEL	COOPER	2	NEDBANK	M/23	16:53

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SENIOR WOMEN 4KM RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P764	YANDISWA	SHANGE	1	LANGA	SW/4KM	15:18
2	P248	ASSINQUE	ROBINSON	2	UWC	SW/4KM	18:04
3	P928	HANLIE	PITTENDRIGH	1	ATC	SW/4KM	18:28
4	P2894	SHARLAN	BOER	3	ITHEKO	SW/4KM	19:39
5	P2014	MAMORY	BANDA	1	UWC	SW/4KM	19:46
6	P1656	OLIVIA	D RUITERS	1	EERSTERIVER	SW/4KM	21:06
7	P2015	NOBUHLE	TSABALALA	1	UWC	SW/4KM	23:56
8	P1657	KELLY	CAMERON	1	EERSTERIVER	SW/4KM	24:00

MASTER MEN 35-39 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P2939	DUANE	FORTUIN	1	BOXER	MM	28:17
2	P739	SIYA	SAKWE	3	NEDBANK	MM	29:44
3	P2942	SIABONGA	MADALA	1	BOXER	MM	32:10
4	T5124	LEEROY	HEYNES	2	GUGS	MM	32:18
5	P590	METHUSELI	NKOMOMO	2	KWAY	MM	32:32
6	P2909	SANDILE	NDWANGU	3	ITHEKO	MM	34:40

MASTER MEN 40-44 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P771	RICARDO	BLAUW	1	NEDBANK	MM	30:32
2	P913	KHAYA	JARA	2	ATC	MM	31:07
3	P749	SIYABULELA	MPONGWANA	1	NEDBANK	MM	31:49
4	P743	VAKALISA	KOPOLO	2	NEDBANK	MM	32:30
5	P2941	CHRISTO	VAN ROOYEN	3	BOXER	MM	32:52

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MASTER MEN 45-49 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P2023	QUINTON	SINCLAIR	2	UWC	MM	31:30-
2	P2789	PHEOBIUS	MULLINS	2	MSM	MM	36:35
3	P3273	RIKUS	VISSER	2	DURBAC	MM	36:59
4	P5070	HEIN	BRUINERS	1	METROPOLITAN	MM	38:24
5	P1863	MICHAEL	PEACOCK	2	BELLVILLE	MM	40:23

MASTER MEN 50-54 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P1998	JUPETER	PHILLIPS	1	CENTURY CITY	MM	39:48

MASTER MEN 55-59 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P2922	JOHN	SEPTEMBER	3	ITHEKO	MM	36:05
2	P755	THEMBELANI	FIGLAN	2	NEDBANK	MM	43:58
3	19640	MARTIN	JACOBS	1	FISHOEK	MM	47:28

MASTER MEN 60-64 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P152	HENRY P	CIEVERTS	2	PINLANDS	MM	26:22
2	P3198	PETER	WRENSCH	1	WPCC	MM	31:36

MASTER MEN 65-69 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P803	CHRISTIANS	EDWARDS	2	KWAY	MM	33:33

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MASTER MEN 70+ RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P357	PAUL	FORTUIN	3	KWAY	MM	23:22
2	P368	BARRY	BESTER	3	KWAY	MM	36:00
3	P211	PATRICK	DREYER	3	SPARTAN	MM	37:19

MASTER WOMEN 35-39 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P736	KOBIE	GRIFFITHS	2	NEDBANK	MW	17:05
2	P1721	MONIQUE	ROBERTS	1	EDGEMEAD	MW	19:14
3	P2915	EMMERANTHIA	LEPATI	1	ITHEKO	MW	19:44

MASTER WOMEN 40-44 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P2946	BULELWA	SIMAE	2	BOXER	MW	17:30

MASTER WOMEN 45-49 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P746	BUSISWE	MATIWANE	2	NEDBANK	MW	18:48
2	P810	SHARON	SUNDERLAND	3	NEDBANK	MW	19:05
3		NADIA	VISSER	2	DURBAC	MW	20:33

MASTER WOMEN 50-54 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P820	CORIAAN	D VILLIERS	1	NEDBANK	MW	20:12

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MASTER WOMEN 55-59 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P664	RENE	DICK	3	KWAY	MW	44:49

MASTER WOMEN 60-64 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P370	BEV	CHARTERS	2	KWAY	MW	20:31

MASTER WOMEN 65-69 RESULTS

POS	LIC NO	NAME	SURNAME	RACES RUN	CLUB	CAT	TIME
1	P252	NANCY	WILL	1	PINELANDS	MW	21:13
2	P1070	JUDITH	GROVE	1	TYGERBERG	MW	25:02